



## SICA at World Congress

*Sebastian Flynn, SICA Chair, writes...*



*Sebastian Flynn will be presenting his Culture Compass workshop at Congress, one of many SICA workshops and performances.*

The combined Wings - SIHA, SDIA, SICA and SESI, or those aspects of Subud that respectively symbolise our health, service of others, creativity and enterprise activity will work closely together at the Freiburg World Congress in a spirit of Unity.

The aim is to present an 'Active in the World' program of forums, mentoring and 'My Project' workshops, sponsored by SESI (Subud Enterprise Services International) to help members consolidate their work direction and put the Latihan into practice in their lives.

The generous sponsorship seed funding on offer from SESI is \$100,000 to enable projects to get started. So this fourfold 'culture' of our lives will be open for thorough excavation and realignment if we so wish!

### SUBMISSIONS AND DONATIONS

Submissions to Subud Voice on any aspect of Subud life are welcomed. Send to Harris Smart, [subudvoice@gmail.com](mailto:subudvoice@gmail.com)

We rely on donations to keep Subud Voice going. You can donate by going to the PAYMENTS tag on the left side of our homepage at [www.subudvoice.net](http://www.subudvoice.net)

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In terms of performance and arts-related activity, the Congress program is rich in performance and participation opportunities, with many people having already applied offering their skills and creativity to produce a vibrant program to be enjoyed by what is shaping up to be a 2,000-strong attendance!

- Bella Ward and her talented family present classical music including Bella lighting up the Delegates Room with her virtuoso rendition of the first movement of the Saint-Saëns Violin Concerto.
- Two France-based professional artists, English swing jazz violinist Marius Kahan (a la Stephane Grappelli and Jean Luc Ponty) will be teaming up with Sebastian Medina for some classic gypsy jazz to delight the crowd in the Fringe Tent.
- Tuppenny Opera, from Down Under bring a vaudeville-tinged twist and inspired harmonies and instrumentation to their unique original songs which they have recently toured throughout the UK.
- Sebastian Flynn and friends present the Congress World Music Band with wild tunes from Afghanistan, Israel, Lebanon, Brittany, Ireland, Germany, Macedonia, Former Yugoslavia, Turkey, Finland and Russia on a diverse range of instruments.
- The Congress World Music Band and guitarist Hassan Czwiertnia will also be accompanying myths and legends in the Yirt - with the story telling skills of Hani'a Brian Abram and Rusydah Ziesel and friends.
- In the Yurt and Delegates Room, will be performances of Gregory Gudgeon's highly acclaimed interpretation of the Life and Death of Puppet King Richard II which drew critical acclaim at the Brighton Fringe Festival.
- Ratih Witaningrum Miranda and friends bring a full Gamelan Orchestra experience from Java, with 16 musicians in full Javanese traditional attire.
- Renowned Cellist, Hamilton Cheifetz, Viola player Benjamin Aaron Herre, and Violinists Isidora Leal and Veronica Thomas come together with their virtuoso talents to explore the solo, duo, trio and quartet string repertoires.
- An intimate music and poetry night in the Delegates room will feature the unique talents of Leo Sedgley, Hani'a Brian Abram and Roberta Petzolt.
- Ibu Profen and the Painkillers guarantee instant relief from any form of inhibition with their irresistible dance rhythms reverberating across several Congress venues late into the night!
- Dahlan and Honora Foah, creative directors of Visioneering International bring one of their recent inspired performance readings with music – A Story from the Frequency Operas Blood & Breath, Magdalene in Altamira featuring Gregory Gudgeon and Honora Foah.
- Young dancers from Cali will make the journey from Colombia to Freiburg especially to bring a splash of Latino exuberance and colour. Joining them in an international Dance Night will be a group of Indian dancers led by Gururaja Budhya and friends, making the long trek from India to proudly present their cultural expression to the Subud World Congress.
- Long time SICA pioneer and cultural advocate Latifah Taormina will present with Lawrence Guntner, a program of inspirational readings and music for the SICA international Poems for Peace program.
- Oriana Lince is our dedicated curator of the Congress Art Exhibition and 5x7 Art Auction, aided by artist Alena Kennedy. The Exhibition is based on the theme of Unity in Diversity.

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• Rusydah Ziesel and Sebastian Flynn present workshops in their successful cultural programs of Keys to Creativity and the Culture Compass in the SICA space, exploring the time-honoured symbolism of the compass and its cardinal directions as a metaphor for our life journey.

• One of the main features of the SICA creative program will be the historic collection and sharing of members' experiences, called Our Subud Story, created by Isti Jenkins, in which a myriad of stories will be shared in film, written, spoken word presentations and interview forums and subsequently captured for history to mark the coming of the Latihan in our era, Bapak's legacy and to pass on a wealth of essential story and experience to the next generation.

The Our Subud Story team is led by Laksar and Maia Burra, Maria Blake and Rashida McDonald in the dedicated Our Subud Stories area in the 'Subud Village' in Hall 2 - with Harris Smart presenting 'Culture Couch' interviews in front of the congress audience in a dedicated space in the Subud Village (Hall 2) where the Congress audience will get to experience first-hand, the stories of some of those who have made an impression on the world through their experience of the latihan and its effect on their work and their life.

• Families will be able to take advantage of a packed practical creative program – with a prepared creative environment based on Rusydah Ziesel's 'Keys to Creativity' program embracing painting, art, craft, music and instrumental sounds as well as workshops in lantern making, sculpture, storytelling and theatre performance in the Creative Tent and the intimate Yurt venue.

• For Youth, as with other areas of Subud, there will be a dedicated space in the Hall 2 Subud Village for Youth presentations and exhibitions as well as the Fringe Tent on the Plaza with its chilled bohemian-style atmosphere and performances programmed till late – with a tea, coffee and snacks café area and fire pit for cosy late-night chats and sing-alongs!

• Mitchell Reese and friends from Curious Legends Theatre Company will create a puppet lantern parade called Legends of Light – Legenden vom Licht, with Raphaella Sapir – featuring larger than life lanterns as part of the spectacular Congress Closing Ceremony directed by Maya Sapir.

The Subud World Congress 2018 is about to add another piece of important history to the picturesque little city of Freiburg nestling in the southwest of Germany's Black Forest, with its Gothic cathedral and meandering laneways with colourful shops and cosy restaurants.

We hope to see you in Freiburg for a beautiful experience - both inner and outer! ●

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## Our Subud Story

*Calling all Writers, Makers of Books and Storytellers...*

"This is one of the great things of sharing our stories isn't it? The way that our stories can inform, awaken, teach and enlighten each other."

This quote comes from an email I received recently from a Subud author. It sums up why Our Subud Story was created to support storytelling amongst Subud members worldwide. At World Congress we have a range of activities to support this aim.

### Focused discussions - Calling all Writers and Makers of Books

For our first focused discussion at 10.00am - 12.00 on Tuesday 31 August 2018, we want to gather together everyone who is connected with writing Subud books. In these days of self-publishing, almost anyone can be an author, but there is still a great deal involved in putting a book together. We want to gather together people who make books — authors, editors, graphic designers, pub- >

lishers, publicists or any related field. You may be a professional, an amateur or someone who just wants to get started in anything to do with making a book. Come along and be stimulated by others' ideas and experiences, learn what works, what not to do, what to be aware of, sources of help and extend your circle of contacts.

“ Our stories can inform, awaken, teach and enlighten each other. ”

We have a great location in The Village (Hall 2) adjoining the cafe, so what could be better than talking about what you love doing, with other people interested in the same thing, and endless good coffee close at hand.

We also have some opportunities for published authors to do book signings in our space, so please contact Maria at the email below to discuss.

### [Our Subud Stories Workshops](#)

Most of us don't have enough experiences to fill a book but we all have some stories to share. Ibu Rahayu has encouraged us to tell our stories of when the latihan has been present in our everyday lives. Some stories may be of peak experiences, but most will be of more ordinary occasions - like moments when you notice a sense of the latihan guiding you in your everyday life. What seems to you like a simple story may 'inform, awaken, teach or enlighten' someone else.

These workshops will be held from in 'Our Subud Story' space in The Village (Hall 2) on:

[Sunday 29 July, 10.00 to 12.00](#)

[Wednesday 1st August 10.00 to 12.00](#)

[Sunday 5 August 10.00 to 12.00](#)

Put these dates in your Congress diary now. Workshops are limited to 24 people. We have created a permanent website for sharing our Subud stories, and this provides you with the possibility of publishing your story on line, but only with your written consent.

If you have any questions on either of these events please contact Maria Blake at:

[oursubudstory@gmail.com](mailto:oursubudstory@gmail.com)

## [Subud World Congress 2018 in Freiburg](#)

### [Latest news from the Congress Organizing Team](#)

[For all the last news go to subudworldcongress.org](#)

### [Urgent Message to All Members Attending World Congress](#)

It seems there may be a number of members who believe they have registered for congress, but who may, in fact, not have completed the process. IF YOU ARE REGISTERED YOU WILL HAVE RECEIVED A CONFIRMATION MESSAGE FROM [registration@subud.org](mailto:registration@subud.org) Please check that you have received your confirmation, and please spread the word to others.



### [You Won't Find Cheaper Accommodation...](#)

We have the Old Town Hall for delegates, young Subud persons, and, in fact, any member interested. It is not a hotel, and has 4- or 6-bed rooms in dormitory style. The price for the whole period of 13 nights, from 27.7. – 9.8.2018, is €180. You can book for less nights.

### [SAFEGUARDING: What is it all about?](#)

Our collective well-being! With the theme of this World Congress being unity, the organising team are creating a space for congress which is as inclusive as possible, and helps members from all

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around the world – different languages, cultures, social norms, ages – to mix together in harmony.

### [New information – the green environmental sticker](#)

Many cities in Germany have created an environmental zone within their city limits, where you are only allowed to drive if your car has a so-called emissions sticker (EURO4-Green). At the moment, no pan-European sticker exists; so France, for example, has the Crit'Air, which does not cover you for Germany. Please read the general information.

### [The Closing Ceremony at World Congress: Volunteers Needed](#)

Maya Sapir writes: I'm writing to spread the word that volunteers are needed for the Closing Ceremony at the end of World Congress: my plan is to make it a celebration of all the Subud wings in a visual, creative, performative manner. I will be needing: people who have knowledge of how to make costumes.

### [Storytelling From Around Our World...](#)

Hani'a Brian Abram coordinates at our Subud World Congress 2018; there will be an opportunity to share in what may be the oldest expressions of the human soul on Earth... storytelling! Please join us in the Myths and Legends Yurt! Our Myths and Legends Yurt is being coordinated by brother Hani'a Brian Abram from California.

### [Benefit, Gratitude and Hope](#)

There will be an area within the Subud Village called the Unexpected Journey, and within that there will be a space where each member is invited to express something about one of the following topics: How the latihan has Benefited my Life, Gratitude for Bapak and his Mission, My Hope for Subud in the World.

### [Unity In Diversity Artist Selection](#)

We wish to thank each and every one of the Subud artists that have let us know about and submitted works for Unity in Diversity. We were very happy to find such quality and talent in all of the amazing proposals.

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## A DIVERSITY OF PROJECTS FROM FIVE CONTINENTS

### [Osanna Vaughn writes...](#)

Though the May 30 deadline for submissions to the \$100,000.- Fund has been dropped, I find it the perfect moment to update on the current state of what promises to be a very colourful, exciting and interesting event at the coming World Congress in Freiburg.

All submissions will have an opportunity to make presentations during congress. The idea is that even those who do not get shortlisted for the current fund, will have a chance to make



their project known, and hopefully attract support through connecting with other members, finding potential mentors, and even funding from elsewhere. Furthermore, if we could manage to make this fund an on-going one (through projects returning monies to the fund, for example, or people/en-

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tities simply donating to it), those who aren't finalists this time, can still look forward to support in the not-to-distant future.

I'm delighted at the submissions so far, not least because they come from virtually every continent – Europe, Africa, North America, South America, Asia – and cover a diversity of subjects – technical, books, merchandising, tourism, pharmaceutical, IT, travel, play, education, etc.

I have started to put together a group of mentors and jury members. If you are specifically interested in joining me in either of these areas, please let me know and I'll send more details.

[osanna@osannavaughn.com](mailto:osanna@osannavaughn.com)

Looking forward to receiving even more over the next month and a half and during congress itself.

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## Project Development Workshops at Congress

*Peter Jenkins writes...*

Do you have a project hidden within you... and need some help to bring it into the world? Then register now for: Discovery – Vision – Action; a series of 3 Project Development Workshops at World Congress.

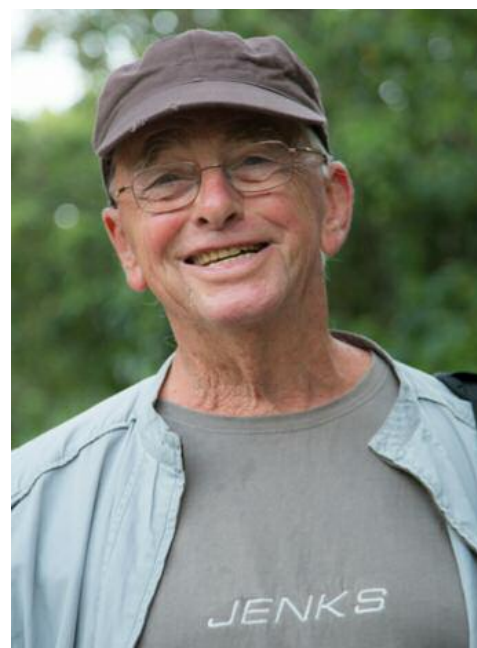
In Discovery we explore your experience in the world to date, your hopes, values, dreams, receivings, ideas and other clues to what project is wanting to be born in you. You will discover which aspect of yourself and your life you wish to focus on.

In Vision you will establish a picture of how you want to express and develop this aspect of yourself in this world through a project and how it will support your development as a person.

In Action you will explore how to take your idea and make it happen in the world. You will be given constructive feedback and supported to develop a presentation. You can choose to simply present to the other participants in these workshops OR prepare a concise dot-point written submission and pitch your project to the panel who will be awarding grants from the \$100,000 provided by SESI.

The Project Development Workshops will run for two and a half hours on the afternoons of Day 2, Day 6 and Day 7. They will be fun, dynamic and interactive. We encourage you to commit to attending all three to get the most out of the experience.

To register, simply send an email to [peterjenkins4@gmail.com](mailto:peterjenkins4@gmail.com) with the message: Please register me for the Project Development Workshops and sign with you full name. If there are places still available, you will also be able to register at Congress.



*Peter Jenkins.*

### IMPORTANT MESSAGE

Many people coming to Congress already have a fully developed Project Plan. If they wish to pitch their project and be considered for a cash grant they should contact Osanna Vaughn and complete a written submission ([osanna@subudworldnews.com](mailto:osanna@subudworldnews.com)). These people may attend the above workshops if they choose, however they are intended primarily for those who do not yet have a clear Project Plan.

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## THE SUBUD VILLAGE AT WORLD CONGRESS

*From a longer article by Oliver Haitzmann...*

Hall 2 has been dubbed “The Subud Village”, a 6,000sqm space will become the main hub of Subud work during the 12 days of congress. The design of the Subud Village resulted from an organic and adaptive process combining the input and needs from the different stakeholders and the principles of unity and harmonized flow. The Village combines diversity of function to include both social and work aspects.

At the center of the Subud Village we have the village square or piazza where people can gather for a chat with old and new friends over a cup of coffee, organize ideas for the day and, at the same time, get an overview of a Subud World exhibit.

The Wings’ space will give members the opportunity to learn more about SICA, SDIA, SESI, SIHA and SYAI. While in the WSA area, information will be provided about the structure and the purpose of our Association, space for helpers, the Muhammad Subuh Foundation, Subud Centers and WSA services, which include Archives, Communications, Subud International Publications (SPI) and IT for information about the on-site presence of Subud; Websites, Subud Portal, access to talks, Subud forums, etc. To the left of the hall it’s work time for the Zones with a generous area allocated for the countries to gather and discuss matters before departing for the delegates room upstairs. In this area, chairs are set up in an open space, partially divided by panels so discussions may happen simultaneously within some privacy, and the Zones spaces defined by their countries’ flags hanging around this space.

Adjacent to the piazza, the garden area invites people to stroll, stop and play a game of chess, or just relax. The space for Our Subud Stories is there as well, joining the garden behind the coffee shop and combining an informal sitting area where people may share their Subud stories to be recorded for posterity. In a secluded area at the right of the hall is the Unexpected Journey, a relaxing area for games, creativity and a place where we may express our gratitude to Bapak, write our hopes for Subud and share with others what Subud has meant in our lives. The panels in this space are lined with white paper so we may share simply by writing or creating artistic collages and paintings that will be recorded and become part of our legacy and History of Subud as well as a guide for the WSA for work to develop.

Supporting all the Subud Village activities are two presentation rooms and a stage area, which will allow projects and activities to be presented in coordination with the Program Manager and Operations Team.

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## WOMEN'S ENTERPRISE HUB AT FREIBURG

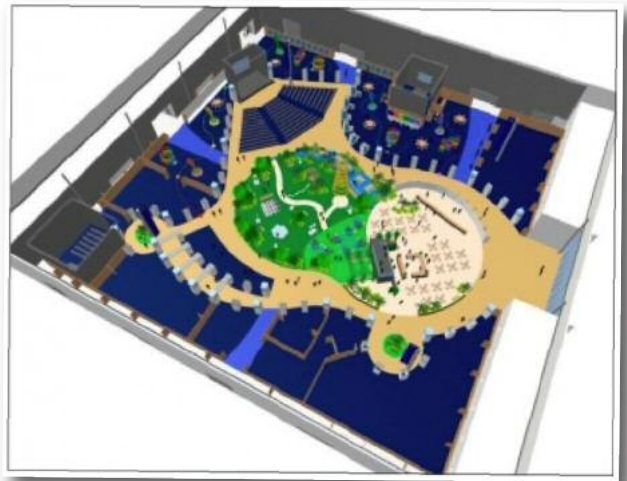
Taken from the May issue of the SES newsletter

Calling all Women Entrepreneurs: Kalimantan pioneer Gay Thavisin would love to get you all together at Congress and form a network that stays together afterwards.

*Gaye writes:...*

Dear all enterprising women in Subud,

Would you like to have a special place to meet, to present your unique businesses, to mentor and encourage others, to share insights, challenges and victories, to link with like enterprises, and get >



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to know each other at Congress? If you would, and you have ideas on how it could work, whether it's more organic and grows with the occasion or needs a structure, let's gather names and start discussing!

Depending on space at the SESI area, we could have regular drop in coffee mornings, we could have a display of women's enterprises, we could run forums, keep a table with information about the amazing depth of women's activities, or even arrange excursions. What are your ideas? Are you interested to join in?

My email is [gaye.thavisin@gmail.com](mailto:gaye.thavisin@gmail.com)

The SES newsletter is distributed to members on their mailing list. If you don't receive it and would like to, please contact Harris Madden at: [harris.madden@gmail.com](mailto:harris.madden@gmail.com)



*Gaye Thavisin.*

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## SESI 2018 World Congress Update

*Hadrian Fraval writes...*

*The Subud World Congress in Germany is just over a month away! We are anticipating a fantastic Wings program. Meanwhile, we do have three brief but important reminders for you below.*

**The Wings \$100K Fund:** SESI has made available US \$100K for projects associated with the Wings. You can apply now and get your submission in early or you can apply at Congress. Be sure to read the guidelines for making a submission – you can find them on our website here. If you need more information about the \$100K Fund, read Osanna's article here.

**Display Opportunities for Enterprises:** SESI has a range of display opportunities for enterprises at Congress including poster panels, booths and kiosks. There are lots of reasons to participate – not the least because what you do inspires others, but also because having a physical display presence helps you to network with customers, partners, entrepreneurs even investors from around the Subud World. The display opportunities are going swiftly – contact Harris for more information.

SESI will also have available three short throw projectors / screens operating in the SESI area within the Subud Village and we'd love to have short videos that we can show of your endeavours. Please send them on a USB, via Dropbox or WeTransfer – or simply let us know they are coming and bring them to Congress. Please contact either Hadrian or Harris to organise.

### **Become an Orbit pioneer in Freiburg**

A new app developed by four Subud members is being launched at the Freiburg Congress. It's called Orbit and it turns your mobile phone into a device for making real world connections with people who can have a positive impact on your life. Subud members in Freiburg will be the first people in the world to benefit from using Orbit and if you want to be part of the launch please follow the link here to let us know your email address. The Orbit team message you when the app is ready to download!



*Hadrian Fraval.*



<https://goo.gl/forms/ICK1VeB9XaAyVPwz1> Team Orbit thanks you for being a pioneer!



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# 'MOMENTS OF TRUTH: Stories of a Doctor in Subud'

Harris Smart reviews Dr Rachman Mitchell's book...

Recently Dr Rachman Mitchell wrote me an email in which he remarked "Is this something that just comes with getting older and we no longer have reputations that we want to protect?"

Growing old often seems to be all about loss. Loss of hair, loss of teeth, loss of memory, loss of strength, loss of sex appeal, loss of status, loss of income and so on.

But are there any plusses? Well it is said we become wiser. What is this wisdom? Of what does it consist?

Perhaps one of the components is that we do become less concerned about reputation; we feel less constrained by considerations of decorum. Perhaps, as we draw closer to the final moment, it becomes ever more pressing that we should articulate our truth. What we have learned in life. What we feel it is important to convey. Perhaps we have some "moments of truth" we need to put down before we pass on.

*Moments of Truth - Stories of a Doctor in Subud* is the title of this collection of autobiographical stories and essays by Dr Rachman Mitchell.

We all know Dr Mitchell. He is a familiar figure in Subud, mainly of course because for many years he was Bapak's doctor and had an inti-macy of relationship with Bapak enjoyed by very few. But after you have read this book, you will know a lot more about Dr Mitchell, not only what he has done, but also how he thinks and how he feels,

The book is divided into four sections first. First of all, we have Rahman's early life and the finding of Subud. Then we have "Bapak's Doctor" about his time in Wisma Subud. Then we have stories about how he adapted to the world after life in Cilandak, a period when Rachman spent time doctoring in the Middle East, in countries like Saudi Arabia and Yemen. And finally, there is a section about ancestors and family members.

## His Time in Wisma Subud

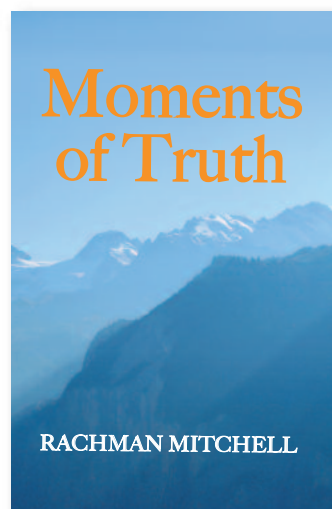
Subud members will of course be particularly interested in the time when Rachman was Bapak's doctor. Of his time in Cilandak, Rachman says, "It seemed there was a great opportunity to both grow as a human being and to become a doctor in the real sense of the word. That is, one who could use his knowledge to serve others, particularly those who did not have the means to access medical care."

The stories which follow are priceless in their inside view of what life was like in those early days in Wisma Subud, when a very personal contact with Bapak was possible. He talks about the time, for example, when during days of political crisis, the men of Wisma Subud were "jaga malam", night guards of the compound who benefited by spending the long nights in the presence of Bapak with his talks and advice.

## Very Honest Writing

Rahman's writing is very honest. This is what I like about it. He often presents himself as a rather bumbling and inept clown. Often making mistakes, often missing the point, or realising it too late.

Many of the stories in this book have the classic structure of myths and legends. That is, they show the hero going through a process of purification and enlightenment. Not just education of the >



mind, but education of the feelings and the character.

Why is this structure repeated in story after story? It is the basic structure of learning. It is the basic structure of life. And this is the structure of many of Dr Mitchell's stories. They are stories about a man learning how to live. They are stories about the mistakes he makes, or the calamities that are visited upon him, and how he learns from them. How he learns to become more tolerant, more understanding, more compassionate, less inclined to judgement.

There is one story in the collection, entitled "Experiencing the Zikr" which describes how Rachman almost died during his period of working as a doctor in Yemen. Fortunately, he was repatriated to London where he recovered in hospital, but he came very close to death. He says of this experience...



*Dr. Rachman Mitchell.*



*A valuable addition to our understanding of Subud from someone who often had an insider's view...*



Such experiences as these are like a Rubicon, which once crossed one never needs to cross again. I was unaware then that I could experience such happiness and joy in the midst of quite severe illness. Thanks indeed to the Grace of the Almighty, which is within and surrounds us all.

In another essay called "Finding My Father's Grave" he describes how a series of coincidences enabled him to find the place where his father was buried in India. He concludes with a statement that might sum up his whole life.

However, as I look back now, I feel there is no such thing as COINCIDENCE.

There is only Kismet, Destiny and an Underlying Reality of a Power that enfolds Everything including all of us humans who are all connected as One Humanity.

In my particular case this journey reminds me of the advice from Jesus himself. Ask and ye shall receive, Seek and ye shall find.

### **His Life as a Doctor**

One of the most important themes in the book is Rachman's life as a doctor. Many of the stories in the book relate to this in one way or another. In fact, this book might be considered as one of the best accounts in Subud so far of the role played by a talent or vocation in someone's life. Often in Subud we think of talent as relating to the arts. But here is a very good example from the world of medicine, illustrating the development of a talent and a vocation over the period of a long lifetime.

This book takes its place with the many other excellent autobiographies that have been written by notable Subud members. Such as Abdullah Pope's, for example, or Leonard Lassalle's, and many others.

It is honest, it is well written, it is interesting, and it is worth reading. It not only shows us how one man has encountered the challenges and vicissitudes of life, but it is also a very valuable addition to our understanding of the history and development of Subud from someone who often had an insider's view.

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## To Obtain the Book

From the end of July 'Moments of Truth' will be available from Balboa Press's online Bookstore at: [www.balboapress.com/Bookstore](http://www.balboapress.com/Bookstore)

You can order online and the cost E-book \$7.99 AUD (\$3.99USD) or Softcover \$24.99 AUD (\$17.99fUSD).

By mid to late August it will be available from Amazon or Barnes and Noble and other major book-sellers as E-book or in Softcover format, at the prices shown above. ●

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# You Can Play the Violin and the Piano Too

*A story from Dr. Rachman Mitchell's book Moments of Truth...*

We had arrived in Jakarta in November 1967 to stay in the Wisma Subud compound, which was Bapak's home. We were his guests, or rather one of his extended family. We all had this embracing feeling of being part of his family.

As I have already explained there was much unrest in the country due to the political situation. As a result, there was a custom at night of 'jaga malam', that is to stay up and keep guard. Bapak was part of this and would receive and talk about the spiritual life. Since this was Indonesia, and specifically Java, it was in reference often to the ancient Javanese culture.

It is difficult to convey the atmosphere because these were not just interesting talks. We were conveyed to a deeper and a lighter part of ourselves and at the same time became closer to one another and to Bapak. We began to sense Bapak's love for us and to reciprocate. But there was no doubt about who was the Father and who were the Children.

These evenings had almost stopped by 1970. After the death of Ibu Sumari in early 1971 they only took place on two Fridays of the month for the Helpers. Sometime later that year, Bapak held a meeting at Wisma Indonesia in an open Pendopo area, where the local South Jakarta group ordinarily had its meetings and office. He asked us whether there was anything we would like to ask before he went on another world journey to visit the Subud groups in various countries. I have noted in myself there is often a gap, sometimes a very large gap, between my ordinary understanding and my inner understanding based on what I really know from my own experience. What was about to happen revealed that. It also revealed something else in apparent contradiction.

I said, "Would Bapak like the Helper's group to meet while he was away and test members' questions"?

"Yes," said Bapak "and you can take the meetings and play the violin and the piano too!!!"

Bapak could be very sharp in order to show something. I am a slow learner and the words have echoed in my mind over many years, until I really saw the ridiculousness, the impossibility of recreating anything like we experienced in the Helpers meetings with him.

There was shocked silence when dear Ismana said, "But Bapak the women meet when you are away." No answer.

Then Professor Hazirin - a Sumatran and a Professor of Islamic Law - said, "What is going to happen to Subud when you die?" - a question few others would have dared to ask.

Bapak then asked Ismana to get up and test or receive an answer to that question.

She stood up and her body was moved to spin gently and her arms slowly came up and her fingers vibrated gently. The feeling that seemed to envelop all of us, which was the essential 'grace' that enveloped Bapak inwardly and outwardly, was and would continue to be, in all of us, and in fact, in everything.

Although, this was a 'put down' to my cockiness, and lack of respect that what Bapak had been receiving with us on these Friday nights, was indeed of a high and miraculous order, it at the same time created the opportunity for testing which revealed each of us was connected to 'something' in him that was eternal.



*Bapak could be very sharp in order to show something...*



Likewise, I see now for myself personally that this correction of my ignorance and arrogance was also a kindness.

*Rachman Mitchell, known to most Subud people as Bapak's doctor, lived with his family in Wisma Subud for 17 years. Rachman had close contact with Bapak and his new book 'Moments of Truth', contains many anecdotes not previously published. It also shows the development of his vocation or talent as a doctor over a long lifetime. It is honest, moving, often funny and will be released in July 2018. At World Congress, Rachman and Harris Smart - who also has released a new book "Adventures in Subud - will be interviewed in the SICA Culture Couch series. Come and say hello to these two authors at the Our Subud Story venue in The Village (Hall 2).*

## ADVENTURES IN SUBUD

Adventures in Subud is a new book by Harris Smart. It presents an overview of the development of Subud covering practically every aspect of Subud life including spiritual experiences, enterprises, welfare projects, cultural projects, health and healing and youth. It is 360 pages long with 120 illustrations including photographs and cartoons by Marcus Bolt and Dirk Campbell. It shows Subud as a dynamic movement combining spirituality and action in the world.

To obtain the book go to [www.lulu.com](http://www.lulu.com) and enter Adventures in Subud in the search slot on the home page.

*People are saying about this book...*

### A PANORAMIC VIEW OF PEOPLE AND THEIR SPIRITUALITY

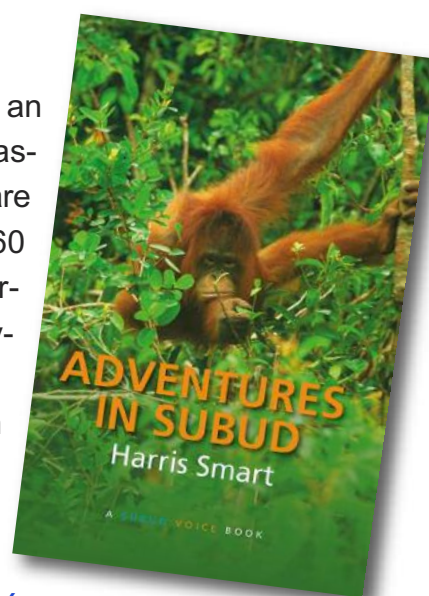
Adventures in Subud is not a book to be consumed quickly but savoured slowly and dipped into and enjoyed over time, like a series of fine meals. This book offers the opportunity to meet a wide variety of characters in Subud and learn about their life experiences, their various journeys, how they found Subud and what they made of it - how these various people are living a life infused with spiritual values while engaged in the world and with each other. This is a book that will open doors to enquirers about Subud and is a major contribution to our knowledge about Subud and its positive impact on the world. A comprehensive panoramic view of people and their spirituality written by a seasoned journalist.

*Valentine Navey*

### A VARIED AND COLOURFUL COLLECTION OF LIVED ADVENTURES

Harris Smart's latest book called Adventures in Subud contains a panoply of very different life experiences lived by people who are or have been practicing the Latihan Kedjiwaan of Subud. The adventures are either of a spiritual nature or of a material one, but in both cases they are the result of first a letting go of their will and ego to then follow the guidance that comes from within their inner most. In other words most adventures experienced in the book were initiated by the effect of the Latihan Kedjiwaan of Subud.

For any one who has not yet experienced the fine vibration felt during the Subud exercise, it



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could all sound a bit strange and intriguing, unusual - even a bit way out. But by persisting in reading the adventures, you might recognise that there is something in it for you. For the people who have or are practicing the latihan they will enjoy reading the adventures of others and will at times find similarities with their own.

Harris Smart has given us a varied and colourful collection of lived adventures that well reflect the diversity of human nature. *Léonard Lassalle*

### UNITY IN DIVERSITY

I enjoyed reading *Adventures in Subud* by our Subud Voice editor Harris Smart as I think many others will as well.

He has honed his skills as a writer and as an interviewer where he creates a space for the person to tell their story freely and openly.

The range of personalities and their experiences are wide indeed, from the down to earth and practical to the sublime, touching on the eternal.

A quiet, sensitive and reserved person lacking in hubris, he is however an adventurer himself. His biography is weaved in with the biography of others giving that sense of value that he has for our Subud family. Many will feel as I do, gratitude, for the part he plays in our Subud family of keeping us informed of each other and the value that we place on the experience of the "latihan kejiwaan Subud" each in our different ways. Unity in Diversity. *Dr. Rachman Mitchell*

### WHAT AN INTERESTING BOOK

Harris Smart's latest (and finest) book, *Adventures in Subud*, supplements new material with the best of articles from Subud Voice and Harris's earlier books such as *Sixteen Steps*. It aims at providing a 'one stop shop' for enquirers with coverage of all aspects of Subud – a new Grace sent for humanity, which brings a purification process to adherents while regenerating the experience of worship under the Great Life Force (Holy Spirit to some).

Readers will find an informative range of material covering Subud's founder, origin, history, the structure of the organisation, members' adventures in Enterprise endeavours, as well as – and this is where the essence of Subud shows – often deeply based experiences of the soul that shape and determine life experience in working in the world.

The last 80 pages alone provide evidence of guidance and religious experience in the lives of many members over varied walks of life. This section truly is a witness to how Subud is active in guiding and changing not just those who have these experiences, but those with whom they engage in their lives. This is a valuable section for members as well as enquirers

I do hope this book gets the attention it deserves. Nowhere have I seen such a collection of evidential record as in the Af'al section. These alone justify this book. *Hussein Rawlings* ●

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## THEY WERE THERE Vol. 3

*This Book Has So Much More to Tell You!*

*Ilaina Lennard has produced a new book, They Were There Vol 3. Here she writes about how she founded Subud Voice and provides an introduction to her new book, along with an extract from it...*

It was early in 1987 that I first started to think about producing a monthly Subud newsletter that would go out worldwide. It seems to me now as if I was already being prepared to do this, because in that same year, on June 23rd 1987, Bapak died.

I remember how a Gathering had been arranged at Anugraha soon after Bapak's death, so that >

people could share their feelings of sadness and loss. And as I looked around at all those who came I felt a great sense of connection, of belonging to a family, and knew that I must write about this event and share it. And so it was, that a month later, the first issue of Subud Voice was born, printed and mailed. That was how it started.

However, I now had to overcome a big obstacle. I did not yet know how to use a computer. Everything had to be typed on my old electric typewriter, with the text cut to exactly the right size and pasted into place on the pages. I did also have a printer, but it took half an hour to print one page. It wasn't easy!

But then – God bless him, Hadrian Michell provided a computer for me. And this was a huge challenge, because now I knew there was no other option - I had to discover how to use it if I wanted to produce this newsletter. So - thanks to Hadrian's instructions, and other help from Hanafi Houbart, who sometimes sent me the message "DON'T PANIC!" I slowly learnt what to do, and all that doing this meant in order to make SV viable.

But the first issues had been only four pages, and by Issue 3 I still only had 40 subscriptions. So I started to wonder if I could carry on, as Subud Britain was about to stop its financial support. I need not have worried - soon after that, subscriptions began to increase. I was now also just about able to use my new skills and was even learning Desk Top Publishing. And before long, there was so much material coming in that sixteen pages was being edited each month, and to my amazement about 1000 subs had been sent from enthusiastic members worldwide.



*Ilaina Lennard.*

There was however, a lot to do, because as yet I had no e-mail and so had to type all the articles. Even after the arrival of Hadrian's computer, I still had to arrange the lay-out page by page, manage the subscriptions, stick on the labels, stuff and stamp the envelopes, and then mail each issue. I feel so touched when I remember how my dear husband Lawrence folded and flattened the pages of every issue with his strong thumb. And, I feel so much gratitude to Subud Britain's accountant Elwyn Waugh, who took over the book-keeping.

However, although there was never enough to pay me a salary, at least there was soon enough for my travel and reportage. But then came a big problem, because after 14 years, for health reasons, I had to give up. In the end it was like a miracle that Harris Smart was able to take over and has been editor ever since.

Through Subud Voice I met many wonderful people. I loved the work, it has been one of the greatest blessings of my Subud life. And I always hope that through this newsletter Subud members worldwide will feel increasingly more together.

However, it is still with a kind of wonder that I now go through the pages of the whole series of THEY WERE THERE books. Many articles – but not all - were taken from past issues of Subud Voice, and I continue to enjoy reading them, even if I first came across them some time ago! But most importantly, I also hope

*“ I loved the work, it has been one of the greatest blessings of my Subud life... ”*



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that these volumes (one more to come) will give new Subud members the crucial background to an event that they may sometimes need.



*Do you like reading about people who have developed new talents after joining Subud?*



So, what does this latest volume contain? Well, did you know about Whatcombe House, Subud's pioneering project for maladjusted boys? Do you know the

amazing Connelly Temple story – which tells of how a business with very modest beginnings became one of phenomenal growth? Or do you like reading about people who have developed new talents after joining Subud? Or perhaps - as a young person, are you trying to understand more about sexual relationships? It's all here. And so much more.

### THEY WERE THERE Vol.3: HOW TO ORDER

The book can be ordered from lulu.com at £12 plus postage... Go to:

<http://www.lulu.com/shop/ilaina-lennard/the-best-of-subud-voice-3/paperback/product-23595226.html> and follow the on-screen prompts to the shopping basket, setting preferred payment method, delivery/billing address(es) and postage rate. Books normally take 3 – 5 days to arrive.

### WHEN HOMO SOVIETICUS JOINS SUBUD

*Extracts from Subud Voice Vol.9 Nos. 7/8 Aug.'92*

Here from TWT3, is a deeply felt article about when Subud first came to the Ukraine. It was written by Sasha Zhebko, Subud Ukraine's first National Chairman, and I like it very much.

In May 1992, an unassuming pioneer, Seth (later Emmanuel) Aronie, set off on an epoch-making trip. Little did he know that very soon the new spirit alive in his words would ignite over 200 of those who heard him with the wish to worship through the Latihan.

Here is a shortened version of the thoughts expressed by a member (newly opened at the time) from Kharkov – Alexandr Sasha Zhebko.

### ASHAMED TO FEEL

During the years of "homo sovieticus" within many of us the feelings were suppressed; we were simply ashamed to feel. Ashamed to weep, ashamed to love, ashamed to be open to the world because the world is dangerous, is aggressive, will betray us when we least expect it. This was the imprint left by the Stalinist years – deep, deep within.

I, like many others, was constantly being organised. We walked two by two in kindergarten, holding hands. I marched as one of Lenin's 'grandchildren'; I became a Pioneer and learnt to salute; I was a helper of the Communist Party and, having become a young Communist, I no longer existed. Instead there was 'homo sovieticus'.

I observed myself and others around me when society tried to turn me into such a 'homo sovieticus'. I observed myself when everything started to fall apart and saw what emerged from the ruins. Perestroika.

I had heard about the existence of another world, but the possibility of feeling it arose the moment Seth arrived in Kharkov, followed by other helpers.

The ensuing opening and practice of Latihan enabled me to go more deeply into myself and see more clearly what is going on. I was invited to go with the Ukrainian delegation to the Zonal meeting in Prague. Here, as I met brothers and sisters in Subud, and did latihan testing with them, some-



*Alexander Sasha Zhebko.*

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thing changed inwardly that broke the threads from which the puppet 'homo sovieticus' was suspended.

I felt the space within where the mystery of the latihan was accomplished. I observed myself and the surrounding world more acutely. From moment to moment a picture rose to the surface from within, a picture painted every instant by God, and I followed every brushstroke, trying to grasp its significance; every brushstroke was important and aroused a sensation of co-creation and unity with this absorbing process.

..I do not, therefore, want to see desires get the better of the feeling that is born within everyone in his free space through the latihan. The desire to assert oneself in the exercise of authority, to have paid journeys abroad, to have access to material goods, must not be allowed to prevail over feelings of concern and love – the pure and selfless service of Subud in the Ukraine when we come to choose the chairman for the national organisation, for it is precisely these latter qualities that we should feel in him.

Later in that year, Alexandr Sasha Berdinskih, Chairman of Subud Cherkassy, was chosen by testing as the Ukraine's first National Chairman.

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## THE ART OF RECYCLING

Over the last few years, we have seen more and more fashion in our Subud life. The fashionistas are bursting out all over. Before that, I think many Subud members thought this fashion was rather frivolous and not worth the attention of serious spiritual people such as ourselves. But now we find that fashion is adding colour, liveliness and youth to our World Congresses in particular.

I remember the catwalk show in Innsbruck and then fashion really broke out in Puebla. There were young designers from several countries and one of the people who really made a hit was Liora Lassalle who comes from England.

She is of course part of that extensive and talented Lassalle family who now have three Subud generations of artists of one kind and another. In this book, we have Leonard, painter, writer and designer; his daughter Lucianne, sculptor; and her daughter Liora who actually seems to be more or less re-defining what art is. She is hard to categorize, but certainly so far she has made a big splash in fashion.

It is very interesting to see in fact that talent is not just an individual thing, but also runs in families, and even nations have their own particular gift or talent.

Liora's show in Puebla was extremely original and colourful, bursting with energy and life and fun. One of its features was that as she travelled around Mexico before the Congress, she collected not only inspiration, but found little lost or abandoned objects in the street or even the gutter which she incorporated into her designs.

Liora was born in Kent in 1988. I interviewed her recently by Skype, while she was sitting with her three-month-old son on her knee. I began by asking her how her childhood had been as a member of the Lassalle family....

**Liora:** It was good. I had a very close relationship with my mom and we use to draw together and



*Liora at work designing.*



do things like that. Of course I was also very much aware of my grandparents. Leonard at that time was running a beautiful antique shop in Tunbridge Wells. There was always art around me and it was always a very lively, warm environment. We also lived near the Lewes group and that was a rich and supportive Subud community and I had lots of friends of my own age, second and third generation children in Subud.

Harris: When did fashion come into your life?

**Liora:** As far back as I can remember I was making clothes for my dolls, and I also loved dressing up and making costumes. I would make costumes and dress up with my friends. When I was a teenager, that developed into our making costumes to go clubbing.

Harris: What about Subud? Was that something you were aware of when you were growing up? And was it appealing to you?

**Liora:** Definitely. I had friends in Subud and we were fascinated by the latihan and in fact we would even do our own children's version. Go into a room and sing and shout and jump and dance about.

Harris: Were you keen to join Subud? Did you join as soon as you could?

**Liora:** Yes, I was opened when I was 17 at the World Congress in Innsbruck.

Harris: When did you start thinking of fashion as something you could do in life?

**Liora:** When I finished school I went to do a three-year course at St. Martin's. It combined fashion with designing materials. In my last year at the school I won first prize in a fashion competition which was for the show that I took to Puebla. The ideas for that show had come from a visit I had previously made to Mexico. The Mexican influence can be seen in the bright festive colours. A lot of the fashion also used recycled material, just things I found in the street that I could recycle into the clothes.

Harris: Some of the clothes seem to me to suggest the circus, like clown and trapeze artist costumes. I'll bet you would be very good at designing costumes for theater and things like that.

**Liora:** Well, I never thought of the circus but there is certainly an air of festival about those clothes.

Harris: It also seemed to me like there was a sort of cheeky punk influence,

**Liora:** Yes, that came from the idea of making clothes to club in. That was certainly another influence in the way that that show turned out.

Harris: Sometimes, too, there was a futuristic space age feel about the collection. Have you done other collections since then?

**Liora:** Yes, there have been two other collections. The next one was quite different from the Puebla one in that it was not nearly so colourful. I won a prize to do a new collection and I was working with a company that produces working men's clothes. So the idea was to take these practical clothes and revamp them as fashion.. And since then I have done another collection which is inspired by a visit to Brazil. Unfortunately, I didn't sell any clothes.

Harris: I guess your fashion starts to be more like art-works, things you might exhibit, rather than just items



*Fashion design with recycled materials at Mexico World Congress.*

“ There was always art around me and it was a lively, warm environment...”



of everyday apparel.

**Liora:** Yes, maybe that's a good idea. I could put them on the wall.

Harris: When I was younger and better looking I once modeled some clothes for someone. They were weavings that she had done that you could either put on the wall or wear.

**Liora:** Interesting. Anyway, I didn't sell anything and I couldn't afford to live in London anymore, so I came to Bristol where my mother was already living. I started off working with a friend as a cleaner. We were practicing "green cleaning" with the materials that we used and so on.

One day I got into conversation with a lady I was cleaning for and she asked me what I did and I told her about St. Martins and she said, "What are you doing working as a cleaner?" And she worked for a clothing company and got me a job. It's been very good for me. I was able to save some money and buy my own house. At the moment I am on maternity leave.

Harris: So what are your plans for the future in fashion?

**Liora:** I feel that fashion is in the past for me now. There are other things that I am interested in doing. For example I never thought I was much good at drawing but now I have become more confident about it and I am designing fabrics.

Another thing I do is recycle furniture. I go out into the street and find abandoned furniture, like chairs, things people have thrown out and I bring them back and cover them with my own fabrics.

When I first talked to Liora about doing an interview with her about her fashion work, she said to me, "There is not much of a story here because now I am being a wife and mother."

I thought to myself, "Well, that's the best kind of story."

### IF PEOPLE WERE WORKING FROM THE INSIDE...

The interview with Liora also raised for me this interesting question of talent in a family. Of how a talent can persist in a family for several generations. And there are other examples in this book such as with Eric Sapir and her daughters.

So this is another of those questions relating to SICA and art and culture which I find it interesting to think about. Is there a connection



*Recycled chair.*

between Subud and a tendency towards talented families? Is the latihan in some way conducive to or supportive of this?

Some years ago I interviewed the Subud artist Leonard Hitchcock. As is well known, Leonard's father, Harold Hitchcock was a distinguished painter. I asked Leonard what he thought about this continuity of talent. He replied.

"Our family have been artists and craftsmen for generations. On my mother's side, there's a direct line from George Stubbs, who brought a new anatomical precision to animal painting. My paternal grandfather was a wood-carver from Somerset who worked on the Exeter cathedral and the Exeter Guild Hall. It seems that originally we came from this part of the world and it is interesting how we have gravitated back down here.

"My father and I have the same view of the world. I used to be embarrassed because people would say how similar we are, as if all I did was copy my father. In the past I think it was very common for a son to follow in his father's footsteps, to inherit the same talent. Many of Constable's works were done by his son. Especially in painting you don't have to go back very far to find whole families of painters. But it doesn't happen so often now.

"If people were working from inside, manifesting their true natures, perhaps it would happen more often that a son would follow in his father's footsteps? We inherit a lot from ancestors, so why not talents?" ●



*Liora, Baby Dorian and Tom.*

“ We inherit a lot from our ancestors, so why not talents? ”

## A RAMADAN EXPERIENCE *Marcus Bolt writes...*

During the second half of Ramadan, I began experiencing, particularly when out walking in the countryside around where I live, powerful wafts of all-embracing emotion, which seemed akin to the nostalgia I frequently experienced in my 20s, leading up to when I was opened in '68.

The difference was, this time I could not pinpoint exactly what I was feeling nostalgic for. Nostalgia is defined as 'a sentimental longing or wistful affection for the past', but this felt deeper, more tragic, more to do with loss. I've had a lot of loss over the last few years – my dad and mum dying, then my younger brother and, nearly two years ago, my wife – all of whom I loved and now miss deeply – but it seemed it was even more than that.

As the days went by, I also experienced an old folk song welling up entwined with the emotion, one that was once a favourite of mine, years ago when I taught three-chord guitar to 9 year olds (working at Subud owned Crown House School – where I met my wife). It's called *The Silver Wheat* and is quite melancholic. The first verse goes:

When I was young I wandered free, like wind across the meadow  
A stray among the silver wheat without a path to follow.  
And wildly sang the summer bird, and gaily danced the flower,  
And roving sunlight wove its dream of joys that last forever.

After a carefree youth, the protagonist meets his true love, but worries that winter will come and their love will end (an analogy of the life and death cycle). However, it ends on an upbeat note – he will take the autumn harvest of joy and accept the inevitable winter. ●

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It has a really haunting melody, and, if interested, you can read the words and hear the melody on: <http://abcnotation.com/tunePage?a=www.joeoffer.com/folkinfo/songs/abc/680/0000>

It did remind me that in the early days of Loudwater Farm, the (then large) group formed a choir to sing English folk songs and one of them was *The Silver Wheat*... When Bapak visited in the 70s, the choir performed for him. He was not impressed, apparently, and asked, "Why do the English sing such sad songs?"

For me, what was being triggered by this song – the song acting as a ‘carrier’ – was a melancholic ‘vegetable-ness’, “The force that through the green fuse drives the flower” (Dylan Thomas); something connected with nature, flora and fauna, somehow mirroring personal loss. (Interestingly, I'm reading a book about the desecration of the English countryside since the end of the war by monoculture farming and commercial forestry; for example, 97 percent of the



*The view from my veranda and where I often walk.*

meadows that existed in the 1940s have now disappeared, along with 90 percent of our hedgerows.)

So, I began to piece together that my strong emotion was a longing for things lost... The ‘sceptered isle’ I was born into, my mum and dad, my brother, my wife, my youth, the early days of Subud (the power of it all, the hope, the sense of helping the world get straight and being part of all that). Maybe, too, approaching the end of my life and the things I hadn't yet put right that I should have, things I wished I'd done and things I shouldn't have done – the list was long.

But then I realised that experiencing this was ‘purification’, part of the Ramadan process, the gift of seeing oneself as one truly is, and that it had to be faced and gone through (and recalled from Varindra Vittachi's book *A Reporter in Subud*, Bapak saying to him when he once left latihan early, “Didn't you like the film show?”)

Then I was reminded that I was doing latihan with both my dad and brother when they took their last breath... and had been doing latihan with my mum and wife almost to the moment they passed... that feels quite a blessing, a privilege. In all cases their deaths were so calm, so quiet, just a gentle slipping away.

One morning after this, I went back to bed for an hour after the pre-fast meal – not to sleep, which had become impossible, but to do a Beatles style “Turn off your mind, relax and float downstream...” meditation.

Lying there, I was overwhelmed with this intensely blissful feeling of completeness, or rather the completeness I could achieve eventually, and was told that this is how the moment of death feels. In these modern, sanitized times, most people think death something horrible, something to be feared (as Woody Allen said, “I'm not afraid of death; I just don't want to be there when it happens.”). It was the fear of death that brought me to Subud 50 years ago, but I am now convinced, after this experience, that the moment of death, the moment of transition, is, in reality, something quite beautiful, intensely loving, welcoming, blissful... This comes naturally, as part of God's mercy; the latihan

removes the blocks to this merciful completion – the fear, the holding on, the ‘rage against the dying light’, as Dylan Thomas wrote. So all we have to do when the time comes is to surrender to the bliss and willingly let go.

And now, as Ramadan draws to a close, the song, the carrier, playing non-stop in my head is Bob Marley’s joyous *Three Little Birds*...

Singin’ "Don't worry about a thing,  
'Cause every little thing  
Gonna be all right..."

I think this will be my anthem for the coming year...

## From Bapak

The way guidance enters the soul is like that too. For example, when people die, God doesn't guide them by giving them a map [and saying], 'This is the road you must take.' No. God has already prepared their inner self so they can go through the gate of life after death. They're able to find their way there without any map. It's just like a bird: a bird has wings, and, without any conscious desire to use its wings for flying, it can fly - spontaneously. So God has prepared everything within each one of you; everything you need, for later as well as for now.

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## Subud Britain Congress & Family Holiday

21-26 August 2018

**EARLY BIRD DEADLINE EXTENDED TO 23 JULY!!**

We have lots of exciting news about Subud Britain National Congress in this article. First, we have decided to extend the early bird deadline to 23 July to give you an extra month to make the commitment to come before the prices go up!

**YOUTH GO FREE!!**

Because Subud Britain are duty bound to hold our Charity's AGM, and because we know that not everybody will be able to attend World Congress, yet still want to gather together, we have booked the opulent Culford Hall for British Congress for one last time.

The numbers of members of SB going to World Congress is more than we anticipated, which is great, but means that numbers for British congress are down. We have found it to be a little sluggish on bookings this year. Since we are now committed to a spending minimum with the venue, National Council have decided to put this spend to good use >



*Culford Hall, Bury St Edmunds, England.*

and allow all members and children of members aged 25 and under to GO TO CONGRESS FOR FREE!!!

This means free accommodation and food and everything. It includes all members and children of members 25 and under, from all around the world.

In this way we are investing in our Subud future and valuing the youth as the vibrant engine of our organisation. Donations are welcome, but your presence and participation is the most welcome. We think we have refunded all those who have already booked and paid for their 25s and under but if you think this affects you then get in touch with Donald.

### SPACE FOR THE KEJIWAAN!!

We are putting the latihan and testing at the centre of the Congress and promoting a significant programme of kejiwaan events for all who are interested.

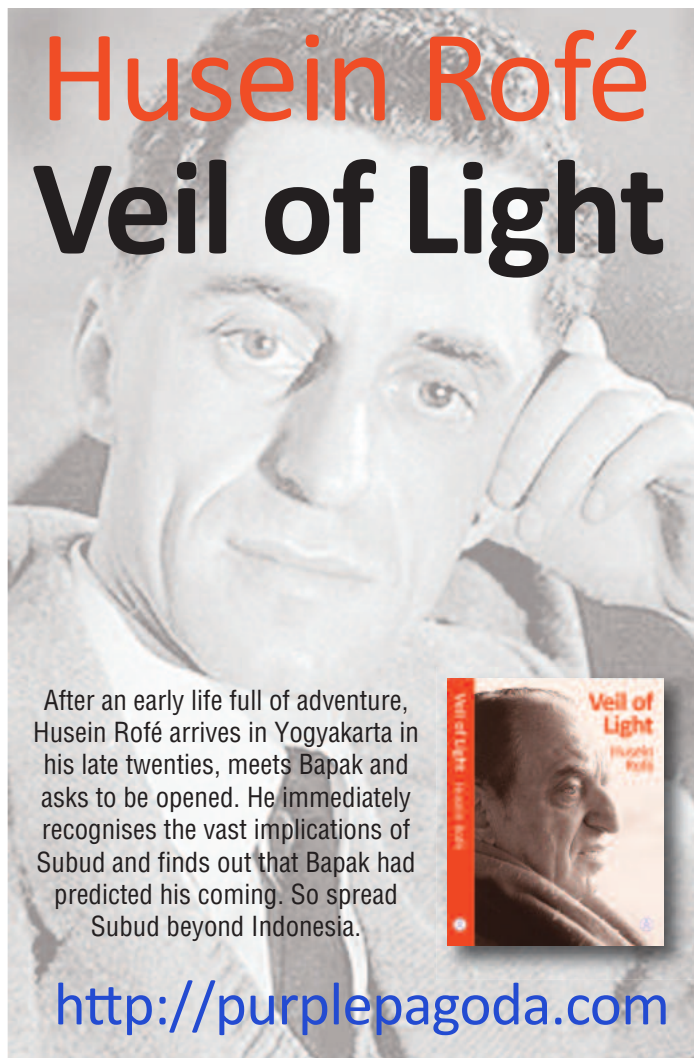
The rest of the programme will emerge spontaneously from the space made for the unexpected to arise from the kejiwaan.

The delegates programme and business days will follow the usual pattern, but come early for the dedicated kejiwaan days run by the regional and national helpers, and give yourself the time and space to immerse yourself in the latihan kejiwaan!

Bookings and details here: <http://www.subudbritaincongress.co.uk>

Donald, Lucas & Susannah, Congress Organisers [congressorganisers2018@subud.org.uk](mailto:congressorganisers2018@subud.org.uk) ●

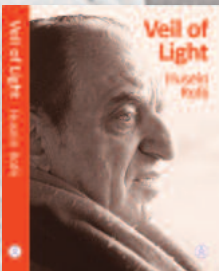
## A D V E R T I S E M E N T S



# Husein Rofé

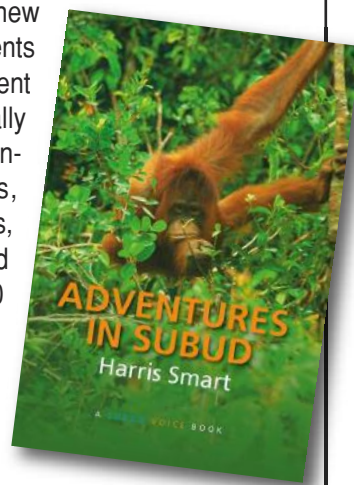
## Veil of Light

After an early life full of adventure, Husein Rofé arrives in Yogyakarta in his late twenties, meets Bapak and asks to be opened. He immediately recognises the vast implications of Subud and finds out that Bapak had predicted his coming. So spread Subud beyond Indonesia.



<http://purplepagoda.com>

**Adventures in Subud** is a new book by Harris Smart. It presents an overview of the development of Subud covering practically every aspect of Subud life including spiritual experiences, enterprises, welfare projects, cultural projects, health and healing and youth. It is 360 pages long with 120 illustrations including photographs and cartoons by Marcus Bolt and Dirk Campbell. It shows Subud as a dynamic movement combining spirituality and action in the world.

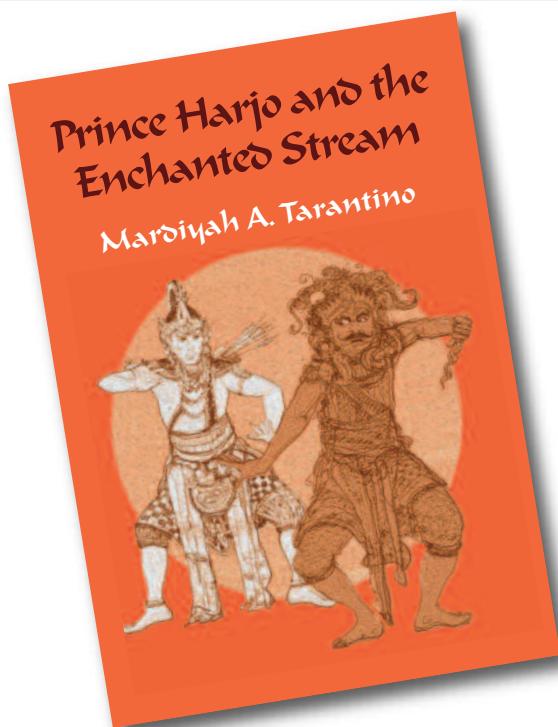


"A feast of a book... a masterful and at time heart-wrenching record of our Subud experience... replete with hope and disappointment, revelation and joy"...*Dr Livingston Armytage*

"A book that will open doors to enquirers about Subud and is a major contribution to our knowledge about Subud and its positive impact on the world"...*Valentine Navey*

"It aims at providing a ,one stop shop,, for enquirers with coverage of all aspects of Subud"...*Hussein Rawlings*

To obtain the book go to [www.lulu.com](http://www.lulu.com) and enter **Adventures in Subud** in the search slot on the home page



## Prince Harjo and the Enchanted Stream

*Mardiyah A. Tarantino*

This delightful little book is a story for older children. Set in Indonesia, it is a rich tale of discovering one's true self, told by a venerable Dalang (Wayang puppet master) to Michael, a young Westerner.

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