



Working together to save lives in the DR Congo

Imagine you are a pregnant woman in need of medical care. Your nearest health centre is many miles away on dusty or muddy tracks. You don't have a car and there are no buses. There is no one to look after your toddler either, so you have to carry her on your back.

Now imagine that your young child is very sick, with a high fever that is getting worse through the night. It is 2am and you are extremely anxious. Again, you have no transport to get you to your 'local' clinic 10 miles away and the only way you can do it is to set off in the dark, on foot.



Staff at CSCOM (Community Health Centre) Kwilu Ngongo.

This is the reality for hundreds of thousands of people in the Democratic Republic of the Congo (DRC). For patients to get access to health services, they often have to walk for many hours. This is not the only problem. Poverty leads to poor nutrition and bad sanitary conditions, leaving people – especially the very young and the very old – vulnerable to disease.

Decades of conflict and a lack of government investment have made it hard for people in the DRC to access basic healthcare. The distances, cost of transport, lack of health infrastructure, bad roads, burden of disease, poverty and poor nutrition combine to create a toxic mix that results in one of the highest child and maternal mortality rates in the world.

Epidemics have spread unchecked and treatment of deadly diseases has been neglected. Lack of investment in the healthcare system results in an absence of infrastructure and properly trained medical staff throughout the country. While medical needs are enormous, people, and especially the poorest, are left struggling to find even the most basic level of healthcare.

But there is hope on the horizon for some of the DRC's population... SD Congo with the support of

“ *Poverty leads to poor nutrition and bad sanitary conditions...* ”

SDIA and many other donors, has developed a system called the **Community Health Centre model, or CSCOM for short**. Local participation is key, and the system combines investment in quality health infrastructure with health services management by Community Health Committees as well as Government investment in staffing.

It also provides a health financing option, through the creation of Health Mutual Associations controlled at the local level, that can help offset the cost of emergency and routine health services. With the support of SDIA and our donors, SD Congo is able to operate six community health centres and hospitals in the DRC, serving a population of more than one million people.



CSCOM Lemba Imbu.

Susila Dharma and you: how our donors are helping us meet Sustainable Development Goal 3

The United Nations Sustainable Development Goals or SDGs were established as a global 'plan of action for people, planet and prosperity' by representatives of the 193 United Nations Member States meeting at the UN Headquarters in New York in September 2015.

The Susila Dharma network and its partners are helping to meet several Sustainable Development Goals in the DRC (you can see a list here), through the establishment and operation of CSCOMs, in particular SDG 3. Here's how we are meeting the targets.

Sustainable Development Goal 3 - Ensuring healthy lives and promote well-being for all at all ages.

• **3.1 By 2030, reduce the global maternal mortality ratio to less than 70 per 100,000 live births.** With the support of SDIA and other donors, SD Congo currently operates six CSCOMs and hospitals in under-served communities in Kinshasa and Central Kongo provinces. These centres, serving a population of more than a million people,



Staff at CSCOM Nkandu III.

focus on pre-natal, ante-natal, maternity and health services for children under 5. The latest health centre, the Mother-Child Hospital Centre of Kwilu Ngongo, is specifically designed to provide women in the community of 52,000 access to high quality pre-natal, obstetrical and ante-natal care, effectively contributing to a reduction in child and maternal mortality.

• **3.2 By 2030, end preventable deaths of new-borns and children under 5 years of age:** By closely following the mother during pregnancy, ensuring she has access to vitamins and micro-nutrients, and having at hand the capacity for surgical interventions like cesarean sections, SD Congo health centres are providing the best chances to both mothers and newborns. Centres provide vaccinations and pre-school health follow-ups during the first 5 years of life.

• **3.3 By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases:** One of the keys to the elimination of epidemics like HIV/AIDS, tuberculosis and malaria are public education, treatment and screening measures. All our SD health centres practice mandatory testing of pregnant women for HIV/AIDS and malaria treatment and prevention strategies. By detecting the presence of

“ Ensuring healthy lives and promoting well-being for all at all ages... ”



Children at the opening of the new CSCOM at Kwilu Ngongo.

HIV/AIDS infection during pregnancy, measures can be taken to reduce the risk of transmission of the virus from mother to child. As an extension of SD Congo's health service provision in communities, with the support of SDIA, the Blond Trust and the Buchan International Fund, we have piloted community clean water projects that are effective ways to prevent cases of water-borne and communicable diseases, which are a common source of infant and child illness and mortality.

• **3.7 By 2030, ensure universal access to sexual and reproductive health-care services, including family planning, information and education:** Lack of access to sexual and reproductive health services, including family planning, can lead to frequent and at-risk pregnancies because mothers don't have the chance to recover their strength before they become pregnant again. All SD Congo health centres provide family planning education and services as a means of promoting long-term improvements in maternal health.



New mother at CSCOM Kingantoko.

• **3.8 Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all:** Through training and technical support that SD Congo provides to the creation of locally managed Health Mutual Associations (HMA), we give families in the DRC the possibility to save every month for eventual health care needs. The HMAs are democratically organised organisations that represent the members: they provide a voice for members in determining what kinds of services they value most and where the quality of services and medicines need to be improved.

• **3.12 Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries.** With your support, SD Congo is also playing two other key roles: that of training and su-

“ Achieve universal health coverage... ”

persuading health professionals that work in its centres, as well as that of advocacy with the government to provide a basic level of health coverage to the country's most vulnerable. By providing ongoing training for the health professionals working in our centres, they are more motivated to give their best to the patients. They have all the equipment and tools to do their job properly, so they feel a sense of pride to be working for Susila Dharma and the community. SD Congo representatives are also present in government meetings to continuously advocate with the Ministry of Health and share data that indicates where and for whom services are most needed.

• **3.13 Strengthen the capacity of all countries, in particular developing countries, for early warning, risk reduction and management of national and global health risks:** By treating people, gathering health data and analysing local health trends, CSCOMs are important contributors to national health information systems that can help detect and respond to potential epidemics before they get out of control.

If you feel moved to support this work with a donation, please visit the SDIA website.

Donor organisations that have contributed to the development of the CSCOM model include SDIA, the Buchan International Fund, Blond Trust, SD Canada, SD Britain, SD France, SD Germany, BMZ, SD USA, MSF and the Guerrand Hermes Foundation for Peace, all working together to help meet the Sustainable Development Goals in the Democratic Republic of Congo (DRC).

CORRECTION

There was an error in the article about the Zone 6 Gathering in the November issue of Subud Voice. In that article it said that the 55 ha property at Kingantoko is in the possession of Susila Dharma Congo for 20 years. This should actually read 'Subud DRC'.

WORLD CONGRESS UPDATES

From Subud World News: www.subudworldnews.com...

Teams are coming together to cover the many different aspects of congress needing care. Healthcare and Registration are just two of them. Here are recent reports submitted:

Anna Maimer MD, co-ordinator of "second aid" at the congress, writes...

We hope you will travel safely and have an enjoyable time during the congress. Concerning health matters, here is some advance information, which you may find helpful.

Health service during congress

During the official opening hours of the congress there will be a first aid service for emergencies offered by paramedics on duty at the congress centre ("Messe Freiburg"). Additionally there will be a "second aid" service point, run by SUBUD medical staff, to offer help and advice in case of acute, but less urgent, complaints (flu, headache, diarrhoea, sleeping disorder, etc.). Opening hours of the "second aid" point will be announced at the congress. A list of pharmacies and hospitals will be available on demand. Read more:

http://www.subudworldnews.com/userfiles/news/documents/2017/Health_Subud_v4.1_OV.pdf

Rita Oakford of the Registration team writes...

The online Registration System is currently being prepared and is scheduled for testing as of November 17, 2017, and to go live in the middle of December.

The Congress registration area at the venue will initially be located at the left end of the main atrium next to Hall 3. It will have a lounge area with armchairs and water dispensers as well as coffee and tea facilities. After three days the registration will move into a booth in front of Hall 3, and the lounge. Read more:

http://www.subudworldnews.com/userfiles/news/documents/2017/Registration_Team_Report_OV.pdf



HELP SUBUD VOICE KEEP GOING IN 2018

We need more money. It's as simple as that. We don't need a lot. Just enough to keep us going. These days we've pared our annual budget down to a few thousand dollars a year to cover essential costs. We can't pare it down much further. There won't be any cheese left.

We are just a bunch of mostly old folks who somehow keep on turning out the Subud Voice. We don't really have an online subscription service because we just don't have the resources to set it up and maintain it. It's all we can do to get the magazine out each month.

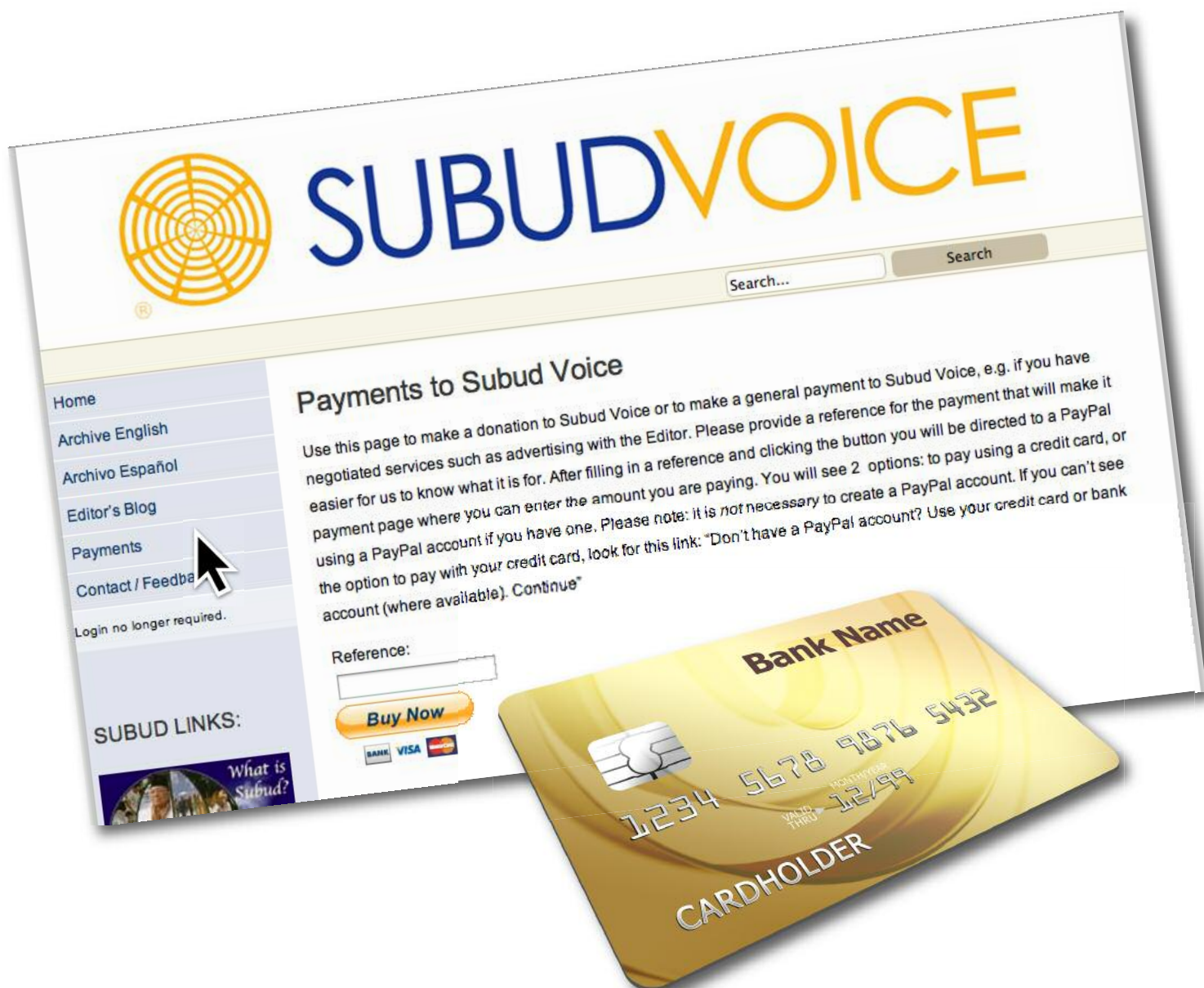
Yes, that's right, 12 issues per year, delivered promptly on the first of every month. That is our proud boast. And look at the quality of what's in it. Just look at this month's issue! The incredible things Susila Dharma is doing in the Congo! The amazing story of Osanna Vaughn and her writing! Another triumph for Zelli! World Congress updates! How can you live without it?

We rely on your donations. A subscription used to be AUD\$50 a year so that is a good figure for a donation.

You can send it really easily and quickly by just going to our website www.subudvoice.net and clicking on the PAYMENTS button which is on the left-hand side of the webpage.

Of course, you can send much more than AUD\$50 and sometimes people do and it really helps to keep us going.

Very best wishes for the coming year to you all and in anticipation of your generosity,
From the Subud Voice Team, Harris, Ilaina, Marcus and Kitka



DO YOU HAVE A PROJECT YOU WANT TO MAKE HAPPEN IN THE WORLD?

Then join us for this 6 day, ALL AGES 'Project' Quest in Germany, immediately before World Congress.

Held at a lodge in the beautiful Black Forest, 20 minutes out of Freiburg, from 21 – 27 July, the YES Quest team are offering this 'Project Quest', in keeping with the focus of Congress, which is to create activities, projects and enterprises which express the latihan in the world.

All participants will be expected to come with at least the beginnings of a project idea. As well as the usual Quest activities focussing on personal awareness and life direction, we will work with everyone to develop their project concept, plan it, and enhance their capacity to make it happen.

Everyone will have the chance to present their project to a big audience at Congress, and will be in the running for the award of cash grants to help put their project into action.

The cost for the six days, including transport to and from Freiburg, Quest program, food and accommodation is Euro 250.

The program will be designed and facilitated by Marlena Bassler and Peter Jenkins, with the assistance of trainee facilitators Rhyana Blakeley, Roland Fraval and Guillaume Sanchez. During the Quest we will also give a short training so that Quest participants can assist us with three major Interactive Sessions at World Congress, called: 'Discovery', 'Vision' and 'Action'.

If you would like to be part of this exciting 'Project Quest', send an email to Marlena Bassler marlena@yesquest.org asking for a application form.

We are hoping to offer some grants towards the E250 fee, especially to young participants from poorer countries. Young people may also be able to apply to the International Youth Travel Fund for assistance with air-fares (which are not included in the fee).

No matter what your age (18 – 88), if you are interested, you should apply as soon as possible, and definitely before you book your travel to World Congress.

There will be an exciting program, lots of music and fun in the evening, walks in the Black Forest, profound personal insights, support and celebration.

If you have any questions, send an email to Marlena or Peter peterjenkins4@gmail.com

We look forward to making things happen in the Black Forest.



Peter Jenkins, Guillaume Sanchez and Marlena Bassler.

VIVE LA HABANA SUBUD ZONE 7

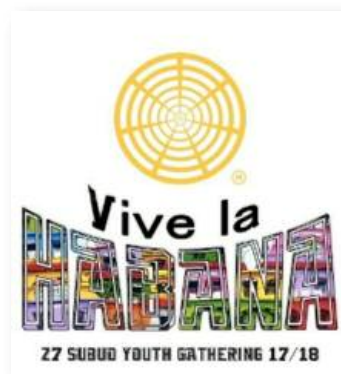
SYA informs...

Subud Youth Activities Zone 7 are organising an event in La Habana, Cuba, from December 26, 2017, to January 3, 2018.

As Arif Rivero from Mexico says in the introductory letter on the event website: "This is an event promoted by Zone 7 but it's open to all who want to participate!"

He then goes on to say: "I'll briefly tell you the plan in general, the idea is to visit Cuba with two main purposes, one to have a great time together and the other is to bring us together with our Subud brothers and sisters in Cuba and help them as far as we can.

We are looking for a social project to support with our volunteer work, having free afternoons to



share with Subud members (Latihan, cultural afternoons, dancing, laughs, movies, etc.), as well as celebrating the New Year together, the last couple of days will be free for us to visit LA Habana and to spend on the beach. So do not overthink it and get ready to join our trip!"

A registration form can be found on our website: <https://spark.adobe.com/page/ftak6erpgs1eg> or on the SWN EVENTS list.

TOUR DU MONT BLANC FOR SUBUD MEMBERS AFTER CONGRESS IN GERMANY IN 2018

Reynold Orchard writes...

This is an update on the article Arif Matthee posted 4 months ago. As you may know, we have planned a multi day hiking trip to take place directly after the Subud World Congress in Germany, 9-20 August. It is exclusive for Subud members and their family. Since the deadline for making the \$300 deposit is coming up, I would like to remind or inform all of you who love to hike to consider joining us.

This 12 day event takes us on a hike through mountain meadows around the massive Mount Blanc, taking us through France, Italy and Switzerland as we circumnavigate the mountain. We are first brought to Chamonix France by a 5 hour private coach ride from Freiburg. We then enjoy 10 days of hiking in the mountains, staying at mountain lodges and the occasional hotel. Coach tickets, lifts, lodging, 3 course meals, expert guiding and handling of heaving bags is covered. While we carry only a day pack, while our duffel bag or suitcase is carried from lodge to lodge by van. All of this is covered in the fee of \$2,499 each for double occupancy (\$300 de-posit), or \$2,799 single occupancy (\$600 deposit). See the registration page for details. The great majority of us will be double occupancy.

This trip is in line with the many other treks and hikes we have done over the years at the time of a world congress, including the multi day Milford Track that followed the Christchurch New Zealand world congress. I was hiking in the Himalayas with Jerry Lapp of Skychasers last year, and became aware that he had some expertise in a tour around Mont Blanc, the highest mountain in the Alps. I asked him to organize a tour exclusively for Subud at a heavily discounted cost given the economies of scale of a larger group of 30.

Please look at the details of the trek in the enclosed link. Most avid hikers will not find the distances and elevations unmanageable. If needed we can break into 2 guided groups, traveling at different paces, arriving at the same destinations. We will all experience stunning mountain scenery, in late summer, with the fellowship of our Subud brothers and sisters.

You will notice that the deadline to make a deposit and secure your place is December 1st. This early date is to facilitate booking, because later the lodges will be booked up. Please regard this deadline as a little elastic, so if you see this article shortly after this date, please go ahead and book. Your deposit will be refunded if for any reason the trip does not happen, or if you send in your deposit after it is fully booked. If at a later date you find that you cannot do this trip, there is a high likelihood your deposit will be paid by someone who wants to replace you, so there is little risk in losing your deposit money. If you have any questions about this or anything, please talk to or email Jerry Lapp.

Here is your link:

<http://skychasersworld.com/upcoming-trips/august-2018-the-subud-tour-du-mont-blanc>



“ We will all experience stunning mountain scenery in late summer... ”

SUBAGIO: JAKARTA POST INTERVIEW



Subagio with possum friend.

Tomik Subagio is a well-known Subud member who lives in Adelaide in Australia. He first came to Australia from Indonesia with his wife in 1968.

He has lived a very full life in Australia and recently journalists came from Jakarta to interview him for newspapers there. They were very interested in his career in Australia and also the many activities with which he has filled his so-called "retirement years". Apart from anything else, he is famous for befriending Australian wildlife still be found in the suburbs of our cities.

The article in the Jakarta Post also includes Subagio's doomsday concerns with environmental issues in Jakarta, particularly how the groundwater reservoirs are being depleted with possible disastrous consequences for the city. Subagio has been concerned to warn the authorities of a potential approaching crisis.

To read the article click here

<http://www.subudvoice.net/wp-content/uploads/2017/09/SUBAGIO-JAKARTA-POST.pdf>

SICA SECTION

GUIDELINES FOR SICA AND THE SICA NETWORK

Ibu Rahayu on Subud, Culture, and Why Bapak established SICA

"...Subud is not a religion...The reality of Subud is that it is an education... And this education comes from within ourselves... And the purpose of this education is to help us improve ourselves. So each Subud member takes responsibility for themselves and their own development... So Subud is not a religion – it is actually a training. That's why we call what we do a 'Latihan'. Latihan means training.

"...In Indonesia, Subud, as an organization, is registered with the Department of Education and Culture. So the reality is that Subud is an association of human beings who are educated... And the result of [our] being educated – is that we develop our own culture. So our education comes from within and leads to culture – leads to having culture in our life.

"...Now this culture is not limited to dancing, or singing, or art in general. The human soul also touches human thought, so Subud will not hinder someone who studies. In fact this contact can help you pursue your profession. So for example some people become doctors, or architects, and so on. So people in Subud don't just seek spiritual knowledge. We live as normal people and we pursue our respective professions, and at the same time we seek spiritual understanding.

"This is why Bapak made the decision to set up a Subud wing called the Subud International Cultural Association, or SICA..."



To read this complete document from SICA click here:

http://www.subudvoice.net/wp-content/uploads/2017/11/SICA_SP2Pager_1Oct17.pdf

To read the document in Spanish click here:

http://www.subudvoice.net/wp-content/uploads/2017/11/SICA_2Pager_Oct17.pdf

A NEW ROLE FOR ZELLI

Izella Connelly has finished her run as one of the leads in the show *Matilda* in Australia and New Zealand.

She did 83 shows and 120 standbys. The total contract period was 14 months commencing with rehearsals in Melbourne, then seasons in Brisbane, Perth, Adelaide and Auckland

She received some outstanding Reviews for Opening Night Performances in Adelaide and Auckland.

With a show as famous as this, finding the right actress for the spirited *Matilda* is no small feat but Izella Connelly (one of four *Matildas*) provided the perfect combination of strength, intelligence and cheekiness. Her voice much more powerful than her stature sent waves across the sold out theatre. The show is crafted through her storytelling ability and seen through her child like sense of wonderment...

Jessica Suo, Tearaway

On opening night, *Matilda* was played by 10-year-old Izella Connelly, who did an extraordinary job of carrying the show on her tiny shoulders - her conviction and intensity was most endearing... *Kim Choe, News Hub*

The cast in general were superb – and this *Matilda* was way, way, cuter than 90's movie *Matilda*. She was basically a tiny Hermione with better pipes. I'm not sure which of the four rotating *Matilda*'s it was, but kudos to you young lady. I'm sure the other *Matilda*'s are shivering in their school shoes about the thought of following that... *Don Rowe, Spinoff*

Izella says...

Izella did a lot of media events as *Matilda*; here is some of what she had to say:

'*Matilda* is about a little girl who stands up for herself, even to adult bullies. She also stands up for others. Even if you're little you can do a lot.'

'The most exciting thing for me is being on stage and entertaining thousands of people.'

'All the kids in *Matilda* are great friends and fun to be with.'

'I am lucky to have trained with some of the best speech, vocal, dancing and acting coaches in the world.'

Voices of Angels

She is currently in Japan appearing in a lead role as Grace in Universal Studio's (Osaka) Christmas Production, *Voices of Angels*, which plays through till early January.

Voices of Angels has an international cast of adult and child performers and it runs twice an evening for 30 minutes.

Izella does 2 shows 3 or 4 evenings a week. The show is very 'Disney', with a cast of 55, massive lighting, special effects, fireworks and, yes, even floating angels; the kind of spectacle required for audiences of up to 60,000 in an open air venue.

Izella's website www.izella.com has been recently updated.

Take a look at 'minute 12 to minute 16' of *Voices of Angels* where she performs the show's main song. <https://www.youtube.com/watch?v=bsEb9Dgjf-8&feature=share> ●



*Zelli, finished her run as a lead in *Matilda* and is now appearing in a Japanese Christmas show.*

IT WAS A STARLESS NIGHT...

An interview with Osanna Vaughn about writing...

Osanna Vaughn has so many talents, it's hard to know where to begin. She can do so many different things. She can speak four languages and translate back and forth between them.

She can sing and play the guitar very well. As a matter of fact, that's how I first became aware of Osanna and her twin sister Maya. This must've been back in the late 1970s some time in Cilandak. It was one of those times when in the old days (way back when), at certain times, like Ramadan or >

Bapak's birthday, people used to come from all around the world to Wisma Subud.

So, one year there were these two very tall girls there: they went around with a guitar being the life of the party, singing their vast repertoire of pop songs. They seemed very lively and a breath of fresh air.

And over the years we have watched them develop and play such an important part in Subud. Osanna has even been the Chairlady of the World Subud Association – no small task. She is so capable and well-organized, but I also felt that during her term, it was like we had a mother looking after us. She was so caring. More than anything else that seemed to me to be the quality she brought to the job.

So, she is a multi-talent; but for the moment we want to focus just on one of them, which is her writing. She has written a series of five fantasy novels based around falconry, and that is going to be our main theme for this interview, but we will also probably give a little bit of her background because that is so interesting.

Harris: Okay, so, now, you were born on Jersey, is that right?

Osanna: Jersey, Channel Islands, yes, that's right, a little island off the French coast, but a British dependency.

Harris: You lived there for a certain period of time and then you went to Spain...

Osanna: We lived in Jersey till we were 11, but we started going to Spain when we were younger. The fact that Jersey is so close to France is probably why we started learning French at school very young, giving us a really good foundation in French. Anyway, we moved to Spain when we had just turned 11. We'd been going there for the Easter and summer holidays. So, we were familiar with the place and our parents decided to move there. We went to a Spanish school for four years and then to the French Lycée.

Harris: Whereabouts in Spain?

Osanna: Alicante, on the Mediterranean coast.

Harris: Alicante? Very nice. After you left school you somehow found your way to dancing at the Lido in Paris; is that true or were there some steps in between?

Osanna: I did ballet since I was three, but obviously grew much too tall. It was my original teacher in Jersey who suggested dancing at the Lido because the 'Bluebell Girls' are properly trained dancers. Maya had stopped dancing when she was young and taken up piano, so, she didn't have the ballet training that I had. However, when Miss Bluebell of the Lido heard that I had a twin sister, she decided she wanted to do another twin number (like the Kessler Twins before us). That's how we both ended up being there. It was not the life for me though.

Harris: How long did you do it and did you enjoy it while you were doing it?

Osanna: I only stayed for 10 months in fact, and then I broke my contract because it wasn't for me... You make friends and all that, and it's a fun show, but the whole scene is – well, there were things about it that I didn't like. I saw very good dancers become totally insecure about their abilities. Of course, I spoke languages, so I had other things I could do in my life. It wasn't like I thought, "Oh, dancing at the Lido or somewhere like that is the only thing I can do." I pretty much understood



Osanna as she was in Innsbruck in 2005 when she became the Chair of WSA.



Osanna, never far from a guitar.

that I was too tall to do ballet, but I had my languages.

Harris: Okay. So, what did you do after the Lido and how did you come to Subud?

Osanna: Okay, the story about how I came to Subud starts before I went to Paris: my ballet teacher in Spain invited me to lunch one day and told me about Subud. She was a very cultured person, a very special person in my life, like a mentor, so when she told me about Subud, I didn't doubt her. Plus, it was like a light-bulb went on and I thought, "Oh that sounds very feasible". I thought it made a lot of sense, as she described it; but I was 17 at the time and you had to be 18 to join – and I was off to dance in Paris. While I was in Paris, what happened was this crazy story.

I was walking down the Champs-Élysées one day and I saw this poster for a film. The English title was *Brother Sun, Sister Moon*. I had no idea what it was about but for some reason, it caught my attention, and I went to the cinema on my own, which is something I never did. It's a film about Saint Francis of Assisi. I was so touched by it that I actually sat through it twice.

When I got home, I started writing in the diary I kept at the time. It was a diary printed in Spain, so each day had the name of a specific saint. I was a few days behind and was still catching up. When I got to the day that I'd watch the movie it turned out to be the a-day of Saint Francis of Assisi. That gave me the shivers! It then triggered, "What am I doing with my life?"

I then decided to doing something like what we would call prihatin. I don't know whatever I cut out, but I very quickly I realized that I couldn't do this on my own. That was when I remembered what my ballet teacher had explained about Subud, so I wrote to her, and got the address of Subud France. Of course, neither she nor I realised that this was just an office, where people probably just went for a couple of hours a day...

So, whenever I went there was no one there and I never got to connect with them. However, Maya and I had planned a trip to Canada, spending some days in London on the way, so, I got the address of Lydia Corbett there.

So, she was actually the first woman helper I met with. Then Maya and I went on to Canada and so on, and then back to Spain. In Spain I then started working in the shoe business. Spain has a big shoe manufacturing and exporting industry, so my languages served me well. Even when we were sixteen and still at school, Maya and I would take a week off in spring and again in autumn to work as interpreters at the big shoe trade fair in Elda. After the trip to Canada, I worked for a shoe export agent who dealt with some big Australian companies. That is how I later came to go work in Perth for three months. Of course, by then I had been in Subud for a few years, so I went to latihan



The twins, Osanna (left) and Maya.



Osanna's five fantasy novels based on falconry.

regularly at the Perth Subud group.

Harris: What languages do you speak?

Osanna: French, Spanish, English, and German. My Spanish is pretty fluent. When we were living in Spain we were bilingual. Now I don't get to speak it that often, but it's pretty fluent.

Harris: How did life flow from there?

Osanna: First of all, let me back track and tell you two anecdotes about writing. When I was in school in Jersey, I used to enjoy writing, and I had some poems published in our little school magazine and that kind of stuff. But there are two things that influenced me at school and, ultimately, blocked me for a long time. The first was when we were asked to write a story. I was not very old, six or seven, but I wrote my story. It began with, "It was a starless night. Only the moon was shining through my window", and I loved that opener. I thought it created a great atmosphere.

Harris: Yes, beautiful.

Osanna: My teacher, however, wrote in the margin in red that if it's a starless night, there's no moon.

Harris: Oh dear, How literal can you be?

Osanna: Exactly, but what's more it's not even true. Of course you can have a situation where the clouds break open and a full moon shines through, and, because it's so bright you don't get stars for a large area around it anyway.

That was one thing: the other problem was that I had difficulty with the concept that you get your idea, you develop it and then somehow you tie it up neatly at the end. That need to tie it up neatly at the end totally blocked to me. How on earth do you do that kind of thing?

Those are two things from my schooling that meant that, through the years, I only ever wrote short pieces: I never dared to write anything longer.

To read the complete interview and find out how Osanna got over her writers' block and went on to write five novels, click here

<http://www.subudvoice.net/wp-content/uploads/2017/09/OsannaStarlessNight.pdf> ●

WHAT HAPPENS ON PAGE 27

Harris Smart reviews a book to inspire creativity by Emmanuel Williams...

Emmanuel is well-known as a poet and also is the author of many significant books about Subud such as AN EXTRAORDINARY MAN the book he edited about members' experiences with Bapak.

He has also been a teacher and his book WHAT HAPPENS ON PAGE 27 is a distillation of his approach to awakening creativity through creative writing.

In his introduction to the book he contrasts two forms of intelligence. Intelligence which teaches us facts and rules and prepares us for careers. Then there is the more playful intelligence associated with creativity. Emmanuel insists that both forms of intelligence belong in the classroom, but in this particular book he is interested in providing "exercises and prompts for the classroom and home".

Emmanuel says in his introduction...

"School should not only teach knowledge and skills, but also help young people develop their creativity. Most schools, and I visit lots of them, I'm doing this. Consequently children and young people are growing up lopsided, big left brains and small right brains what can be done about this?"

"If you agree that creativity belongs in the classroom, you may benefit from a collection of practical ideas to dip into. Hence this book. Its emphasis is on language activities because they are what I'm best at. I've worked hard and sought input from other teachers to make this book as accessible



Emmanuel Williams.

and practical as possible I've assumed that you're as busy as most of the teachers I meet, so I've included not only specific teaching ideas but a great deal of supporting material for those ideas."

Many teachers have given positive feedback about the book.

"Emmanuel Williams understands the essence of how schools should foster creativity with students of all ages. Williams presents his knowledgeable approach to writing and helping even the most reluctant writers find their voices." *Ashley McRae, Elementary School Teacher*

"Emmanuel's ideas are little fuses: light them in your classroom and watch the imagination explode. This book is genius and will do a genius on children, adults and everyone anywhere." *Catherine Elizabeth Donna, teacher of creative expressions and creative writing at Alameda Community Learning Center*

“ This book is genius. ”

"Emmanuel Williams has created a book that should be on the bookshelf of every dedicated teacher and group facilitator. These ideas work for all ages, eight years to 80." *Elfrida Schagen, Middle School Teacher, Emphasis on Drama and Art*

At various times in my life, I have also been a teacher of creative writing, and I wish that I had had Emmanuel's book at then, because there is such a variety of excellent starting points in this treasure trove for encouraging people's imagination and creativity. The other thing about the book is not only that a teacher can use it to inspire students, but it could also be used by anyone, at home alone or wherever, as a starting point for their own creativity.

The book is available on [Amazon.com](https://www.amazon.com). *What Happens on Page 27* by Emmanuel Williams
To contact Emmanuel Williams, emmanuelriddlemaker@gmail.com

FOUND IN TRANSLATION!

Dahlan Lassalle writes...Making Source Of Life available to more readers...

When my Dad, Léonard Lassalle, had finished writing his first book *Source of Life*, about his experiences through the latihan, he embarked on a second book. *Walnuts and Goats Cheese* was also written in English and was about his early years before joining Subud. After this was published, Léonard knew what was next on his to do list.

As a Frenchman, now living back in France for over 25 years, Léonard wanted to share *Source of Life* with French Subud members and friends that hadn't started the latihan.

After one of his close friends in the local group began to translate the book into French, Léonard realised that *Source of Life* needed to be re-written in French as Léonard was able to articulate his experiences more authentically in his mother-tongue. It was a truer expression of himself.

Throughout my childhood, my Dad would always say to me, "if you spoke fluent French, you'd discover another side to me".

With some relief and plenty of joy for Léonard, his book was being appreciated by members and





Leonard and Melinda Lassalle.

non-members alike in many parts of the world. Indeed, over 600 copies have been sold. It is apparent that a Spanish version of *Source of Life* was important.

Over a year ago, once we had published the French version of *Source Of Life*, Léonard asked Harris Smart if he knew someone who could translate from English to Spanish. We began working with Samuel, a member from Cuba who has translated Subud Voice into Spanish, and a member from Spain called Lia who would proof read.

Interestingly, Lia is bi-lingual in French and Spanish and so used the French version of *Source of Life* to check the translation of Samuel's work from English to Spanish.

After a year or more, Léonard and I are pleased to announce that we have now published *Fuente De Vida (Contacto Con El Origen Del Ser)*. For sales contact lassalledahlan@gmail.com where you can also purchase the French version *Source De Vie (Contact Avec L'origine De L'Être)*, or the original English version *Source Of Life*. ●

EASTER IN BALIKPAPAN

Isti Jenkins recalls...

Four of us from Rungan Sari, flew to Balikpapan from Palangkaraya for the Easter Holidays; the group included Gaye Thavisin, Osanna Vaughn, and Peter and Isti Jenkins.

Gaye arranged for us to stay with two Australians we met over Christmas, Karen and John who were working as volunteers for YUM. (They are not Subud members, but quickly became our Australian buddies while staying with Gaye.)

We all got along so well that we immediately felt comfortable with the opportunity to stay with them in Balikpapan where they now worked.

Arriving at Balikpapan Airport was quite a surprise. It was very large, very modern and very impressive and situated on the east coast of Kalimantan, Borneo.

Our Aussie friends offered us all first class accommodation in the upstairs of their rented house close to the city. The city we found to be unusually attractive, clean and well designed with loads of good features not far from ocean views!

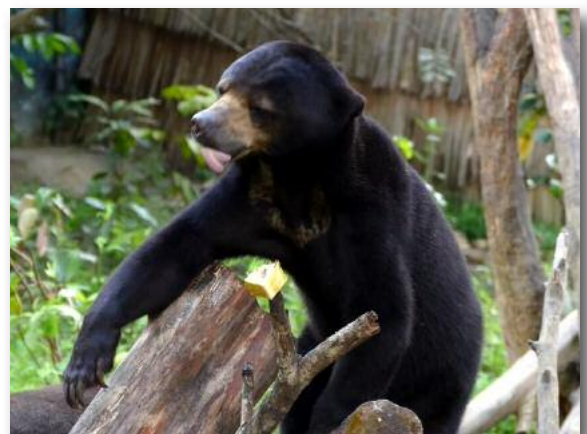
We were introduced to some very modern shopping malls and realized that the wealth here came from the enormous amounts of oil that are exported overseas.

On Friday for lunch we went to OCEANS RESTO which was superb. After a quick change of clothes we drove via the ports and went to Graha Indah for a boat tour with Pak Herman to see the mangroves and the proboscis monkeys.

Traveling up the Somber River we passed under the tributary pipe which is used for the oil processing at Balikpapan. The environment was beautifully cool and relaxing. We enjoyed the perfect reflections on the water.



Orangutan rehabilitation.



At the honey bear sanctuary.



After a delicious dinner cooked by John, we played cards. Peter's rules up to ten rounds. The winner was John and then Isti second.

Saturday was a planned event. A car and driver, Taufik from Sulawesi took us early to Kawasan Wisata Pendidikan Linkunga Hidup, (the Sun Bear Sanctuary). We arrived in time for their feeding!

From there we traveled on a rough dirt road for at least an hour (58 km from Balikpapan) to a place called Bukit Bangkirai (which means the Hill of the Bangkirai trees).

Here we went on a Canopy Treetop Walk which consists of three or four suspension bridge spans at a height of 30 meters above the ground! The Canopy Bridge (Jembatan Tajuk) was built in 1998, and is like no other treetop walk we have ever experienced.

As we were leaving a drone hovered at the same level where we were standing so we waved expecting to see ourselves some time on social media!

Our next experience on the same day was another hour away in an isolated place used for the rehabilitation of Orangutans. Not only did we spend time viewing closely a large male and female orangutan feeding on their island, but also checked out a new exquisite restaurant and accommodation called Samboia Lodge nearby.

This was built by the company BOS (Borneo Orangutan Service) so that guests can help support the project. The final touch to this wonderful day on the way home was drinks and Kelapa Muda (coconut water) at a cool tropical Beach House Restaurant where the breeze and the sunset over the water made a perfect end to a perfect day!

Easter Sunday was a slow start for us all, then a shopping trip to the most upmarket mall. Then lunch again at the seaside Restaurant, followed by a walk, a nap and another happy evening together with perfect weather holding out throughout the entire time.

A big thank you to Gaye, Karen and John for making this adventure possible and very memorable indeed. I would happily take my grandchildren next time!!



On the Canopy Bridge. Isti Jenkins (in front) and Gaye Thavisin.

“ Like no other treetop walk we have ever experienced... ”

ADVICE

Sebastian Paeman writes about giving advice...

I think we have to be very careful with giving someone 'advice'. Particularly when that person hasn't asked for this. So easily our advice can come from our ego. I've seen this from both sides, and nowadays I'd think twice before giving anyone advice.

If I remember well, it was either Bapak or one of the older Indonesian helpers who said that sometimes it is more important to make somebody feel good rather than to tell them the truth.

Once a Subud brother came to Bapak for advice. His life was full of difficulties. Bapak told him to just do the latihan patiently and not to worry. After he'd left, Bapak was heard saying to Ibu that this brother had inherited very heavy karma from his ancestors and that his life would always be full of difficulties, but that Bapak couldn't tell him this as he was not strong enough to cope with it.

During a helpers' meeting with Ismana and Haryono I asked them what to do with Bapak's advice about approaching members who'd had the same repetitive latihan for many years. Most of us helpers felt uncomfortable about doing this.

Ismana's answer was: first, to never use Bapak's advice as rules, and then to only approach a member when you've received you should do this, and when you are close in your feelings towards this brother or sister, when you love them.

“ Never use Bapak's advice as rules... ”

SOURCE OF LIFE

by
Léonard Lassalle

Now available in
SPANISH, FRENCH and ENGLISH

In Source of Life, Léonard Lassalle tells us of the unusual experiences that wove through his life after starting a spiritual training when he was 19 years old.

These experiences came about, not because of an intentional activity of his mind or heart, but rather by trusting and following what came to him spontaneously from his inner nature. Source of Life takes the reader into the intimacy of Léonard's spiritual consciousness and its effects on the every day material needs.

Léonard was born in 1937 in Nice and was raised in the South of France. He attended AS Neill's Summerhill School in England and studied art in Paris and in London where he met Mélinda. They married in 1959 and brought up their seven children in France and in the UK.

Source of Life is available in three languages;
Spanish, French & English.

Over 600 copies sold!

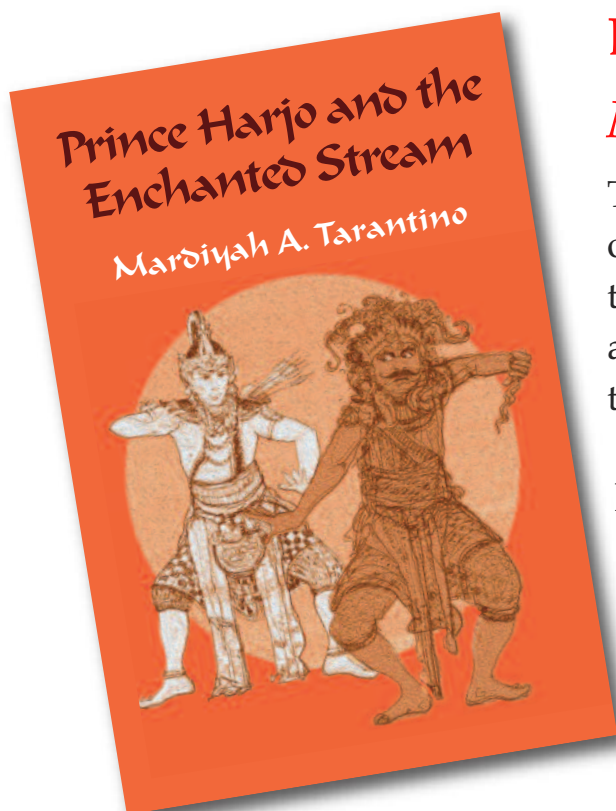
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She is also the author of 'Bapak: Lost in the Amazon'.

To order a copy, go to:

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See these: Ibu Rahayu Questions,
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