



Working Together for Ukraine

From Susila Dharma which means 'Guided from within to Action in the world'

The outpouring of support from Subud members for their fellow human beings in the Ukraine has been stunning, and unexpectedly so. Those of us involved have been quite amazed and touched by your generous support and are working to find a way to channel it through Subud members with the capacity to assist. We know you have felt that you want to be involved so we are committed to keeping you updated about what Subud members are doing to help - with SD funds and also with funds donated to Subud committees, mainly in Germany and Austria.

Here is some news from the response as it involves Subud members from around the world:

The Subud Ukraine Chairman has been leading a dedicated team of Subud and SD members including Zone 4 Representative Salama Gielger, Subud Poland member Halim Korzibsky, Subud Germany Chairperson Martin Weiss, and representatives of SDIA and SD national organisations Britain, France, Spain, USA, Germany, Norway; Lucia Cargill and other Subud members sharing their experience and technical support.

Subud Germany has been organising a rolling latihan, around the clock in support of those most directly affected by the war and humanitarian crisis.

On a practical level, support includes the shipment of much needed medical supplies, first aid supplies and over a thousand sleeping mats, and the procurement of three generators.

SD Nationals are contributing to these efforts while also reserving some funds to assist Ukrainian refugees in Poland and other countries. Among others, Halim Korzibsky has offered to host 4 refugee families in his property in Warsaw, and other Subud members are looking for ways to help.

Each one can contribute in their way - importantly perhaps through prayer and latihan - which are much appreciated at this time. Our sister, Eleora Dunn shared this message received from a Subud sister in Ukraine:

"Today such things are going on in my head and with my nerves that it is difficult to convey. Here we are now doing latihan every day at 8 am and 8 pm. And each time comes such love and gratitude to Almighty God, that we have sisters and brothers in Subud! Thank you and everyone who knows us and who doesn't know us, we very much feel your support. [...]"

"Everyone who can has gone to relatives in safe regions. We very much want and believe that >



Refugees from the war in Ukraine. (Photo by Gregor Fischer)

SUBMISSIONS AND DONATIONS

Submissions to Subud Voice on any aspect of Subud life are welcomed. Send to Harris Smart, subudvoice@gmail.com We rely on donations to keep Subud Voice going. You can donate by going to the **PAYMENTS** button which is located in the toolbar at the top of the page. www.subudvoice.net

our Ukraine will withstand and that the Russians will change their minds...I hug you, with love, D."

Note: This is a shortened version of a fuller update sent to SDIA donors and supporters, with some names and other details removed to protect identities. If you would like to see the full update, please contact: solen@susiladharma.org

Editor's note: Please note that we had originally planned to publish more material related to the crisis in the Ukraine including text and photographs, but it seems best not to publish anything at the moment which might have consequences for people in the Ukraine.

I also apologise to contributors whose articles we expected to publish in this issue, but we have not been able to because for most of the period in which we were producing this Subud Voice we were in the middle of big floods and did not have phone and internet connection. ●

UKRAINE APPEAL

From Susila Dharma International...

Dear friends,

As the invasion of Ukraine has unfolded, so too has a growing humanitarian situation throughout the country. Many of you have written to see how we can help. SDIA is designated by the WSA to take action in humanitarian crises where Subud members are ready to become involved in the response.

At this time, the Subud Ukraine Chairman has requested assistance to receive assistance with QuikClot Gauze Z-Folded and tourist mats, and other needs will become apparent with time. SDIA is sending an advance of \$5000 USD to allow the Subud members in Poland to purchase needed supplies to be distributed by Subud members in Ukraine on the ground.

If you feel to support this cause, please earmark your contribution to the SDIA Emergency Response Fund - Ukraine crisis at <https://susiladharma.org/donate/> or to benefit from a tax deductible receipt via your SD national organisation.

Many thanks, with love

Suyono Sumohadiwijoyo, WSA Executive Director & Hamida Thomas, SDIA Executive Director ●

APPEAL FROM DHARMA CARE

Of special relevance to members in Australia...

Dear Subud Brothers and Sisters

The rainfall deluge of the Eastern Coast of Australia has caused major flooding, loss of life and personal disaster. Subud members have also been badly affected. Some of the smaller inland towns have been devastated and are in desperate need for assistance. Dharma Care Inc. (DCI) would like to raise the plight of Kyogle – the community of Sine Cera.

Kyogle has been through drought, bushfires, flooding, and now flooding again. Members of the community are still waiting on promised Federal assistance. In 2020, DCI successfully undertook fundraising for Kyogle residents still living in tents and caravans 2 years after bushfires devastated the community. It's time to help this small community once again struggling with natural disaster.

If you feel to support this cause, please send your contribution to Dharma Care Inc, 062-580 10374063. Your contribution is tax deductible and a receipt will be sent to you by DCI. Please mention "your name and Flood Kyogle" when transferring funds

Many thanks, with love Irwan Wyllie, CEO, Dharma Care Inc. ●



IN TIME OF TRIAL

The editor writes...

I'm writing this on the morning of Thursday, March 3, 2022...

How swiftly the world can change.

The closing days of February and the beginning of March 2022 brought dramatic and unexpected change in many ways.

I am referring of course to the situation in Ukraine, and on a more local level, the storms and subsequent flooding which affected the east coast of Australia, including the Northern Rivers area of New South Wales where I live.

The situation in Ukraine is at this moment so much in flux that I hesitate to write anything about it now, as whatever I write now, is bound to be out of date by the time you read this issue of *Subud Voice*. Also we must be careful to publish nothing, text or photographs, which could have consequences for people.

A gathering in the Ukraine...

Several years ago, I went to a gathering in the Ukraine in the city of Cherkassy, a city built upon a river at the place where the river broadens out so widely that is almost like a lake. You can barely see from one side of the river to the other.

The Ukraine was no longer part of the Soviet Union, but the presence of life under that former regime was frequently evident.

At the airport one was not meant by the usual welcome but instead by military personnel armed with machine guns. There was an immediate sense of interrogation and intimidation under which the people of the Ukraine had lived for so long and who were now endeavouring to consolidate liberation.

It was a strange experience for an Australian used to living in a country where freedom of expression is taken for granted. I remember there was a point during the gathering when a group of the Subud members were gathered together on the lawn discussing recent events. People were talking very freely about what it was like to now be living in an atmosphere of freedom.

Suddenly the discussion stopped. Everyone fell silent. Later I was told that somebody had been seen loitering and eavesdropping on the group, someone who was known to be an informant.

I realised then what it was like to live in a situation where you were not free to speak, where you had to be constantly looking over your shoulder to see who might be listening and reporting what you said to authorities.

The spirit of the people was extremely moving. Most of the Subud members were living in very difficult material conditions but their sincerity in the latihan was overwhelming. Material life was a struggle to survive but even so they were so generous in their welcome to us visitors.

Perhaps the thing I remember most from that visit to the Ukraine was how whenever a group of women got together, and a "group" might mean two or three women, or it might mean twenty or thirty, they would start to sing. They had this tradition of choral singing which seemed to be the most powerful and beautiful expression of the spirit of these people.

What can we do now but to reach out to them in every way we can to support them through the terrible situation in which they now find themselves?

We know that the invasion of Ukraine has affected the whole world and there will be consequences and repercussions reaching far into the future. The ground has shifted beneath our feet.

It is heartbreaking not only to witness the suffering in Ukraine but also to see the refugee crisis which is resulting with millions of people forced to flee the country.

Thank God for the latihan in which as individuals and as groups we can find a place of security within ourselves with which we can withstand the increasing tension and anxiety which surrounds us all.

“ We know the invasion of Ukraine has affected the whole world...”

FLOODED IN

Harris Smart writes about being caught up in the floods that devastated the east coast of Australia in February/March 2022...

I woke a few mornings ago, to no power, no water, the road out of here cut, and heavy rain falling continuously for 48 hours.

I live in a caravan park in the Northern Rivers area of New South Wales. The last five or six days we have been subject to heavy rain. In some areas of Australia as much rain as usually falls in the year has fallen in a couple of days.

The event is described as a thousand-year flood. It's catastrophic effects can be compared to the devastating bushfires which ravaged Australia two years ago. Both fire and flood have been seen as connected to the effects of global warming which has so unsettled weather patterns and caused extreme weather events all around the world.

In 2017 the area where I live experienced floods of a scale never before witnessed, and now this recent flooding in 2022 is gone far beyond the 2017 levels. All around Queensland and New South Wales, whole towns have been flooded and their populations evacuated. The level of destruction is unprecedented. A huge clean-up operation is underway.

The effects are now being felt as far south as Sydney, and predictions are that these unprecedented weather conditions will carry on all the way down to Tasmania

“ *The flood's catastrophic effects can be compared to the devastating bush fires, which ravaged Australia two years ago...* ”

Unfortunately, at the moment of writing, I have had no Internet or mobile phone connection for the last five days, so I know almost nothing about what has happened with other Subud members in areas which have been flooded.

Flooded in...

There is only one road out of here and that has been completely cut. Parts of the road have caved in and fallen into the river. The main bridge which connects us to the outside world has been broken, the middle section of the bridge washed away.

Our food supplies are dwindling. Yesterday we had a day of respite, with no rain, but once again this morning, heavy rain is falling. Essential supplies were brought in by helicopter. All the bananas you could eat.

Power and water have been restored, thank God.

I have not had Internet or mobile phone connection for five days now, so I do not know what has been happening with other Subud members in the area.

Each morning I do latihan and pray and that keeps me calm and best able to deal with whatever situations the day presents me with.

Written on the morning of Saturday March 12. 2022...

The situation has improved here and unless there are more heavy falls of rain the flood crisis is over, and life is returning to "normal". I still have no mobile phone connection, but my Internet is now showing a flicker of interest and I am hoping that I will be able to use it to complete this issue of *Subud Voice*.

Most importantly for me, I am no longer "flooded in" and can now drive out of here because a temporary road has been created for residents of the Mount Warning Caravan Park to escape to the outside world. So, I will let some photographs taken during the crisis tell the story...



Usually a "babbling brook" the creek which runs beside the caravan park where I live has become a raging torrent.



Receding floodwaters show what has washed down the creek.



A sink hole on the road.



A large central section of the bridge across the Tweed River has been washed away.



Part of the only road out of here has eroded and fallen into the river.



A volunteer constructs a bamboo link over the missing section of the bridge across the Tweed River. The idea is we might be able to walk out on it, but today rain is falling again, and conditions are unpredictable.



In the nearby town of Murwillumbah, the area around the Community Centre has become like the graveyard of refrigerators and white goods generally.



CAMP COLORADO

The Human Force team writes...

7 DAYS / 6 NIGHTS |
JULY 9TH - 15TH 2022

As we start to open up around the world, we cordially invite you to open your hearts to this special community to support, learn, share and grow with humanity!

Human Force has been helping support since 2019, helping complete important infrastructure related tasks that support the projects overall mission and goals of creating an environment of healing, creativity and growth!

As part of continuing partnership and support, at this year's program you will be a part of an on-going important Human Force team that will help construct several much needed accommodation sites. These accommodation sites will offer the project an opportunity to host visitors, volunteers and members that come to participate in workshops or work on building the property.

During your stay you will also get to explore the beautiful surrounds of the San Luis Valley, get a chance to enjoy leisurely activities and participate in human centred workshops to enrich your personal and shared experience!

We invite people of all ages to join in on the giving! To share in a collaborative, inter-generational and welcoming environment.

Further information from:

Visit our website <https://www.humanforceprogram.com> OR email us with any questions at: hellohumanforce@gmail.com

Camp Colorado! • Atalanta Association, Crestone, Colorado USA

9th - 15th July 2022 • US\$380* Incl. Board and accommodation. (Excl. optional leisurely activities such as horse riding, local tour visits, hot springs etc. Full list of activities and pricing available on request.)

We strive for inclusivity and offer substantial subsidies for the economically disadvantaged, and no age limit applies!

Send us a request via email above for more information.



THOSE WHO STAY

Halimah Polk writes about a survey of Subud members in the USA "to discover why we Subud members stay in Subud"...

1. THE SURVEY

Dearest Friends,

We are encouraging as many Subud USA members to respond to this survey before October 31. If you have already submitted your survey, thank you, thank you. We are hoping for a sizable response from new-ish members and lots of Subud men as well as our Subud ladies.

This is a very short survey (promise!) to discover why we Subud members stay in Subud. What are the critical factors that seem to encourage us to stick with the latihan. This is an idea that came to me in latihan and seems to have the blessing of the national helpers and the powers that be. It could be useful information on what keeps us committed so that perhaps we can recognize something similar in our own experience and facilitate similar experiences for our new and current members.

Having taken the survey myself I encourage you to take a moment to get quiet before responding so that your answers might resonate with your deeper truth. The plan is to share the results in an article for us all. Thank you in advance for taking the time to take the survey. PS. If you have any interest in analyzing the data, let me know.

Much love, Halimah. halimahpo@gmail.com



What are the critical factors that seem to encourage us to stick to the latihan?



RESULTS OF THE SURVEY PART 1

This survey was born from an idea that came in the latihan. I was wanting to do a positive exploration on why many of us stayed in Subud, to investigate the key elements that sustained us for the long haul. It seemed like it might possibly be helpful to see whether there was anything of value that we could learn from our members that we could share amongst ourselves. Frankly, I was tired of hearing about all the reasons folks left Subud and the negative chatter that seemed endless. I suppose it's good to know many of the problems but it seemed like we already knew them, didn't we? Instead, I wondered would there be any value to finding out what helped us to stay. *My special thanks to Maria Fernanda Rosas Giraldo and Shoshanah Margolin for invaluable help with the data.



International Helper Isti Jenkins with young people at the Basara Youth Gathering. What encourages us to continue with the latihan?

The Those Who Stayed Survey

This survey which conducted over a two month period from September to October 30th. The survey was sent out from the national office; it appeared in two national newsletters and several regional newsletters and was sent to various "friends" around the country. The survey found its way to Subud Facebook sites. Thank you for all of you who took time to respond. We received 186 survey responses. A pretty astounding number. 112 Women and 70 Men were the participants.

To read the complete Survey Part 1 click here <https://forms.gle/U9DA3ewD3AK3W7ZA6>

RESULTS OF THE SURVEY PART 2

In Part Two of the report on the survey "Those Who Stayed", we are examining the question, "If you left the latihan for awhile, what factors brought you back?". We will discuss how might our future practice as helpers and members be informed by all this information and data analysis. Finally, we will look at some of very rich and moving set of comments Subud brothers and sisters made about their lives in Subud. If looking through Part 1 and 2 information, you have any ideas to share, please your thoughts and comments. Halimah

Part One appeared in an earlier edition of Subud USA News Those Who Stay Part One.docx

If You Left The Latihan For Awhile, What Factors Brought You Back?

Some of us had the experience of leaving the Latihan for some time and then coming back. It's interesting to look at these different factors that brought members back to the latihan.

1. Fourteen people said that what brought them back was needing the experience of the Latihan, the connection to God, or being reminded of these by Bapak.
2. Ten people cited issues with centers, especially not being near one that caused them to not do latihan and returning to one brought them back.
3. Seven people were placed in the category of people who left their group for various reasons but who did not leave Subud.
4. Seven people described experiencing a crisis in their life that caused them to leave Subud. When the crisis was more or less resolved, they returned.
5. Five people talked about how family life (having children, being with a spouse who opposed Subud, etc.) caused them to leave Subud, but when the children grew or the family issue was resolved, they returned.
6. Four people described a powerful experience they had that guided them back to the Latihan. >

7. Three people talked about how having someone reach out to them brought them back to doing the Latihan.

8. Three people were motivated to return to Subud because of the connection they had to the other people there.

9. Two people said they dropped out because they did not feel the Latihan and came back when they did feel the latihan.

10. Two people cited issues within the helpers' group that caused them to leave. When the issues were resolved, they returned.

11. Two people described exploring other paths, but they returned to Subud as the one most preferred.

12. Three people cited "other" reasons: the pandemic, seeing the Latihan active in daily life, feeling the Latihan with every breath.

13. Seven people responded to the question despite the fact that they never left,

TO READ THE COMPLETE SURVEY PART 2 CLICK HERE

<https://www.subudvoice.net/wp-content/uploads/2022/02/Those-Who-Stayed-Part2.pdf>

INNOVATION CULTURE CAMP

Marini Fiedorowicz writes...

The Innovation Culture Camp on 7th of May 2022, is a new initiative organized by SICA and the Subud Youth. The organising team, made up of Miranda, Anggun, Susheel, Ismanah, Marini and Rusydah, writes...



At the present time we are looking for workshop leaders. Would one of you like to give a workshop? Our target group are young people in Subud and not in Subud, their family and friends. The idea is that they could learn something from this event, something inspiring, new, helpful, useful for their lives.

SICA wants to build an online academy. This event is the second step in this direction. Our goal is to support the youth!!!

The "Innovation Culture Camp" is a Zoom online event for young people in Subud, their families and their non-Subud friends. (And, of course, for everyone who is interested.)

It is a so-called participatory conference in which the participants themselves determine the content and the program. Everyone could contribute to making it a successful and exciting event. Get involved and share your knowledge and talent, with others.

We would be delighted if you would like to inspire with your own session or be inspired. You will find more information at

https://subudworldnews.com/userfiles/news/documents/2022/February/innovation_culture_Camp_4.pdf and it would be great if you would share it with anyone who might be interested.

THE LAUNCH OF THE SEHAT ELONA

This article first appeared in www.subudworldnews.com d3094

Back in 2018 and 2019 we reported on the project being undertaken by stakeholders Ferdinand Darryl Szigeti, Mustafa Syafrudin, and Salim Ismail, and Gaye Thavisin as a Board member, and on the construction of the flagship Sehat Elona (photo below), a pinisi type vessel (*type in search engine to see previous articles*).

Covid inevitably put the launch of the endeavour on hold, but we are now delighted to report that the Sehat Elona left Pagatan where she was built, at 10:30 on October 30, 2021 for her maiden voyage, crossing the Java Sea to Probolinggo in East Java. Ferdinand and Mustafa were on board with a crew of five: a Captain, a Chief Officer, a Chief Engineer, a Second Engineer and a helmsman. They arrive in Probolinggo on November 2, where they were met by Subud brother Deni Fahlevi. Mustafa writes: “The Java Sea was very calm, the voyage was very stable and relaxing, and we were visited by families of dolphins who came close by.”



Two and a half months later, on January 25, the Sehat Elona left Probolinggo for her second journey heading for the island of Lombok. On this occasion, Mustafa's experience was a little different: “There were quite a lot of waves almost all the way, and I was seasick – though the crew all seemed fine!”

On January 27 the vessel reached Lembar, West Lombok, where they welcomed Subud brothers Henry Horthy and Ruspono Arid on board the following day. A few days later the Sehat Elona was moved to another mooring off West Lombok, where she has remained for the moment. Ferdinand, who has built a number of vessels over the years, was satisfied with her performance, but adds that she needs two to three months of finishing work, painting and so on.

Congratulations on the successful launch of the Sehat Elona!

MOSQUE DESIGNED BY SUBUD MEMBERS

Sebastian Paemen writes...

The Bait Al-Rahman mosque in Ridderkerk, south of Rotterdam, the Netherlands, has been serving the Moluccan Muslim community since 1984. The mosque was designed on a low budget by three Subud members, Latif Perotti, Mark Ibrahim Wessels and Han-nah (surname forgotten).

This mosque is very popular and the members are active in the community. Several Surinamese-Javanese, Turks and Moroccans and others worship here too. here used to be some Subud members who attended the mosque, including myself.



Yayasan Tambuhak Sinta (YTS) Seeks Executive Director

YTS was established by PT Kalimantan Surya Kencana (KSK) and Dayak communities in 1998. It is a non-profit foundation established to manage issues of the ecological, social and economic impacts of the company's mining exploration, and expected mining activities.

KSK has played an important role internationally in the growing, global discourse concerning social responsibility and issues of sustainable development of mining operations through YTS, as well as launching a range of programs to the local communities that exist close to the company's operations in Kalimantan.

A large portion of the funding for YTS is provided by the company, but other donors are participating in funding its community development programs.

Duties and Responsibilities of the Executive Director

The Executive Director will report to the YTS Board of Directors. It is expected that the outgoing Executive Director of YTS will continue to support YTS's activities at the highest level.

The position is based at the office shared with the company in Palangka Raya, Central Kalimantan. Regular site visits will be required to the YTS village-based projects in Central Kalimantan and other locations, at this time. Occasional visits to Jakarta and internationally to support YTS's involvement in forums and workshops concerning the social and environmental responsibilities of mining operations may also be required.

The ideal candidate would have the following qualities:

1. A good understanding and direct experience of participatory development principles, approaches and methodologies.
2. Understanding and experience of rural society and culture in SE Asia at least five years, particularly Indonesia: communities, government, CSOs.
3. Understanding and experience of good governance principles and realities in society.
4. Understanding and experience of corporate social responsibility, particularly in the mining sector.
5. Exceptional interpersonal behavior and communication skills: open attitude, good empathetic listener and speaker.
6. Minimum five years of experience in managing an organization in the development field: good hands-on financial, operational and personnel management skills.
7. Good analytical thinker and writer.
8. Very flexible and adaptable to changing, challenging, and dynamic conditions.
9. Knowledgeable and experienced with communication media in development.
10. Must have fluency in English in order to represent the organization to international donors and events.

Remuneration and Contract

Remuneration, leave conditions, health insurance and other provisions of employment will be competitive to similar salaries in the industry. The initial employment term will be subject to negotiation. Start date is as soon as possible.

Application

Send a recent CV plus a brief description, as to why you believe that you have the experience and skills to undertake the assignment to: edyts2022@gmail.com The application will be closed on May 31st, 2022. No application will be accepted after the closing date.

INTRODUCING THE SUBUD USA INTERNATIONAL ARCHIVES AT THE AMANI CENTER WASHINGTON, DC

Laura Paterson writes...

This article first appeared in the Subud USA Newsletter

The inaugural meeting of the Subud USA International Archives Council took place at the Amani Center in Beltsville, MD during the weekend of Friday, October 22nd through Monday, October 25th.

It was attended by the newly appointed Trustees of the Archives Council Board; official Archives Council advisors; local Subud members and helpers; specially invited guests; Subud USA National Helpers; Suyono Sumohadiwidjojo, the WSA Executive Chair; Matthew Moir, the WSA Archives Subcommittee Chair; and four of our six Area 3 International Helpers.

The International Helpers were in transit through DC on their way home from recent meetings in Portugal, the first time since Covid began that the International Helpers could gather together. We also had the benefit of local area supporters Elaina Dodson, Imran Vittachi, Suzanne Donner, and Stefan Donner joining us in some of our meetings.

Abundant use was made throughout the long weekend of the beautiful new lift donated to the Subud USA International Archives by the Muhammad Subuh Foundation. The lift was installed at the Subud Amani Center during extensive renovation and new construction of the facility. It created a reality for the fullest possible utilization of the Amani Center and the Archives facility. Handicapped access now became available, as did the ability to move many heavy boxes of archival material to the new state-of-the-art Archives vault on the second floor.

Once the physical paper archives of Subud USA (400+ boxes) arrived safely at the Amani Center in July of this year, and became installed in their new, state-of-the-art archival facility, the attention of Subud USA turned to finalizing the formal organizational structure of the newly-formed entity.

This entity had operated as a Working Party for the previous 15 months. Under the aegis of a Memorandum of Agreement between Subud USA and Subud Washington DC to use the second floor of the Amani Center as a dedicated archive space, a new organizational structure was unanimously approved by the Subud USA Board of Directors at their quarterly Board meeting on August 28th, 2021.

An Archive Leadership Team was created, including a Board of Trustees and official advisors such as National and International Helpers, subject area experts, and the WSA Archivist.

The various operating documents memorializing the agreements between the Subud USA International Archives Council and the WSA, Subud USA, and Subud Washington DC, as well as the Resolutions of the Board of Directors of Subud USA and the Subud USA International Archives Council Charter, will be posted on the various Subud USA websites in due course.

Lucas Boladian, National Chair of Subud USA states, "The Subud USA International Archives also contain documents from non-US countries. Consequently, the name of our organization includes 'International', in coordination with WSA Archives."

The management and operation of the Subud USA Archives now has become radically different and exponentially upgraded from its previous circumstances. The new organizational structure was seen as needed to maintain and support the Archives in its new condition, and to initiate, facilitate, and develop its ongoing archival activities.

The 400+ boxes of paper, 40 boxes of books and nearly one million pieces of paper comprising >



Myriam Ramsey, Subud Washington DC, Helper Daniela Moneta, WSA Archivist Michal Brownell, Subud USA National Helper Latidjah Miller, Subud Washington DC Helper.

the Subud USA archival collection has been liberated from storage. For 27 long years it has been virtually inaccessible, without any possibility of serious archival work being done, beyond the most basic of functions.

Now the Subud USA Archives are housed in their own state-of-the-art facility, lovingly and painstakingly prepared at great expense by many deeply dedicated Subud members. They are preserved in a vault, with the most valuable papers in a firesafe inside the vault.

There is a spacious work area directly adjacent to the vault, accessible to all who wish to work on the Archives in the beautiful, calm, peaceful, spacious and latihan-imbued surroundings of the Amani Center.

To read this article in full click here

<https://www.subudvoice.net/wp-content/uploads/2022/01/Archives.pdf>

To see a first time ever video tour of the Archives at the Amani Center click here....

<https://www.subudvoice.net/wp-content/uploads/Helpers-Zoom-Meeting.mp4>

LENT AND RAMADAN IN 2022

The Editor writes...

It was recently pointed out to me that in this year 2022, the last two weeks of Lent overlap approximately with the first two weeks of Ramadan.

The month of Shaban (or month of the ancestors) begins around the same time as Lent begins. It seems significant to me that these two events are overlapping - I don't know the statistics as they both move around, but I think it's a rare event.

Also it seems significant when contemplating the world situation at the moment and what lies ahead in the next few months of 2022.

Bapak often spoke about the need for prihatin and fasting and Ibu Rahayu wrote to SD USA in April 2020, about the Covid situation:

"Seek strength through prayer and our individual latihan, so that we can receive God's grace and protection and be kept safe."

[Lent 2022 begins on Wednesday, 2 March and ends on Thursday, 14 April](#)

[Shaban \(month of ancestors\) 2022 began on Friday 4 March and ends on Friday 1 April](#)

[Ramadan 2022 begins on Saturday 2 April and finishes on Sunday 1 May.](#)

We always point out that you should check for yourself with local religious authorities as sometimes dates can vary.

The fast is not obligatory for Subud members.

Note to all

We are not sending out this information because we are urging people to do Ramadan, or because Subud espouses one religion over another. Bapak recommended that fasting has value for us individually, and we know that some members observe Lent instead of Ramadan, or do their own private form of fasting.

Advice about fasting in Ramadan can be found in the many talks by Bapak and Ibu Rahayu about Ramadan which are on the web site www.subudlibrary.net

FASTING IN RAMADAN

Ramadan 2022 begins on Saturday 2 April and finishes on Sunday 1 May, but please check with local Islamic authorities as times may vary. *This extract about Marcus Bolt's experience of fasting comes from his book, Saving Grace – Fifty Years in Subud...*

Fasting in Lent and Ramadan is a completely different kettle of fish from fasting at other times! In the Koran I think it says, 'When you fast, I am the reward.' 'I' here being God, of course.

In this kind of ritual fast it is essential to expect nothing, to want nothing. It is about surrender. And it goes on for a seemingly very long time!

Bapak said that Lent and Ramadan are of equal value. Lent is a little more difficult to talk about because it has been deconstructed and mucked about a bit over the centuries. I do believe a 'Diet' convened in the ninth century (I love the idea of a Diet on fasting) decreed that fasting should be left up to the individual.

Lent traditionally seems to be about cutting down, or cutting out, certain kinds of food; mainly, all protein and animal products, perhaps just having one meal a day of vegetables. That's how the Orthodox churches do it. Lent goes on for longer than forty days. Christ fasted for 40 days and nights in the desert, but Lent lasts for 46 as one doesn't count the Sundays in between. I think you can eat normally on those days.

Most Christians that I know tend to cut out something they love, like coffee, or chocolate, or sugar in their tea. I have tried Lent. I once gave up coffee, tea and cigarettes. A friend said he'd given up a spoonful of sugar in his tea. 'Is that all?' I scoffed self-righteously. 'I wanted to do something I knew I could keep,' he said, slightly hurt. Two weeks later, I gave up, completely defeated. He carried on to the end – ha!

As Lent relates to Christ's fasting for 40 days in the desert, so too does Ramadan relate to Mo-hammad's 30-day fast in a cave. It was then he received the Holy Koran. Bapak has pointed out that the desert and the cave are, in reality, symbols for the inner.

Ramadan is actually the name of the month that the fast is carried out in. Like Lent, it's a movable fast (pun intended), but much more so. The Islamic calendar is a lunar based one, so is approximately ten days shorter than our Western solar-based division of the year. Consequently, Ramadan is, to us in the West, ten days earlier each year.

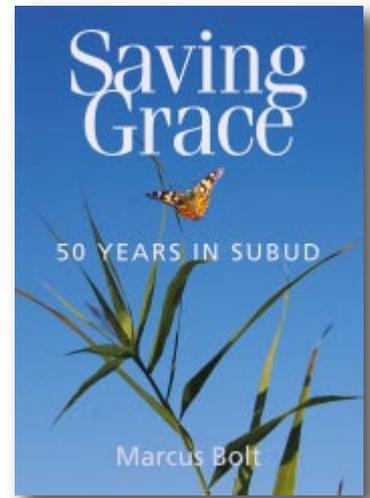
In fact, many other Subud members and I did our first Ramadan starting in late November 1969. In 1999, we completed what is called a Great Cycle, as Ramadan fell again in late November – another 11 years to go for the second Great Cycle. One year, it fell over the Christmas period. My wife and I coped by taking a few days off to celebrate Christmas with our family. It did seem slightly odd having a feast in the middle of a fast!

Ramadan Became Popular

Ramadan became popular among some Subud members, because Bapak was a Muslim and fasted every year, usually staying home during this month, except during the Canadian Subud World Congress held in Toronto.

Many Westerners began to go and spend the month in Cilandak, a Subud complex containing Bapak's house and guest hoses, just outside Jakarta. Bapak usually gave talks during the 'nights of power' (more on them later), explaining just how valuable fasting could be. The news filtered back and some of us 'gave it a whirl'.

The format for the fast is fixed. In the Koran it says you fast from dawn to dusk. This creates problems when you leave the Far East. In Indonesia, for example, dawn is invariably four thirty and sunset six o'clock, whereas in the UK, in summer it's three thirty to ten and in the winter seven to four.



“
It is essential to expect nothing, to want nothing...
”

Most real Muslims stick to the actual dawns and dusks. Most Subud members follow Indonesian time. It does feel wrong, somehow, fasting in the dark, so some of us slightly rewrite the rules and tend to fast five-ish to five-ish in the winter months. Well, I do. Bapak recommended 12 to 14 hours. It's certainly a lot easier in the summer than the winter.

Unlike prihatin, a pre-dawn meal, called *saur*, is important. It's quite extraordinary that, nowadays, I finish my pre-dawn meal, go and clean my teeth and immediately, as five o'clock strikes, I feel as though I'm fasting. Even on day one. I'm never sure if this is an internal equivalent of muscle memory or if it's because millions of Muslims are fasting worldwide, or what?

Then, similar to prihatin described earlier, no food or drink all day. Nil by mouth and nil by anything else, either! No sex, no gossip, no chattering allowed. Watching TV or reading to while away the time is out. No amusements to avoid the feeling of fasting, basically. Bad thoughts, getting angry, arguing are all forbidden as they simply negate the fast. This is not to say that these things don't happen.

During the First Ten Days

During the first ten days particularly they seem to rear their ugly heads with alarming frequency. I used to feel as though there was super-fertile hot-house inside myself. The seed of irritation at being cut up on the road while I was driving would grow into a tree of rage within seconds, only my natural cowardice stopping me from hitting someone. Or a flash of leg would blossom rapidly into a garden of sexual fantasies.

I say 'I used to' but the truth is I still have to be very much on my guard. I assume that this apparent over-reaction happens because we do not have the energy, while fasting, to hold our normal veneer of civility in place.

The day should really be spent just being quiet. Ideally, one shouldn't work. It's only one month out of the whole year, after all. In many Muslim countries there is a general shutdown of trading, with only essential services operating.

That's difficult in the West, unless you're a freelancer. If not, you have to more or less go about your ordinary business and make allowances where you can. I wonder how a boxer would get on? I once played football, in goal, during Ramadan (a commitment I had to follow through). I kept apologising to the opposing forwards every time I got the ball first!

We just have to do our best. We have to trust our feelings. You know when something isn't right.

“

We just have to do our best. We have to trust our feelings..

”

There is, though, a higher level of fasting beyond just gritting your teeth, fighting and ignoring desires. Bapak told us to test this out. He suggested we should go and look at and smell food. If we didn't even want the food, we had then moved on to this level and were at last observing the fast correctly.

Sometimes, if you're feeling really good in the sense of being centred (which manifests for me as feeling light and extremely contented) you completely forget about breaking the fast.

When the time comes to break it (it's a lovely expression 'to break your fast' and, of course, that's where the English word 'breakfast' comes from), I have discovered, from experience, that a little water, some lemon tea and a few dates are all I can take. And then I need at least another hour before I can eat.

If I do it all at once, I feel so heavy. You can feel the food essences washing over you like a drug. Then all the good feelings dissipate. In the evenings it's best to be normal but try not to go wild on >



'Saur, English style'. Painting by Marcus Bolt. Acrylic on stretched canvas 2022

the food or entertainment. For the same reason, some Subud members observing the fast will refrain from sex for the whole month, as well. This does add a certain piquancy to the end of the fast celebrations, I have to admit!

Bapak told us, and I can now see that it's true, that the first ten days of the fast are for the nafs to come to terms with what you're up to and to get used to it. The next ten are a kind of retraining and paving the way for change. The last ten are when the changes can happen.

In the next issue of Subud Voice we will publish the rest of Marcus's story of fasting in Ramadan. Saving Grace – Fifty Years in Subud is available from SPI - www.subudbooks.com ●

RESILIENCE

Harris Smart writes...

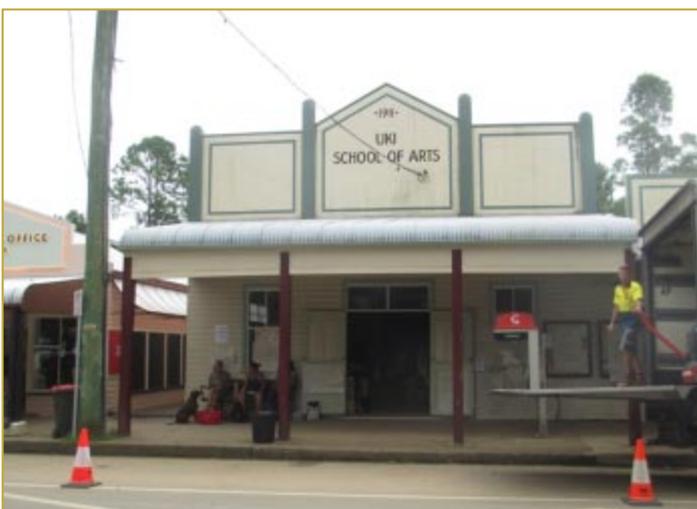
On Saturday morning March 12, we were finally able to drive out of the caravan park where I live after having been flooded in for almost 2 weeks. The council had repaired the bridge and carved a new road for us through the property of Mavis's, the local high- class restaurant.



The new road through Mavis's...



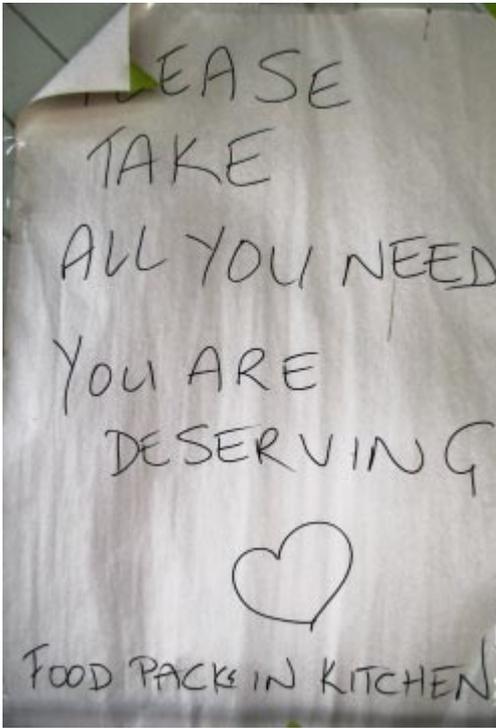
I set out for the nearby hamlet of Uki population 900, and which had been flooded by the Tweed River which flows beside the town.



The Uki Post Office which is also a coffee lounge and one of the village's social hotspots.



The Uki Hall has been transformed into an evacuation centre for the duration of the flood.



< Community spirit is everywhere in evidence... >



It is Saturday morning, and the Uki farmers' market is open for business as usual, flood or no flood... >



You can get your hair cut at the farmers' market...



And all our favourite stalls are here such as Emily's kitchen with its organic vegan pizza...



< Resilience: The word I heard on every lip was the word "resilience". We may have had to throw out our-damaged trampolines, but we are bouncing back. >

As a consequence of the flood and the new road, civilisation has finally come to Mount Warning Road and we now have a solar-powered traffic light. >



So we are recovering from the flood. It is a serious story, people have died, billions of dollars have been lost in the devastation. The scale of the floods is unprecedented and is an indicator of even worse things to come, of ever larger and more frequent floods and fires. And how are we going to turn the tide of that?

But there is also a little good news story about recovery in our community and other communities. We were flooded, but we are not defeated. We have the will and the resources and ingenuity to fight our way out. From amongst us, unexpected leaders emerged. There was a man who no one knew anything about, but he knew how to make a bridge out of bamboo poles spanning the part of the bridge that had been swept away in the flood.

Fortunately, there was no loss of life or property amongst Subud members in Australia in the flood prone areas but some experienced flooding and other damage to their homes and disruption of their businesses and everyday lives. Many of our Subud members participated in flood relief and recovery in their communities.

Byrrill Creek Community Rises after Flood Disaster

Many Subud members participated strongly in relief and recovery work with their communities during and after the recent record floods in Australia. Amongst those we have heard about are Stephen Armytage, Roland Fraval, Marlena Bassar, Susannah Robinson and new member Ahri Tallon. Natascha Wernick, BCCRT Leader, and Bruce Ray were very active in their Byrrill Creek Community. Natascha writes...

Byrrill Creek Community is 15 minutes from the nearest village of Uki and is a community of about 200 people with most of us over 50+. We have many wise ones in our valley who were the first to build their houses here and raise their families, but nobody expected the flood water to be 2-3 metres higher than ever before!

Although our community does not have houses that are in flood plains, other than one, we had the experience of our roads and bridges being torn apart and giant landslides blocking our access for at least 13 days with no mains power.

Our Byrrill Creek Community were mostly cut off from February 24th but it was not until the big rains on Feb 28th did our access get smashed and the power, NBN and phone lines broken.

“ *Nobody expected the floodwaters to be 2-3 metres higher than ever before...* ”

Tuesday March 1st was when we could walk the area and see the devastation and that's when the Byrrill Creek Community Resilience Team (BCCRT) kicked in.

The BCCRT has a leader in each neighbourhood of our community and we were able to connect and check in with all our community. Fortunately, my BCCRT Deputy Callum McKinnon and I had access to satellite internet and a generator from the very beginning of the power outage and thus, we were able to coordinate rescue and recovery efforts within the community and with the SES and other outside support services, including the Uki and Murwillumbah Volunteer hubs and the ADF.

Callum with his excavator, bobcat and team of locals was able to clear the road access from the broken Waterfall Bridge (AKA Otties /Hideaway bridge) to enable emergency access from Tyalgum end, by Wednesday 2nd March while others, like Bruce Ray cleared the Cedar Creek end of the road. The community were able to then lodge fuel and food orders and have Callum and Rebecca Ohare in their 5 tonne truck collect from Mudgeeraba and deliver, with urgent medicines, to the broken Waterfall Bridge to a waiting BC community in the evening of the Thursday 3rd.

By Friday 4th food and supplies from the police and other benevolent people began arriving and were trekked in over the broken Waterfall Bridge and from the other end over broken Byrrill Creek Road Bridge and then over a 100 metre wide landslip preventing access to the Uki end. The Cedar Creek food table was condensed to make one at the Chrissy and Jack's Waterfall >

Camp kitchen/food hub where stores continued to be trekked in and distributed for the next ten days.

Our Community was terribly saddened by loss of our community member. Bryce North was taken by the flood waters on Sunday 28th and his body found a few days later once the flood waters had retreated. This had a devastating impact on our already shocked community, although, he was not known by many he was one of us.

There are many flood stories from Byrill creek, just ask us, but the one I, as the BCCRT leader, would like to focus on is how incredibly our BC community endured and how the BCCRT came together and coordinated the rescue and recovery. Old neighbourhood feuds were put aside to enable an important emergency routes through private property. Community members who knew no one were checked in on and made new friends. The community food hub became an important community connection point during a very frightening and disruptive time.

The BCCRT have created a flood feedback form and have been meeting before, throughout the flood disaster and post flood to better understand the needs of our community and how to better coordinate in times of natural disaster.

On Feb 23rd, I had members of the TSC, SES, RFS, Red Cross and a radio consultant, drive with us through the BC community to assess the best form of communication during a power outage/natural disaster. I had the desired VHF radios in my hands and had to give them back after the testing. The quote for the radio system is \$13,000 and will connect our BCCRT neighbourhood leaders to enable better response and communication in times of disaster.

We are still working with these Care and Combat services to have these important community communication delivered installed and three weeks after the flood they are still not in our hands.



*Cascade Food Hub.
(Photo: Natascha Wernick)*



Natascha Wernick, Holly and Kazz Lopez, trekking stores over the landslip March 4

REACHING OUT TO REFUGEES

Rohana Darlington UK writes...

When the war in Ukraine began, I had no idea I'd be personally drawn into these terrible events.

When Subud Britain National Helpers invited members to join in a distance national and Zone 3 Latihan, praying for peace, I did so, and when a fundraising appeal for aid was announced by Susila Dharma Britain (SDB) I contributed, but thought I could do little more, living so far from the conflict, not knowing any Ukrainians personally and never having visited their country.

Yet one day I had an email from a Subud friend, Greg Perrin, a youth worker, asking if I could contact a young Subud Ukrainian very talented artist who was fleeing the war with her parents.

Greg had been trying to promote her artwork online internationally before the war, and he thought as I was a fellow female artist and member of SICA Britain, I might be able to reach out to her and try to support her emotionally in these terrifying circumstances.

Meanwhile, he was trying help other young African refugee students who'd been studying in Ukraine but were now desperate to escape, as they were being turned back at the border because of their nationality.

So, I emailed her, thinking it was the least I could do, and had a lovely response, full of questions for information about her what her options for accommodation and education could be in this dreadful situation.

Just then, I had an email from Susila Dharma Britain asking anyone who had any contact with Ukrainian Subud refugees to contact them. So began another stage in the chain of Subud people reaching out to see what they could do to help.

After discussion with Vincent Mount, Chair of Susila Dharma Britain, I mentioned my contact with this young Ukrainian and her family, and explained that one of my daughters works professionally with refugee resettlement in London and would be glad to help with advice.

Vincent contacted her and this enabled him to make informed decisions about the best way to use the generous donations flooding in, in response to their appeal. Usually, SDB sponsors small humanitarian projects initiated by Subud members but leaves the more specialist experienced agencies such as the Red Cross to support much bigger emergencies.



*Preparing support for Ukraine.
(Photo Copyright of Magyari Márton, ELCH)*

What help available?

Then I had another email from my artist refugee, letting me know she and her parents were heading for the Polish border, asking what help would be available from any Subud members in the area. She was still not sure if it might not be better to try to come to England instead. Because of the bureaucratic incompetence and delay by the British immigration people dealing with visa applications for Ukrainian refugees hoping to come to Britain, Vincent, Greg and I sent her email addresses of Subud people in Poland and Germany at this stage.

Shortly afterwards I had another email letting me know they had gone to Germany and were staying in a refugee house with a friend of her father near Dusseldorf, but it was getting overcrowded with more refugee families with many small children. Although SDB offered her financial support, it was accommodation that was immediately needed.

So, Vincent and I contacted SD Germany and we had a wonderful response, with an International Helper who lived in Dusseldorf letting us know she had managed to visit our little family and had >

arranged emergency accommodation for them in another town while they searched for somewhere to live in Dusseldorf.

Meanwhile, they were investigating the possibilities of her being enrolled in the Dusseldorf Academy of Arts and had created a WhatsApp group for them to contact with any of their needs.

Subud Germany had already welcomed Subud Ukrainian refugees to Munich and had plans to help others.

And Subud Poland has also managed to resettle some Subud Ukrainian refugees. It's been really great to work in this constructive way with so many other Subud people.

What educational possibilities?

Meanwhile, Greg had been busy trying to find out what educational possibilities for his African refugee students from Ukrainian universities might be available in Britain, and my daughter was able to advise him on how to write visa applications on their behalf.

We also discovered that Helsinki university offered special free admission opportunities for Ukrainian refugees to complete their modules, but these were often only available in Finnish or Swedish, and the Africans were trying to master English and Ukrainian as war broke out.

And in my own home, where I Latihan with a kindly Hungarian helper twice a week, I learnt about the efforts she and her family and members of the South Downs Subud group have been making to help Ukrainian refugees in Budapest.

An ongoing drama

So, it's an ongoing drama that's been extraordinary for me to witness and participate in, not least because as a child I myself was a refugee in various Far Eastern war zones during World War 2.

My unexpected contact with the plight of the Ukrainian and African refugees stirred up long-buried memories of family trauma as we fled Indian insurgences, Japanese soldiers in Malaysia and later communists there, barely escaping with our lives.

I recalled being held up as a 4-year-old child in the arms of my parents to see the extensive rubber plantations surrounding our home burnt to the ground, smelling the cinders and seeing everything destroyed - all I could see were miles of blackened tree stumps.

It was difficult to recall other frightening incidents from my childhood involving my parents and brother, too painful to describe here, but one unexpected outcome was a powerful Latihan I had on my own recently when I received a beautiful experience of being made by God to FEEL SAFE in the deepest part of my being.

I feel this was one of the blessings of my involvement with these Ukrainian refugees - a healing of this deep and hidden wound.

“ It’s an ongoing drama that’s been extraordinary for me to witness and participate in...”

BAPAK'S HOROSCOPE

Extracts from the book An Extraordinary Man, stories of Subud members' experiences of Bapak, compiled by Emmanuel Williams and Ilaina Lennard. This first one from Matthew Lambert...

In 1958, John Bennett's book *Subud, the Great Life Force* was published in French. It presented the coming of Subud to the world. After reading it, a woman from Marseille, Rochana, wondered what a good astrologer could see in Bapak's chart.

So she asked an astrologer to prepare charts of several important people, along with Bapak's date of birth: 22nd June 1901, at dawn in Indonesia.

Rochana wrote: "I will never forget the expression on this man's face when I came into his office to collect the chart."

"Do you know this man?" he said



“No, but I hope to meet him one day.”

“This is a man who can be of tremendous help to you! But not on the ordinary level of things!”

And the astrologer told her of the difficulties Bapak had to face in his life, and even in his own family.

Rochana was very surprised, because rather naively she had thought that Bapak never had to suffer. The astrologer also foretold Bapak’s last marriage to Ibu Mastuti.

Then suddenly he said: “You know, it is actually extremely difficult to speak about his man. How can I say? First of all, a chart like this does not occur once in a hundred years, not even in a thousand years! It is nothing to do with the month, the place of birth and the time, but with the arrangement of the stars around this birth which counts most. This man comes at dawn, he is on a threshold, he opens a door, he shows a path, a new way. But you see, he shows his way to the whole world!

“This man knows where he goes after death! He knows where he comes from! If he wanted to be on the material level what he is on the spiritual level, he could become the most powerful magnate in the world.

“Maybe you’ll think I’m mad, but this man has the same signs as the Prophets.”

Rochana joined Subud shortly afterwards.

Richard Milles, from his book about his experiences in Subud...

Another Astrologer

Some 10 years ago I got an astrologer friend to do Bapak’s chart. When he brought it to show me he too like Rohanna’s astrologer was incredulous.

“I’ve never seen a horoscope like this, the potential is unbelievable. I doubt that I’ll ever see a chart like this again in my lifetime. This man’s capacity for overcoming difficulty and suffering is limitless..” or words to that effect. The astrologer was opened later.

From Alfathah Kerner...

Bapak’s Lifeline

One time I was with Ibu and Rochanawati and we were fooling around with astrology and Bapak came in.

He showed me the palm of his hand and I was surprised because I had never seen lines like it. The lifeline and the destiny line were intertwined, whereas in all other palms I had seen, they were separate.

Another time Bapak said to me, “Sometimes you will see Bapak sitting here, but that is not the real Bapak. The real Bapak is on some other planet, helping there.”

I was surprised, but Rochanawati told me “Bapak kept changing his place in the room, but wherever he went, you did too, so that means you will always follow Bapak.”

Once Bapak said to me, “The longer you are in Subud, the more frightened you will be of Bapak.” This was in the early days, when we were not frightened of him at all, but wanted to be close to him all the time.

From Arthur Abdullah Pope...

Looking Into Bapak’s Eyes

I was always impressed by how concerned Bapak was in those days with the problems of ordinary members, even when answering letters.



One morning I had just finished bathing, and was standing stark naked drying myself in the bathroom at the back of the Guest House, gazing out of the head-high window, when suddenly there was Bapak's face at the open window, eighteen inches from mine - which was a bit of a shock.

Bapak had been answering a letter from a member asking for a new career direction, and he had sought me to find out what the member was doing at present.

This was the only time I had the opportunity to gaze into Bapak's eyes really close-up. Others have commented on this, too: it was like gazing into the farthest reaches of the universe. Perhaps this is why Bapak usually tended to avoid holding other people's gaze?

From Rohanna Salom...

Talking to the Stones

We went down the beach with Bapak and at one moment, he stopped the car and went into the ocean and stayed there for about an hour looking at the stones in the ocean, the reefs.. We didn't know what it was he was doing, looking at the stones with such intensity.

Then later on we asked Sharif, "What's happening here?" And he said, "Well, Bapak, has seen a lot of stones. He's talking to these stones, here."

That was one memory. Wow. These stones have all these souls in there.

From Ibu Mastuti, Bapak's third wife...

Bapak and Music

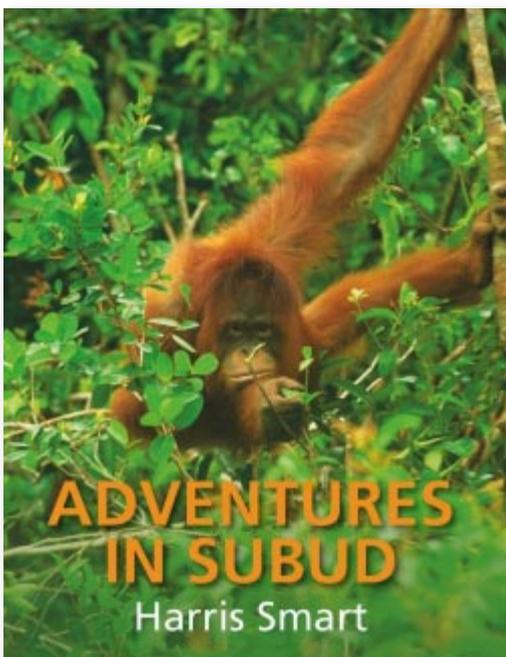
Bapak used to play the gambang, and whenever he played everyone gathered to listen. People would even come into the garden. When Bapak and I were alone together, he told me to do the latihan while he played the gambang, so that all the parts of my body would come alive.

Bapak was a very spontaneous man. He often did things on the spur of the moment. Once, after the dawn prayer, he said, "Let's go to Solo." That's eight hours by train from Jakarta!

He wanted to get a letter about his ancestry from the Sultan's palace.

"Well, Bapak said we were going to Solo, so we did what Bapak said! When we arrived in Solo we found the letter ready and waiting for us."

To order "An Extraordinary Man" go to Subud Publications International at: www.subudbooks.com ●



Adventures in Subud is a new book by Harris Smart. It presents an overview of the development of Subud covering practically every aspect of Subud life including spiritual experiences, enterprises, welfare projects, cultural projects, health and healing and youth. It is 360 pages long with 120 illustrations including photographs and cartoons by Campbell & Bolt. It shows Subud as a dynamic movement combining spirituality and action in the world.

"A feast of a book...a masterful and at time heart-wrenching record of our Subud experience... replete with hope and disappointment, revelation and joy"...*Dr Livingsgton Armytage*

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To obtain the book go to www.lulu.com and enter Adventures in Subud in the search slot on the home page. ●

INTERNATIONAL VOICE COMPETITION

The International Voice competition run by Subud member Boris Martinovich will end with the final performance on April 28. The organisers write...

Currently we are in the semi-final round. People can listen to all the contestants and even vote for them!

On April 28th we will have the Final round that will be Live and broadcasted online, so all the people around the globe will be able to watch it.

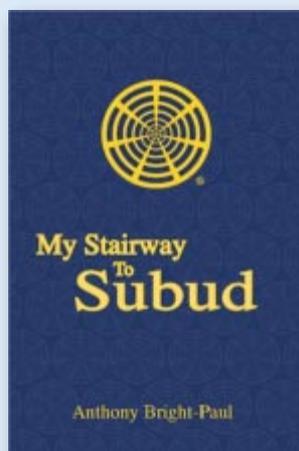
For full information go to: <https://www.boris-martinovich.org>

2. INTERNATIONAL VOICE COMPETITION
Boris Martinovich

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WELCOME
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Anthony Bright-Paul gives an acutely observed account of the Gurdjieff methods as performed and practised at Coombe Springs with John Bennett, and a first-hand account of both the euphoria and the upheaval caused by the arrival of Pak Subuh who brought with him the latihan kejiwaan, the spiritual training of Subud.

Available from: www.subudbooks.com
price £10.00 including P&P.

All profits to SPI's Bapak Talks retranslation project

NEW!! They Were There – *The Best of Subud Voice Volume 3*

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A new book from Lawrence Brazier

AN OBLIQUE LOOK AT THE WORLD

In the introduction, Lawrence writes...

This is a book about travel, people, and religion. Although I find it impertinent to write seriously about God – He's heard it all before – spirituality is also addressed.

From Muhammad Subuh: "If you can laugh from the belly you are unable to simultaneously think. You are then in the spiritual (realm)."

Harris Smart writes...

Lawrence has an idiosyncratic view of the universe. He often adopts the persona of the jester and someone who looks at life with a sideways glance, sometimes quite in askance.

Nevertheless, I am convinced he is a very serious man at heart, and this shines through in these essays. There is humour and striking observations to entertain you, but deep down he wants to get to the heart of the big issues.

The book certainly includes the categories that Lawrence mentions, travel, people, and religion, but there's lots more besides. We meet many characters in this book who include strangers he has met on his travels, as well as famous people past and present.

Other chapters are based on thorough research. His wonderful essay "The Orientalists", which we recently republished in *Subud Voice*, is a fascinating survey of those Brits who embraced Oriental beliefs and lifestyles.

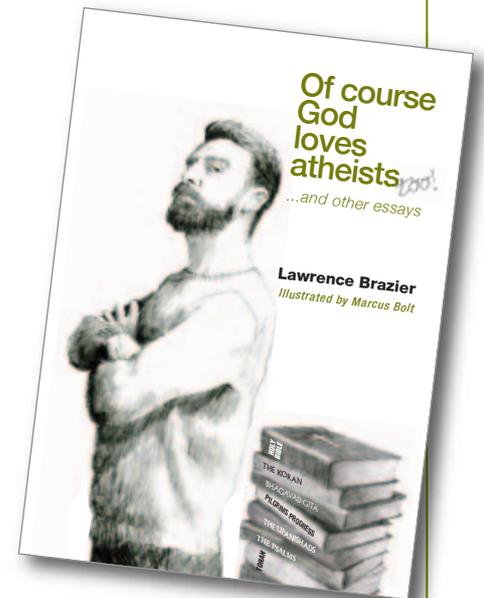
There are jokey pieces about sarongs and getting blessed by sneezing, but above all one senses the deep wonder of his good fortune, which he has received in a difficult world.

Beautifully designed by Marcus Bolt, who has also illustrated the cover and LB's cartoons, **the book can be obtained from:**

www.lulu.com/search?adult_audience_rating=00&q=Of%20Course%20God%20Loves%20Atheists%20Lawrence%20Brazier

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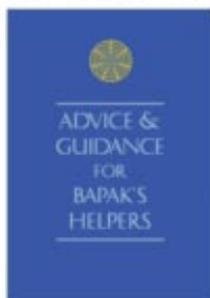
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