



Kalimantan Gold Positions for Growth

Extracted from the KLG News Release November 26, 2014...



Location of the Beutong Project, Indonesia Beutong Mineral Resources

Kalimantan Gold Corporation Limited ("KLG" or the "Company") is pleased to announce that it has today signed a non-binding letter of intent ("LOI") with Tigers Realm Copper Pty Ltd. ("Tigers"), a private Australian corporation within the Tigers Realm Group of companies, to purchase Tigers' interest in the Beutong copper-gold project, Sumatra, Indonesia ("Beutong"). The consideration for this acquisition will be the issue of 171,407,156 KLG common shares ("Consideration Shares") and 14,675,000 KLG share purchase warrants.

Faldi Ismail, the current Deputy Chairman and CEO of KLG stated, "The acquisition of Beutong, combined with the Company's own KSK copper Mineral Resource and its Jelai gold prospect creates a quality portfolio of pre-development copper and gold assets all located within Indonesia.

All three projects have significant growth potential and their combination will create a platform upon which to continue to build a significant regional Asian focused copper-gold business.

We are looking forward to working with Tony in our efforts to raise the necessary funding to progress the Company's projects. It is expected that the combination of projects and a team with a strong track record in developing projects in Asia / Pacific will be well supported by investors".

On closing the acquisition, current TRM Parent director Tony Manini will be appointed as the Deputy Chairman and Chief Executive Officer of KLG in place of Faldi Ismail who will remain as a director of KLG.



*Building a significant regional Asian focused
copper-gold business...*



Current director of KLG Stephen Hughes will become the VP Exploration and Mansur Geiger will become VP Indonesia for KLG. Mr Manini's remuneration level and conditions will be determined according to industry standards and market conditions.

Tony Manini has over 28 years industry experience including 14 years with Rio Tinto and 9 years at Oxiana/OZ Minerals where he was a founding member and senior executive. Tony is a founding member of the Tigers Realm Group, a co-founder of EMR Capital and executive chairman of Tigers Realm Coal.

He has a significant exploration discovery record and a long and successful operating background in Asia. The Tigers Realm Group is widely known and strongly supported in mining and metals markets globally and has raised more than A\$150 million for exploration and development funding in the past five years.

To see the latest video including interviews with Mansur Geiger and archival film documenting the history of our miner54al exploration in Kalimantan go to: <https://www.youtube.com/watch?v=xiRiwz2hrt8>

EDITOR'S NOTE: This information has been extracted from the New Release issued on November 26 2014 ON BEHALF OF THE BOARD OF DIRECTORS. For the complete release with full technical and financial information go to: <http://www.kalimantan.com/s/PressReleases.asp?ReportID=685205> Or contact:

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A Year in Subud

The Editor writes...

And so we come to the end of another year in Subud.

It's been a big year. The Congress in Mexico was a magnificent success. And following the Congress there has arisen a situation that affects not only the Lewes Subud group in England, but has ramifications for all of us for the development of Subud and how we present Subud to the world.

It was a great Congress. No question. In the end about 2000 people turned up and it was a vibrant, exciting event. There were a few mini controversies (Fashionistas beware!) And everyone agreed that the business went on for FAR TOO LONG, but overall it was full of life and vitality and promise for the future. One of the best things, of course, was that so many younger people were present and stepping into positions of responsibility.

It was a showcase for our interests and achievements in so many areas; SICA, Susila Dharma, Enterprise, Health, and so on. There was great confidence in the teams that are carrying the baton forward, WSA, WSC, MSF, International Helpers etc. And so much of this has been captured in the congress film "Mountains and Rivers". (See the notice about it in this issue.

Then came Lewes. This has been for many years a very lively and successful group in the south of England. Their achievements have included the Lewes New School and the Pelham House enterprise. When the local council invited



*The Closing Ceremony at
World Congress.
Carrying our light into the
world.*

applications for the development of a site known as St Anne's, a team from Subud Lewes applied and won the competition.

Immediately a storm burst over their heads and their success led to them being attacked. It has raised the whole issue of how we may be perceived by the general public. We have already written about various aspects of all this in Subud Voice so I will not go over it all again here, but it really does raise questions about the future development of Subud.

Thank you so much to so many of you who have supported us financially in the last year and enabled us to stagger on. Some of you gave more, much more, than the subscription amount that was asked for. Even so, we do not have enough subscribers to carry on and we constantly seek funds elsewhere to enable us to do so. We have not closed the magazine to subscribers only because that means we would be doing the enormous amount of work we do for about 30 people. However, if anyone if anyone feels this is unfair, and would like to have the subscription back, please do not hesitate to contact me.

Of course, we all live in a world torn by turmoil. As an Australian, this has been brought home to us recently when a "lone wolf" terrorist event happened in Sydney. Innocent people in a café were kidnapped and the event ended with the death of the perpetrator and two of the people who had been in the café. One feels the enormous shock to our nation of this event and, of course, all around the world people are suffering the same or much worse.

Nevertheless, we must face the future with courage, and even optimism. There was a clear theme of peace emerging from our World Congress in Mexico. Let us hope that we can offer something real to this torn and tormented world.

Best wishes to you all for the coming year, may we all be protected and may we all continue to manifest the guidance we receive in the latihan...

Harris Smart, Editor subudvoice@gmail.com ●

SIXTEEN STEPS

FREE DOWNLOAD WITH THIS ISSUE

Accompanying this issue of Subud Voice is a free download of the book Sixteen Steps by Harris Smart...

As a gift to the many who have supported us over the past year... We trust it may provide a moment of holiday reading.

This electronic version of the book Sixteen Steps has been made available in response to ongoing enquiries from people wanting to obtain the book which has been out of print for several years.

People have often said that this is a book they can give to friends and relatives who would like to know about Subud.

Although the stories in this book were collected more than 20 years ago, they are still felt to be of enduring value in terms of documenting the diverse experiences of some Subud members.

Please note that the description of the Subud organisation provided in the Introduction was accurate at the time it was first written and later revised, but the Subud organization is in a constant process of evolution and may not now correspond in all details to the description given here.

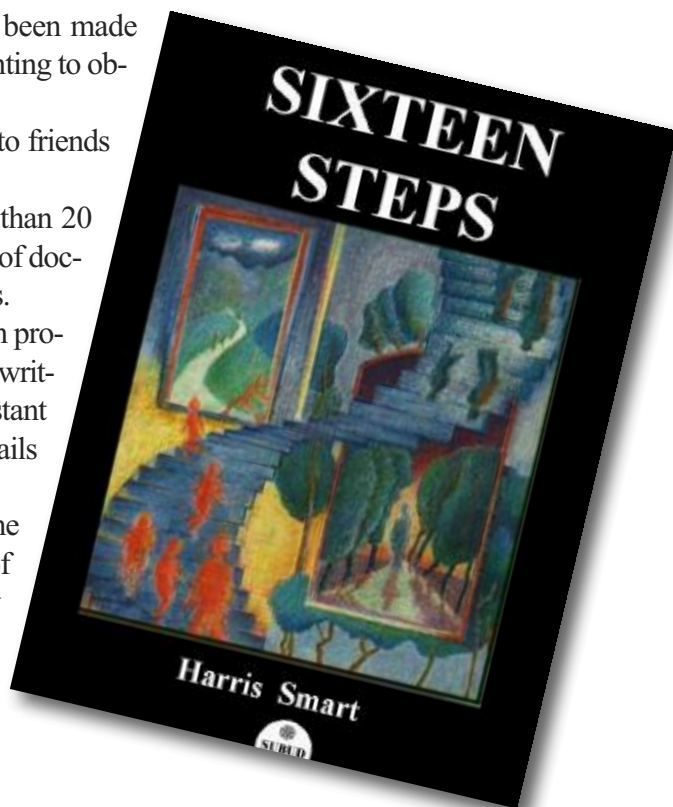
Please note that the book does not necessarily reflect the views or policies of the World Subud Association or any of its affiliates. Opinions expressed herein are the responsibility of the individual writer or interviewees.

We welcome your enquiries or comments about this book. Send them by email to subudvoice@gmail.com

Very best wishes,

The Publisher (Subud Voice),

January, 2015



WORLD CONGRESS MOVIE

*A special grace
that seemed to
embrace us all...*

Latifah Taormina writes...

This is a special SICA Update to share a film about the 14th Subud World Congress in Puebla -- and the many gifts our brothers and sisters from around the world shared with all of us while we were there.

In fact, Sharing Our Gifts was the theme of SICA's presentations at Congress.

Earlier this year, when we began to see that what we were planning for the SICA Congress program was becoming more and more real, we just knew we should make a film of it all. So we approached Heinz Cadera and Benoit Erwaan Boucherot, who got just as excited as we were, and came on board.

SICA's funds simply ensured that our wonderful film team got to Puebla from Europe and had a place to stay and food to eat while they were there. The hours and hours and hours of filming, and the subsequent hours and hours of editing after they got home -- that was their gift to all of us.

An unexpected gift for them was that while they were there, Benoit got opened.

When we saw the final cut, we knew this film had to be freely available to all our brothers and sisters. So there are no DVDs or CDs of the film. Nothing you have to buy. It's free. Like the latihan. Enjoy! And share it with your groups. It's for you.

SICA, by the Grace of God, turned a corner at this congress. It became real to our brothers and sisters in a way it had not been before. The huge potential of SICA to be a bridge for taking the latihan out into the world -- the bridge Bapak could always see -- many more now see and value. "Bapak can feel that in fact this is the way Subud will spread," Bapak told Richard Engels and me at our first meeting with him after the creation of SICA in 1984. and "Subud will provide a content for it." -- Bapak, Cilandak, July 1984

There was indeed a special grace that seemed to embrace us all. We hope you will feel that as you watch this film. We also hope you will continue to support, love, and care for Subud and the gifts we've all been given.

Our film, called "Mountains and Rivers" has been uploaded to Benoit's private Vimeo site. If you click on the picture below, you will be taken to that site. But once there, you will need a password. And the Password is case-sensitive. Here it is: [Puebla](#) (Note: case sensitive – use capital 'P')

Enjoy our Congress Film. <http://vimeo.com/108874621>



*Click on this image to go to
the World Congress Film,
or click the link below*

NEW BOOK FROM REBECA WILD

Rebeca writes...

Dear brothers and sisters of Susila Dharma,

Many thanks for sharing with us your experiences and possibilities of putting your latihan into practice!

This is just a quick response in the hope of sharing our experiences with you. Do you know any of my books published in Spanish and German? My latest book is "Etapas de Desarrollo" ("Stages of Development") with an additional chapter called "Tercera Edad y Tercera Infancia" ("Third Age and Third Childhood").

If you want to know more about where this has been published, please contact me by email.

rebeca@wild.ec

BE A SUSILA DHARMA HERO

Stories from Susila Dharma eNews December 2014

In November we invited you to put the spirit of Susila Dharma into action with our I am Susila Dharma campaign. In this issue we also invite you to feel the Christmas spirit and become the hero of a Susila Dharma story by making a seasonal gift to one of our projects.

We all have heroes we admire. But being a hero does not necessarily involve having superpowers or being fantastically gifted. It can be about ‘ordinary people doing extraordinary things’, or in the words of Arthur Ashe, US tennis player and social justice activist:

“True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.”

This is what we could call ‘everyday heroism’ and it is practised by SDIA member projects ... every day! Read on about some who could use your help this year.

You too can become a Susila Dharma Hero with your support of a one-time gift this Christmas or a recurring donation. You can give through the SDIA website or through your SD National whose contact information can be found there – www.susiladharm.org

Vocational Training in Kalimantan

Ibu Fatimah is a 36-year old from Pelabuhan Tangkiling in Kalimantan with 2 children aged 11 and 4 years old. She lives with her husband, a fisherman, in a wooden house.

Ibu Fatimah joined Yayasan Usaha Mulia (YUM)’s Salon Training programme four months ago where she learnt to cut and colour hair. After she finished the first level, she bought a simple pair of scissors and a comb and told her neighbours that she could cut their hair.

Since then, she has started a ‘home salon’ business and in an average week she cuts five customers’ hair. The 50,000 Rp she earns from this makes a significant contribution to the family’s income. Since starting her own business, she has been able to buy more and healthier food. She is very happy to work at home and proud that she can help her husband to earn money. Now her ambition is to save up for colouring and smoothing equipment because she knows many customers ask for this kind of service.

Ibu Fatima (left) training to be a hairdresser at YUM’s Vocational Training Centre. [Photo: YUM]

Ibu Fatima is just one of the 100 people each month at YUM’s Vocational Training Centre (VTC) in Central Kalimantan learning vital skills to enhance their employability. This region has a very low level of education and skills, and the economic situation here is becoming more and more precarious. During the second half of 2009 and early 2010, an intensive participatory analysis was conducted by Yayasan Tambuhak Sinta, showing half of the population living on less than \$1/day.

Currently, there is no similar facility in the area and a great demand. YUM’s VTC teaches simple skills such as sewing, computing, English, hairdressing and food processing. For those trainees who cannot be absorbed into the workforce, micro loans are made available to start their own small businesses.

Lack of space in the current location makes expansion of the centre impossible, so YUM is looking for funding to >



*Ibu Fatima (left) training to be a hairdresser at YUM’s Vocational Training Centre.
[Photo: YUM]*

build new premises on an 11 hectare plot of land it owns close to Rungan Sari.

Now a Belgian NGO called Porticus has pledged \$170,000 USD to build the vocational training centre if YUM can come up with \$30,000 USD. Can you help?

If you need more information about any of these projects, please contact Hamida Thomas and Rosanna Hille at info@susiladharma.org and we will get back to you.

[SDIA chairman visits Cuba](#)

Kohar Parra has just returned from Cuba where he attended the first national congress since Subud Cuba was legally recognized by the Cuban government as a religious organization.

Kohar Parra, Elias Dumit, Fernando Fatah, Marini Gil and Mahmud Nestman at the Cuban National Subud Congress in November. [Photo: Kohar Parra]

Cuban government dignitaries attended the congress opening session and spoke highly of Susila Dharma efforts as critical to the accreditation of Subud Cuba. They said they can't see what we do when we worship God, but are very clear about the outcome of the projects in Cuban society.

SD Cuba chair Marini Gil Aneiros provided a full report to congress of Susila Dharma activities, followed by questions and answers. All projects are well-managed and generating an impact. Marini was tested and elected as SD representative for the next four years. Kohar was also able to discuss building capacity for project delivery with SD representatives from each Cuban group.

Representatives from the World Subud Council attended the Congress and everyone integrated activities on the spiritual and the committee and discussed project quality and partnerships. Susila Dharma was very prominent in these activities.

[I am Susila Dharma](#)

So far our year end general appeal has raised \$1,500 USD. It's not too late to join in and help us reach our target of \$30,000!

And speaking of Human Force...

[Human Force is going back to Anisha, India](#)

SDIA is currently seeking funds to be able to continue organizing and supporting the Human Force camps, which are such an important way of getting younger people positively engaged and aware of issues related to development, inequality and social justice. If you are interested in supporting Human Force, please let us know!

getinvolved@susiladharma.org

The location of the next Human Force camp has been decided! It will take place at Anisha, India, in June/July 2015. Exact dates are to be confirmed but we welcome your expressions of interest and applications to volunteer with us on our new adventure! Contact us!

The SDIA Network eNews is published around eight times a year from information sent in to the office.

We welcome news items! info@susiladharma.org



Kohar Parra, Elias Dumit, Fernando Fatah, Marini Gil and Mahmud Nestman at the Cuban National Subud Congress in November.

[Photo: Kohar Parra]



Human Force is going back to Anisha, India. ●

PERMACULTURE IN KALIMANTAN

Frederika Paembonan writes from Kalimantan about the creation of a new Permaculture Foundation...

We want to give you all an update on our life and work here in Central Kalimantan and how things are developing and unfolding since leaving Melbourne in May earlier this year.

Many of you would know we wanted to move to Kalimantan for many years, and since 2011 have pursued every avenue to join existing projects here to contribute positively our skills and experience (as an Indonesian/Australian family with social work/permaculture skills) but after a couple of years of trying it became very clear that was not to be our path and that we needed to create a NEW path to offer the skills and approach that we have to the communities here.

On the way to Kalimantan we passed through Jakarta and another very committed young Indonesian Subud family (they are a very smart family who have instrumental experience and skills complementary to ours to establish this work) said that they will move to Kalimantan (from Jakarta) to join and work with us on this project.

So we are now three young families working together and we go out of our way to help and support each other here in establishing our lives, pooling our resources to make ends meet especially in the beginning now. We operate an office from home, and it is a bit like a kindergarten as well with all the kids running around. My friend's kids call me 'mummy' now - so we are operating as a close knit community working together.

Establishing the Permaculture Foundation

The manifestation of the last six months of work is that we have just established Permakultur Kalimantan Foun-



Operating as a close-knit community...



dation (Yayasan Permkultur Kalimantan) which is a non profit organisation focusing on sustainability and culture. Permaculture offers a solution to the environmental and food security issues in the region.

We will teach about sustainability through permaculture in culturally appropriate ways (at times using the arts/culture as a tool to communicate) and we will also have cultural activities to build rapport with the community, be a bridge to authentic culture between locals and international community.

My dear Subud friend Kartika (the mother of the other Subud family who moved from Jakarta with her young family to Kalimantan) is the director and I am the vice-director of Yayasan Permakultur Kalimantan dealing with more international correspondence.

So our experience in the traditional performing arts, culture, social work and permaculture combined with all of our formal and non-formal training, studies, other life (practical and spiritual) experiences were preparing us for our work now! It is rather exciting but also requires a deal of trust, patience, sincerity, diligence, courage etc...

One of our founding members is a respected Dayak elder in the community, (He is one of the longer term Dayak Subud members here and we have adopted him as our Dayak grandpa and vice versa) and he has introduced us to the Dayak chief of the regional area (Damang) who welcomes our initiative and wants to help



Sulfi our friend's baby celebrating a birthday in our home office.



Emalia, our daughter, with our other team member's son, Rachmat, checking out an iguana at a local community festival.



us in any way

We also had the Assistant to the Lord Mayor hear about us and come out to meet us two Sundays ago. He brought with him the head of local government (lurah), the coordinator of a sustainable community project, and some youth representatives (7 people in total).

After an exciting discussion about the scope and potential of permaculture here, they took Jayadi and team to their community site and Jayadi and team started to survey the site straight away. Everyday since, these government and community members have been meeting up with us, and they have since introduced us to some NGO workers (who have been working in sustainability in the area for many years but have had many failures).

The result is that this Wednesday Jayadi is going to run an intensive training with them on permaculture for 10 days. I think 20 people are coming and its been a real community collaboration (gotong royong=community working together), so work is beginning, we are very busy but happy!!! ;)

Building Rapport with the Local Community

At this very early stage (we have only been legally a foundation for a week) we have the rapport from the local community from bottom to top and vice versa and a local told me that there is a lot of hope for our project from the community.

All these grand ideas need to begin somewhere so we have bought the land and house to establish a permaculture demonstration site. We have developed a permaculture design plan for the site and once established, (we will begin work transforming the site into a permaculture demo site in the next couple of weeks) and we will run training and education from this centre. It will be a model which locals can use as a reference to replicate in their own home and land.

People often think Indonesia as being very cheap to live in, but here in Central Kalimantan the cost of food is high, lots of people grow cash crops to sell for money and then a lot of the fresh food is imported from Java or overseas, so the whole system is dependent on fuel and just in the last week food prices went up again because so did the cost of fuel.

There's also a lot of bad land management practices such as people and companies (palm oil plantations have been a big offender in the past) who burn land which includes the peatland and forest ecosystems so they can use it for agriculture, urban development or sell at a better price.

The last couple of months we have been living in smoke because of the burning, apparently it was one the worst years on record (baptism by fire for us) and it was designated by the government as a smoke emergency, but we got through it. It really made us come face to face with the environmental issues here. How can we ignore them when it's in our face and affecting our health like that?

Also we are running an appeal to the international community for help to raise the funds to cover the legal costs associated with establishing Permakultur Kalimantan Foundation and also to pay for some of the essential costs of establishing the permaculture demonstration site.

Many will know that we have the capacity to undertake this work and we have the community orientation and address with sincerity the issues facing the communities here, having had experience in the not for profit field in Australia and India.

If you have the ability to help or /and can share amongst your networks (friends/work/family/etc) it would be very much appreciated. The link of all the details including a video about our work and what we hope to achieve is attached to this link: <http://www.wethetrees.com/campaigns/the-birth-of-kalimantan-permaculture-foundation>

“ A bridge between locals and international community... ”



Kartika (right) is the Director of Yayasan Permakultur Kalimantan and Frederika is the Vice-Director, dealing with international correspondence.

“ Face to face with the environmental issues here... ” >

So far (when I write this email, we have raised 29% however if we don't reach the target then the campaign gets nothing and we still have some way to go.

We often post all the little day to day updates on our facebook page <http://www.facebook.com/permakulturkalimantanfoundation> in case you want to keep a track. And we have a website that is pretty basic at the moment but we will flesh it out pretty soon.

Sending you all our big love. We miss you all and often think about visiting, but of course we have many things to take care of right now. We are happy to hear that the community garden in Melbourne is still going well over there and we were also absolutely thrilled to hear we were successful for the VMC grant to improve the hall. Has work begun on that yet?

My contact details are below in case anyone wants to contact me.

Love, Frederika, Jayadi and the girls

Frederika Paembonan

Permakultur Kalimantan Foundation

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Central Kalimantan, 73221

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Jayadi with the local government community project (including the Assistant to the Mayor in white, Dayak elder, Head of Local Government and youth leaders) discussing implementing permaculture on their project site. We will start training them this week for 10 days.

ST ANNE'S PROJECT LEWES – NEWS UPDATE

Subud Lewes is waiting for an official announcement from the East Sussex County Council on the outcome of their Review Panel's enquiry into the fairness and thoroughness of the bid process.

While we wait for this outcome, the Subud Lewes committee and the St Anne's project team have been busy preparing themselves for a positive outcome. Weekly, the project team are meeting to discuss a wide range of issues ranging from preparing the sale of our current Subud House, to our communications strategy and developing the community partnership opportunities. Subud Lewes and the St Anne's project team greatly appreciate all the positive support members across the world have shown. We will continue to keep you posted on developments.

Dahlan Lassalle (St Anne's Communications)

THE ACCESSIBILITY OF SUBUD

Propositions to facilitate the accessibility of our Subud spiritual practice in these modern times... By Léonard Lassalle

First of all, may I say that it is in my intention and hope that we will be able to find unity amongst our diversity? A few light changes might be needed to our present organisations, locally, nationally and internationally.

There are many differences in interpretations of what Bapak said in his many talks. I feel it important to keep our world members, who follow our same spiritual practice, under one Subud structure so that we can all grow with our own individualities and yet feel included and part of One Loving People.

Can we accept our differences without excluding any one? Don't we need a simple, adaptable, umbrella-like organisation to fit today's complex world and also to adapt our vocabulary to the needs of our local situations?

Structure

Bapak gave us a very democratic structure, which will go on serving us providing we keep it flexible so as to adapt it to the local, national and international needs of our times.

The unique balance between the organisational and the spiritual aspects that he introduced, is a blessing we must >



A unique program for each one of us...



apply and keep internally for ourselves, but which is not needed in the statutes of our organisations.

I propose that these statutes are simplified to the minimum we need to run our associations within the local laws of the countries, using words that are clear and understandable to a lawyer.

I propose that our internal 'rules' become only guidelines for the Subud members and be greatly simplified so as to include all persons who follow our spiritual practice.

Adapting our vocabulary

We can update our language, so that it really reflects what we want to express and use the words that mirror truly our understanding that has come from our own experience and words that are harmonious to the ears of the listener.

Subud – this is a marvellous word as it encompasses the whole of creation, the evolution of each one of us towards Oneness. It is an ancient word that comes from a language older than Sanskrit: it means complete, whole, nothing can be added or taken away from it, it is not static but in constant expansion. Modern languages do not possess such a word to my knowledge, its dimension reflects fully what we follow in our spiritual practice.

Latihan Kejiwaan – can it be called as well 'Spiritual practice'?

Jiwa – can we use the word 'Soul'? or others that can be understood by the one we are speaking to?

Helper – could we use the word 'assistant' or 'witness'? This word 'helper' brings much confusion in understanding what the function actually is, although initially the word was used in the context of helping Bapak to spread the spiritual practice in the world. Now, to an unaccustomed ear, it actually means helping, which implies doing something, don't we simply assist?

Opening – this is another confusing word because it implies to someone who might be interested to start the practice, that they might be initially closed? And that is often perceived as a judgement. Can we use simply the words 'starting the practice' or 'first step in the spiritual practice'? Or 'first latihan'? For those who are attached to the Indonesian word.

God or Almighty God – Subud is not a religion, but a way to reconnect to our spiritual consciousness, that is to feel the original vibration of life that animates our soul.

To use a religious language with anyone interested in Subud without being aware of where they come from, may make Subud sound like a religion and categorises our brotherhood into a religious group, which it is not. Of course, to someone practicing Islam or a Christian religion, these words are acceptable.

Worshipping – this word is much used by religions and religious groups. 'Worshipping God' is also often pronounced by the older generation of Subud members when talking about their spiritual practice. Do we have to use it?

For the non-religious it can create an opposite effect to what is meant originally. Worship is often associated with adoration and belief, with looking up to some entity usually outside ourselves, when we are actually simply allowing our consciousness to meet our soul (our spiritual being, spiritual vessel) and let it expand freely through our feelings, body and voice. We have been Created absolutely complete, physically and spiritually and at the source of our being lies a wider consciousness; all we have to do is to allow our soul to guide us, as it has a unique program for each one of us.

Testing – Originally Bapak introduced to us testing as a tool to help us to be guided from within our finer feelings. It is a way to test on ourselves our ability to receive and come to understand our situation through experiencing our true reality, free from ego.

For this to come about, we need a total letting go of our heart and mind, so that our soul can guide us. Bapak used testing also to train us to experience the differences of what comes from our passions and thoughts and what comes from our finer feelings. Bapak, in my memory, did not use testing to take away our worldly responsibilities, but only to gain understanding on our own situation. Testing today, to many, has become a way to take decisions: "We've tested what is right and received that this is wrong..."

This kind of testing is using testing as an authority, but not to widen our understanding.

Why has it gone like this? Is it mostly because of our fear that the question will not come, if we don't prepare it first in our mind. Fear that the soul will not take part? So for 'safety' the questions are pre-thought, pre-decided and come



Allow our soul to guide us...



from the wants and the mind.

When questions do come from the soul, and it never fails to respond when it is given the space, the situation becomes quite different because the soul does not think. It embraces the need and the words that come through, come from beyond the ego and the wants. We need to be courageous and trust our soul to show us the way.

Heterosexual/Homosexual – I'd like to share with you my observations about this subject that brings about such unfairness and misunderstanding:

Each creature has been made Whole, which means nothing is out of place or missing; each creature is born with a place and a purpose to be on the Earth.

As we saw previously, the word Subud means complete, it contains in it All aspects of Creation.

Each one possesses a soul with a purpose; it would not be possible to live on this earth without a soul, because soul contains the vibration of Life. The soul is purely spiritual it has no sex; it is neither feminine nor masculine. Our physical body contains our mind, heart and sex, our passions and desires.

When a baby is very young, before the words begin to fill his/her mind, the child is close to the soul and only acts and moves from there in complete trust under its guidance. Is there a choice to be heterosexual or homosexual? I doubt, but what we all need is to be accepted, respected and loved by each other to evolve harmoniously as humans.

I do not want to make this message too long; it's just my understanding that I want to share with you, as I feel that the time has come to reconsider where we are at. I am concerned when I see that there is such resistance to change.

It would be so counter-productive to divide into different factions and probably would bring about sectarian and religious groups. If we are supple and tolerant it will widen our umbrella so as to include all aspects and approaches of our members, we can then truly use the name 'Subud' and feel and be One with our differences. ●

“ Counter-productive
to divide into
different factions...”

FROM THE PRINCIPALS

From the latest newsletter from BCU school...

Coming to the halfway point in BCU School's tenth of operation we are enjoying new achievements and facing new challenges.

In 2013 the Indonesian government introduced National Curriculum and a nationwide campaign to be implemented in all schools. The curriculum is a big improvement on the old one. It is holistic and student centered, integrating learning and giving students more ownership of their learning.

Adopting the new curriculum has been a smooth process for BCU because since the beginning we had modified the old curriculum to the same ends.

However, many local schools have struggled to come to terms with it. For the last 12 months the Education Department has enlisted the help of BCU teachers to train teachers in other schools how to use the new curriculum.

This process has resulted in some of our teachers gaining confidence, developing professionally and being recognized both in Kalimantan and Jakarta as experts in their respective fields. The teachers themselves come to recognize their own capabilities and their ability to raise the standard of education throughout the province. It has been very rewarding to observe our teachers growing in this way.

The main challenge that the school is facing at this time relates to our location. In 2013 most of our classrooms were filled to capacity and we had to turn away 20 prospective students due to lack of space. This year during our enrolment period for 2014, we again had to turn away students.

We are in the position of having a small school (135 students) in facilities that cannot expand, located in a very expensive compound. Service fees and rental costs in Rungan Sari are up to ten times more expensive than in Palangka Raya.

Palangka Raya is booming and there is already one fancy, multi-storey National Plus School in the center of town. No doubt more good schools will come in time. At this stage, our reputation and peoples' faith in the quality of education provided at BCU School mean that families in Palangka Raya still want to send their children here.

In fact it is a real testament to the school that 100 or so families in Palangka Raya are willing to put their children on >



*Grade 3 children with art project by
Claudia in the background.*

a bus for two hours every day so that they can go to School at BCU even though there are now alternatives available.

However, Palangka Raya continues to grow and in its current location the school cannot. Planning for a long term, sustainable future for the school is clearly a priority.

Karim MacDonald and Gunarjo S. Budi, Principals at BCU School

BCU Scholarship

After being absent since our last issue in November 2011, we are issuing our Scholarship Information Letter again this year. It contains the latest status, profiles and activities of our scholarship program.

For more information please visit our website at www.bcuschool.com or contact us for the latest publication via bcuschool@gmail.com

The academic year 2014/2015 costs US\$3,000 per student. Our students value the education and experience at BCU and appreciate every single penny in donations for the ScholarshipPool of Funds.

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3. Secure on-line donations through Susila Dharma International at www.susiladharma.org (Please specify it is for BCU School, Kalimantan)

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Facing new challenges...



BAPAK'S WORDS AND OUR NEED FOR AND USE OF THE LATIHAN

David Mc Cormack writes from the USA...

By reading Bapak I have become more fully aware of the proper use of God's gift of the latihan and my need for it and the benefits that are possible. Bapak's words have brought context to my latihan; that "I" am always very close to the latihan day and night and it is a gift that is alive.

The years of reading Bapak have filtered past my mind and have gone in a little, despite the mindy gymnastics and even the mind twisting words during latihan.

It has started to "filter in" that the latihan is holy and can not be fitted in around worldly tasks nor misused for desires of the heart. It has begun to filter in my own need for Lent or Ramadan – an incredibly perfect circuit breaker for an overheated heart and a lifeline to truth.

It has begun to filter in that work is important far beyond the obvious need for money. It has begun to filter in how great my need is not to restrict or harm others in any way. It has begun to filter in how much work and interaction with brothers and sisters is needed for my inner growth and can create the signposts for those who need to experience God's mercy directly.

It has begun to filter in that those cleaned and taken directly to Allah always refer to The One Merciful God as the most merciful and the most gracious and confirm that nothing else is worth following in the least. It has begun to filter in that ugliness must be seen so God can then change or re-order it. It has begun to filter in that God was fully aware of all wrongs within me and the hundreds of years of wrongs by my ancestors before He granted the help of the latihan.

It has begun to filter in that I have always received love from Our Maker and been taken most perfectly step by step to a better and more useful life – no matter how tiny it is real. This by trusting in the latihan and the "user's manual" and not in "my" feelings and thoughts that inappropriately try to look at the latihan.

My life has confirmed that Bapak's talks are a help in remaining close to God's guidance and show the way to work in this world that keeps disharmony and harm at a distance for us all. May The One God be praised.

STORIES OF CHILDREN, ANIMALS AND LAUGHTER

These stories have been taken from Reminders of Reality, the excellent compilations of Subud members' experiences edited by Emmanuel Elliott...

A Tiger in the Living Room

While I was living in Wisma Subud, Indonesia, someone sent Bapak an enormous, real tiger that had been stuffed and made to stand as though it were walking.

None of us knew the tiger was there in Bapak's living room, taking up most of the center floor, so when we started arriving to visit Bapak (I have forgotten the occasion), we were all somewhat taken aback by the tiger; it still very much had the tiger's spirit in and around it. Needless to say, no one approached it!

Then a member came in with her little four year old granddaughter. The little girl took one look at the huge tiger and walked steadily towards it saying, "Oh my, oh my." in great sympathy. She had to reach up to put her arm around the tiger's neck.

Just then Bapak came into the room. He stopped, looked at the child and said, "She has great courage".



Bapak, My Shepherd

After the Bali World Congress, my son went into a deep crisis.

Not long afterwards, back home in Australia, I sat down on the couch, my dog and cat lying on the floor next to me, and I thought, I can't take this anymore, and I felt myself sinking into depression.

Suddenly, both the dog and cat sat straight up and the three of us watched as Bapak came into the room, walked past us and then walked out. As he went past me I could feel my depression lift and I was able to get up and start the day. Also I seemed to be given more strength to cope with my son's crisis from then on.

I am not sure if I would have believed this experience except for the fact that my dog and cat both reacted the way that they did. They, too, were witness to it.

God Told Me So

I believe anything can be discussed with a small child according to their level. Concerning death, for example, I tell my little four year old that someone is going back to God, and that one day we will all be reunited again and be together forever. It is comforting for her to imagine it like that, while at the same time I believe that it is true.

I have a favourite aunt Mara who visits us two or three times a year and whose mother recently turned 93. Imagine my surprise when out of the blue, at the beginning of September, my little girl told me: "Aunt Mara's mummy went back to God." Sure enough about two weeks later I talked to Mara, and she told me her mother had indeed died in early September. I asked my daughter how she knew that Aunt Mara's mummy had gone back to God, and she said in a very matter of fact way: "God told me so."

The Power of Laughter

As we go along on this spiritual journey, it slowly dawns on us that whatever gift we receive through our experience, there are ones that just happen, not because we earned them or deserve them or made some effort. My insight is that you are in the right place at the right time and we are given these blessings so we can survive what's around the corner.

In the mid-sixties I belonged to a large Subud group and much was happening with Bapak visiting us after some time. One Sunday evening, Bapak gave a long talk and while we were waiting for Bapak to leave Mas Usman announced that Bapak will meet with the helpers next morning. I believe most of the helpers heard it but Monday being a working day posed a problem to many, although none voiced it.

Next morning we arrived by 10 am and Bapak and Mas Usman arrived a little later. After we had greeted Bapak and sat down, Bapak promptly asked, "Where are the rest of the helpers?" Only about a dozen were there instead of the entire number which was over thirty. To this day I wonder about what happened. Was there a gross miscommunication, or was this the way it was supposed to happen? One of the helpers explained that it was a working day and most would be at work.

Unperturbed – Bapak said he would test the helpers that were present and what we expected was the usual group testing for the men and women. What happened was quite different, however, and Bapak pointed to just one helper and asked him to come forward.

One by one, first the men and then the women, Bapak started to test each helper individually, sometimes commenting about the helpers receiving, etc. Halfway through, Mas Usman asked me to step forward and Bapak asked me to relax and then to laugh. The laughter came and Bapak kept saying “Louder,” then again “Louder.” I responded and the laughter became louder to the point that my lung capacity had reached its maximum. It was as if my chest cavity would explode and at this point I really let go. The next thing I was aware was that I was far away with no awareness of my physical body.

I heard Bapak's voice very small, very faint, "Finish, Finish," and then “Enough, enough.” Slowly, I returned to normal and Bapak asked Mas Usman to help me to my seat. Bapak continued to test the remaining helpers. I felt detached from everything and one brother commented afterwards, “Wow ! You nearly brought the tiles down.” The same brother invited me for lunch and we hung around for a while, although I was only truly back to normal the next morning. Looking back to that day, it was as if each of us had received something special, though we rarely spoke about it. It was too precious.

These stories have been taken from Reminders of Reality, the compilations of Subud members' experiences edited by Emmanuel Elliott. Go to www.remindersofreality.weebly.com

To receive Reminders of Reality by email contact Emmanuel at emmanuelelliott@blueyonder.co.uk

WELCOME

Message from the New MSF Chair – Marston Gregory, Chairman M. Subuh Foundation, writes...

As the incoming Chairman of the Muhammad Subuh Foundation, now in its 23rd year, I wish first to thank our outgoing trustees who served us so well, especially, Bachtiar Lorot as past Chair of MSF, Olivia Reksodipoetro; Lawrence Fryer, Treasurer; and Lailani Moody (who will continue on a consulting basis).

The new team has quickly begun to address the challenge of finding and replacing our very professional first Executive Director of MSF, Rayner Sutherland. It makes my job easier knowing what good work has gone into creating a well-run foundation with good governance and a good track record.

It is a great honor to be with our new trustees, continue this fine work and assist our new Executive Director who we expect to be working before our first meeting in late October in the U.K.

As we look to the future of MSF, we see a great opportunity to continue building the asset base. My personal goal is to reach \$10M by 2018 (now just short of \$4M). Until we can reach these levels, the real potential of our distributable earnings will continue to be much smaller than the requests for assistance.

However, due to a major gift in 2014, the pool of grants will be larger in 2015 than prior years, which gives us a great opportunity to offer more assistance worldwide. We do have many proposals in the pipeline from many parts of the world.

We also are exploring, with a number of countries, how we can help them set up an endowment under the umbrella of MSF. The National Organization or Wing would make an agreement with the Foundation on the use and purpose of the funds.

An administrative fee would be charged to assist us in covering our overheads, and the investment management would be in accordance with the Foundation's Investment Policy Statement. A number of countries are working with our Endowment Committee to develop strategies of how this can be achieved.

This will provide a strengthening of MSF in the long term as our Foundation moves forward. And may God bless our efforts as our mission is clear to work toward the growth and development of Subud in the world.



The MSF Team, WSA directors and friends at the World Congress, Puebla.

MISSION

The Muhammad Subuh Foundation honors the name of the founder of Subud, Bapak Muhammad Subuh >

Sumohadiwidjojo. It serves to build a lasting financial capacity for the Subud community, with emphasis on the long-term aims of the World Subud Association.

VISION

The Foundation envisages a Subud community that is active and effective in the world, in many fields of human endeavour. It supports this vision by providing financial and other assistance to a wide-range of activities and programs aimed at improving the condition of the Subud communities they serve, including social and humanitarian work, cultural endeavors, as well as child and youth activities.

VALUES

As trustees of the Muhammad Subuh Foundation, we are guided by the following values:

Integrity – We make decisions and carry out our actions, committed to personal honesty and best practice combined with inner guidance and common sense.

Transparency – We base our relationship with donors, recipients and our Subud community on openness, candor and mutual trust.

Diversity – We value the uniqueness of the human spirit and recognize the diversity in every culture.

Sustainability – We believe in effecting continual change that will transform goals and measurable positive outcomes, recognizing that the way tasks are accomplished is as important as our results.

SIMON PENSENEY – DEC 2nd 1922 – NOV 16th 2014

Luke Penseney delivered this oration at the funeral of his father, Simon. We publish it at its full length, not only as a tribute to Simon, but also because Simon's life reflects in so many ways the collective experience of the Subud members of his generation...

Beginnings

Simon Penseney was born Dec.2nd 1922 in Dulwich SE London to Sidney, marine engineer thence laundry magnate, & teacher wife Bertha. The youngest of four siblings he lost his brother Roy (as did his wife to be Miranda her brother around the same time) to TB when he was young.

Early days

Simon grew up motherless after three years of age when his parents separated but never divorced given the strict social mores of the time) riven by their frustrations. Then raised by strong-willed but protective and loving sisters Doris and Marjorie.. Also various housekeepers to his self-made engineer father Sidney's bewilderment at young John 'living in a dream..' His dreaming really his inquiring spirit at work.

'Why do you never ask for anything John?' his success-driven father would ask. 'There's really nothing I want,' young John Simon would reply! As a young man he felt the pull of something deeper & more profound.

Simon was by turns a dreamer & philosopher eventually playing seeker-jester to the swirl around him.

Nature

Beloved for his humour, his sincerity, his diligence. A true dedicated seeker. Widely read & a self made historian. Baptized by the Bishop of Woolwich. Educated at Dulwich College – one who could so easily have become an academic. If both his father's entrepreneurial drive for a business-managing successor, and then the all-consuming war hadn't intervened.

Business management & 'paperwork' never really suited him – but the war sparked his inner search shaped his humanitarian philosophy and, more profoundly, fully awakened his spirituality.

War years/search

Carrying a fellow RAF ground crew's headless corpse after an Algerian engagement, John-Simon distinctly heard his comrade's spirit say 'I am not dead – I am alive!'

This was a turning point in Simon's life. That & narrowly avoiding death by missing a plane that was shot down over Greece. Used for low level intelligence-gathering based on his Italian looks & affable nature Simon frequented leading bars such as Le Moulin Rouge in Casablanca that were havens for gossip, intrigue & (well) low level spying. Also he learned something of life/women from a wonderful French mistress!

En route home from Gibraltar he & Mollie-Miranda later realized the troop ships they were travelling on in opposite directions had been moored only 200 yds apart..

Thirty years later when he & Miranda were trying out a new Subud life in SW Ireland, he was recognized in a bar from his time in Algiers & Casablanca by a fellow intelligence gatherer from that melting pot time.

Spiritual awakening

From that awakening moment in 1942 in North Africa his spiritual search began, leading him post-war first to a madcap early nappy laundry partnership with ex RAF best friend, Livsey, then via Luba Gurdjieff's restaurant in post war Knightsbridge & a massive Vincent Rapide motorcycle and the Allied Circle club in Piccadilly to his sister Marjorie's referral to Gurdjieff studies (she preferred peer Dr. Nichol) and thence Coombe Springs in 1949 the year of Gurdjieff's death, to study under Gurdjieff's star pupil John Godolphin Bennett.

“ A dreamer & philosopher eventually playing seeker-jester...”

Coombe

Simon threw himself into the 'work' as it was known & quickly bonded with such friends as Ronald Leask, Pierre Elliott Tony Bright Paul Odette-Ivania & Ralph Johnson Vanessa MacNeill-Bigwood then future brother in law Richard Bigwood Abdullah and Salamah Pope Saxon Akdred Bob Arifin etc. A wonderful stimulating new family that he fell into as earnest jester in charge of the boiler room at Coombe.

Coombe became the hub of this new life.. B or JGB the focus of the work, even as Simon built a career as a draftsman at Rolls Royce.

Marriage

Then one day in October 1952 a new woman arrived at Coombe, Mollie MacNeill eldest sister to Rhona-Vanessa.. Immediately she walked into Coombe & Simon saw her from behind he knew that this was the woman for him.

Within a week they were dating. Simon made sure they went to the movies almost every night for a month! Polly Bennett said 'Why do you monopolize her & not let other men meet her?' (Since there were more men than women at Coombe & many eligible bachelors!) Simon said 'Why would I? She's the woman for me!' Bennett loved this assertion while Polly was frustrated in her machinating...Married in January 1953 from their Belsize Park Hampstead apartment John & Mollie made a new life with Nicolas-Luke born in September that year.

Subud

Then Pak Subuh's momentous arrival in Coombe in 1957, instigated by Husein Rofé, & the dam broke & Bennett encouraged his pupils in the work to follow him & be opened in Subud.. So Coombe became the foundation of Subud in the West.

Joining Hampstead group then leaving London in 1959 for a new life as a sales engineer the young family moved to Blagdon in sleepy Somerset where Miranda first encountered her almost fatal cancer.

This led them to nearby bucolic Wedmore & a wonderful four years.. Thence to a more turbulent time in Bath when the Subud group was split by Idris Shah's presence.. Then on to burgeoning Bristol Subud group in 1966...Dr Pratt, The Leasks Royses, later the Barkers all flocked to the vibrant 80+ member group there.

The family thrived in the richness of Bristol group in its hey day. Simon & Miranda represented the group at 1971 World Congress – a turning point that afterwards under David Barkers visionary leadership, led to the formation of Wisma Mulia in 1972...

Enterprise

Later that year after some real artistic thriving at school, son Nicolas-Luke left home for university & Simon & Miranda worked through a 5-6 month separation in 1973 brought on by stress, when Simon took on a management job that overstretched him.

Simon lived in London for a year supported by Central London brothers & sisters Solihin-Sebastian Miftach Riduan Latafat etc that led he & Miranda to a deeper stronger reunion in 1973. Times in SW Ireland regional Subud group with the Mittens and Hortons. Thence in 1973 to Old Bath Road and Cheltenham enterprise community as house mother & father. Finally in 1975 to Manor Farm in Frampton, home to Wisma Mulia founded by seven Subud Bristol couples in 1972...

Frampton

After a brief stint at The Black Swan, they inhabited 17th century Frampton Court Orangery while Simon worked his last engineering job as a hydraulic equipment sales mgr in a Subud enterprise. In 1977 the last great challenge arrived. The role of resident warden-helpers at Wisma Mulia. They were invited to become the first Subud couple to manage Wisma. The Wisma group of founders were mostly in their 30s, 40s & 50s full if energy & determination led by David's vision.

Wisma Mulia

From her first day in 1977 as resident warden-manager Simon said, 'Miranda's walk changed until the role was done for her when her cancer returned in 1988 & their first grandchild was born.' Wisma was the great learning growing & guiding



Simon and Miranda were resident warden helpers at Wisma Mulia for many years.

light in theirs and many other lives. The Penseneys Barkers Leaks Royses Darlington's & Openshaw Stayners as founders of Wisma...

Miranda (née Mollie then Anna then Muftiah & finally Miranda) was the manager with Simon her supporter whether as house car driver or local tour guide – her unconditional support.. Until his second breakdown in 1988 when he cathartically left Wisma to walk 130 miles into Devon & back...visiting all his old & dear Subud friends in order to heal.

This left Miranda needing new support & she & the committee selected Lewis & Erica Sparkes from Salisbury who in 1988 became her successors after Simon returned renewed.. That same year Luke and Karen had their first child and Simon and Miranda's their first grandchild Alexandra, followed in 1991 by Andrew. The young Penseneys thrived in Toronto to the delight of Simon and Miranda.

[Miranda's passing](#)

But also in 1988 Miranda's 1960s era cancer returned & she began to deteriorated gradually until her passing, like Simon's, just days short of her birthday in January 1991. Her passing threw Simon off balance somewhat & indirectly led to his almost fatal 1994 heart attack (saved by friend Tony BP's son Richie) & symbolic relocation within Wisma from the warden's Coach House to his beloved & book/music filled garden flat.

[Final Years](#)

From this time on Simon was supported by & in turn helped nourish his dear Subud family & the Wisma community. He eventually began to receive more care & support from the Wisma care staff & his Subud brothers & sisters as he grew older. He revelled in his classical music and his wide ranging acquisitive historical research into his declining years. He had lived with mild cancer for thirty years punctuated in 2013 by his acid reflux episode that made him quite suddenly an old man and led to his further decline & eventual passing. This after many memorable visits with Luke and gradually less frequent times spent with Patricia, Jim, Samuel, Helena and Robert, along with David & Emma, until his death Nov.16 2014...

A Subud Funeral

Anthony Bright-Paul reflects on the passing of Simon Penseneey...

“Unaware that all sorts of forces have pre-empted the place of our own individuality.”

It seems strange to speak of a funeral as a joyful event, but for me and I believe for quite a few people who attended the Church at Frampton-on-Severn for the funeral of my old friend Simon (John) Penseneey, whom I first met when I was 20 some 65 years ago, it was just that.

I can't give a eulogy on Simon for the very good reason that his son Luke did that much better than ever I could have done. Besides which Simon and I were both in the same Gurdjieff Group under John Bennett for 7 years before the arrival of Subud in May 1957. If we discussed anything it was ideas – we knew very little about each other's families – we were only interested in The Work.

After he married Mollie McNeil and after the arrival of Subud our paths were to diverge only to cross now and then. When Subud first arrived at Coombe Springs some people experienced straight away while others did not. I belonged to the latter group. At that time I had moved up to Manchester for my job, but I went down to Coombe every weekend to try this new exercise.

I remember well a big meeting in the large hut that had been erected in the grounds and Pak Subuh was to answer questions on a Sunday morning. 'How did we know that we were not opening ourselves to lower rather than higher forces?' I piped up, whereupon Bapak looked over at me and before he could answer everyone laughed. Although Bapak's answer is on record – I actually have the tape – I could never remember what he said.

[On the Point of Giving up](#)

Later when I was on the point of giving up altogether I called on my old friend John Penseneey who was now married to Mollie, later Miranda, in his flat in Hampstead. He said to me then, 'Don't even try to be open – don't even try anything.' In the event I went to what I thought would be my last latihan, which really became my first – all of which is recounted in my book 'My Stairway to Subud.' Now should anyone buy this book through Amazon, as a result of this article please let me know so that I can immediately pass on any royalty to Subud funds.

Subud funerals are special. Not only does one meet a lot of old friends, who are hopefully growing in their individuality, but also the Church of England service somehow seems transformed – especially as it appeared that Luke was conducting the service rather than the lady vicar. What she made of it all I would really like to know – especially as one of the readings was from Susila Budhi Dharma.

It just so happened that some days before the funeral I happened to lift out the large volume from my bookcase to read it through once again. In the early days we had a slim black volume where Bapak's writings were translated by Hussein Rofé. This other edition was largely a translation by Sharif and Tuti Horthy.

It is sometimes complained in the pages of The Journal or even Subud Voice that while there is no teaching in Subud, there seems to be an awful lot of explanations. Well, of course there is no teaching about how to do the latihan, – that is for sure. But there is a great deal of explanation and analysis concerning the state that we humans find ourselves in. And there is no better

place for my brothers and sisters in Subud to read this analysis of the state of play where we are at than in Bapak's book *Susila Budhi Dharma*.

Even now for many of us who have been in Subud for a pretty long time it is difficult to get one's head around the idea that what we consider our thoughts and our opinions derive almost entirely from the material forces. It is likewise difficult for us to accept that our feelings also derive from the vegetable forces. It is difficult for us to realise that what we think, that we feel and what we do is almost entirely controlled by the lower forces, the material, the vegetable and the animal. So we think of ourselves in the first person as if we all had 'individuality', the word 'pribandian' for individuality keeps recurring in the Indonesian.

The Central Point

The central point in all of this is that we and all the people we know and are likely to get to know are completely unaware, are completely unconscious of the fact that they are being manipulated by these same lower forces. So we say 'I think' and 'I believe' completely unaware that all sorts of forces have pre-empted the place that should be occupied by our own individuality.

In order to support what I have just written I will quote from Dhandhanggula 41, 42. At the same time I sought and found the original slim black book with the translations from Hussein Rofe made many moons ago. Of course, I don't speak Bahasa Indonesia, but many of us began to learn the language and I still have access to an online Indonesian dictionary. I will also compare translation by using different colours.

41. This is the fruit and outcome of the latihan, which truly differs from any action based merely on strength of will.

41. Such is the result of this training, which is vastly different from methods based on will power

41. contd. So never choose the latter way, because as has been said, behind it is only the desire of the heart; and in reality the heart is the servant of forces whose origins are still unknown to you and which therefore might mislead you in a direction you would not wish to take.

41. You should not resort to such practices. Will and desire are the servants of forces the origin of which is still unknown to you. By following such paths you may be forced in a direction quite different from what you truly wish.

So here we see that the two translations are substantially the same.

42. That is the danger if you do it wrongly. Before you came to realise the truth you naturally assumed that all your actions, all your deeds, came from the will of your own human individuality (ke-hendak ke-pribadian manusia-mu.)

Here I have deliberately used hyphens so that the reader can see the root words, since Bahasa Indonesian is full of suffixes and prefixes, which make use of a dictionary quite confusing.

42. ...whereas nearly all of them actually sprang from animal and other forces. You assumed that they came from your own self, of course, because the animal forces had complete control within you.

42. Herein lies the danger of wrong spiritual disciplines. Before realising this, you will certainly think that all your activities are dictated by human considerations; in fact however they are almost invariably the result of animal and other stimuli. Of course, you would believe them to derive from yourself since you are totally controlled within by these animal forces.

This is a pretty stark message and if we did not have the latihan kejiwaan we would have no way of distinguishing within ourselves the action of these lower forces, nor would we have the means to develop our own true individuality, whereby we can have a right relation with these same lower forces.

I will stop here at some 1,244 words so as to be a suitable length for Subud Journals. So I will continue in another article to show more of the animal and human forces, which in fact are quite amusing in the way that Bapak describes them. And indeed they form an interesting commentary on the behaviour of various politicians we see reported on daily in our newspapers.

Unaware that all sorts of forces have pre-empted the place of our own individuality. ●

REMEMBERING MERSEYSIDE

"Ours is a God-given Peace"...a collection of poems by Dachlan Cartwright recalling "the greatest explosions of popular music in history"...

Dachlan Cartwright is a Birkenhead Welshman who was a student at Liverpool University from 1962-65. He was "there" to witness one of the greatest explosions of popular music in history. This is his tribute in verse, not just to The Beatles, but to the other Merseybeat bands which they spearheaded. Other themes include components of Liverpool culture like football and comedy.

As a teacher of English literature, Dachlan hopes the examples of cynghanedd, haiku and sonnet, for example, will encourage students to experiment in these and others forms. But above all, the verses should be read, preferably aloud, as fun, and if they can convey a shared frisson of recognition to those who were also "there", and a whiff of authenticity, more pungent (like the Iron Door Club) than a prose account, to those who weren't, then they will have done their job.

[PS "Ours is a God-Given Peace" is a translation of Liverpool city's motto – *Deus Nobis Haec Otia Fecit* – a quote from Virgil]

[Amazon.com: dachlan cartwright](https://www.amazon.com/dachlan-cartwright) ●



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Go to www.subudlibrary.net

(If you don't yet have a password, it's easy to get one. Instructions are there.)

On December 8, 2012, Ibu Rahayu talked at length to members in Kalimantan, Indonesia.

See these:

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