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Editor: Harris Smart

Pork Pie Charity





Almira Gil and her partner Phil Wilkinson.

Mini with Subud symbol.

Rosana Houthuesen writes from New Zealand...

Recently one of our Auckland Group members and her partner participated in the annual Pork Pie run for charity.

Quite some time ago Almira Gil and her partner Phil Wilkinson told the group about their intentions to take part in this charity run. I believe they own three original Mini's between them.

As chair of the group at the time I suggested that the group might like to make a contribution to the charity as it was to be Kidscan which through schools helps disadvantaged NZ children by ensuring that they have one correct meal, clothes and shoes.

Goodbye Pork Pie is a classic Kiwi comedy, a road trip movie from Kaitaia to Invercargill (and nothing to do with Pork eating)!!!

So for the 'run' 60 Minis old and new, travel in convoy (mostly) from the top of the North Island, Kaitaia to the bottom of the South Island, Invercargill, following the route of the Mini in the film.

It took them 6 days in total. The weather also seemed to be very kind to them which is amazing considering how it's been here lately!

Between themselves the sixty Minis raised 200k NZD.

The Subud group got behind the cause and a donation of

Excited about the Subud symbol...



\$1000 was given to the charity as well as some members contributing personally also. This meant that we were allowed to put the Subud symbol on the car (as sponsors) and Almira was very excited about taking it around the country!

Almira told me that in fact only one person asked about the Subud symbol.

However, she is thinking about keeping it on the car for the future, so maybe there will be more conversations later.

WISMA MULIA: A DISTINCT AND CREATIVE PHASE OF LIFE

Solen Lees, SDIA communications coordinator, writes...

"You think of an old people's home as somewhere people have gone to fade away. This is not true at Wisma Mulia. People here are very active: they travel, they maintain contact with their families, they have their hobbies, and many write and paint. Their time at Wisma Mulia is not a time of decline, but a distinct and creative phase of life."

This is what David Barker, co-founder of Wisma Mulia, says about this care home for the elderly in Gloucestershire in the United Kingdom.

David had the idea for Wisma Mulia in the late 1960s when he was working as a social worker in Dorset and bringing up his young family with his wife, Emma. The idea came to him through the latihan in a quiet moment and was a complete surprise. He had no relatives at the



Wisma Mulia

The home was built

time who were in need of such a space, and indeed was not remotely aware that a care home for elderly Subud members could be needed one day, as Subud at that time was very vibrant. However, the feeling to set up this project was very strong.

How it Started

in stages... Bringing together a group of friends who were willing to support him in the venture, in 1973 they bought a property with enough land for development.

The down-payment was funded through bank loans that were guaranteed by one of their group, and over the years, various fundraising drives and donations from the Subud Brotherhood International Foundation and Simon Guerrand allowed them to complete payment.

One of the members of the new board, Ruth Murray, who was in her sixties, went to live in the new property immediately. Others joined her progressively, including one Subud member from New Zealand. Later on, David's own mother lived there, as did his wife Emma's grandmother.

The co-founders of Wisma Mulia, along with David Barker, were Leonard Openshaw Stayner and Leonard Darlington. Later they invited more Subud members to join the committee. Lewis and Erica Sparkes worked there for twenty years as Managers and they made a tremendous contribution to the home and of course the residents.

The home was built in stages, with a fair amount of 'winging it'. "If we had three-quarters of the amount needed for the next stage, we would begin," says David, "and hope that the money would come in."

Luckily it always did, although it was sometimes not that easy. After years of struggle, the Board employed a consultant to help them to get government funding they had been turned down for in the past. The consultant applied and was granted what he asked for - £120,000! They were also awarded around £70,000 per year for running costs, and this subsidy lasted until around 2007.

Nowadays Wisma Mulia is financed by residents' fees, which according to David are very competitive compared with similar offers, supplemented by some reserves.

There are currently 22 residents in the care home and eight more living independently, with plans to build more sheltered accommodation in the grounds. David is still very much involved in running $\,\,\,\,\,$ the project, as Chairman of the Board, and Emma visits twice a week.

So what makes Wisma Mulia special?

"It allows individual residents to lead their lives how they would like to," says David. "It's not regimented at all. Because it's a spread-out community and not all one block, people have space. We have an art room and regular cinema shows

Allowing residents to lead their lives the way they want

and there is just a lot going on all the time. We also have very good carers working with us and there is a lovely feeling to the place.

This 'lovely feeling' can at least partly be attributed to the latihan, according to David. "Subud members have done latihan here for over 40 years; the residents are Subud members and so is one of the carers. It certainly has an effect – people coming to visit have said they feel a change when they come up the drive."

"Wisma Mulia means 'Honoured Home': honoured because Subud members live there in their old age. Bapak gave the name and the explanation of the meaning of the name. We truly have been honoured to have had so many Subud members living there."

For more information about Wisma Mulia, please visit their website: http://www.wismamulia.co.uk

FILLING THE CARE GAP WITH LOVE: MIS CORAZONES ALEGRES

Solen Lees, SDIA communications coordinator, writes...

In Colombia many people don't have a pension and healthcare provision is terrible, and now there

is an ageing population that has taken the government by surprise. Perhaps it is because of the successful peace process which means that fewer people are meeting violent deaths in the conflict.

Whatever the reason, increasing numbers of people are growing old. Life expectancy has shot up from 50 in 1950 to over 70, and Colombia had been transformed from a 'young' country with a high proportion of children, to an increasingly old nation – with all the challenges that go with this. These challenges have not been sufficiently taken into account by government planning, and there are not enough services to cater for this population.



Mis Corazones Alegres... a project for elderly people in Colombia.

According to Rodrigo Martínez Arango,

writing in El Colombiano in 2015, the city of Medellin - home to SDIA member Mis Corazones Alegres, a home for older adults – has 316,000 inhabitants over 60 years old. Of them, 41,673 receive subsidies from the State, as they are classed as living in extreme poverty.

The situation of many elderly people is precarious, a precariousness that tends to increase due to a longer life expectancy, difficulties in accessing a decent pension and a growing tendency of children to abandon their old and infirm parents. Traditionally, families have taken care of their elders – this is not a culture where people tend to be institutionalised. Nevertheless, with growing numbers of the elderly, there are more and more situations where their carers also have paying iobs that they cannot afford to give up.

Although there are now some day care centres where workers can leave their loved ones when they go to work, there are also more difficult cases of people who are so disabled that they cannot attend these centres, so residential care is the only answer for them. Medellin's Secretariat for Social Inclusion currently serves 1,250 seniors, who are totally unprotected, alone and without family, and according to the Mayor's Office, in the short term Medellín needs a geriatric centre that can

care for another thousand elderly people who have been abandoned.

The situation of many elderly people is precarious...

For the gerontologist Sandra Valencia, another problem is patients with diseases such as Alzheimer's:

"The priority, as a rule, to institutionalize an older adult, is that he is 60 years old or over ... There is supposed to be another type of institution for Alzhiemer's patients, but there is not. In Colombia, then, some of these patients under 60 years old are totally unprotected, as they are abandoned by their families who can't cope."

Trying to Bridge the Gap

The Mis Corazones Alegres Foundation tries to bridge this gap in care. Mis Corazones Alegres (MCA), founded by Matilde Orrego Rengife, a retired nurse, has been working for nearly a decade for the welfare of older adults with special physical, psychological and cognitive needs, in the city of Medellin. Currently housing 21 older adults, it describes itself as 'a constantly growing family, a home with open arms where everyone is welcome and where the commitment to the service of offering a quality of life to older adults is and will always be the priority'.

Unfortunately, despite the recognition by the authorities of the problems in care for older adults and those with disabilities, private not-for-profit homes such as Mis Corazones have difficulty finding funding.

Isabel Cristina Rengifo is Matilde's daughter and helps her run the home. She puts it like this: "There are subsidies from the government to help people care for older adults in their homes, and municipalities have day centres for older adults, both those in good health and those who are sick, as well as for people on the streets. The services of these centres are free for people without the ability to pay and/or who don't have families to look after them...

"There are also private institutions run as businesses that can have high fees. A third category is non-profit private entities, such as ours. We cater for people who are not quite destitute enough to qualify for state care, but who cannot pay for their care either.

"In Prado Centro, the neighbourhood where Mis Corazones is located, there are over 60 private institutions, many of whom are simply there to make money out of the older people and where conditions are terrible. Because of this kind of institution, small private homes like ours get a bad reputation and so it becomes difficult us to find funding."

Being tarred with the same brush as unscrupulous businesses is one obstacle to raising funds. Another is that big local corporations who may have been open to charitable giving have set up their own foundations into which they channel their money, meaning that they do not donate to external organisations. The municipality of Medellin supports several non-profit Elder Care homes, but is currently not opening its doors to other institutions. When it does increase its support, it limits its giving to new branches of the same large institutions.

However, the biggest obstacle to MCA receiving any state or local government support is that the rented house it occupies does not have the necessary infrastructure to meet the relevant norms. The solution to this problem would be for Mis Corazones to have its own house and renovate it to meet requirements, and this is what the foundation is working towards now.

The solution would be for Miz Corazones to have its own house...

77

It has a partner which is willing to contribute just over half the price of the foundation's current premises, and would need to raise a further \$70,000 including MCA's own contribution.

Meanwhile, Mis Corazones constantly struggles to make ends meet. Current residents pay around half the actual costs of their care. MCA is accepting more residents, but the newcomers will be people with their own resources, such as a pension, but whose families do not have the physical or mental capacities to take care of them. They will pay a higher tariff and thus help subsidise the current residents' costs.

Despite the daily struggle, MCA provides an atmosphere of joy and love for the people it looks after, which you can witness in their recent video.

https://www.youtube.com/watch?v=KxGxs-8gVCM&t=8s

OUR SUBUD STORY PROJECT

There's nowhere to hide! Our world-wide network will find you, and use various and devious methods, to extract your... STORIES

Subud Youth world-wide are on a mission to capture all your wonderful and extraordinary stories, before they are lost for ever. The project is called "Our Subud Story".

YOUR stories are OUR legacy and we want to preserve that legacy for ourselves and future generations.

Here's how we're going to do it...

We're not just mavericks...we're official... a SICA World Congress project, supported by WSA and in receipt of a \$500 from SESI awarded at Basara.

- Our website, will be launched this year
- A documentary will be shown at World Congress
- You can visit the 'Our Subud Story' café at Freiburg 2017
- Young interviewers around the world are adding to the growing collection of stories ...and here's how you can help!
 - · Say 'Yes' when one of our team asks to interview you
 - · Better still, write your story now and email it to us
 - Encourage members to interview each other
- Send us support, love and dollars via the donation button on the website. We need them and will put them to very good use. If you don't have the dollars and want to help, you could organise a fundraising event!

N.B. When you send in a story you should also complete the 'release form' below.

THE SICA PHOTOGRAPHIC VIDEO AUDIO – AUTHORITY AND RELEASE FORM

To be completed by representatives or others conducting interviews or program material gathering for the SICA PROJECT.

I/we hereby authorize SICA for (or its agent) to take and use any photographs,



Our Subud story team: Robiyanto Sumohadiwidjojo, who is building the website, and on the right is Konrad Munoz, who will produce the documentary.

video or sound recordings of myself (or member of my family) that I give consent for - either in full or in part, in conjunction with any wording or other graphics in SICA presentations of the above SICA project, including presentations, installations, exhibitions, print collateral copy, web-sites, so-cial media, YouTube as well as for media releases, effluents and print publications etc authorized by SICA.

I/we understand that the images may be altered or modified to enable publishing and hereby waive any right that I may have to inspect and approve a finished product or the copy that may be used in connection with an image that SICA has taken of me, or the use to which it may be applied - as long as this is only in conjunction with the above named SICA project.

I/we further release SICA and its agent, from any claims for remuneration associated with any form of damage, foreseen or unforeseen, associated with the use of the images.

I/we am of legal age and have full legal capacity to execute this authorization without the consent of any other person.

BAPAK'S STORIES

"Bapak had a great flair for telling stories that he made up on the spot. And when we were little, and when Tuti was still a child, Bapak often told stories, all kinds of stories. But we weren't smart. If we were smart and wrote these down at the time, we could now write books and make them last, because Bapak told many stories. Well, that was our fault. Bapak never said, 'write this down, take it down!' No. It had to come from us, but we did not have the initiative at the time and it's too late now. Perhaps it's God Will that when it comes to culture we have to start from zero."

Ibu Rahayu, Singapore, 10 March 2002

TRANSFERRING KALI GOLD SHARES TO MSF

There is a suggestion that Subud investors might like to donate their Kalimantan Gold Corporation (Asiamet Resources) shares to the Muhammad Subuh Foundation. Here Leonard van Hien writes to LUCIAN PARSHALL at MSF about it. Lucian has given permission for this to be published...

Dear Lucian

I would far prefer that procedural information about donating to MSF is promulgated by your good self. However if the MSF Trustees do not give the green light for that I would be asking Osanna and Harris to publish the attached article in SWN and Subud Voice.

It is important to provide Subud investors with information on the nitty-gritty procedural aspects of making a donation to MSF. In my opinion it is good for MSF's own name to be seen to be actively "out there" assisting Subud members.

On a nostalgic note, I recall in 1980 sitting alone next to Bapak on the sofa at the top of the steps to the back entrance of the Big House in Wisma Subud and talking about Kalimantan, and also being in a small group of members upstairs in the Big House on several evenings when Bapak talked to us freely about the possibilities.

Much has happened since. On the mineral exploration side all we have left are these shares in Asiamet Resources, collectively worth potentially millions of dollars to Subud. Forty years on I feel it would be a dereliction of my duty if I did not now do everything to help shepherd as much of that value as possible towards MSF, rather than witness it languish in dusty forgotten files for want of effort. I hope that I am not merely stirring up apathy!

Kind regards, Leonard

PS - as a footnote, as I am sure you .appreciate, it is pointless for Subud investors to donate their Asiamet shares to Subud bodies if those bodies do not have access to a London stock broker account. MSF exists precisely to assist in situations like this.

ASIAMET RESOURCES (previously Kalimantan Gold Corporation) – DONATING TO MSF – DETAILS FOR COMPLETING THE STOCK TRANSFER FORM Leonard van Hien writes from Jakarta...

For Subud investors in Asiamet Resources who are "stuck" because they do not have a London stock broker account and are, therefore, unable to trade their shares in the open market on the London Stock Exchange, and who are unable to sell to a private buyer, it is now possible to donate the shares to the Muhammad Subuh Foundation by completing the Stock Transfer Form.

That Stock Transfer Form, along with new share certificates, should have been received in April from the company's share transfer agent (Computershare Investor Services) by all those who continue to hold these shares (and whose address has been kept up to date with Computershare).

Now that the company is no longer listed on the Toronto Stock Exchange the procedures for transferring these shares are much simplified. In particular, there is no longer a need to obtain a Medallion Guarantee, a Canadian regulatory requirement that proved impossible to satisfy for most investors living outside North America.

Two pieces of information that donors will need in order to complete the Stock Transfer Form are the address of the Muhammad Subuh Foundation and its Share Registration Number. These should be entered on the Stock Transfer Form as follows:

Muhammad Subuh Foundation

8408 SE 33rd Avenue

Portland, Oregon 97222 USA

Share Reference Number: SRN: C0030008839.

If donors have questions about the share transfer procedure information may be requested from Lucian Parshall, Executive Director at MSF.

If investors have not yet received the new share certificates they may call or write to Sophie de Freitas, Client Relationship Director of Computershare at: Computershare Investor Services (Bermuda) Limited, c/o Queensway House, Hilgrove Street, St Helier, Jersey JE1 1ES, UK. Telephone +44 (0) 370 707 4040, fax +44 (0) 370 873 5851 www.computershareoffshore.com

MY FIRST PILGRIMAGE TO BAPAK'S HOMELAND

Kadariah Nguyen writes from Vietnam...

I have never written anything for publication before, but in my latihan in group yesterday, I received movements of writing. After latihan I wondered what I should write because I do not have anything to write. However, today I feel I should write about my trip to Cilandak and send it to you. I do not know if what I received is right or not, yet I hope I can share some of my feelings with my Subud brothers and sisters.

In May 2016, I felt that I was blessed by God and Bapak to have a trip to Cilandak, Pamulang and Suka Mulia with some other Vietnamese Subud members. I have had a strong wish to make that pilgrimage for a long time, ever since I joined Subud more than ten years ago after reading some sto-



Kadariah in front of the latihan hall in Cilandak.

ries from the Subud members who came to live in Cilandak when Bapak still lived there.

Up to now in my memory, Cilandak is always the most peaceful place with the most ideal accommodation I have everexperienced in my life. I so much love the tranquil and mild atmosphere at Cilandak with green tropical trees, plants and flowers and especially the area around the impressive large latihan hall, even though the weather was rather hot in that season and the front street is noisy and crowded. There was a strange difference between inside and outside Wisma Subud!

Staying in the Wisma Subud compound among the community of Subud members of different nationalities was a wonderful feeling. Especially for the visitors who stay in the Guest House of Yayasan Subud, which is Bapak's house for Subud members from other countries when they visit Cilandak.

Feeling the Presence of Bapak

During the time I stayed in the Guest House, I sometimes felt the invisible presence of Bapak there. Taking a leisurely walk around Wisma Subud, enjoying the especially peaceful



atmosphere there, or admiring the Subud members' houses with their multi-cultural architectural styles. Everything in this community was relaxing and light.

I felt the Subud members living there both now and at the time of Bapak have been so fortunate to have a great opportunity to develop their souls and lives. Like other Subud brothers and sisters from abroad visiting Cilandak a long time ago, I had wished to visit the houses of Bapak's senior helpers and secretaries who have been well-known in Subud circles around the world because of their wisdom and experiences; people such as Pak Sudarto, Dr. Prio Hartono, Pak Brojo Lukito and meet them.

Although I consciously know all of them passed away years ago, when I arrived at Cilandak, I asked sister Mulyati in Yayasan Subud to show me their houses so that I could stand outside the fence to have a look at their houses feeling regret for not having met them because of the long generation difference. I heard Ibu Sudarto and Ibu Prio Hartono were very old and sick and had to stay in bed, so I could not meet them.

Fortunately, an Indonesian Subud sister introduced me to Ibu Brojo Lukito at the latihan hall and we had a short, friendly and touching conversation. I felt deep sympathy for her loneliness and sickness at her old age without children. Sometimes I wish I had lived at the time so I could meet Bapak and the senior helpers in this world. I am fortunate to have met Ibu Rahayu.

We were lucky to be shown Bapak's house and garden in Wisma Subud. Now a part of the house is rented by a language and business school of the British Council; the other part is the nice white building, Adi Puri, belonging to Yayasan Subud as a place that can be hired to hold weddings, meetings, and conferences for people inside and outside Subud.

Enthusiasm and Hospitality

We were helped by some good-hearted Subud members to see Bapak's living room and bedroom in the language school and Adi Puri although there were no longer signs of those rooms former life.

We highly appreciated the enthusiasm and hospitality of Subud brothers and sisters in Cilandak who helped us a lot during our time there. I was impressed and surprised at the fact that the people in Wisma Subud understood what we needed and they readily offered their help to us before we dared to ask them. Maybe they have already got the quality of Susila.

I was deeply touched by the way Subud brothers and sisters in Cilandak and Pamulang treated us. We felt they behaved towards us in a very kind manner like true brothers and sisters in a family despite the differences in culture and language. I will always be grateful for all they did for us with their enthusiasm, hospitality, kind hearts and polite manners.

I can say that Subud brothers and sisters in Cilandak and Pamulang, both Indonesian and non-Indonesian members, set a good example in their warm treatment and heart-to-heart behavior towards the members from other countries who visit Cilandak as a "holy homeland" and historic site of Subud. They are mature brothers and sisters in the large family of Subud with Bapak as the father and Ibu as the mother and all other members as siblings.

Meeting Ibu Rahayu

With his great hospitality, Pak Sudanang offered to drive us to Wisma Barata in Pamulang to do latihan with Ibu Rahayu and the Pamulang group and visit Bapak's house there. Pak Sudanang guided us to Bapak's room and we all stood calmly to feel the latihan where Bapak spent his last days on this world.

The latihan hall in Pamulang or Pendopo in Bahasa Indonesian is majestic and has the stylish features of Javanese culture. I felt so blessed to have the opportunities to do latihan with Ibu Rahayu in the Pendopo, my long long





time wish. We were moved by the warm welcome of Ibu's family members such as Leonard and Indra van Hien, Ridwan, Raymond and Muti Lee, etc.



The people at Wisma Subud were very kind and hospitable... "

Ibu Rahayu kindly treated us like she was an indulgent mother who welcomed her children returning home from remote areas. Ibu showed us the house of Bapak and advised us to feel like when Bapak was living there. She offered us and Pamulang brothers and sisters her food and drinks after latihan.

Sister Rukmini, a helper at Pamulang group, advised me to take the food as a blessing from Ibu Rahayu. How delicious Ibu's Indonesian sweet soup was! I enjoyed it a lot! Ibu arranged a short meeting with us with Raymond Lee's help in translation before we left for Vietnam.

Visit to Suka Mulia

Our trip to Suka Mulia in Cipanas, Bapak's burial place, happened on a very beautiful day and it was so wonderful. We arrived there with the enthusiastic help of the Subud brother who is a safeguard of Wisma Subud and he played the role of a driver and a tour guide in our trip to Suka Mulia

and Suka Mandiri (I am sorry for not remembering his name).

The sky of Cipanas on that day was amazingly blue and transparent and the weather was cool and pleasant. Suka Mulia appeared majestic, breathtaking and very holy. I am silently thankful for the people who devotedly look after the historic place daily to keep it clean and beautiful so that Subud members from all over the world can come there to pay their respect to Bapak and his family members who passed away.

Suka Mandiri, designed by Pak Luqman McKingley, which is about some hundred meters from Suka Mulia is a nice and lovely place for pilgrims to have a rest and a meal. Outside the glass walls of the house in Suka Mandiri are the graves of several Subud brothers and sisters including Pak Luqman McKingley, his wife and his mother. I think they wished to be near Bapak in the next world as they used to do in this world.

I would like to thank to all of the Subud members I met in my trip to Cilandak and Pamulang, you are great brothers and sisters and I am lucky to have in my life. I also would like to tell other foreign members who have never



Kadariah at Suka Mulia.

been to Bapak's home that Cilandak wholeheartedly welcomes Subud members around the world. When you look for a good place to spend your holiday, Cilandak can be the best choice if you need to find a peaceful space with warm love yet simple and affordable accommodation and you can experience light latihan in the halls built by Bapak in Subud brotherhood. I myself long for another journey to Cilandak some day.

WHAT'S HAPPENING WITH WORLD CONGRESS?

Romina Vianden-Prudent WCOT Coordinator writes (24 April 2017)...

The upcoming World Congress 2018 in Freiburg is a source of great joy, inspiration, fulfilment, and at the same time a big challenge – for Subud Germany and Zone 4, for the officers and the team and, naturally, for me and my family. Beyond words is the grace that I feel comes with this job, and a kind of resilience which I think is an inevitable quality during this period.

The team consists for the moment of more than 20 people, mostly from Germany. We are lucky to have sisters from Austria, Britain, France, Lithuania, Netherlands and even Canada and Indonesia working with us, some of them as translators. After an initial process of team-building and sorting

out fields of work, we initiated some policies, guiding principles and procedures to structure our work (don't forget: the Coordinator is German!!!).

But, like cucumber that never followed the European ruling to become straight, our team follows its own path with the heedful company of our national helpers.

Our structure today shows two levels: 1. WCOTeam and 2. Steering Circle. The first is the vessel where the broth is boiling. 28 people are working at the moment in the WCOT. Ideas and concepts, activities and planning, motivation and enthusiasm, all of this is placed here and builds the mould to create the foundation of the Congress.

We structured the WCOT recently in 6 sectors (Finance, Program, Customer services, IT + Media, Marketing + PR, Facility Management) and each sector is now headed by a sister/brother



Romina Vianden-Prudent, WCOT Coordinator.

who has the capacity (especially in terms of time) for more intense involvement in the work. The steering circle is formed by these 6 people and they establish the appropriate temperature for the broth to boil at and add some spices. Understandably, it is easier for decision-making and to keep to the budget-line to meet in a smaller group. These two committees meet alternately.

We recently discussed, and deepened our understanding through testing, the appropriate amount for the registration fee. The majority felt that we should agree on a low price strategy, knowing that by doing so we will have to fill in gaps with sponsoring and donations. But we want to allow as many members as possible to attend the congress. The registration software and website, the logo, visas, congress bazaar, accommodation and catering, tourism and family program, are the items that keep us busy at the moment. Others will follow soon.

We will attend some of the upcoming national congresses in Europe, the SDIA AGM and other events in line with the financial possibilities to provide face to face information and the opportunity to share impressions about the city of Freiburg. The Zone 4 meeting in Greece and the WSC meeting in Freiburg, both this summer, will give direction to the architecture, program and nature of the Congress 2018.

We send out newsletters on a regular basis.

Please drop us a line at worldcongress2018@subud.org if you want to receive it.

For me, the keys to a successful period up until July 2018 for are: The well wishes of our brothers and sisters in Subud, patience amongst those who have to work closely together in the different teams, and the individual willingness to work hard with the help and guidance of the Almighty!

This article first appeared in Subud World News www.subudworldnews.com

HOMELESSNESS IS A HARSH REALITY

Lorena de Silva, ex-Board member, SD Britain, writes...

In the past I have seen poverty, need and social exclusion in India, in Sri Lanka and in South Korea, and parallels are now in evidence in the UK.

Anonymous, lonely bundles huddle against shop walls, cast into a noman's land where access to basic human needs is closed. Anything between 20 and 100 can turn up in the OPEN CENTRE (Canterbury City) for lunch, and many are young.

Listening to the stories is both heartbreaking and humbling. Their selfesteem and confidence is shattered through the treatment they have to bear from some of the passers-by. Being kicked, spat on, and urinated on – or even worse.

Just the other day, I met a young woman at the Centre who had walked from Dover to Canterbury to access the Centre's showers and



laundry and have a meal. Because she had received these, she glowed. What a lesson to our materialistic world. And as one speaks with them, one's own heart is opened and widened – they are the real gift.

Do you feel inspired to support Susila Dharma? You can make a donation on the SDIA website to support those who have put their inspiration into action:

https://www.susiladharma.org/donate-now Or you can mail a cheque in US or Canadian dollars to SDIA, 572, rue Empire, Greenfield Park, Quebec, J4V 1W2, Canada. Or contact us at this address or by email info@susiladharma.org for other ways of donating or making a bequest."

ALIÇA TIBBS: TRANSFORMATIONS OF AN ARTIST

I first saw the work of Aliça Tibbs when she was about 17 and still at school. She was already an accomplished artist. What she was mostly doing then were drawings of nudes on big sheets of paper from her life class. They were really striking drawings, bold, boisterous, exuberant, joyous and celebratory, expressive of a lively personality.

Over the years I have watched her go through several transformations as an artist. Recently I was able to catch up with her in a café in the Melbourne suburb of Northcote after Sunday latihan. At the same table, Aliça's husband Anthony, talked with his mother Daphne, former chair of Subud Britain recently arrived back in Australia, and her husband Rasjid. It was pretty noisy but I hope I captured most of what Alica said.



Alicia with friends

Aliça was born in Wollongong, Australia, in 1987. She comes from a well-known family in Subud, the Bryson-Haynes. She's the second child of the four siblings, preceded by Immanuel, and followed by the twins, Steven and Albert.

Her father, Luqman, was a successful developer of business software, now more involved in permaculture, while her mother, Irmana's, talent is in art and craft. The family travelled a lot as Aliça was growing up, moving from Wollongong to Perth, then to Broome where they had a mango farm, and then to Melbourne.

I asked Aliça when she first conceived the idea of being an artist.

I was very young. It was in Grade 2. I was probably influenced by my mother's interest in the arts, but for me it was basically a natural inclination. I love beautiful things. I collected stamps and shells. I had a book full of pressed flowers. I made little story books. I got great pleasure from using my hands and from the beauty of objects.

In my final years of high school, Years 11 and 12, I went to a special school where I was able to study for the VCE exams but also attended TAFE (Technical and Further Education). At both places I was able to study art. As well as my daytime classes I was going to life drawing two or three nights a week.

I also became very interested in black and white photography and felt I was better at that than drawing. In these final years of high school I won some awards for photography. I liked to do experiments like finding my own ways of solarising the film. One project I did was to take photos of my brothers and then transform the images through scratching and colouring. It was a magic experience working on these images in the dark.

Travels and Training

When I finish school, I was offered a place to study sculpture at Monash University. That was interesting be-



Art that transforms everyday objects...



cause I really hadn't done any sculpture up to that point, but perhaps it was a sign for the future.

However, I didn't take up the University place but went to England where my mother and father are originally from. I became an au pair and lived with my grandmother in Somerset and helped look after two young cousins. I didn't do very much art. It was a time of connecting with my English roots.

It was also when I was opened in Subud and changed my name.

Then in 2006, I went to Indonesia for a year, to BCU School in Rungan Sari where I taught art and sport and some English to the little ones.



Pile of lime on a farm; one of the objects that inspired "circling".

Then I went back to England to a town called Farnum, a very attractive town, where I studied Creative Arts for a year. I transferred to Kingston near London where I did a three year Bachelor of Fine Arts in painting and printmaking.

My graduation show included mask-making and some paintings done on Windows. I was exploring the nature of space in a canvas and the canvasses were becoming like sculptural objects. I was seeing them in three dimensions. I also became interested in the way they were lit.

I came to Melbourne where my parents were living and in 2010 began a Masters at RMIT (Royal Melbourne Institute of Technology). The approach there was very conceptual with an emphasis on the use of materials and working collaboratively.

My work became more multi-disciplinary and concerned with installation. I became part of a group called COA-LESCE. This was an art collective within the RMIT school which passed from generation to generation of students.

66

Creating a sense of wonder and surprise...

"

This taught me a lot about collaboration and I did some video projects with other artists. I formed ongoing relationships which are still very important to my development. I became interested in using everyday objects and modifying them. I did a project about

camouflage, for example.

Circling

Once, another artist and I were planning to do a project in the Blue Mountains in New South Wales, but there were terrible bushfires and the place we were supposed to go to was burnt out.

So we went to Wollongong where I took photographs of the houses where I had lived with my family when I was growing up. On the way back to Melbourne, we stopped at a town called Cowwan where there was an art gallery which offered us a residency.

We decided that since we had not been able to go to the Blue Mountains we would create our

own mountain. We became interested in situations where you would have to walk around something. Like walking around a bonfire, or walking around mounds of dirt, or walking around a big pile of lime used as fertiliser on a farm. This concept of "circling" gave birth to several art works.

We were interested in how you could circle these objects. Two people might be walking in opposite directions and then you would meet each other and then not meet again until you had circles. This culminated in a work at The Convent in Melbourne on their Open Day. We created a rocky mountain out of rocks made of papier-mâché that people could circle.

What has become increasingly important in my work is creating a sense of surprise and wonder.



"Circling" at the Convent in Melbourne; rocks made from papier mache.

Puebla

I became involved in SICA Australia, working with Mitchell Reese and Marlena Basser. I really

enjoyed working with them, both such strong and passionate people. I did it for a year and got an understanding of how SICA works. We offered small grants to assist people to take projects to the World Congress in Mexico.

Naturally, we faced all the usual problems of how difficult it is to communicate in Australia over the vast distances that separate us. But the experience gave me a new outlook on the Subud organization. When you grow up in Subud, you think it's very complicated, all this organization, but as you get older, you become more realistic and you see that it is all about bringing people together.

At the Puebla Congress., I did two projects. One was called "Mexican Wave" and the other was called "New Limbs". I went to Puebla for a couple of weeks before the Congress and both these works grew out of what I saw there. I was fascinated by how the Mexicans enjoyed gathering in public spaces like city squares, and the other was how they loved balloons. Everywhere you went you saw balloon-sellers on the streets.

So I decided to do a public art work around these ideas. In "Mexican Wave" I carried balloons into one of these open spaces where there were many people of all ages. They weren't conventional balloons but latex gloves blown up with helium. Then I handed out the balloons to anyone who wanted one. My supply went very quickly. The idea was to connect people in the space and have fun and joy so they could all become part of a "Mexican Wave".

For "New Limbs" I festooned a tree in a square in a mall with those same blown up latex gloves. The aim was to give new life to these trees, give them new limbs again, and create that sense of wonder and spectacle. It was a social experiment. How do people react when confronted by something unexpected?

I got amazing reactions. People stopped and stared. Some laughed, some were puzzled, some people found it beautiful. One man came up to me and said that these hands on the tree represented worshipping God.

My work is not so much there to be understood as to awaken that sense of wonder in people. The work is intended to be playful and light, bringing joy and humour. But there are multiple layers of meaning. For instance, "New Limbs" depicted the cycle of nature, birth and decay, as over time the balloons deflated sagged and shrunk.

Community Artist

Since the Congress, back in Australia, I have worked as a community artist for a number of local councils. The work has always been about public art and often carried out in collaboration with other artists. A work in Heidelberg West, "Shapes and Colours", encouraged people to add their favourite shapes and colours to a wall.

Another project involved working with women from the Pacific Islands who had a weaving circle. We created a public artwork where they wove around a fence. There's been a series called "MORA" with the Moreland City Council transforming everyday ob-



Assembling "New Limbs" in Puebla.



Community art work. Transforming everyday objects.



Installing community art work at Northcote railway station. "Art in Real Life: An Exhibition in many places."

jects. For example there was a heritage listed lamppost outside the town hall which we covered with gold leaf.

Working with another artist, I also run a small ceramic business called RARA from my home studio. We make homeware like cups and dishes and also things to wear, necklaces and earrings. We sell them at a market called Finders and Keepers.

I've been getting some attention from the media lately. I've recently had write-ups in the magazines Frankie and Yen.

I look forward to watching Aliça's development in the years to come. I am sure she will continue to create surprise and spectacle and bring joy and fun.

To see Aliça's work including photos and videos go to www.Aliçabrysonhaynes.com

And for RARA Studio http://rarastudio.com



Tableware from RARA Studio.

How do people react when confronted by the unexpected?



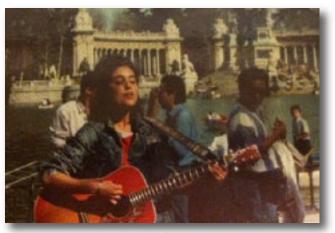
MEETING LEONARD COHEN

How I kept darkness at bay in Middle East war zones and beyond...

Enjoy Hadani Ditmar's moving article about her meeting Leonard Cohen — including the video of her beautifully singing one of his songs, a video made when she performed for Poems for Peace and Unicef in Vancouver a few years back.

Bravo, Hadani!

http://www.middleeasteye.net



Hadani Ditmars.

BSO FEAST OF MUSIC LEAVES AUDIENCE SATIATED, SATISFIED

By Judy Harrison, BDN Staff (Posted May 10, 2017, at 4:13 p.m. From Bangor, Maine, paper) One of Lucas Richman's great strengths as music director of the Bangor Symphony Orchestra is his willingness to introduce concert goers to unfamiliar works that are as well-crafted as those written by the world's best-known composers.

The BSO closed its season Sunday at the Collins Center for the Arts with a concert called "Celebrating Women" that featured the works of Fanny Mendelssohn and Amy Beach, both born in the 19th century, along with a commissioned piece composed by Richman.

The orchestra performed the varied musical styles with grace and gusto, but the complexity and depth with which players performed Beach's "Symphony in E Minor" is what clung to concert goers as they headed home. Composed in 1896, it was the first symphony by an American woman.

Also known as the "Gaelic" symphony, Beach drew inspiration from a collection of Irish tunes, published in 1841, the program notes said. Soloists Trond Saeverud on violin, Michael Dressler on oboe, Kristen Finkbeiner on clarinet and Katie Hardy on English horn performed beautifully. It was another fine example of Richman showcasing the breadth of talent under his direction.

Mendelssohn lived in the shadow of her more famous brother, composer Felix Mendelssohn. She composed more than 500 pieces, including the "Overture in C," which opened Sunday's concert. It is her only known work solely for orchestra, according to the program notes.

Beach's symphony was a full meal of sound compared to Mendelssohn's bite-sized overture, which was light and airy as a miniature cream puff. The orchestra performed it with serenity and joy, but it was not equal in



He has taught the audience to embrace new works...



complexity to Beach's piece.

Nearly every year since Richman was named conductor and music director in 2010, he has composed an original piece, often commissioned by a BSO supporter to honor family members. "The Dream I Share" honored the life of Betty Lupton Donahey, who died in 2014 in Blue Hill at the age of 94.

Donahey dreamed of being a journalist, her daughter Roxanne Donahey of Blue Hill wrote for the program notes. The times in which she lived made it impossible for her to fulfill that dream, but she wrote poetry.

Richman used the elder Donahey's writings to create a piece that celebrated generations of women through one woman's experience in music and her own words. The maestro turned to his own family to portray the college student, the wife and mother and the woman in her twilight years.

His mother, Helen Richman, his sister Kelly Lester and niece Jenny Lester, all of California, brought Donahey's musings to life. A chorus of female voices helped give a universality to the work, which somehow combined the musical complexity and simplicity of Beach and Mendelssohn's works. The audience embraced Richman's family as if it were its own.

endelssohn's works. The audience embraced Richman's mily as if it were its own.

Richman has successfully transformed what for more than

100 years was a community orchestra into a professional one. He also has taught symphony supporters to not just tolerate but to embrace new works. Nearly every concert seems like a feast that leaves concertgoers satiated and satisfied.



Lucas Richman. He has transformed Bangor Symphony from a community orchestra into a professional one.

THE LEVELS

Latif Tinker sent a poem by Rumi, the 13th century Persian Sufi mystic...

I died as a mineral and became a plant,

I died as a plant and rose to an animal,

I died as an animal and I was human.

Why should I fear? When was I less by dying?

Yet once more I shall die human, to soar with angels, blessed above. And when I sacrifice my angel soul I shall become what no mind ever conceived.

As a human, I will die once more, reborn, I will with the angels soar. And when I let my angel body go, I shall be more than mortal mind can know.



An Ottoman era manuscript depicting Rumi.

(From "Sacred Presence" (facebook) Dec 17 2016)

The poem drew some comments. From Reynold Ruslan Feldman...

"The seven levels were not Bapak's invention. The Neo-Platonists and the Sufis got there first."

And from Emmanuel Williams...

"I know of 3 books by Subud members about the energies... Salamah Pope's *The Pattern of the World*; *A Guide for the Perplexed* by Schumacher, and the Thom's book, which I believe is called *Being Human*. I'm thinking of writing another energies book, one that's more accessible, an introduction for millenials. We no longer have a clear map or ethical system for evaluating human behaviour, and the hierarchy of energies provides this.

CELEBRATING THE BIRTHDAY OF SUBUD UKRAINE

Rebekka Sandra Lykhatska, on behalf of the Orgateam, writes...

This year, in July, is 25th Birthday of Subud Ukraine.

On this occasion - God Willing - we are going to have a gathering in Cherkasy on August 24-27th to celebrate this event. Of course, we would like to invite Subud Brothers and Sisters from around the world to join us and spend time together – to do latihans, talk, have fun, sing, play music, walk around the city, have picnic on a bank of the river Dnipro, swim etc.

A program will appear in detail as soon as the number of participants is known.

As for accommodation, we have hotels and apartments with prices from \$15-20, and more for one person /room /night depending on a participant's preference.



A recent picture of Subud Ukraine members, including visitng International Helpers, Arifin Konrad and Dahliani Drezja.

Price for one meal for one person is \$2-5. In August there will be plenty of fresh fruit and vegetables here. Deadline for registration is July 20th.

CONTACT SANDRA sandralati@gmail.com mob. +38 067 720 3660.

25 YEARS OF SUBUD IN THE UKRAINE

This summer Subud in Ukraine celebrates its 25th birthday. What a great chance to meet all together and recollect how Subud started here...

Yes, 25 years have passed since that day we first heard the word "Subud", spoken from the stage of a big conference room, first in Kiev and then in Cherkasy. Emmanuel (then Seth) Aronie came to Ukraine from the USA, together with a group of healers on a program-trip called "A Healing Arts Workshop Program in the Soviet Union" (hypnotism, fire walking, aerobics, meditation, etc).

Among them there were some of his good acquaintances, who had invited him to join them,

Emmanuel said, "I asked if it would be within the guidelines of the program to present Subud, and the answer was yes."

So, Kiev, May 15, 1992: first each "healer" makes a presentation, which will be followed by 3day workshops, and the people choose which to attend. In his letter from Kiev to Subud USA, Seth wrote, "First night in Kiev, about 300 people showed up for the general session, in which all the ten "healers" made their presentations.

My introduction went for six or seven minutes, with translation. But before I made this short talk, I already felt some light energies. In fact, as particular people took their seats in the audience, I felt several times an impulse inside. As you might expect, these were the people who ended up coming



Seth in the background with Ukrainians members.

to the Subud workshop and being interested in the latihan.

In Cherkasy, a city one eighth the size of Kiev, 22 people came back a second time and "signed the book". In Kiev, 31 people – 22 women and nine men signed up. The sex breakdown in Cherkasy was similar - 16 women and six men. Why the women were more touched, I have no idea. The great majority reported having significant inner experiences, before or during the workshops."

Seth had no choice but to start applicant meetings (men and women together, for which we jokingly called him papa-mama). He was staying in Kiev and coming to Cherkasy every two weeks. While doing so, he remained in correspondence with the IHs. After two months, IHs Kadariyah Gardiner and Leonard Lassalle, assisted by Istafiah Ishar'ç, a Russian speaking helper from England, came to conduct the first openings.

In all, a startling total of 98 people were finally opened in Ukraine and almost all sang and moved straight away. Emmanuel did not leave us but stayed in Ukraine for a year, shuttling between Kiev and Cherkasy to do the latihan with his new brothers and sisters and talk about the latihan. This was very important for strengthening Subud in Ukraine.

In autumn Subud started spreading – people in two more cities – Dnipropetrovsk and Kharkiv – got interested, which resulted in the establishment of Subud groups there. Subud had come to Ukraine...

Afterwards Emmanuel visited Ukraine several times, working as a teacher of English in Kiev

and Cherkassy, regularly visiting all Subud groups, participating in applicant meetings and openings, helpers' activities, formal and informal meetings, parties and talks.

He was such a good example of service, respectful attitude to the Latihan and surrender to God. And he still visits us, sometimes even twice a year, and we enjoyhis company very much and are glad when more and more non-Subud people, especially youth, have also a chance to spend time with him and hear about Subud.

We were really lucky then: our Subud brothers and sisters from abroad kept visiting us and supporting in all aspects – spiritually, morally and financially. Here are



IHs Leonard Lassalle and Karadiyah Gardiner with Marsiya Belinska during their visit in 1993.

just some names: Sharif and Tuti Horthy, and Sharif's mother Rahmaniyah Bowden first visited us in August 1992 and then were here several times.

Helena Milan came from England in November 1992 and lived for almost a year in Cherkasy and made trips together with Emmanuel to other Subud groups. Lucia and Rainer Witt, helpers from England were among the first visitors and left wonderful memories of their visit.

Patricia Lacey (we lovingly called her Patrisha) who came to attend one of our national congresses and then stayed in Ukraine for some time, particularly in winter, visited Subud groups in Cherkasy and Kiev, and was so brave, at her age, to go by an overnight train to Dnipropetrovsk and Kharkiv. She gave English lessons, shared her reminiscences about Bapak with many funny stories that caused a roar of laughter among us. ... Hamilton and Hassanah Wilson (UK) as IHs at that time...

Osanna Vaughn in her numerous Subud functions (even as a WAS chairlady!) visited Ukraine several times. Very straightforward, knowledgeable and open to contacts, a person of creativity, humor and so many talents...her playing the guitar and singing are still in our memories. ...

Maya Korzhybski in her role as a WSA Executive chair, with such a feeling of strong Latihan in her presence, is still alive in our inner memory. One day Maya promised to visit us once more, so that we are still waiting for her visit! ... Daniel Cheifitz in his role as a WSA chairman.... Ilaina Lennard, editor of Subud Voice and a big friend of Subud Ukraine.

When she learned from Emmanuel that Subud had come to Ukraine, she immediately organized a free subscription to Subud Voice for all the Ukrainian groups and for our translations and publications unit.

It was a very precious gift because it helped us feel part of the World Subud Association (WSA)... Harold Temple of Ukrainian origin from Australia visited us several times, living for many

months in Ukraine. He helped us start the translation and publication of Bapak's talks.

His approach was very scrupulous. He devoted great attention to explanations about the spiritual meaning of this project and worked individually with each translator of the newly established translation group.

At present, thanks to the WSA - especially SPI and the Guerrand-Hermes foundations - we have a well functioning translation unit (27 volumes of Bapak's talks, more than 150 Ibu Rahayu's talks, Autobiography and Susila Budhi Dharma by Y.M. Bapak, 20 books and booklets by Subud authors, four sets of information for applicants approved by ISC. Special thanks to Leonard Hurd, Istafiah and Rid-



Ibu Rahayu, Ibu Yati, Sharif and Tuti with Ukrainian musicians in Cherkasy.

wan Ishar'ç, Maxwell Shorter, Emmanuel Aronie, Tuti & Sharif Horthy and Raymond Lee for their consultations and clarifications concerning translations and publications.

Valentin Willecke and Samuel Simonsson from Germany, and Maarten Giel from Holland came on a visit in 1996 to set up the so-called Revolving Fund established thanks to donations of several Subud entrepreneurs. The purpose of the Fund was to help Ukrainian Subud members start their own small business and further direct and teach them in this process. They came several times to conduct workshops where they were explaining about the purpose of the Fund and, in general, about how to start and run enterprises

Afterwards. they came several times to visit the newly established enterprises in Kiev and Cherkasy. Unfortunately, due to Ukrainian currency default in 1998 and other reasons, most enterprises failed, but the experience was tremendous. And we will always remember with warmth their willingness to help, to share their experience, to give advice despite being themselves so far away and busy.

Hermione Elliott on her way from England to Japan... Renata Dunn (England-Canada) who lived in Dnipropetrovsk for several years, inspiring local Subud group for acquisition Subud premises and all of us – for SD activity... Lailah Armstrong as ICDP director and in the issue the program was accepted even by some official pedagogical institutions.

Rosanna Hill as a SDIA director. All our Zonal Reps visited Ukraine; among them our beloved Mark Merlin and his wife Ilona... In 1999 Michael Sold with his wife Vardina came and laid four stones brought from Jerusalem into the foundation of our future latihan halls. ... Oliver Haitzmann visited Ukraine twice. ... Valentin Willecke visited Ukraine many times both as an administrator of the Revolving Fund, then as Zone Rep and many times just as our dear brother. We learned a lot about the Subud organization from him. His explanations were always so clear and precise. We are so grateful to him and his wife Roswitha for their care of us, for practical and spiritual help.

A special role in the development of Subud in Ukraine was played by Valentine and Robert Goebel from Germany. They made 26 visits to Ukraine over the years! Attending our congresses, helping in all possible ways, giving advice, sharing reminiscences of their opening, of their early years in Subud, sometimes living together with Subud members or renting an apartment for a month or even more.

They helped us furnish the kitchen in the Cherkassy Subud house and did a lot of good things for Subud Ukraine. We will never forget our picnics, where we once elected Robert our Hetman (a leader of the Cossacks), our walks in the woods, trips to our villages, etc., etc.

We would like to say many thanks to Subud Germany in general for inviting us to their national congresses (never to be forgotten memories!), for sending us their national magazine Information >

as a gift, for attending our congresses. Special thanks to Subud Wolfsburg for being close to us, arranging visits of Ukrainian members to Wolfsburg, keeping in touch with us.

And since the first years of the existence of Subud in Ukraine we felt great care and support on the part of our Zone and WSA. Thanks to their support, our delegates were able to attend many World Congresses and Zonal meetings. All the IH teams visited Ukraine at least once during their term. We are grateful to all of them for their devoted job, help, support and such a precious feeling of unity.



The Cherkasy Subud House today

Thanks to MSF we have our main assets – a Subud apartment in Dnipropetrovsk – now Dnipro (a grant from MSF) and a Subud house in Cherkassy (a loan and a grant). The latter became the national center of Subud Ukraine for holding the national Council meetings, Ukrainian helpers meetings, kejiwaan meetings and even national congresses and several international gatherings, among them the Spirit of Human Enterprise meeting (40 participants from 6 countries), the Wings meeting (110 participants from 10 countries), etc.

Recently, thanks to MSF grants, we were able to renovate the Subud house in Cherkasy: providing insulation for its roof and walls, replacing windows for more efficiency, renovating the lady's bathroom and equipping a pavilion in the courtyard with the necessary facilities.

This year we have to decorate a porch with tiles and then finish jobs on an attic. By the way, the courtyard of the Subud house is our joy and pride thanks to the care of Rauni Hemsen from Norway who is so skilled in nurturing flowers. She and her husband Raymond are our close Subud friends.

The greatest event was a never to be forgotten visit to Kiev by Ibu Rahayu for the Zonal meeting in 2001, followed by a visit of the Cherkasy Subud house. It was filled with such a warm atmosphere, such great love that Ibu gave a spontaneous talk – reminiscing about Bapak when she was a child.

Some years later several tours of our musicians around Europe were organized thanks to support from our brothers and sisters in France, Sweden, Finland, Germany. They even took part in one of the Folk festivals in Provence where they played an encore.

Summing up, the past years have been rich in unforgettable events and vivid impressions. As for our spiritual development, there were the highs and lows, suffering and joy, successes and failures ... but we so much hope that for all that we are gradually moving forward, or, rather, God is gently pushing us ahead.

Now we are 70 active members in three Subud groups – Cherkasy, Kiev and Dnipro. There are isolated members in several places. Latihans are regular – two-three times a week in all groups. Also there are monthly latihans of helpers, and helpers with committee members.

Although now there are not as many applicants as there were before, we still have newcomers, especially in the Dnipro group. Every year we have our national congresses or gatherings, as far as possible participate at Subud gatherings abroad and generally try to keep regular contact with the brothers and sisters of our Zone, particularly in Russia, Moldova, Lithuania and Latvia, and also with brothers and sisters who were opened in Ukraine but now live and work far abroad.

We are happy to be a part of the world Subud family. Many, many thanks! And we are waiting for all of you, dear Subud brothers and sisters, here, in Ukraine, every possible time, all the more so this year, on August 24-27 to join us and celebrate together our 25th Birthday. Welcome to Ukraine.

With lots of love, Marsiya Belinska assisted by Rebekka Sandra Lykhatska on behalf of the National committee and all Ukrainian Subud members April, 2017

Bapak

Lost in the Amazon and Other Tales Adventures with Bapak and Ibu Siti Sumari Mardiyah A. Tarantino



This delightful little book contains a series of short, vivid sketches of events remembered from the years the author lived closely to Bapak and Ibu Siti Sumari when on the South American tours over 40 years ago. The book also includes snippets from the seven years when the family lived in Cilandak. It contains much spiritual advice and guidance given to her by Ibu as trust and intimacy built over time, up to Ibu's death in 1971.

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DATES FOR RAMADAN

Offical dates for Ramadan this year are: Ramadan begins Friday 26 May and ends in the evening of Saturday 24 June

Dates may vary from place to place so you should check with your local Islamic authorities.

RAMADAN IN RUNGAN SARI

If you're looking for somewhere to stay in Rungan Sari during Ramadhan there are vacancies and special rates at the Eco Village — \$150 per week including breakfast.

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On June 8, 2012, Ibu Rahayu talked at length to members in Kalimantan, Indonesia.

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