



70th Anniversary Celebrations and the 28th Indonesian National Subud Congress



Ibu Rahayu about to cut the rice mountain at the 70th Anniversary of the founding of Subud in Indonesia. (Photo by Viktor Boehm)

Wednesday: 70th Anniversary Celebration

On Wednesday, February 1st 2017, the 70th Anniversary Celebration of the founding of Subud Indonesia was held in Yogyakarta. Subud was founded on February 1st 1947 in Jogjakarta by Bapak and Indonesian members.

The event was attended by Ibu Rahayu and about 900 members from Indonesia and about 20 other countries. The event took place at the MMCI Alana Hotel and also commemorated 60 years since Bapak first travelled to Europe and began to spread the latihan throughout the world.

The evening opened with traditional Javanese Gamelan music. Speakers included Iwan Syamsudin (Indonesian-chair) and Elias Dumit (WSA-chair) with translations by Sharif Horthy.

After inviting all those present to pray according to their own belief, Ibu Rahayu cut the traditional

yellow rice mountain cake, opening a buffet dinner.

Many dances followed and a new film from Subud in Indonesia and around the world was shown. It depicted the early days of Subud and Bapak's later travels. A new book was presented by Iwan.

Thursday: Visit to Semarang

The next day, Thursday February 2nd 2017, there was a visit to Semarang to the house where Bapak was living in 1925 when he first received the latihan.

We travelled with two buses and many cars. The journey took four hours and we travelled through the timeless landscape of Central Java through rice fields with volcanic mountains in the background.

Ibu Rahayu was present and after eating lunch we did latihan in the house, first the women, then the men.

Friday: National Congress Opens

The afternoon of Friday February 3rd, was the official opening of the Congress accompanied by Gamelan music and dances.

A photo exhibition was opened presenting information from the seven Indonesian regions and also of Bapak's life and travels.

Speakers included Iwan Syamsudin, Elias Dumit and Dr. Hilman Farid. Indonesia's Director General of Education and Culture, followed by His Majesty, Sri Sultan Hamengkubuwono X, Sultan and Governor of Jogjakarta, who gave a speech before striking the traditional gong three times to officially open the 28th Indonesian Congress.

Four ladies performed a dance from the Sultan's court and Congress business began in the evening.

Saturday: Talk by Ibu Rahayu

In the late afternoon of Saturday February 4th, Ibu Rahayu gave a talk of over 1 hour's duration translated by Raymond Lee with the help of Muti. The talk was recorded on audio and video. Ibu also tested first with the ladies and then with the men.

A light and joyful atmosphere prevailed throughout the event. Visitors attended Congress business sessions and also went to local places of historical and cultural interest such as the UNESCO Heritage site of Borobodur.

Sunday: Congress Continues

The Indonesian Congress continued with business sessions and activities including the re-election of Iwan Syamsudin for two more years.



*Subud Indonesia 28th National Congress.
(Photo by Viktor Boehm)*

This report was compiled from emails and reports from people attending the event.

Mukadimah (Preamble)

By Bapak Muhammad Subuh Sumohadiwidjojo¹

This Preamble was introduced by Bapak at the Third Subud Indonesia National Congress, May 22-23, 1964 in Malang and replaced the original Preamble that had been written by a group of people as part of the first Declaration of Subud Indonesia on February 1, 1947.

With the preamble that Bapak is about to give you, besides you yourselves being able to become aware of the real nature of our Subud spiritual association, you can also use it as a guide in answering questions that may be put to you by people outside our own group, for instance, by the government, or others.

The draft preamble is as follows:

We acknowledge that the latihan, the spiritual training that we receive and practice, in reality comes only because we surrender and submit to the greatness of Almighty God.

To make it clearer, once we have inwardly surrendered with full submission to the greatness of Almighty God, our heart and mind, which are usually imagining and thinking about all sorts of things, are suddenly and spontaneously stilled, at the same time a vibration arises throughout our feeling. This vibration of the feeling will then manifest as movements, which we call the latihan.

When we are in this state, even though we experience a suspension of our imagination and our thinking, our feeling remains calm and conscious, so that we can always follow the movements, which guide and lead us towards the worship of the greatness of Almighty God.

As a result of these experiences in the latihan, we are convinced that we are worshipping only the One Almighty God; that it is only God who can lead, guide, and turn us towards God; and that only God can repair and ennoble our feeling and our soul, in accordance with His will.

This is the nature of the latihan, which we have received and practice. Therefore the principle of the latihan, or the reality of our receiving of the latihan, is that it is our worship of the One Almighty God, and that through God's guidance we are led towards an improved character and a noble soul, according to God's will.

Since the latihan we have received is from, or because of, the grace of the One Almighty God who is worshipped by all His creatures, we will leave to God's will its spread throughout the world to people of various nations and religions.

However, since we are human beings living in this world, who need food and clothing and who need to look after ourselves so that we are at peace and secure in society, as well as worshipping God, we need to create an organization, so that we can organize ourselves in the way people normally do in the world.

Of course, the way we organize ourselves needs to be adjusted to the conditions of our local society, and also to the laws and regulations of the country we are in. Therefore, we need to formulate statutes that do not go against the laws and regulations of our country, nor the principles and aims of Subud.

¹ Talk # 15 from Bapak's Talks, Volume 11, The Complete Recorded Talks of Bapak Muhammad Subuh Sumohadiwidjojo, ©2007, The World Subud Association, All rights reserved, Published by Subud Publications International 2004, Code No 64 MLG 1, Authorized Translation, For Subud Members Only

² The Indonesian version of the above preamble was in the History of Subud film that was played at the recent celebration of Subud Indonesia's 70th Anniversary in Yogyakarta, Indonesia.

This "Preamble" was included with the handouts that were given in Yogyakarta at the recent celebration of Subud Indonesia's 70th Anniversary. It was Bapak's own rewrite in 1964 of the original preamble that was filed in Yogyakarta when Subud was first registered with the government of Indonesia in 1947.

Before he shared his draft of the new Preamble, Bapak explained that he felt this new Preamble could also be helpful in explaining Subud to others.

ASIAMET Delisting from TSX Venture Exchange

From Asiamet Resources...

Asiamet Resources Limited ("ARS" or the "Company"), common shares (the "Shares") will be delisted from the TSXV at the close of trading 28 February 2017, with the Shares continuing to trade on AIM under the ticker "ARS".

Registered shareholders. If your Shares are registered in your name (i.e. not a stockbroker's name) you are a registered shareholder. Your shares may be held in certificated form or in DRS advices – the actions are the same. The current register for Shares is maintained by Computershare in Vancouver, B.C. Canada. On March 31, 2017 this register will be closed and on April 1, 2017 it will be merged with the principal register in Bermuda to be maintained by Computershare Investor Services (Bermuda) Limited (the "Bermuda Register").

You can do nothing and your holding will be automatically moved to a certificated holding on the Bermuda Register and you will be sent a new physical share certificate by Computershare. Canadian share certificates previously issued will become null and void at such time. Computershare will send a letter with the new share certificate with instructions of how to enter the shares into the CREST system so they can be traded on AIM or transferred to someone else privately.

When you want to sell your shares, or prepare to sell your shares, now, or in the future, you need to deposit these shares with a UK broker for future sale through AIM. To do that you need to have your share certificates or DRS advice converted to a depository interest ("DI" in respect of your holding issued to a broker/nominee within CREST, the United Kingdom ("UK") settlement system. The Company is incorporated in Bermuda and its Shares are quoted on AIM in London. The Company uses DIs to enable electronic transfer and settlement within CREST for trading of its securities on AIM.

First you need to open a broker/nominee account in the UK and then secondly you will fill out the DI Issuance (Canadian Register to United Kingdom DI Register) form to have your share certificate/DRS converted to a DI using that brokers CREST Participant ID number and CREST Member ID number.

ASIAMET Resources to Delist Shares

Helene Jelman writes...

Asiamet Resources (Kalimantan Gold) intends voluntary delisting from the TSX Venture Exchange...

The Asiamet Resources (Kalimantan Gold) Canadian share register is to be closed and merged with the principal register in Bermuda. The shares will no longer be listed on the TSX Venture exchange as of 28 February 2017 and no longer registered in Canada as of 31 March 2017.

If you take no action, you will hold Asiamet Resources shares registered in Bermuda which will not be easily tradeable. In order to be able to trade your shares in the future you will need to transfer

these shares to UK depository interests as explained below.

It is not clear how easy it will be to transfer Bermuda registered shares to UK depository interests in the future and it might be easier to transfer the current shares (shares registered with Computershare Canada) to UK Depository Interests before 31 March 2017.

If you manage to open a brokerage account and transfer these shares to UK Depository Interests as explained below, you will end up holding Asiamet Resources shares listed on the AIM exchange in the UK. You will then be able to easily buy or sell those shares at any time. You can find the current price on Yahoo Finance (ticker ARS.L, price at 27 January 2017: £0.03)

If your shares are already held with a broker, ask your broker to transfer your shares from CDS to UK Depository Interests as explained below:

CDS participants or those with shares held by a broker within CDS, who wish to have DI issued, should arrange for the broker to complete and submit a Computershare xSettle Electronic Instruction or a "Register removal request – CDS withdrawals to UK depository interests" form to Computershare for issue of DIs to their broker/nominee.

Most brokers should be familiar with this type of request.

If you do not have a brokerage account and hold the shares in paper form (as CDS or as a share certificate).

You will need to find a broker who can hold and trade UK shares held as UK Depository Interests and can operate within the UK CREST system. You probably need to ask the broker directly if they will accept to take on Asiamet Resources Depository Interests.

You then need to ask for the shares to be converted into Depository Interests (DI) issued to your chosen broker by filling in a form called 'Register Removal Request (Canadian Certificate to UK Depository Interests)' available at Computershare.com

You will need to activate a DI issuance request by 31 March 2017, otherwise you will get physical shares registered in Bermuda.

You may also find a broker who accepts your current share certificate and takes care of the conversion to UK Depository Interests.

UK shareholders: You should find it easy to open a cheap online brokerage account that allows you to hold Asiamet Resources (e.g. TD Direct Investing in the UK will hold and trade Asiamet Resources shares).

European shareholders: TD Direct Investing International (in Luxembourg) will also trade Asiamet Resources. You may also find cheaper local brokers able to trade the shares. TD Direct Investing International will charge €45 per quarter if you do not trade on the account. There may be other charges.

Canadian shareholders: You will need to find a local broker who trades UK stocks as explained above. As the shares are currently listed on a Canadian exchange, they should be relatively familiar with these shares.

US shareholders: It may be more difficult for US shareholders to find a broker willing to take on these shares as they may be treated as penny stocks. You will first need to find a broker who trades UK AIM listed shares on CREST and who is willing to take on Asiamet Resources Depository Interests. We would recommend trying Fidelity or Schwab.

Other country shareholders: You will need to find a local broker who trades UK AIM listed shares on CREST and is willing to hold and trade Depository Interests.

If you have any question, I would recommend writing to the company or to Computershare. A copy of the Company Press Release which explains what to do can be found at this link.

http://www.asiametresources.com/s/PressReleases.asp?ReportID=776527&_Type=Press-Releases&_Title=Asiamet-Resources-Voluntarily-De-listing-from-TSX-Venture-Exchange

WSA Is All of Us

Rohana von Hahn writes...

To put into words what one receives through testing is one of the most difficult and sometime frustrating things. So, I'm addressing the reader's inner space with this little recounting, and please forgive me if I say something out of place.

The questions asked on that afternoon by the International Helper during the recent Gathering of the Americas (in Cali – Colombia) were about the function and meaning of WSA and also our responsibility, collaboration and financial support as Subud members. One of the last questions was (more or less): "How is it for each of us if we contribute regularly to WSA according to our ability?"

The answer I received for that test seemed to me to be a summary of all the previous testing. Here it is:

At the level of my eyes, I saw a brownish tightly woven fabric/net, in the shape of those "trampolines" for kids to bounce up and down on. But there were no boundaries; I could not see the end or the beginning of the net. Then quite suddenly, the meaning of the image was clear and "complete".

What I visualized and understood was that worldly speaking, the function of WSA is to be a network, a "tight net" that connects all and each of us through communication, support of members' activities and projects, preservation of Bapak's mission, and caring for many other aspects and needs of our Subud family.

But that understanding of my testing was not all. At the same time I was aware of another "inner" purpose of WSA. I felt clearly and strongly that the same "tight net" with no boundary was also a platform for "God's grace" to come down and be received.

Somehow the World Subud Association (WSA) is a recipient for that grace that we call latihan and its implementation through all Subud members. Symbolically the "tightness" of the net without any holes at all, prevented the risk of dispersion of the grace that could lose energy and go nowhere – leading to a waste of that gift. I wonder.... what will we be able to pass on to future generations without that "tight net"?

I like to conclude by quoting Elias (chair of WSA):

"WSA is all of us".

Reprinted from SCAN, the Canadian Subud Magazine



What Is the World Subud Congress For?

International helper Isti Jenkins writes...

These are the notes I took during the workshop on World Congress at the WSC meeting in Spain in September 2016....I just thought people might find them useful, helpful or inspiring!... Much love, Isti

What is our vision for World Congress?

OUR BELIEF...Is that by coming together under the umbrella of SUSILA BUDHI DHARMA we



Freiburg, Germany, our World Congress City.

are making the effort to follow the WILL of ALMIGHTY GOD with worship through the LATIHAN KEJIWAAN of Subud, creating the potential for humanity to live in peace and harmony as one.

WORLD CONGRESS is an opportunity to come together in an organized way for KEJIWAAN activities that are balanced with other outer activities such as WINGS etc. To have DELEGATES to represent the countries of Subud members from around the world so we can share the progress and problems both inwardly and outwardly.

WORLD CONGRESS is an opportunity for us all to focus on the various WINGS often providing a visible expression by members through their cultural talents worldwide. With the structure provided it is an opportunity to develop a stronger sense of community for the future.

WORLD CONGRESS happens to allow the GRACE and POWER of ALMIGHTY GOD to touch and BLESS us all, helping us to create an atmosphere of family LOVE, UNITY and JOY. Providing spiritual education and direction that can continue from one generation to the next for hundreds of years.

Some comments from Subud members present...

“World Congress is a time for the awakening of human values with openness towards all.”

“World Congress is a time for creating a vessel in which the power of Almighty God can touch or move each of us.”

“World Congress is a time where we can prepare to care and serve our fellow human beings.”

World Congress which will be held in Freiburg, Germany, from July 26 to August 6 2018. ●

Our Subud Story

This Subud Project came about as a result of a simple idea shared by members across the globe: to capture and share the stories of Subud members. During the BASARA Youth Camp, a workshop took place called MY SUBUD, which invited members to come up with an enterprising idea which they would pursue and carry out at WORLD CONGRESS next year. Those of us interested in the project of collecting SUBUD STORIES, formed a small group of eight people.

We are: Elaine from United States, Graciana from Portugal, Rosella from Germany, Agnes from Kalimantan, Robi from Jakarta, Konrad from Colombia, Harris Smart and Isti Jenkins from Australia. After the MY SUBUD Workshop, we had our first meeting. We all felt happy and enthusiastic about our project idea, especially with the suggestion to create a SUBUD STORYTELLING CAFE for the 2018 World Congress in Freiburg, Germany. This idea was inspired by our team's first meeting point being Kedungjati Cafe, on the bridge in Rungan Sari.

The first Subud Stories meeting resulted in identifying each person's role in the project. The main three were: developing a WEBSITE by Robi, producing documentaries by Konrad, creating a BOOK with help from Harris and Elaine for EDITING the content. Graciana's and Agnes' role would be to continue ORGANIZING and promoting the whole project. Isti Jenkins would be responsible for APPROVING and selecting the content.

All of us presented our Enterprising Project during the BASARA SHOWCASE, and we were given \$500 to start developing the Subud Storytelling Cafe for the World Congress. This project is approved by SICA and sponsored by SES because it will become a beneficial collection of stories sourced from Subud members around the world, both young and old.

Our project website will display the stories in different categories, and will help satisfy a need for belonging and connection among members. An upcoming BOOK will further compile these stories into a physical format.



Our Subud Story Team in the KedungJati Café in Rungan Sari.

“ A beneficial collection of stories from Subud members young and old... ” >

Most encouragingly, we already have many volunteers from around the world willing to perform interviews within the Subud community. Each interview will be accessible on the project website.

We wish to invite more volunteers from around the Subud World....especially the YOUTH our-
subudstory@gmail.com

Awakening Wonder

This is the second of two articles about the puppeteer, Erica Sapir, one of the founders of Puppeteers without Borders. In the first article, in our last issue, Erica talked about the development of her talent as a puppeteer. In this article we focus on her work with PWB...

Puppeteers without Borders defines its work as bringing social change through the magic of puppetry. It has conducted many projects in countries including Kenya, Ethiopia, Bosnia, DR Congo, Indonesia, Norway, Australia, Mexico, Israel, Canada and France.

This second article is based on an interview I did with Erica in August 2016. When the interview was over, she recalled some lines from Pablo Neruda.

Everyone has a story inside which they cannot read alone. It needs someone with wonder and enchantment in their eyes to read it and tell it back to them.

She said that these lines had always been very meaningful to her. "In a way that is what my work with puppets has been all about, reflecting back to people their own story."

She went on to say, "And in a way it also applies to you coming to witness my story. Perhaps you will read my story and tell it back to me. I hope it will be full of wonder and enchantment."

Erica told me...

In 1993 I went as a volunteer to Mother Teresa in Calcutta. Calcutta was at first a shocking experience. A completely different world from anything I'd experienced before with its poverty and overcrowding. It was hellish, but also fascinating.

At Mother Theresa's, I met other volunteers including some jugglers and clowns, and one day I went with them to the central railway station where they were working with a project for abandoned and orphaned children who lived in the station.

This was another shock, that not even the movie "City of joy" could have prepared me.... Some of the children were amputees, missing limbs because they had fallen from trains. Some missed an eye, some had other kind of deformations..There was a tiny little four-year-old girl carrying her even tinier little brother. All were dirty and with infested wounds. I was filled with many conflicting feelings. I hesitated to touch the children in case they were carrying some disease.

I remember that I spent a sleepless night after that first visit, debating whether I would go back to the station. But the day after, my hesitations had fallen away and I saw the incredible beauty of these children, who despite their dreadful circumstances, welcomed us with such joy in their eyes.

I started to go there every afternoon to a particular platform, Platform #8, where an Indian man, Michael, had started a project with these children. What he had done, which was very wise, was to meet the children in their own space at the railway station.

Some other social organizations tried to take the children away and what inevitably happened was that they ran back to the railway station. In some strange way they like their life there, the wildness of it, the freedom, despite the dan-



Erica became interested in puppets while she was visiting Mother Teresa's place in Calcutta and began to work with abandoned children at the central railway station.

“ Wonder and enchantment... ”

ger of it, the precariousness of it.

With the Railway Children

So this man started the project on one of the platforms and it was a success. His project gave love, understanding and support. About 20 children would come there regularly.

He helped them with their health and with some very basic education, teaching them their letters and numbers. All of this happened in the midst

of the turmoil of the station with people walking by, stopping to gaze, and so on. (By the way, the project is still functioning, it is called "Tracks", and in the course of 20 years has helped hundreds of children to get out of the streets, learn a trade, and be independent.)

I started to do simple little puppet shows with them. There was a language barrier, but somehow we managed to communicate. I showed them how to make simple puppets, like a piece of cardboard on a stick, and we developed some stories.

One day we had a big outing to the country. Michael hired a bus and we went out to have a picnic. You can imagine what an extraordinary event this was in the lives of the children. As part of that day we set up a little theater and put on a puppet show. There were about 50 spectators. It was a story all about an evil magician who takes children prisoners, until a prince comes and releases them from their slavery...

I stayed in India for a total of about eight months, and in two periods of three months each I was working with these children.

Out of a Private YES Quest

After that I went home to Israel and continued to create shows and performances working with various friends who were actors and theatre people.

In 2001 I moved to the south of France. It took me a couple of years to settle in and build my house and then I began to wonder what I should do now.

Peter Jenkins came for a visit and we talked about the YES Quest and I asked if I could have a "private YES Quest". I had built a big straw-bale house which could be used as a center for people to meet and develop ideas.

Peter asked me what there was in my life that gave me joy and it was clear it was my passion for using puppets to give people a sense of wonder. Puppets enable people to say things they would not normally say. They bring out the child in adults. So it was clear I should continue to work with puppets.

I had some starting points. Some colleagues from Israel had done a puppetry workshop in Kenya, using puppets in education. We also knew of a friend, Gary Friedman, who had created a project, Puppets against AIDS, in South Africa. He gave us a model for what could be done to use puppets to convey social, medical and educational messages.

My experience in India, and these experiences of others in Africa, suggested the idea of an organization where we could use our expertise in puppetry for more than theatre and entertainment. The idea of Puppeteers without Borders was born.

The name seems to work. It rings a bell with people even if they don't fully understand it. So we began in 2006 with the three founding partners, myself in France, Dina Kaplan in the USA and Rochi Dan from Israel.

The First Project

We had to create our own projects in the beginning because people didn't know anything about us. Our first project was, in 2008, to go to a conference in Bosnia, called : "MASK, OBJECT, PUPPET: >



In 2006 Erica set up Puppeteers without Borders, herself in France with Dina Kaplan in the USA and Rochi Dan from Israel.

the powerful means of theatrical expression”.

We applied to participate and were accepted.

I was very interested in Non Violent Communication (NVC) which was developed by Marshall Rosenberg and aims to help people find compassionate, rather than aggressive ways of communicating.

Marshall himself uses puppets: a jackal that symbolize aggression, and a giraffe which symbolizes the more compassionate approach. Doing the project in Bosnia was very meaningful because although it was after the time of conflict in the former Yugoslavia, there was still much violence around.

A Subud friend offered to pay the cost of my flights to the conference. This was the first donation we received. I went to the Congress and demonstrated how puppets could be used to teach “Non Violent Communication”.

Non Violent Communication

What started in Bosnia continued in France. Non Violent Communication has been one of my favourite subjects in the work of Puppeteers without Borders. The three of us work together sometimes, and we also work separately.

In France I began to work with children in a social organization which supported a North African immigrant community. For five years I went three times a year to work with them with puppets on Non Violent Communication. Unfortunately, the funding for this social organization has now stopped.

I've also worked with teachers who don't realize just how their communication can often be violent. Through puppets we can show how communication can be more compassionate (and effective).

We also began to work with the International Child Development Program (ICDP) which is of course a Subud program developed by the psychologist Rukman Hundeide in Norway. It has since been taken up in many parts of the world including Europe, Latin America and Africa.

The point of the program is to improve relationships between children and their carers. We used puppets to explain the principles, making them simpler and easier to grasp. We took part in a workshop with Rukman in Norway and another one in France.

We were invited to a conference in the north of Norway where we ran a workshop in puppetry for the facilitators of ICDP from all around the world.

Dina does a wonderful project in El Salvador with midwives. She's been down there a number of times and has developed a program teaching local midwives to use puppets to present issues like sex education and hygiene. It is great that she has been able to develop continuity for the project over a number of years. To be involved in ongoing, long-term developmental programs is what we all long for, but of course don't always achieve given the vagaries of funding and other circumstances.

Rochi has been working in many countries in Africa and recently in Latvia communicating with puppets about sex education for young girls, with the support of a professional gynaecologist. Obviously puppets make it much more fun and lighter and much easier to present these sensitive topics. Puppets are geniuses at getting rid of embarrassment. A puppet can say the rudest things and get away with it.

The Awakening of Wonder

The joy and the sense of wonder that the puppets awaken in people happens all the time in our work, but still it always amazes me. It can never be taken for granted. It affects children, of course, but what I find most amazing is the way it affects adults. So many times I have seen a serious professional person like a doctor or a teacher be transformed by taking up a puppet in their hand.



The Legend of the Half Boy, created and premiered by Erica and friends at the Subud World Congress in Mexico.

It is the awakening of this childlike sense of wonder that is perhaps the most inspiring aspect of the work for me. It is so life-giving. It is like watching a person open like a flower and a golden light suddenly shining out from them.

Working with Refugees in Germany

Currently I'm doing a project in Germany with refugees. In 2015 when the refugee crisis began to be so alarming, I asked myself what could I do. And again the logical response was that I could do something with puppets.

But of course before you can work with people with puppets you have to satisfy their basic needs for food and shelter and so on. I have a friend, Stefan Birckmann, living in Bonn who had worked with devastated communities such as those in Sri Lanka after the tsunami, or those in Haiti after the earthquakes.

From him, I heard about a refugee center in Bonn which could offer some space for reflection and creativity for whoever was ready for it. This seemed to offer very wide possibilities.

The center serves about 250 refugees mostly Syrians and also some from North Africa. He put me in touch with this refugee center and we made contacts. I wrote to Romina at Susila Dharma Germany and she was very positive and made arrangements and found funding.

In the beginning, refugees were very reclusive, kept to themselves, especially the women with small children. We invited them to come to a meeting to inform them about the project. 40 people came but they didn't really understand what it was we wanted to do.

Then we started working with some children who were quite a wild bunch. These children have been through traumatic experiences and now tend to be left to themselves quite a lot as their parents try to negotiate a new life in a new place. No wonder they are wild and undisciplined.

It was difficult to do anything creative or constructive with them. They just rampaged around and in two days used up all the materials I had brought to last 10 days.

So we adopted a new approach. Bit by bit, day by day, we put some materials on a small table in a large room just for a few of the children at a time, five or six. Eventually they really responded. I wasn't yet able to talk to them about puppets. It was rather about providing an opportunity to talk and draw about their experiences.

Adults also began to wander by too. At first it was men mostly checking up on what the women were up to, making sure they weren't slipping off the tight leash.

But people would pass by and I would engage a conversation with them and quite a few agreed to tell and draw their story. They told of horrific circumstances in their homeland, war and famine that force them to immigrate. Then, there was hardship and danger, crossing borders, and often tragic experiences at sea.

I've been to Germany so far three times this year in January, February and April. I now have a big stack of drawings and stories which I will try to distil into an essence of their experiences in a puppet show.

We are now planning three performances which will happen in November using the technique of paper puppets in a toy theater.

For more about Puppeteers without Borders, including videos of their work, go to www.puppeteerswithoutborders.com



“ Reflecting back to people
their own story... ”

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A Very Musical Family

One of the absolute highlights of the Australian Congress in Adelaide was a performance by the Daly family in the chapel of the Westminster school where the Congress was held. This remarkable ensemble of classical musicians is made up of six children from the one family. They performed a concert including compositions by Mozart, Sibelius, Bach, Tchaikovsky and Pachelbel.

The six children include Steven (aged 20), Matthew (19), Alexandra (17), Margaret (14), Samuel (12) and Elaina (10). They play violins and violas except for Margaret who plays cello. (For the concert at the Australian Congress, the ensemble was augmented by Morgan Wright, a Subud applicant who played double bass.)

Steven wrote this program note to introduce the ensemble...

From the very beginning, picking up musical instruments was not a deliberate decision for all six



“
Their greatest wish is to freely share music...
”

The Daly family perform at the Subud Australia Congress.

of the Daley children who have grown up home-schooled in Perth. Generous friends and family had passed on various musical instruments to what they hoped would be a good home and indeed it turned out to be so.

Affording lessons for six children was an enormous challenge, so upon a crazy spontaneous idea they all tried busking together to pay for a violin lesson. To their surprise, all six out-of-tunes and unco-ordinated youngsters were met by the general public with tremendous support and love. From that moment onwards thanks to help from generous strangers, the Daly family managed to fund their music education for many years.

Through frequent busking in the Perth CBD, they gained exposure to important people who invited them to perform at events like the Commonwealth Heads of Government Meeting in 2011, where they met and performed for world leaders. They have also had the opportunity to play for various WA Government events where they've met with and performed for the Premier on more than one occasion.

Nowadays, the Daly family are still pursuing music vehemently as ever with the intention of making it their careers. Together, they all run an enterprise that involves teaching, busking, concerts and performing for private functions.

Steven and Matthew are both studying a Bachelor degree in Music at the WA Academy of performing Arts and hold leading positions in the university ensembles. They also work in the Perth

Symphony Orchestra and the Fremantle Chamber Orchestra. Elaina, Samuel, Margaret and Alexandra are still home-schooled, studying, practising furiously and play in the WA Youth Orchestra.

They all still enjoy playing and busking together often. Their greatest wish is to freely share music with any person from any walk of life, because the generosity of others has so much helped their lives.

The Daly family was based in Perth at the time of this performance but are now on the move to take up residence elsewhere in Australia, possibly Melbourne. ●

The Latihan and Self-awareness

Roland Evans and Ruslan Jelman write...

Can we better understand how the outer self – our ego, mind and personality—supports or interferes with our ability to put the latihan into practice? As two long-term Subud members and psychologists, this is a question we have talked about for many years. Recently, we have started working on a project, possibly a book, to explore and clarify the relationship and boundaries between our personal psychology and the spiritual practice of the latihan.

To further this project, we would like to connect with like-minded Subud members who are interested in and have experiences of the complicated relationship between their inner and outer selves. We are looking at some key questions:

- How and why do we get blocked from expressing the latihan more fully in our lives?
- What is the relationship and interface between our psychology and the work of the soul?
- In Subud, what are the benefits and limitations for us of counselling or psychotherapy?
- What is the impact of our ancestral forces on our lives?

Ruslan and I (Roland) each have over thirty-five years of professional practice as psychotherapist/psychologists. We are moved at this time to look deeply into the whole of our life experiences. We are trying to make sense of how it all fits together: the inner and the outer, the spiritual and the mundane. We hope to learn from Subud members' experience and enrich our understanding. We are dedicated to sharing this understanding, however imperfect, with our Subud community with the hope that others will continue to enrich our mutual understanding in the future.

“*...share both our real personal struggles and our inspiring spiritual breakthroughs...*”

It is clear to us that the science of psychology is the study of the outer life – the heart and mind – and not the life of the soul. Our latihan cleanses and guides our souls but we are responsible for how we lead our lives. We have to know who we are and be conscious of how we act. Lately Ibu Rahayu has stressed and reminded us of the need for self-awareness:

“From what I heard in Bapak's talks, to achieve what you hope for, you must be able to carry yourself in a state of... I forget the term. Well, the term I use is *mawas diri*, meaning self-awareness or attentiveness.” (*Cilandak 26 February 2016 /16 CDK1*).

From our professional experience, we know our outer self is extraordinarily complex and each of us, as human beings, is vulnerable to misinformation and self-deception. That is why we believe being self-aware is so important. Deeply ingrained conscious and unconscious strategies can conspire to prevent our personal change and development. If, as Ibu recommends, we can be more self-aware and attentive, we may be able to identify and recognise these unhelpful strategies, those that bolster control by our egos and nafsu, and then maybe it becomes easier for our latihans to manifest more fully in our lives.

We have come to believe that our outer self can be seen as a window through which the light of the soul shines into our lives. When the light of the inner self is strong and the outer self is transparent, our lives are enlightened, peacefully joyful and in accord with the Will of God. However, when our egos block that light, when we lose self-awareness, the light dims and our lives go awry. Occasionally, the light of our souls unexpectedly penetrates our defences and we experience something extraordinary; those times fill us with awe and gratitude. Our main question is how can we do more to cleanse the windows of our outer selves while surrendering all the rest to Almighty God? >

We would like to invite those interested to join us in exploring and sharing not only our real personal struggles but also inspiring spiritual breakthroughs. Our aim is to gather personal experiences, insights and stories to help us identify common patterns and develop understanding of how the latihan and our outer selves work together. Our ultimate intention is to promote what Bapak and Ibu urge us to do: put the Latihan into practice in our lives.

If you would like to be involved and feel you have personal information you wish to share, please get in touch with us: roland@roland-evans.com and rjelman@jelman.com. All conversations and everything we receive by email will remain strictly confidential. Thank you for your help. ●

Helping a Friend

The writer has asked to remain anonymous...

I had a friend who had been brought up as a Muslim and lived in London. I would visit him every so often when I lived in Oxford. He was married and both he and his wife were in Subud. We would just hang out finding it easy to enjoy each other's company without doing very much except talking about Islam and Subud.

Sometimes we went to Regent's Park Mosque. He once told me about a number of things he had done in the past that he was very ashamed of and said I was the only person he had ever told these things to. One weekend when I was visiting he asked me to test about his latihan.

During the test I received that in his latihan he was very angry with God whom he blamed for giving him a bad fate. When I told him this he said it was true. I told him it was purification and he should just let it go on until his latihan changed by itself.

However he told me he felt too guilty to let these feelings out. I again encouraged him to express what he received in the latihan. At the time I had been in Subud about 5 years and wasn't yet a helper and I didn't really know what to advise or how to help him other than this.

After I left Oxford I wrote to him asking how he was but it was his wife who replied saying that my friend had died of a heart attack.

A few years later I moved to Bangkok. There was a small Subud group in Bangkok and I attended regularly. I had been living in Bangkok about ten years when I started calling out my friend's name in the latihan as if encouraging him. I felt he was in a state of despair in the afterlife. This went on for a number of weeks and then it stopped.

During latihan some weeks later the atmosphere suddenly changed and I had a vision of a group of males sitting in a semi-circle. But I could only see them from behind. I felt they were waiting for someone to arrive (perhaps Bapak). Then one of them turned round and I saw that it was my friend. He smiled at me and I knew he was now okay.

I thought we could only help family members in the afterlife through our latihan and so I wrote to Ibu Rahayu asking her if it was possible to help friends. She said it was, especially if the friend had received the latihan and she said she prayed that this experience would not burden my latihan. ●

One Experience I Like to Remember

Mardiyah A. Tarantino writes...

I was up above the earth, floating. The earth was down there in space, about the size of a golf ball or maybe a tennis ball, somewhere in between. As I looked way down upon it, suddenly all my medications, one after the other, dropped down through space. They were floating away from me.

"There they go! My diabetes pills, my Crestor, my vitamins." One after the other dropping away. Then followed all my cosmetics, one by one they floated down towards earth. "Oh my gosh! What will I do without my lipstick?"

It was then that I realized I had no need for lipstick because I didn't have a body any longer. "Then what do I have?" I wondered, feeling the no-body-ness. "What have I left?"

It was this unique sensation which I like to try to remember. I was conscious without a body! Not >

even a head! It must be my consciousness, I mused. The same consciousness as in latihan. I could feel my latihan accompanying me.

Then I realized I was stuck. I could go neither up nor down nor away. Stuck somewhere, floating in space. So I yelled down to my family on earth. I yelled, but there was no sound.

“Do the prayers! Help me get on my way! Hey, down there, do the prayers for me! I’m stuck up here!”

I tried to see somebody, but couldn’t. Maybe Ed would remember the prayers. They were somewhere on that golf ball. I hoped they could hear me.

Nothing happened. I was still floating in space, stuck. Me and my latihan that’s all there was. I don’t remember feeling any emotion. I don’t remember missing my body. It felt very natural not to have one. So I just waited there, suspended in the vastness of space. Just me and my latihan, that’s all there was.

Reflections of a Sufi Master

Emmanuel Elliott reviews a new book by Stephen Latif Allen...

Stephen was opened in Los Angeles in 1965, and now lives in Kandy, Sri Lanka...

Those readers who delighted in *The Inner Mansion* – and there were many – by Stephen Latif Allen, will be intrigued, perhaps excited, to learn that he has done it again: this time with the power-packed 486 page *Reflections of a Sufi Master*.

Reflections is based upon a course of 140 weekly classes given back in 1998 by American Sufi Master Linda Singer. After each session, Stephen and a fellow student would get together to compare notes and ensure that they had kept a faithful record of what they had heard. Had they not done so, it is certain that this priceless collection would never have seen the light of day.

Linda herself is no longer with us, and I feel the world owes Stephen a debt of gratitude for ensuring that her memory and wisdom will endure: a modern yet timeless voice in the tradition of the revered female mystic Rabia al-Adawiyah.

Following an introduction in which the author explains how the latihan led to him ‘sitting at the feet’ of a Sufi Master, the book comprises 47 short chapters and touches upon close to 250 subject headings, ranging through ‘Don’t fight with that which has no value,’ ‘Life is moving in new and different directions,’ ‘A healed mind does not plan,’ ‘Dis-identification,’ ‘We humour our anger and regret,’ ‘The holy warrior,’ ‘We must take risks,’ ‘Our aim is to adapt to our present reality,’ ‘Self-observation,’ ‘Stay in the moment,’ ‘We only struggle when we want our way,’ ‘Remember who you work for,’ ‘Be yourself – everyone else is taken,’ and on and on and on.

Reflections of a Sufi Master is the perfect companion for those quiet moments. It is a book to be savoured, to be communed with, to immerse yourself in. Open it at any page and you can be sure of finding the spiritual nourishment you need in the here and now – whether in the form of inspiration, stimulation, consolation or courage.

At this point, just 50 copies of this treasure trove of enlightenment are available directly from Stephen Latif Allen in Sri Lanka at USD18 plus postage.

Please contact him at stephen.allen777@gmail.com and indicate whether you would like the book to be signed by him. Be sure, too, to ask him for mailing costs to your country, both air and surface; payment can be by way of either Paypal or USD check.

Stephen has asked me to mention that he also has a dozen copies of *The Inner Mansion* still available at \$11 plus postage.

This article first appeared in Reminders of Reality, the online compilations of Subud members’ experiences edited by Emmanuel Elliott which can be found at:

<http://remindersofreality.weebly.com>

Poems by Muna Yousef

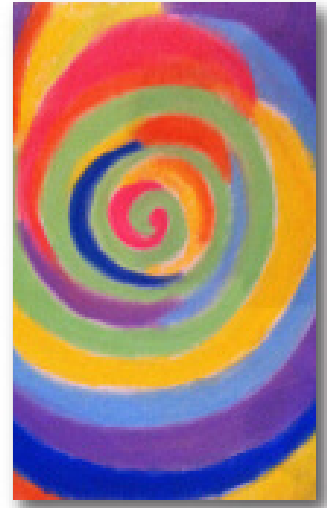
Muna Yousef is a Subud member, half Palestinian and half Egyptian, currently living in Saudi Arabia. She has written three books of poetry. She writes...

I started writing poetry several years ago. It was on and off. Sometimes I felt the urge to write intensively and then I would paint. I have been painting for many years as well. You can view some of my art at munakhyousef.brushd.com

My background spans Computer Science, Yoga, Craniosacral Therapy and painting. I hold a doctorate of science degree in Computer Science from George Washington University. I have lived in the US, UK, Mexico, Spain, Italy, Egypt and Saudi Arabia.

The two books have the same theme more or less. They explore the nature of the soul, how inner peace could be attained by enjoying the divine presence of our Creator in silence. Some poems express the struggle between the soul and the ego, as she tries to ascend and how the ego tries to pull her down. Some poems revolve around my mum who passed away 12 years ago and her tender love.

Below are some poems from my first book Blissful Journey I



Going Inwards.

Glory of silence

I savour the silence
as it permeates my interior
What a delicious joy
to bask in the silence
of my being
I sigh peacefully
Welcome back
I whisper

Infinite Grace

All the love inside and around me
I placed in my palm
I looked at your face
and everything else faded
I looked into your eyes
I felt your infinite love
It has to be infinite
because you are channeling His grace

Inner Treasure

One time a passing by lady
told her to close her bag
for there were thieves around
She beamed at the lady
and exclaimed
My greatest treasure
is inside my heart

I have attached the artwork for the first book, which is a pastel painting entitled Going Inwards.

The poetry books, Blissful Journey 1, Blissful Journey 2 and Blissful Journey 3, are available on www.lulu.com

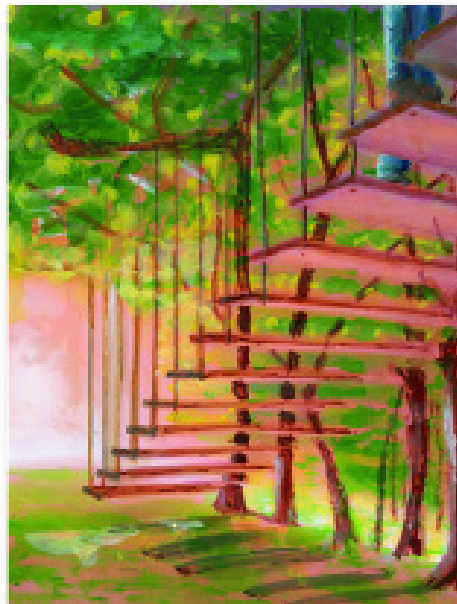
Birth of the Majestic World

David McCormak writes...

Back at the Anugraha Congress in 1983 I was writing a lot in latihan, but it had no reality in my life. I gave a stab at writing though I worked in a factory. Yet after that Congress my life took a nose-dive and I fell away from doing latihan. From my own life experiences I knew I was, quote, "rocky soil" that would take a lot of "amending", to use Bapak's words.

Eventually, after more than a decade and strictly through the grace of God, I was led back to receiving the latihan with a small group. Later at a larger gathering out of the blue it was suggested I take a look at being a helper through testing. When the Congress was over I had a title of helper, even while realizing I couldn't even help myself or my family, but I trusted the receiving and went forward.

Maybe it was pure vanity, but for sure Almighty God knows all that stuff. So as part of the helper dewan for a while, I could receive enough "space" to write something that was not 100% nafsu. And occasionally even if it was, I was guided about how to change the nature of what was wrong, to something that was more right. In itself this was very valuable to experience.



"Stairway in the Woods", Anna Schroeder's illustration to one of David's stories.

Learning as I Went Along...

Over 10 years the numbers of stories increased along with volumes and volumes of "waste" that was good for me to get out on the paper. And the good stuff got refined a bit.

I felt things had reached a point where some of it had usefulness, but how to get them out? I was green and didn't even know about grammar or the flow of writing or anything. I had no editor and no illustrator. I didn't even realize formatting for paper publishing was exacting.

So I had to learn as I went along even at my own slow pace; still I knew the writing was part of my latihan, so I pressed on and eventually found needed help in my Subud brothers and sisters and in their abilities.

Editing help came through Susanna Ortega and Raymond Devine, and illustrations from Anna Schroeder an artist who was willing to tackle becoming an illustrator, and formatting suggestions from Naomi Onaga. Even Anna's friend who was not in Subud, David Keltch, pitched in to help format high density files for Anna's watercolor work. I even received help on which stories to include from Hillel Natanson, a good writer and journalist, and Jerry Huhn, also a writer, just as long as I pressed forward consistently.

So over two years of fighting through the normal challenges and frustrations of publishing a book, a set of stories was compiled and titled *The Majestic World of Gracious Gifts Bestowed*.

Though we live two or three hours from each other Raymond and Anna and I have learned to work cooperatively. No doubt doing latihan in the Schroeder home on a regular basis has been crucial.

Feeling Free to Write...

A large part of the process has been for me to feel free to write what came without being concerned about the audience. In my latihan it had been given for me to understand the audience would eventually be "for those who wish to worship."

So I wasn't aiming for commercial success in the broad sense and felt free to express. Sometimes I just put down things in a journal, but other times I was helped to be in a better place, and two or three times even given the story as it unfolded.

All through this, Anna's family was experiencing life-threatening illnesses and two teenagers grow- >

ing up. The passing of my wife's parents and my mother didn't matter, nor similar events in Raymond's life. We just kept on doing latihan and it seems we were not thrown off balance, and even helped in this work.

Anna has become in just three years a very good illustrator and formatter. I was not a writer but now have the confidence that I can at least write for children and adults up to age 30.

But I love what I do with my day. The fact some stories seem to have to be a struggle, while others on rare occasions come easily is not pertinent. Perhaps it is like a woman giving birth to different children with different natures. Each is a unique experience.

We are now working on a second set, a box set of stories, which will become available as e-books, God willing. Our region is very sparse, and yet the core of everything has been latihan and reaching out to others in Subud beyond our region.

The enterprise at least in the outer is Subud, since 20% of the profits go to Subud. My wife and our spouses through all of this have been very surrendered about the money, time, and effort expended.

Susanna Ortega lives in Crestone Colorado, Naomi Onaga lives in San Francisco, Hillel is everywhere many times on behalf of Susila Dharma, or visiting family.

Order The Majestic World of Gracious Gifts Bestowed, through Amazon in Europe, and if possible through Create Space Store in N. America or email imdavidmccormack@gmail.com if in Asia or South. America.

The set of 11 stories is together, titled *The Majestic World of Gracious Gifts Bestowed*.

Very important when ordering through Createspace.com in N. America

1. Paste or type the full title in the upper right corner by the shopping cart where it says "Search Site"

2. Just to the left of that - click on "site" and choose "store"

3. NOW hit enter. It will bring up the book

If you live in N. America and wish to pay by check just email me. ●

Fate and Destiny

Anthony Bright-Paul writes...

With Fate everything just happens, everything is random, things are always going wrong, relations are soured, and death comes suddenly and early, often much too early. A man of Fate is nearly always unhappy, or blind drunk. He takes drugs to relieve his angst.

With a man of Destiny on the other hand miracles happen every other day. Not every day, but every other day. In the first day, things may seem to go wrong, even to be a disaster, but then a miracle happens and all is well. The first day is just a test. The man of Destiny is inexplicably and indescribably happy and optimistic. He goes on working until he dies, when his vehicle is finally worn out. A man of Destiny is always rejoicing at no matter what. Maybe at wonderful buildings, wonderful architecture, carvings, glasswork, landscapes, mountains and lakes, angry seas foaming, cranes and bridges and iron railroads – it does not matter what a man of Destiny sees or hears, he is full of wonder.

He can never stop his wonder, whether it is a willow tree or a newborn baby. Everything for him is a delight. If he eats he relishes – he praises spontaneously. If some in Subud die early they have perhaps fulfilled their blueprint. Others who are living longer may still have much to do, according to their capacities. ●

What is happening in sunny Alicante?

In the mid-90's, the Alicante Subud group owned a small house in the center of Alicante. It had a latihan room and a waiting room downstairs and a small flat upstairs. It was difficult to park the car and there was no place for the children, so some of us started to look for somewhere with more possibility and space.

In 1998 we found and bought a big piece of agricultural land with a large barn about 15 minutes by car from Alicante. We were 6 who invested in it: the group from the sale of the house, Gregorio >

and Lia Baeza, Jorge and Luz Guerin, Valentin and Prisca Wild, Michael and Catharine Lloyd. We formalised the purchase by setting up a cooperative which we called NUR.

Putting the barn in order was a big job, it had been used to store almonds amongst other things as the land had been an almond orchard. New floor, lowered ceiling, new doors and windows were some of the things that we put in and above all: CLEANING. This was all done "*poco a poco*" as we say here. Using the space for latihan started as soon as it was possible.



Besides the work on improving the barn the investors had another project in mind. We wanted to make a small village for elderly Subud people and also timeshare places with a few family houses to act as hosts. Something that could grow according to need, and we asked for others to invest as members of the cooperative.

Michael who is an architect planned and designed it all, we made brochures and sent it out to Subud centers in Europe and the Americas. But there was very little response and we had to abandon this project. While working with the project we also worked on the land, installing water from an outside source, laying out pipes with drip systems, planting trees, re-drilling an old well and setting up a station using a system of osmosis to provide clean drinking water.

Instead of our project we decided to divide the land legally into 6 plots so each investor got one plot, and we dissolved the cooperative. The central plot with the barn was for the group. Each of the other investors received a plot of 25.000m² bordering on to the group-plot. This meant that a house could be constructed on each plot according to building regulations. Eventually we also got electricity and water outlets on each plot, both drinking and for irrigation. The well sits on top of an underground river so water is no problem any more.

During this time Michael and Catharine designed and built their house on one of their plots. It's a wonderful eco-friendly house with beautiful views to the sea. They have lived there for 11 years now.

During this time things have changed; Gregorio died, Prisca died, Valentin moved to Ecuador leaving his plot to his son Lazaro who lives in Switzerland.

Neither Lia and her children nor Jorge and Luz want to build on their land. Due to age and health problems Michael and Catharine are preparing to return to Norway where most of their children and grandchildren are. They are planning to sell their house together with their second plot (on which another house could be built) and Jorge and Luz also plan to sell their plot.

We are publicising within the Subud Community because, as members of the Alicante Subud group, we'd like the properties which border the Subud Group's plot to remain in Subud hands if possible.

The group has about 45 active members. They attend the latihan regularly 1, 2 or 3 times a week. We organize a "Kejiwaan Sunday" every month: in the morning there is a helper latihan, followed by group latihan and testing, then a joint meal with the children and the afternoon is spent talking and playing music together. It's a vibrant and friendly group.

The economy of the group is healthy and this allows us to make improvements every year, both inside and outside the barn.

In Alicante we enjoy a particularly good and mild micro climate and after latihan we often spend time together in front of the hall enjoying the stars and the view.

More details and photographs of the house and land on sale is available at:

<http://amandagblloyd.wixsite.com/nursubud>

For more details please contact Catharine Lloyd at:
catharine.nur@gmail.com

“...a vibrant and friendly group...”

A Very Compelling Dream

Ilaina Lennard found a collection of Susila Dharma stories which been gathered by SDIA for the Puebla World Congress.

Ilaina thought it would be a good idea for us to publish them in Subud Voice to encourage people to donate to Susila Dharma. So, here is the first story, others will follow....

A very compelling dream

In 1991 Subud member Lusijah Marx had a very compelling dream. She was to work with Subud brother Lucas Harris to found a health centre to serve AIDS patients and other people suffering from life-challenging illnesses.

When she told Lucas about the dream the next day, he had had the exact same dream the night before, and the QUEST CENTRE FOR INTEGRATIVE HEALTH - located in Portland, Oregon, was born!

QUEST CENTER for Integrative Health is a community-based nonprofit health center based in Portland, Oregon. Clients work directly with a team of clinicians to develop a well-rounded and individualized treatment program. The centre's programmes and services empower its clients to make and sustain positive lifestyle changes. For more information go to:

<https://www.susiladharmadharma.org/project/quest-center>

Do you feel inspired to support Susila Dharma? You can make a donation on the SDIA website to support those who have put their inspiration into action

<https://www.susiladharmadharma.org/donate-now>

Or you can mail a cheque in US or Canadian dollars to SDIA, 572, rue Empire, Greenfield Park, Quebec, J4V 1W2 , Canada. Or contact us at this address or by email:

info@susiladharmadharma.org for other ways of donating or making a bequest.



VALE: WINSTON DAVIS

Livingston Army age writes...

Winston was my friend. He died after a short illness in a Melbourne hospice in 2016. Solitary, sometimes tetchy, he was generous with encouragement to me as a law student and young Subud member.

In those early years, we would go Carlton to share pizza and cassata on Lygon Street some Friday evenings. The years passed, and I practiced law becoming a partner before moving into educating first, lawyers, then judges.

In 1991, I moved to Sydney and then overseas for work and we no longer stayed in regular touch. Every now and again, I'd call and hear his unchanging husky voice across the telephone.

Last year, Hussein Briedis emailed to say Winston was poorly. I flew down to Melbourne to the hospice. I am very glad I made that effort, to thank him for sharing his friendship, before he died later that week.

Bapak

**Lost in the Amazon
and Other Tales
Adventures with Bapak
and Ibu Siti Sumari
Mardiyah A. Tarantino**



This delightful little book contains a series of short, vivid sketches of events remembered from the years the author lived closely to Bapak and Ibu Siti Sumari when on the South American tours over 40 years ago. The book also includes snippets from the seven years when the family lived in Cilandak. It contains much spiritual advice and guidance given to her by Ibu as trust and intimacy built over time, up to Ibu's death in 1971.

To order your copy (or copies) click the following link:

<http://www.lulu.com/shop/mardiyah-a-tarantino/bapak-lost-in-the-amazon/paperback/product-22671178.html>

Click 'add to basket' and follow the onscreen instructions, choosing number required, postage type and payment.

Price: GB£10 plus postage

(US\$14.5; AUS\$19 Euro12.6) Paperback: 120 pages

THEY WERE THERE – the best of Subud Voice VOLUME 2

NOW AVAILABLE £12.00

**Ilaina Lennard's second
compilation of Subud stories**

"In compiling this book I found myself constantly thinking of new Subud members, who might like to have more background about the failures and successes that we in Subud have all encountered."

Here's some of what this volume includes...

- How Subud began – Bapak
- Bapak's wife Ibu – how she was and how she died
- Ibu Rahayu on the present world chaos
- Bapak's first visit to London
- A Subud bank – Bapak's vision
- Anugraha - the love affair that went wrong
- PT S.Widjojo – Bapak's project and its demise
- Dharma Trading – the story of its success
- Russia – the changes Bapak spoke about
- When the Ukraine first came to Subud

To order your copy (or copies) click on:

<http://www.lulu.com/shop/ilaina-lennard/they-were-there-2/paperback/product-22918414.html>

and follow the on-screen prompts to the shopping basket, setting preferred payment method, delivery and billing address(es) and postage rate. Books normally take 3 – 5 days to arrive depending on postage price paid.



The new look SWIM (Subud Writers International Magazine) Number 7 is now available for download from:

<http://www.subudvoice.net/swim-subud-writers-international-magazine>

or <http://zine.sicabritain.co.uk/swim-7>

Editor Emmanuel Williams writes:

Good news items:

One: writers have begun sending me their work without being asked to. Which is very gratifying. This suggests that SWIM is acquiring a life of its own.

Two: there are wonderful pictures done by children in this issue.

Three: I'm happy to report that Marcus Bolt has taken over the layout job.

This issue contains poetry, articles, paintings and photographs – and much, much more...



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IBU RAHAYU VIDEOS ONLINE

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don't yet have a password, it's easy
to get one. Instructions are there.)
On April 8, 2012, Ibu Rahayu talked
at length to members in Kalimantan,
Indonesia.

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DEADLINE FOR NEXT ISSUE:

20 MARCH 2017

Subud Voice is published monthly and the English
edition is issued on the 1st of each month at

www.subudvoice.net

A Spanish facsimile edition usually appears a little
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