

# **Building with Humanity in the DRC**

Susila Dharma International is building in the Congo, One Brick at a Time, One Community at a time...



Susila Dharma team in the DRC.

The expansion of Susila Dharma projects in the Democratic Republic of Congo (DRC) is an example of the SD network working together – and moving out into the world.

The most recent edition of the SDIA eNews recognised how our longer-term partners and the SD Network have worked in a coordinated manner to help SD Congo develop as an important player in health and education in the country, and particularly the Congo Central province where most activities are carried out.

Partners like the Leslie and Dorothy Blond Trust via SD Britain have, through sustained financial support, provided the foundation on which all projects in the DRC have achieved a high level of impact in their communities. We also acknowledge the Muhammad Subud Foundation (MSF), which in previous years supported key strategic investments in health and social development and provided funds for the first Community Health Center of SD Congo.

And hats off to all our donors via their SD National Organisations: SDs Britain, Canada, France, Germany, Ireland, Japan, Netherlands, Norway, and USA, among others, who have all collaborated to make sure that our resources are used most efficiently to make good things happen for

ordinary people in the communities we serve. Thank you! This kind of collaboration is one of the qualities that makes Susila Dharma unique in the world of international development.

One of the qualities that makes Susila Dharma unique...

# **A Joyful Journey. The First Brick!**

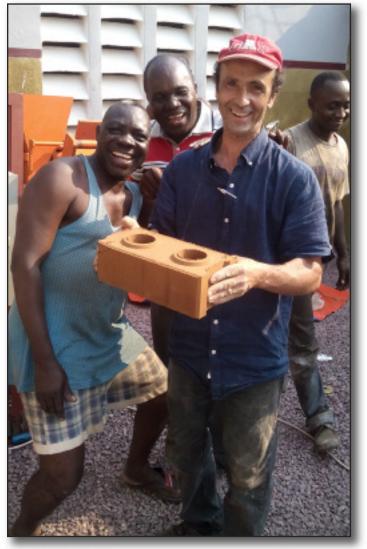
Making our own bricks to build schools, housing and hospitals... by Paul Roberge, Construction Supervisor from SDIA and SD Canada...

Paul Roberge documents the long journey, supported by so many Susila Dharma nationals and donors, to buy, transport and put into operation a brick-making machine for SD Congo that will help sustain the organisation and provide lowcost, high quality building materials for SD schools, clinics and hospitals in a country in desperate need of good infrastructure.

We began with the journey to give our brothers and sisters the tools that can make a difference in their work. Call it 'building capacity'.

Firstly, I would like to thank Hamida (Virginia Thomas) and all the members that are helping this vision move forward. This includes SDs Canada, Britain, France, Norway, Netherlands and all the people that have supported the building up of SD Congo.

Our Subud brothers and sisters of the DRC face challenges every day. A small thing, such as getting a brick machine through customs, can produce challenges and obstacles that they have to face on a daily basis. It has taken many attempts to get the machine out of customs.



Paul Roberge with the first brick.

Facing challenges

every day...

Sometimes half a day, sometimes a whole day, is needed to physically go down to the customs office and to the different government authorities. This ritual has been ongoing for at least 6 months. The cost to mobilize the people, pay for gas, and all communication (phone, email) far outweigh the cost of the machine. On top of this, the authorities do not agree so easily with our requests.

After more or less a year of working on this, the window of opportunity has opened up and we have been able to raise another 6000 USD to pay to get the machine out of customs. Important to note that SD Congo is an NGO and should be exempt from all taxes and duties.

Finally, the machine is ready to come out. This is a small miracle. The machine and all its parts are transported to the Subud house in Kinshasa. We assemble it and give it a trial run. This phase has to be done in order to be sure that all the parts are fully functional before we move the whole installation to Kingantoko.

#### Finding the Right Location

Here in the DRC, resources and skilled labor are not readily available. It is now Monday. Papy Kabondo and I are on our way to Kingantoko to find the right location for the installation of the container that will house the brick-making machine, so we can prepare and level the land to make it ready to receive the equipment.

# We should be proud of ourselves and SD Congo

Papy knows a lot of people in this area and is able to get some workers with equipment to do the prep work. Keep in mind, it has taken us 6 hours to get to the site and 3 hours to make the base and level the ground to accommodate the new installation. Everything is done manually, from the transportation of the stone, to the excavation and leveling of the ground, getting water etc...

Meanwhile, back at the Subud house, we assess the work that is needed and ask for prices to make sure that we can get the money to complete the assembly. It took 2 days to get all the electrical supplies and welding equipment onto the site and to make sure the money is given to the tradespeople so they can buy the materials. We are now ready to start the work.

When I get to the Subud house everybody is sitting down waiting for the power to be hooked up so they can start the welding. But there is no power in the whole neighbourhood! So for 2 days we wait for the electrical power to come back. We familiarize ourselves with all the parts and cut all the steel by hand. The steel is more than 6mm thick so it takes the whole day to cut these pieces.

Wow! It is now Thursday, and they are able to start the generator and make the connection from the main distribution panel to the brick machine and the pan mixer. For some reason the brick machine was not working and we had to leave to go to Kwilu Ngongo for our site meeting.

We got back to Kinshasa at 11 pm on Friday night. On Saturday morning I go to the Subud house to find out what was happening. To my amazement, the motor for the pan mixer is installed but the pulley has broken, even though it was working before. We try to get the brick hydraulic pump to work. The pump turns, but we are not able to get enough compression. We try to reverse the motor to turn the other way, but it still does not work.

After 1.5 hours of going back and forth we try to find someone that is familiar with hydraulic pumps and gear systems. Two hours later the hydraulic pump is finally working.

At 4 pm I have to get ready to leave but we go through all the steps of mixing everything together and – voila! – the first of the hundreds of thousands of bricks that SD Congo will use to make better lives for the people of the DRC. We should all feel very proud of ourselves and the SD Congo team!

# **Clean Drinking Water in the Congo**

Susila Dharma International reports on how CED-ERI-Madimba brings clean water to its health center and nearby village...

Good health starts with clean drinking water, free of parasites and bacteria. Earlier this year, many generous donors supported Susila Dharma International Association (SDIA), SD Congo and CED-ERI-Madimba – a project member of SDIA and SD Congo – to bring clean water to its hospital center in Kongo Centrale province as well as to a nearby village.

Providing clean drinking water is a way of pre-



Well under construction.

venting illness and infection. So instead of just treating illness, project leader Ferdinand Bisalu decided to take things in hand by bringing clean drinking water from a nearby spring to both the health center >

and the nearby village of Kimbololo, population of 4,836.

The population of Kimbololo is higher now than when SDIA first began to support this project, as babies are born and people move into the area in the hope of a better life: one with access to clean water, electricity, health-

#### Preventing illness, lightening the work of women and girls...

care and education. The mothers of the village welcomed the visit of Susila Dharma representatives on June 10th, telling them how happy they were that SD Congo, CEDERI and all the donors have agreed to help them.

As one mother said: "We have to get up very early each morning, to walk and carry back heavy tubs of water that we need to wash our children, prepare food, clean and wash the clothes. Our thanks to those who helped make this project happen. Soon we will have clean water just steps away from our homes."

We asked the men why it is only the women who do the arduous work of collecting water. They told us "That is our custom. Women collect water, because they love cleanliness, and need to wash the children and the clothes." Don't the men also like cleanliness, we asked? "Yes", one said, "but the women like it more." One told us: "We are very grateful for this project because it lightens the heavy burden that the women here have to bear every day."

Bringing 5000 liters of clean water per day to the village will considerably lighten the work of watercollection for women and young girls in Kimbololo where the water point is being installed, as well as improving the health of the community.

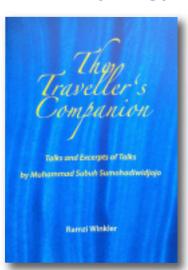
As of mid-August, the well has been dug, a shelter for the pump has been built and the conduit taking the water to the village and the hospital is in place. The only work that remains is to build the structures that will hold the tanks. We're nearly there! Our heartfelt thanks to all who have supported this project.

On the SDIA website https://www.susiladharma.org/?p=1975 you can watch some short videos shot by Hamida Thomas during her visit to the DRC in June which show the progress on the work and the local environment.

# THE TRAVELLER'S COMPANION

Ramzi Winkler has compiled a new book...

To order the book, contact Heinrich Siegmund, (Subud brother from group Hamburg)! He owns printing facilities and has printed the book. Email: d.h.siegmund@gmx.de



Length: 230 pages. Price: 20€(Euros). US\$22. British Pound £17

"The Traveller's Companion. The book contains a selection of Bapak's talks, excepts and excerpts of my deary. Bapate's talks have accompanied me all along my Subud life. I have gained a deeper understanding of these talks. I have compiled this book in order to share it with my brothers and sisters. The title of the book came unexpectantly into my mind. As it were, I am a traveller on the "Subud- Road" and Bapak's talks are my com= panion!

Damzi Winkler.

Wolfsburg, Germany, July 2016.

# **Far from the Madding Crowd!**

Sebastian Flynn writes about the wedding of George and Davina...

Over a hundred people gathered at Gunnebah Retreat, near Murwillumbah NSW Australia on Saturday 3 September 2016, for the wedding of Davina Flynn to George Wilson, both members of Subud Brisbane group and Davina currently a Subud International Youth Representative.

Peter and Isti Jenkins and Marlena Basser from Gunnebah did much to help organise the wedding venue, with Marlena also officiating in her capacity as a Wedding Celebrant and she conducted the proceedings beautifully. Alex Slade who works with Peter and Isti at Gunnebah also did much to prepare the venue and it was great to have him join us for the reception as well.

Members of Davina's extended family travelled from Melbourne and all pitched in with the set up in the Gunnebah Hall - which was delightfully and creatively old-world styled, rustic, warm and welcoming, with a distinct flavour of Far From the Madding Crowd - minus the sheep!

The exchange of vows took place beside Gunnebah Creek, at the point where the stream was traditionally used as an Aboriginal women's birthing place. The weather was absolutely perfect following quite wild weather the previous night.

Proud parents, Hermina and myself, walked Davina down to a beautiful wooden floral arch built by George, who is a Construction Manager. After the late afternoon vows, family photos and canapés, there was a lovely dinner followed by dancing into the night to a live Celtic music group including George's Dad, John, and Davina's brother, Roland, on guitars, and myself on fiddle.



Proud parents, Hermina and Sebastian Flynn, with the bride, Davina.



George and Davina.



The wedding hall, themed from "Far from the Madding Crowd".

The wedding was attended by three sets of Grandparents, including Davina's Grandparents, Stan and Lorraine, (both nonagenarians!) from Victoria, as well as Amy - Great Grandmother on George's side. Davina's brother Roland returned from Boston and

also her friends Aurora from Europe and Eka from Jakarta travelled to Australia for the wedding and George's Aunt Rae travelled from Florida. Other

The exchange of vows took place beside a traditional Aboriginal birthing place... interstate Subud guests included Adina Weinstein from Melbourne, Lieth De Selincourt from Perth and Rhea, Matthia, Darcy and Sonia Dempsey and their children also came from Melbourne.

George and Davina have been together for three years and there was a great sense of commitment and love from them in the beautiful ceremony, to which they both brought much of their personal style in the vows, venue design and beautiful rural setting.

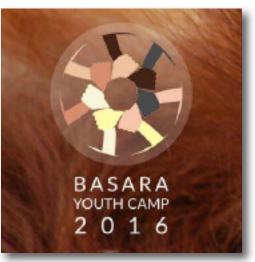
Gunnebah was the perfect backdrop to the happy occasion, made all the more warm and welcoming through the generous and open-hearted contribution of hosts Peter, Isti and Marlena.

Wishing Davina and George a very happy life together!

# **BASARA UPDATE**

George Demers, International Youth Co-ordinator, writes...

I hope most of you are aware of Basara Youth Camp 2016. It is a Subud Youth gathering which will take place from December 29, 2016 to January 7, 2017 in Rungan Sari, Kalimantan, Indonesia. It is a collaboration between Subud Youth Activities International and Subud Youth Indonesia and is being organized primarily by the youth in Indonesia ( by the youth, for the youth ) with support, as requested, from the WSA, IHs, all wing



bodies (SICA, SDI, SESI, SIHA), Yes Quest and Human Force, all of whom will be present during Basara and will help facilitate the event.

Basara is an opportunity for young members to deeply connect with Subud by deeply connecting with themselves. It's an opportunity for young Subud members to find their place within Subud and in the world. You can find out all about it on their website – www.basarayouthcamp.com.

We need to get our youth there, however, to allow them this opportunity to develop. Youth are notoriously limited by their lack of financial resources and attending will be very challenging for most of them. A challenge is good, but it is even better when it is a challenge that brings us all together to find ways to meet it.

In my role as International Youth coordinator I have had an opportunity to meet and talk with many Subud members and have always been moved by a strong sense of yearning many have to share the gifts they have received through the latihan with the younger generation, to allow them to discover, sooner, many of the things we discovered much later in our lives. Not to pass on Subud to them, but to share Subud with them. Together.

I have this vision of every single local Subud group interacting with their youth. Wouldn't it.... couldn't it.... be amazing if every group began a project to work together to raise enough money to send one or two young people from their group to Basara. The older members working with the younger members, getting to know each other, sharing together, stretching and growing together. Teaching each other to fly. Yes, that would be amazing. We can do that!

Note: it is also possible to donate directly to Basara. There are two funds established, one to assist youth with registration costs which can be accessed through the Basara website at www.basarayouthcamp.com. There you can find a secure Paypal link for donations. The other fund is the International Youth Travel Fund to help mitigate the travel costs of those youth who need to travel the farthest.

This fund can be contacted through the WSA website www.subud.org. Basara website http://basarayouthcamp.com

# SIEASECTION

#### I WAS SYLVETTE

The Story of Lydia Corbett By Isabel Coulton Endeavour London Ltd - Hardback - October 2016 - £25

In the February issue of Subud Voice we carried an article about Lydia Corbett, formerly Sylvette David, who was a model for Picasso. Picasso's portraits of her started the worldwide craze for the pony tail. She is also, of course, a Subud member and her daughter, Isabel Coulton, has now written her life story. This is a beautiful book illustrated by many paintings and previously unseen photographs.

• Published to coincide with a major exhibition of Picasso's portraits at the National Portrait Gallery

• The iconic story of the girl with the ponytail, one of the few living sitters of Pablo Picasso, who produced over 60 portraits of Sylvette David

• Written by Isabel Coulton, as told by her mother Lydia Corbett, in a series of intimate and insightful interviews

• Illustrated with unseen photographs and Artwork

• Accompanied by a limited-edition copy, £150, bound in a Batik print inspired by Lydia's love of Indonesian fabrics, with each copy including an original pen and ink drawing with watercolour wash by Lydia, with a framed value of £250.

For a few months in 1954 a beautiful young girl crossed the path of the country's greatest





Lydia Corbett La Danse de la Vie 14 - 27 October 2016

Beside the Wave 41 Chalcet Road Primase Hill London NW1 8L5

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Reek townch: New book on the life of Roose's muse I was jokened the Stary of Lydia Corbell within by kased Coulton.

DAVID SIMON CONTEMPORARY



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The limited-edition copies (£150) include an original pen and ink drawing with watercolour wash by Lydia, with a framed value of £250.

artist, Picasso. What followed is a wonderful stroke of good fortune, as/she became the subject of his Sylvette series, over 60 portraits, drawings and sculptures, and incidentally perhaps the most renowned source of the long-skirted, pony-tailed 'Look of the Fifties'.

Sylvette David's life was changed by the experience, and she began the journey that was eventually to see her, now Lydia Corbett, become a regularly exhibited artist in her own right. The ride was often an uneven one, as she navigated marriages and relationships, life in Notting Hill or the Marais in Paris, at Dartington Hall and in a Devon village nearby, working with antiques, modelling, raising children and searching for enlightenment in Indonesia, Japan and New Mexico.

This book, illustrated by her, her mother's and Picasso's paintings as well as evocative photographs from the family albums, tells of the places and people in her life, both after 1954 and, just as fascinating, before. She spent her early childhood on the Île du Levant off the Côte d'Azur, notorious as a nudist colony, where her English grandfather, an unlikely clergyman, who won the DSO and MC in World War I, had built three houses.

By 1942 the family were forced to flee to an extraordinary community in the hills on the mainland, a refuge from the Germans and a resort of the local Resistance. Lydia completed her education at the archetypal child-centred experimental school, Summerhill, in Suffolk. With such an unusual childhood, it is no wonder her life has been full of twists and interest, intriguing and inspiring in equal measure.

More information about the book and the launch can be seen at www.sylvettedavid-lydiacorbett.com/books

### OUR SUBUD STORY: ASMANIAH FRAVAL

OUR SUBUD STORY is a SICA project initiated by International Helper, Isti Jenkins. The project celebrates the collective unfolding history of our Subud experience and is intended for presentation at the next World Congress. Isti has began to collect the stories of Subud members, inspired by this quotation from Ibu Rahayu...

The project aims to facilitate the transmission of the Subud story to the next generation. In a discussion about the project, Peter Jenkins suggested it was like that primordial experience where a group of people gather around the campfire and share their stories. Isti is now taking this image as the basis for the project's logo.

At the last Subud Australia National Congress, Genevieve Hayward conducted this interview with ASMANIAH FRAVAL

#### How did you come into Subud?

My parents were opened in 1957 when Bapak first went to England and I knew instantly that whatever these older people

had, I wanted. I just felt really good around them. I loved the energy. I was nine at the time.
In those days the age for being opened was 18 and that's also around the time you're finishing school. My eighteenth birthday was in May and my final exam was in June or July and we happened to have Varinda Vittachi come and visit the group.

My back had packed up and unbeknown to me, my parents talked about me, as parents do! They



Human beings have always gathered around the campfire to tell stories. This was in Poland on the birthday of twins Osanna and Maya.

went off and did some testing and felt that this back episode that I was having was an indication that I needed to now do latihan myself and take responsibility for my own inner.

So I was opened about a week before the final exams which is totally not the thing to do according to "the book"! But I'd done most of the study so actually it worked out fine. I was a little bit off the planet but I actually got good grades!

Latihan had been done in our house for years because it was a small group and my 80-year-old grandmother was opened, and my grandfather,

ears because it was a small opened, and my grandfather, pinking as I was about to be

and my parents, and I remember suddenly thinking as I was about to be opened, 'Oh, I'm going to be in contact with the power of Almighty God, I'll just shrivel up and I'll be consumed in a ball of flames or something'.

Then I thought of my little old frail grandmother who had been doing latihan and I thought 'Oh, maybe it's alright, maybe it's safe!'

During that first latihan I was making movements freely that I knew should have caused pain; is this what latihan feels like I wondered. So later that evening I tried to make those same movements and it hurt! That was my opening, I didn't have to search because it was all there for me, and it's been the core of my life really from the time I was nine right the way through.

#### A trip to Indonesia

When I was about 20, I went to Indonesia for Ramadan. I had three weeks off work. Ramadan had already started so I was here for the end of Ramadan.

This was the first time I'd been to Indonesia and at the end of Ramadan there's Idul Fitri and in Indonesia it's a really big thing across the whole nation. Families travel, usually to be with the oldest members of the family.

The way they ask for forgiveness in Indonesia is called *sungkem*, where you kneel and you put your head on the knee of the elder and they give you their blessing. I didn't know any of this and at one stage in the evening people started lining up to go to Bapak and Ibu Sumari who were sitting in chairs.

When people got a little distance away, they got onto their knees and basically moved forward on their knees. So I followed and took my turn, having no idea about anything.

I put my head on Bapak's knee and he put his hand on my head and said "Ja, ja" and I can only say it was like when Jesus forgave people their sins like you hear about in the bible. It was just like my whole being had been wiped clean. It was just the most amazing experience and something I have never forgotten.

It was such a confirmation, well I didn't really need confirmation, but it was I suppose my own experience of the real Bapak and who he was.

During that time I also saw the other side of Bapak, where he walked around in his singlet and joked and teased Ibu Sumari and was very normal. But when he was in that other state he was very extraordinary. He always said, "I'm an ordinary man" and yes, he was, but he was also very extraordinary.

During that same time, Ibu Sumari, his wife, became a very special person for me and because my cousin was living there and had told Ibu that I had come to stay, Ibu sent back with my cousin a small bowl of peanuts. Very normal peanuts in a little bowl; she had this ability to know what people wanted or needed, even though I had no idea I needed peanuts!

Maybe it was the salt, maybe it wasn't but those peanuts were like eating something from heaven. >

It was like my whole being had been wiped clean...



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It was just extraordinary and I've heard so many stories from people to whom Ibu would send something and it was exactly what they needed, for whatever reason.

#### Work and Roles in Subud

I've done a lot of different jobs in Subud and I guess in some way that's like playing my part in terms of being so grateful for the all-encompassing gift of the latihan. Each of the jobs has its own challenges and things that you learn, but also it's very much an inner journey and really an inner stretching.

I guess the biggest one of those jobs from that point of view was doing the IH (International Helper) role. That was a really amazing four years. I was an International Helper from the Innsbruck Congress to the Christchurch Congress, so 2005 to 2010.

I was travelling to countries that I would never have travelled to in my ordinary life. Just feeling the closeness with people, and also

because you've travelled to see them, there is an expectation and you realise that you have absolutely nothing unless you really surrender and try to be as good a channel as possible. You don't know the situation beforehand and you can't do homework to that extent on the groups or the people.

#### The Committee and Helpers' Roles

I've been a National Helper in Australia and National Chair, both for four years. I'd been in a Helper role Local Helper, Regional Helper back in the UK, and National Helper here in Australia. Then I got tested in for National Chair and, this was at a congress of course, and the very next day there was going to be a Helper workshop and it was like 'Oh, I can't go to the Helper workshop because I'm not a Helper now'.

There was a feeling of missing out on something which might have been really good but it was replaced in about half an hour with a feeling of 'ah, this is something new where I can actually do more of a "doing" role' but using my inner to help me in that role; to look at things in a more holistic way than just a straight committee role and to actually bring everything together.

I have to say that it has been really good, really interesting how you can get ideas that just come in during latihan and at other times, ideas that you hadn't even thought about. You realise, yes, that is exactly what is needed at this time. I just found it really good, I have to say, really good. You never know which door is going to open next.

# VEDA HILLE: LOVE WAVES

Harris Smart talks to Canadian singer and writer, Veda Hille... Hi Veda, I believe you have a new CD out and have been touring it. Tell us all about the CD, the songs, where the inspiration came from. How is the tour going?

My new album "Love Waves" came out on May 21 this year. I've been working on this one for a long time; I wrote most of the songs in Berlin in 2013. This is the first personal writing that I've done since the birth of my son in 2008, so of course a lot of the inspiration came from family, love, aging, exhaustion; all that parent stuff.

Veda Hille.



Asmaniah Fraval.

That is paired with the influence of Berlin itself, one of my favourite cities. I thought about Bowie and Eno making their incredible records there, and tried

#### I started playing piano at age six...

to channel some of those sounds into the bones of the songs themselves.

I believe that recently you have also been doing a stage show. What was that all about?

I also work quite a bit in musical theatre these days. This spring saw the premiere of "Onegin", a show I wrote with my long time collaborator Amiel Gladstone. It is a rewrite of the Tchaikovsky opera and the Pushkin poem, and I also started writing it in Berlin in 2013. So I've been hunkered down for almost three years working on the two things that came out this spring.

I know that some years ago you did a show based on Craig List. What was that all about? When are you bringing it to my city, Melbourne?

Harris, I'd love to come to Melbourne. Send the ticket and I'll be at your door. The show "Do You Want What I Have Got? A Craigslist Cantata" (written with Bill Richardson and Amiel Gladstone) premiered in 2012 and has had quite a few productions. The next one is a showcase run in New York, so if that goes well we can expect more touring. It's a musical based on real Craigslist ads, which sounds ridiculous. It is ridiculous, but it is also kind of melancholy and sweet.

You grew up with a Subud mom and dad, your dad very involved in music, and your mum very

involved in humanitarian activities. What was the influence of your parents on you? How did you come to Subud? What is the relevance of Subud to your life and art?

My parents are wonderful people, so their influence has helped me to try to be wonderful and find other wonderful people to be around. The Subud community on the west coast is and was pretty lively, especially as I was growing up in the 1970s. That has made me a very social person, among other things. I was opened at a congress in Southern California when I was 20, and I started writing songs soon after that. I've always felt that the latihan



Veda's latest album is "Love Waves".

helped me find my writer's voice, and also helped me to surrender to that voice rather than try to control it.

Tell us in general about music in your life. When did you start? How has it been important for you?

I started playing piano at age 6, after begging my folks for a year for lessons. I'm grateful to little Veda for knowing what she wanted so clearly. I played classical music all through childhood, and then branched out into pop and jazz when I hit my late teens. I've always credited art school with teaching me how to make things, and once I applied those techniques to music it all came together in a kind of whirlwind of clarity. As soon as I started writing songs I felt like I'd found something that could interest me for the rest of my life. So far that has continued to be true.

Tell us about some of your musical influences? Do any of those other famous Canadians such as Mitchell and Cohen, McGarrigle sisters etc play any part in it?

Those artists were played in our house as we grew up, so of course they were influential. I list as more direct influences Glenn Gould, Talking Heads, Brecht, Robin Holcomb. I didn't use to say David Bowie, but since he's died I've been more and more struck by how much he meant to me growing up and throughout my life.

It seems like you have already done lots of things.

The latihan helped me find my writer's voice

# Recorded, performed, done stage shows. What's the big ambition for the future?

Well, I'm pretty happy to continue. Making records and shows is immensely satisfying, and I'm so pleased to have such an eclectic career. I need to learn how to take more holidays. Maybe that's my big ambition. Longer holidays.

How can those of us in far-off lands see and hear you? Where are tracks up? YouTube clips etc.?

My central internet place is www.vedahille.com You can keep up with all my projects there, and buy music either as a download or hard copy mail order. You can also follow me on twitter @vedahille and on Facebook as Veda Hille. My instagram handle is @loveyoulikealion. There's lot of stuff up on youtube. I'm going to centralize that soon, but if you do a search



Veda Hille wrote the music for the stage show "Craig's List".

Its a good life, making music...



you'll find all kinds of weird things. There's a new video for the song Charismatic M.F. being released at the end of July, keep an eye out for that one. It's fun.

I believe you also have a family life. Tell us about that.

My stepdaughter is 23, and my son is 7. My husband is just about 45. We live in Vancouver, and I attend far more soccer practices than I ever expected.

#### Any Final words?

I prefer the music to be my representative. I'd be thrilled if people spent time listening to songs on my website or on Youtube. It's a good life, making music. I'm glad to have folks listen to it.

Thank you, Veda.

# THE WORLD'S OLDEST MIME

#### From The New Yorker magazine...

"At eighty-seven years old, I am the world's oldest mime," Richmond Shepard says. A New York native, Shepard studied under the mime legend Etienne Decroux and alongside Marcel Marceau in Paris in the nineteen-fifties.

He went on to be featured in countless national commercials, and made appearances on daytime talk shows and television programs such as "The Jeffersons" and "Kojak." Nowadays, Shepard says, a mime is often considered just "a pest on the street, making a wall and asking for money."

But this short film by Riley Hooper and Noah Wagner, which follows Shepard through the New York City subway and streets, explores the fleeting connections and subtle interactions that the art of miming can still inspire. "A lot of communication can happen in silence," Shepard says. "But you have to listen."

http://www.newyorker.com/culture/culture-desk/theworlds-oldest-mime



Richmond Shepherd.

# BEARS UP CLOSE AND PERSONAL Isaac Goff has been photo-

graphing magnificent landscapes and wildlife up close and personal in Alaska.

Go to this Facebook page to see more of his spectacular images.



https://www.facebook.com/isaac.goff.7?pnref=friends.search

# **COOKIES FOR** PEACE

#### Latifah Taormina writes...

Amy's Ice Cream is a famous and beloved chain of ice cream parlours throughout Austin. Totally Austin. Amy's has also just now opened a new bakery called Baked by Amy's!



The picture of the cookies below, the

package they come in, and the text message below the picture is from our media team that's been working on our behalf since we began with Poems for Peace in 2012.

"BAKED BY AMY's" made all these cookies for our Peace Say Austin team to do old school media drop today! The media is LOVING it!

We're already getting calls and text about how awesome that it. "Baked by Amy's" will be selling these in the bakery thru the 21st!

This is in addition to having peace ice cream flavour at all Amy's ice cream shops Sept 17-21! So excited!

Nicole printed Peace Day Austin labels, and she and Todd delivered cookies with our Peace Day Austin press release all morning today!"

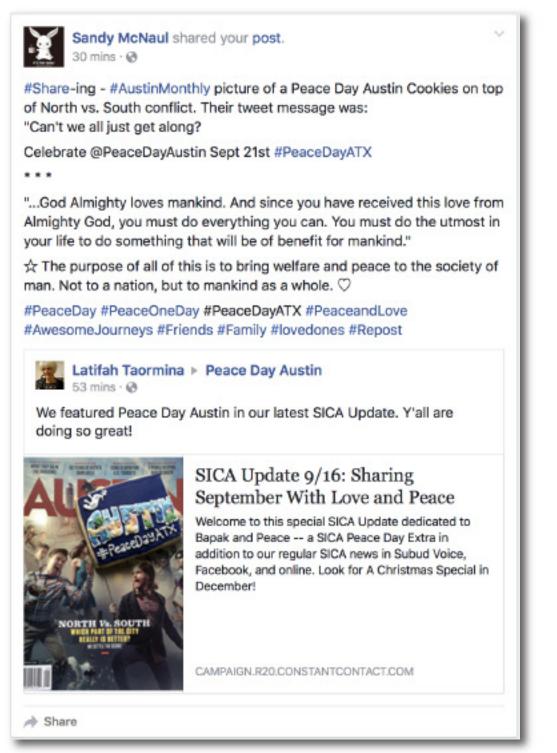
# MORE COOKIES FOR PEACE

Cookies update just in from Latifah...

#### Amazing....

I just shared our September SICA Update in our Peace Day Austin group on Facebook as they're all our partner organizations in Austin working to make Peace Day special - and they're not in Subud. But since we said a lot about Peace Day Austin up front, I thought they'd like to see that and wouldn't really read all the stuff in there.

But almost immediately, one of the people who visits the Peace Day Austin site and is connected to Austin Monthly Magazine (which is pictured in the Update) tweeted this out to several twitter groups -- and as you can see, he really like the Bapak quote at the top of the Update: See the attached screen shot below....



# THE BIRTH OF COLOUR

#### Dahlan Foah writes...

The Birth of Color is a SICA project launched by Honora and Dahlan Foah, which will have its première performances in Budapest on October 7, 8 and 9. For more information, please visit www.birthofcolor.org

The piece is a frequency opera based on ancient and new scientific ideas and images about the creation of the universe. It is an hour-long performance piece for male and female chorus, singing bowls and percussion, with light and projection. The author of the piece, multi-disciplinary artist,

Honora Foah is both a mythologist and a science enthusiast with an inspired interest in how we imagine the world and therefore how we act. Lucio Ivaldi is the composer, poet David Brendan Hopes the lyricist. The projection designer is Nicola Vidali and Honora Foah is the author and director.

The story is narrated simply, almost as a basic myth, combining elements of physics, the ancient Indian Vedas, dark matter and dark energy, the evolution of the basic forces and

Goethe's color theory. The Creation is told as a love story, where the original oneness engenders longing and appreciation as it begins to split into all of the parts of the manifest world. The work is a reminder of the sheer beauty and wonder of creation and how the more we understand, the more mysterious and beautiful it becomes.

OF

Honora writes: In the whole Recombinant DNA series, the respect for the wisdom of the ancestors is combined with a great enthusiasm for the understanding of the world that comes from science, all seen through the perspective that many years of doing the latihan has synthesized. Bapak's admonition that in everything we should see and hear and taste and understand for ourselves, and to create culture that comes authentically from our own understanding, is ever with me. I don't have to remember that or call it up, it is there every minute.

Dahlan adds: Yes, donations towards this on-going project are happily accepted: http://mythicimagination.org/main/donate

If any SICA members are in Budapest during the Première, please contact Dahlan for free tickets! To see a video about the performance: http://www.birthofcolor.org/frequency-opera-video-2

#### PERMAKULTURE KALIMANTAN VIDEO

Frederika Louise Paembonan writes...

Permaculture, orangutans and street theatre in Borneo, Kalimantan, what do all these elements have in common? Our community project Permakultur Kalimantan Foundation, that's what....!

We are excited to be introducing ourselves here on Steemit. And if it all goes well, we look forward to keep posting updates of our project on this platform.

Only a few years ago, we moved to one of the last remaining lungs of the earth, Kalimantan Borneo. Some of our neighbours here include orang-utans, in fact the world's largest wild population of orang-utans live here. If we go down the river we can see them in their forest home. However, they and their habitat are under threat... in fact their status is now critically endangered.

So we started a community project that offers solutions



A Marriage of Darkness and Light

Birth of Colour Logo.

www.permakulturkalimantan.org and invited Curious Legends theatre company from Australia to work with us to engage the local community in an epic environmental street theatre performance. This video is the result!

For more details on the project, please go to: www.orang-utan.com.au If you have any questions about this performance project, Permakultur Kalimantan Foundation or Curious Legends please post questions on the Steemit page.

Funds collected will go towards Permakultur Kalimantan's longterm environmental programs, such as: education for local villagers, solar power for remote communities, helping farmers to farm sustainably without using GMO crops or burning land, sustainable enterprise development, cultural and recreational programs for local youth.

#### THE REALITY OF OUR SUBUD ORIGINS David McCormak writes...

We did testing tonight in our group about how is a person's spiritual path and growth when they follow Bapak's guidelines, and how is it when they don't. I didn't suggest this and won't share the results, but it made me want to share some things not part of our receivings.

Bapak's helpers say when one is opened, as I was and you were, to receive two latihans a week for about half an hour. They don't say receive one a year for four hours, or one a day for two minutes. Bapak's helpers tell us when opened just continue with life in society and don't withdraw from it. Bapak's helpers use testing from time to time to bring me/us to awareness. Did anyone in Subud know of any of this, or was it received by Bapak completely alone and passed on with nothing withheld?



Bapak as a young man around the time he received the revelation of Subud.

What I witnessed was Bapak alone. I was opened in 1970 and my parents were opened about 1959, and I can tell you with convic-

tion that everything about the latihan was only understood by Bapak. In fact no helpers really knew before being opened what the nature of true worship was.

I never saw one member in any role who wasn't praying and hoping for his guidance in every respect about what the latihan was about in the beginning, because everything was a complete mystery to every single member and helper I knew.

The holy opening words, strictly Mhd. Subuh. Everything about how to organize the outer shell was only understood by Bapak. Terms for committee. Strictly Bapak. Duties of each role in Subud, strictly Bapak. Congresses every two years and int'l every four, strictly Bapak. Culture, the arts, and enterprise. Strictly Bapak. The meaning of the words "susila budhi dharma", strictly Bapak. The descriptions and roles of the lower forces living in us from his book Susila Budhi Dharma, strictly Bapak.

Did any of his appointed helpers beyond his inner circle in Indonesia understand much at all about this gift from Almighty God when Y M Bapak was first guided to leave Indonesia? Never saw one or heard of one in all these years, and neither did my parents. So if someone isn't honest about how all of this in Subud came into being, then they are taking that upon themselves and what they are doing is their own thing, and is not Subud.

And yes people got swelled heads and claimed things almost from the "get go" as I understand it, even in the 1930s. So The Almighty allows anyone to claim anything, and it is we who must turn constantly to God for help in order to know the truth and reality, in hopes that our surrender with patience and acceptance and sincerity becomes accepted and more and more submitted to only God Almighty, eternally, God willing.

# **OF SPECIAL INTEREST**

At Subud Britain's recent Congress, the Counselling Therapy Workshop was to some people of special interest, as the subject has often caused controversy. When, for instance, is it appropriate for a Subud member to receive counselling, and when is it best to leave the process to the latihan? Monica Jones sent the following account of what was discussed this time...

#### Counselling Therapy Workshop at Subud Britain Congress, 2016

This was our second year to offer a workshop on counselling at Subud Britain Congress. In our >



Psychotherapy? Some questions, no simple answers.

first year, we were five therapists talking to one another. This time we held a two-hour open forum, in which roughly fourteen therapists and non-therapists shared their thoughts.

Our session began by exploring people's reasons for coming to the workshop. Roughly half of us were directly involved with counselling, or a related therapy. Our approaches were very diverse. We could all, however, relate to discussions about clients experiencing depression, acute anxiety or, sometimes, spiritual crisis. Within diversity, we discovered a lot of common ground.

One heartfelt question came from a participant, not herself a therapist, seeking support for someone else, who was suffering with depression and at risk of suicide. What kind of therapy would be most beneficial? It was pointed out that the sufferer has first to become aware of their need for help, and be willing to seek it.

All the therapists who spoke accepted, I think, the value of an approach founded on empathy, non-judgement, sincerity; and listening with 'the whole self' to the other person. Equally important are caring and concern for the client, enabling a trusting relationship. From such an alliance, healing and growth can arise.

We generally found no conflict between counselling / psychotherapy and the Subud latihan. As someone put it neatly, when we have a physical health problem, we might well do latihan – but we probably also go to a doctor.

Therapists increasingly recognise that a client may sometimes want to address spiritual concerns, and needs to feel 'heard', if they do.

One interesting question arose: If a therapist starts to experience the power of the latihan during a counselling session, is there a risk they may inadvertently open their client? For someone already in a vulnerable state, that could be acutely distressing. We agreed that care and sensitivity are needed in this connection.

Some questions that came up had no simple answers. How, for instance, can one distinguish between genuine spiritual experience and a hallucination or psychotic delusion? What difference is there between heightened consciousness induced by latihan, and apparently similar states achieved through a mind-altering drug, such as LSD?

I learned a lot from facilitating, and taking part in, this workshop. I hope others did, too.

#### WORKSHOP NOTES AT BRITAIN'S CONGRESS

Writers' block affects most of us when we attempt accounts of Congress workshops, but here are a few notes that I made. However, please bear in mind that I could not be at two workshops at once, so some are not reported, and my notes were not checked by those concerned, who seem at present to be 'on holiday'. – *Ilaina Lennard* 

#### **Community Housing Project**

Robert Copcutt gave us an update about the community housing project that is developing near Cambridge. There will be 42 houses of various sizes, and the project hopes to be completed in about 18 months.

#### Lewes Group

There are now 159 members of this very active group. Its speedy growth has on many occasions been because of the Subud school that now exists in Lewes. Parents often learn something about >

Subud from that source.

There is still much disappointment that the St Ann's project was shelved.

Group representatives: at present there is only one representative for each group, whether large or small, but there is now a suggestion that big groups should have more reps.

#### Poland - the Zonal meeting

About 400 members came to the Zonal meeting this year, which next year may be held in Greece. We heard that there was good accommodation and food, and that the event has already 'revived' Subud in Poland. However it did mean that not so many people came to the UK Congress.

#### **Plenary Session**

Some themes:

How do we best face our challenges and create a better future?

Enterprises: have more emphasis on their relation to the Latihan.

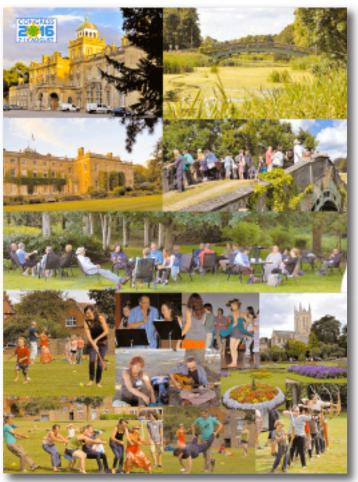
World issues and climate change.

There was also discussion about our young people - what more can we do for them?

#### The needs of elderly Subud members

This Workshop, chaired by James Robertshaw, went into a lot of detail as to the needs of elderly Subud members. Points raised included:

- Money issues and paying the bills what can Subud offer, advice, etc.
- Getting to Latihan is difficult for some
- Use of Computers and lack of IT skills
- Keeping in touch with the group
- Issues with illness and help from Subud
- The vulnerable and old want to stay at home, safe environment etc.
- Mobility issues.
- Asking what sort of help older Subud members need.
- Older members want to talk about their experiences etc.
- Taking old people for occasional drives.
- Having a daytime latihan and bringing lunch.



Activities at the UK Congress, 2016.



Make it a social occasion.

• Make enterprises involving sheltered housing.

#### Hardin Tibbs' Workshop

Hardin stressed that we as Subud members now need a definite strategy.

As he put it, "If we don't know where we're going, we're not going to get there!"

He felt that our objectives now should be:

- Build more Subud houses
- Do more enterprises
- Do social projects
- Support our members and also our local community
- Keep a historical record of what is being done.

#### Subud Alpujarra

Muchtar Nankivell gave an inspiring account of how the Subud group near Orgiva, in Spain, has gradually grown. It was first initiated by Hu-



bert and Sophie von Bissing, who have now died. They had both had a strong experience of the place being of some importance to Subud in the future.

Gradually more houses are being built there and the place has a number of alternative therapists. It also attracts retired people and Subud members of many different nationalities.

A latihan hall has been built which can accommodate about 15 people, and a second one will also be built soon. Possible future enterprises include growing organic vegetables.

#### Subud in the World

There was discussion about having a special budget for publicity and for providing free leaflets on Subud.

Subud websites need updating. This should be financed by WSA.

Only Subud members should be able to access Bapak's talks.

We should be more flexible about the applicants' 3 month wait before they can be opened, but at the same should explain that Subud might make a very big change in their lives.

#### World Subud Association

The World Subud Association as such, has become well established. Some of its fruits are now visible.

The travel of the International Helpers is very important.

Subud information is now available in more than five languages. But \$500,00 is still needed to make an ideal budget. At present it has only \$200,000.

Zone 4 will meet in Greece in 2017.

#### Susila Dharma Britain

The SDB Chair continues to be Annabella Ashby. The present Committee has four men and two women - more are still needed. There may be extra news about SDB later.

#### **Congress Outcomes 2016**

Have one National Council meeting per year when all Wings are present to lead a meeting with the Trustees and Helpers to help create a clear vision for Subud Britain.

Recommendations can be found at www.subud.org.uk/reports.html - see Congress Outcomes 2016, or ask your Group Secretary for a copy.

#### Officers

Pollard Blakeley is National Chair

Amelia Pimlott is Vice Chair

David Rose - former National Treasurer, has, I believe, now retired.

The North Region and the South East Region have vacancies for Regional Chairs.

A new National Treasurer is also still to be found.

According to Pollard Blakeley, this was the best ever Subud Britain Congress.

Snippet: Someone said "Bapak didn't always follow his own testing."

#### A TRIBUTE TO ANDREAS ZYS Ilaina Lennard writes...

On July 8th, Andreas Zys died of cancer. I would like to pay him a tribute, because he played a very special part in my life at one time.

Those of you who remember him will most probably think of him in connection with his role at Anugraha, our international Conference centre in England, where he often helped to organise events.

Andreas' parents were Polish Jews who met in Italy. They married shortly before the outbreak of the Second World War

and Mussolini had started to introduce increasingly severe restrictions on Jews. They were on the last train which left Italy before Germany attacked Poland in September 1939. They moved to England where Andreas grew up.

Andreas made a fortune as a pharmacist setting up "medicine only" pharmacies. He had a large and beautiful house not far from Maidenhead, which he shared with his second wife Susannah. Sometimes Subud members would be invited to stay there in times of need.

When Anugraha got into financial difficulties he played a pivotal role. At the time, four families, including ours, had pledged their houses as collateral, in an effort to save Anugraha. It was at that point that Andreas came forward and 'protected' the homes of all the Guarantors. Thanks to him, and his generosity and courage, their homes were saved.

In 1992, however, it was nevertheless clear that Anugraha had to be sold. But the houses of all the Guarantors were

Andreas Zys (left) with International Helper Daniel Bellaar Spruyt at Anugraha.



The Zys house near Maidenhead, UK.





now safe, although – according to Susannah Zys – "the precarious financial situation of the Zys's themselves has still to be resolved".

Sadly, Andreas and Susannah later left Subud, for reasons unclear to me. However, in 'Subud history', Andreas will always be a very special man, someone to be remembered with much gratitude. God bless him!

# **ADRIANNA KING-HALL**

#### Ilaina Lennard writes...

Many Subud members will remember Adrianna (full name The Hon. Adrianna Suzan King-Hall), who some time ago was Subud Britain's National Chairperson.

However, sad to say, Michael Heathcote sent news that Adrianna is now in a Care Home in East Grinstead, Sussex. She has severe dementia and can no longer recognise anybody. He says that she is nevertheless being well looked after and seems very happy there.

Her father - Stephen King-Hall, was in his time well known as a British naval officer, writer, politician and playwright.

Adrianna was a totally dedicated Subud member, with a strong and fearless personality. Often she could be upsetting, but she was also very caring. And Bapak would sometimes single her out when he wanted someone to demonstrate a test.



Adrianna King-Hall at Anugraha in the 1980s.

In Norway she was also of considerable help when some problem had to be resolved, as she seemed to have a special gift when formulating the right question to test.

More memories of Adrianna, who was well known internationally, would be welcome. Please send whatever you would like to say, to llaine Lennard, e/m ilaine.l@blueyonder.co.uk

# SUBUD LINKS

- www.bythewaybooks.com has books about Subud and by Subud authors.
- www.bythewaybooks.com/private is a link for books of Bapak and Ibu Rahayu talks.
- www.subudbooks.com Subud books by Subud authors from SPI including DVDs, MP3 and e-Talks by Bapak and Ibu Rahayu.

• list.web.net/lists/listinfo/subud-bapaktalks - to subscribe to receive a free weekly Bapak talk via email or, send a message for help to subud-bapaktalks-l-request@list.web.net

- www.subudlibrary.net provides access to over 1,700 talks, audiotapes, books and articles by Bapak, Ibu Rahayu and others with translations.
- subudprayer@googlegroups.com an online Subud Prayer Network where prayers and requests for prayers can be shared. Subscribe to Moderator, Malama at subudprayer@gmail.com
- www.subudusa.org Subud USA website.
- communications@subudusa.org for submitting articles, posting news and events to the National

website, blog/e-Blast and newsletter.

- www.SusilaDharmaUSA.org Susila Dharma-USA website.
- www.subud.ca Subud Canada website
- www.sica-usa.org Subud International Cultural Association-USA website.
- www.sesusa.biz Subud Enterprise Services-USA website.
- www.subud.org World Subud Association official website.
- www.subud.com World Subud Association website for the general public.
- www.SusilaDharma.org Susila Dharma International website.
- www.subud-sica.org Subud International Cultural Association website.
- www.subudyouth.wordpress.com Subud Youth Activities International website.
- www.subudvoice.net links to Subud Voice, an online, independent monthly Subud magazine available for free.
- www.subudworldnews.com provides the latest International Subud news, contact information and more.
- www.MSubuhFoundation.org Muhammad Subuh Foundation website holds and maintains the assets of the World Subud Association.
- www.subudprojects.net lists projects, artistic endeavors and businesses of Subud members.
- www.YesQuest.org describes residential youth programs that take place in different parts of the world.

Taken from the Autumn issue of SCAN, the magazine of Subud Canada www.subud.ca

## **ENTERPRISE HISTORICAL SNAPSHOT**

In the last issue of Subud Voice (September issue) we published an article called "The World is the World" which commented on a video made in 1997 about Subud enterprises for the Spokane Congress. Now that video is up on youtube for you to draw your own conclusions.

https://youtu.be/9Oou7LYWIIM

#### A STUNNING SURPRISE

#### Rohana Fraval writes from Melbourne, Australia...

Dear family, my loving and caring brothers and sisters

The Stroke that felled me came as a stunning surprise. More stunning was the love and prayers that flowed through your letters, cards and emails whilst hospitalised. Everyday more flowers arrived and through my foggy brain and half paralysed body I struggled to read and absorb all the love that was being sent my way. I strongly believe your prayers helped heal me. My faith in God and striving to be in Latihan gave me that added impetus to work hard to get well. Thank you, thank you from the bottom of my heart.

As they say "more things are wrought by prayer than this world dreams of." I came home from hospital yesterday.

#### A D V E R T I S E M E N T S

#### THEY WERE THERE – the Best of Subud Voice

Read about Bapak's horoscope – what a good astrologer saw • How Bapak died, and about the events surrounding his death• A talk by Husein Rofé, the first Westerner to receive the Subud contact • Who was Bapak? and the third secret of Fatima • Life with Bapak and Ibu • The present state of the world • Destiny – and misfortune • Varindra Vittachi's two talks at Amanecer • Life at the Amanecer World Congress ... and there's more!



#### YOU CAN BUY A COPY THROUGH LULU!

Go to www.lulu.com and type They Were There – the Best of Subud Voice in the search box and follow the on-screen prompts to the shopping basket, setting preferred payment method, delivery and billing address(es) and postage rate. Books normally take 3-5 days to arrive depending on postage price paid.

#### THEY WERE THERE – the best of Subud Voice VOLUME 2 AVAILABLE NOVEMBER 1st 2016

#### Ilaina Lennard's second compilation of Subud stories

"In compiling this book I found myself constantly thinking of new Subud members, who might like to have more background about the failures and successes that we in Subud have all encountered."

#### Here's some of what this volume includes...

How Subud began – Bapak • Bapak's wife Ibu – how she was and how she died – Lusana Faliks • Ibu Rahayu speaks about the present world chaos • Bapak's first visit to London – Hubert von Bissing • A Subud bank – Bapak's vision • Anugraha - the love affair that went wrong – Ilaina Lennard • PT S.Widjojo – Bapak's project and its demise – Rashad Pollard • Dharma Trading – the story of its success – Isaac Goff
Russia – the changes Bapak spoke about • Welcome Ukraine – Emmanuel Aronie • Interview with Wilbert Verheyen – Patricia Lacey

• Bapak's specialness – Rozak Tatebe

#### AVAILABLENOW! CREATION, THE PLANETS, MANKIND, & THE PROPHETS An Anthology of Extracts from the Talks of Bapak Muhammad Subuh Sumohadiwidjojo – Compiled by Ilaina Lennard. HOW TO ORDER YOUR COPY Go to www.lulu.com In the search box, type: CREATION, THE PLANETS, MANKIND, THE PROPHETS Click 'Add to Basket' and follow the online prompts to check out/payment and delivery options.

PROFITS to the Muhammad Subuh Foundation

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Ilaina Lennard offers to do your proof reading/editing/typing. Fees to match those in your own country. Excellent references. ilaine.l@blueyonder.co.uk TEL: +44(0)1242 707701 8 Sissinghurst Grove, Cheltenham, GL51 3FA, UK



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Publications

#### IBU RAHAYU VIDEOS ONLINE

NEW Videos of new talks by Ibu Rahayu are on the online Subud library!

Go to www.subudlibrary.net

(If you don't yet have a password, it's easy to get one. Instructions are there.)

On April 8, 2012, Ibu Rahayu talked at length to members in Kalimantan, Indonesia.

See these: Ibu Rahayu Questions, Answers & Advice

Ibu Rahayu Talk to Members

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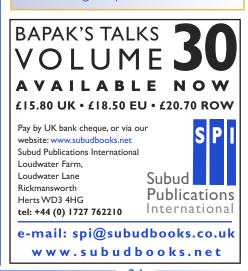


email: spi@subudbooks.co.uk w w w . s u b u d b o o k s . n e t

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Norwich NR3 4BBUK clague@paston.co.uk



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MONTHLY ONLINE DEADLINE FOR NEXT ISSUE: 20 OCTOBER 2016

Subud Voice is published monthly and the English edition is issued on the 1st of each month at

#### www.subudvoice.net

A Spanish facsimile edition usually appears a little later on the same web site.

#### SUBMISSIONS

Send articles, photos, cartoons etc. to Harris Smart, Editor Subud Voice, email: editor@subudvoice.net

email: editor@subudvoice.net Tel: + 61 3 95118122

Tel: + 61 3 95118122

Submissions are invited which relate to Subud life or are from Subud members. We cannot guarantee when or if a submission will be published. Preference will be given to articles of about 2000 words or less accompanied by a photograph, well-written in English and dealing with the activities of Subud members, or expressing a Subud member's perspective on a subject.

Articles should be written in such a way that they are intelligible and interesting to both Subud members and the general public. Sometimes this may mean providing an explanatory introduction or notes for the non-Subud reader

There is no payment for submissions. Correspondence about articles will generally not be entered into.

Submissions to Subud Voice may be edited for a variety of reasons including the need to shorten them or improve expression. If you do not want your submission to be edited in any way, please mark it clearly NOT TO BE EDITED.

The opinions expressed in the various articles are the sole responsibility of their authors and cannot be seen as representing the opinion of either the editor or the World Subud Association.

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