



## AVAILABLE ONLINE FOR THE FIRST TIME: *A GIFT FROM GOD & BAPAK: THE MAN AND HIS MISSION*

For the first time Subud Voice is making available online four video programs which document the history and development of Subud from Bapak's birth in 1901 to his 100th anniversary in 2001.

These programs were an official 100th Anniversary Project, under the patronage of Ibu Rahayu and other members of Bapak's family. They were funded by Rahman Connolly and Bradford Temple who employed Harris Smart, formerly a documentary TV producer with the Australian Broadcasting Commission, to write and produce the series.

They are now being made available for streaming online for the very first time in the most convenient and up-to-date form for consumers.



### The programs are...

#### BAPAK THE MAN AND HIS MISSION

*Part 1: 1901-1959: The Origins of Subud. 1 hr 16 mins*

*Part 2: 1957-1971: Preparing the Vessel. 1 hr 20 mins*

*Part 3: 1971-2001: Putting the Latihan into Practice. 1 hr 26 mins*

Then all three were compiled into one handy 65 minute version  
A GIFT FROM GOD 1901-2001.

### Presenting the History of Subud's Development

The programs present the essential history of Subud's development from Bapak's birth in 1901 to his 100th anniversary in 2001. The programs use practically all the film and video resources available to document this period including footage of Bapak in excerpts from talks we well as film of informal situations from Coombe spring to Niagara Falls. There are also interviews with Subud members including Sharif Horthy, Hussein Rofé, members of Bapak's family and many other Subud members.

“ A landmark production presenting a vivid and coherent account of Bapak's life and the story of Subud... ”

### SUBMISSIONS AND DONATIONS

Submissions to Subud Voice on any aspect of Subud life are welcomed. Send to Harris Smart, [subudvoice@gmail.com](mailto:subudvoice@gmail.com) We rely on donations to keep Subud Voice going. You can donate by going to the PAYMENTS button which is located in the toolbar at the top of the page. [www.subudvoice.net](http://www.subudvoice.net)

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"These programs are a landmark production presenting a vivid and coherent account of Bapak's life and the story of Subud to 2001. Any future program about the history of Subud will most likely rely on these programs for telling the story of our beginnings." (*Peter Jenkins*)

Why should you purchase the three *Bapak: The Man and His Mission* programs when you get the whole story in a handy condensed form by just purchasing *A Gift from God*?

Condensed is the operative word here. In *Gift from God* you will get the whole story, but you will miss out on an incredible wealth of detail and some of the most interesting of the film sources.

All proceeds from these programs will go to support Subud Voice which like many other parts of the Subud organisation is struggling to survive in the present financial climate. This is our initiative to take an enterprising attitude to our situation.

[Here is how you can get the programs...](#)

On payment of the fees you will be given lifetime access to stream the programs at any time. Each program costs US\$25 or if you order all four programs as a SPECIAL INTRODUCTORY OFFER we are making them available at only US\$60.

We hope that not only many individuals will wish to take advantage of this offer, but that national committees and local groups will also wish to add them to their resources. They will be of interest not only to the current membership but will also give new members an excellent introduction to the nature and history of Subud.

See the orange panel to get INSTRUCTIONS ABOUT HOW TO ORDER AND STREAM THE VIDEOS:

## WATCH THE VIDEOS DESCRIBING BAPAK'S LIFE & THE HISTORY OF SUBUD ONLINE

CLICK ON THIS LINK <https://www.subudvoice.net/shop>

This will take you to a page where the four videos are listed, each one identified by a thumbnail of Bapak.

If you want more information about each of the videos click on the thumbnails of Bapak, which will take you to a page describing the contents of the video and its duration.

Each of the videos costs US\$25 to purchase the rights to watch online, as many times as you like.

Or you can purchase the rights to stream all four for US\$60.

The site will ask you to set up a LOG-IN with your name, email address and password in order to purchase the rights to view.

Please make a note of this information in case you need to access the site on future occasions.

The site will give you the option to pay for the videos from a PayPal account or from a credit card.

Once you have made the payment you will receive in your email account LINKS to whatever videos you have purchased to view.

***Remember that we are selling the rights to these videos in order to support the on-going production of Subud Voice.***

# WHAT CAN YOU DO WITH A BROKEN HEART?

*Third Interview with Ibu Rahayu 1981: Halimah Polk continues her series about meetings with Ibu Rahayu...*

I had left Indonesia in 1977 after Bapak suggested that I return to California. My reentry was not easy. I encountered problems in everything I undertook. I was floundering.

First, I went to live in San Diego near my good friend Sulfiati Harris, but as welcoming as her family was that didn't seem to work out. Getting good work in California for a teacher was a struggle; at that time there were few jobs with hundreds of applicants applying for each open position.

Not able to find a teaching position I moved to San Francisco to work for East of Java, an Indonesian clothing boutique in Ghirardelli Square owned by Rachman Cantrell.

I may have been a gifted teacher, but retail sales were way too hard for me. Living in San Francisco actually felt frightening having come from the quiet and peace in Indonesia. So, a few months after arriving in San Francisco I moved to Marin which was somewhat quieter.

Finding the right place to live was a huge struggle. I found myself flitting between San Diego, San Francisco, and Marin County never able to settle for long.

Added to this I was having problems fitting in with new Subud groups which was mainly my due to my inability to adapt to California version of Subud life after living in Bapak's home and probably due to my moving around so much. In the midst of all this my younger brother, Douglas, was killed in a car accident and that threw me even more off kilter.

Finally, I got a teaching position in a small private school on the outskirts of Beverly Hills at a horribly low salary, but it was a job. I moved to Los Angeles and lived in a studio apartment where several other Subud members were living and was part of a thriving Subud group in Los Angeles. But I wasn't happy there either. My job was problematic, and Los Angeles was crazy-making for me.

## [The Toronto International Congress](#)

In 1979 I attended the International Congress in Toronto and reconnected with some English Subud friends whom I had met while I was living in Indonesia. One of these friends offered me a job in England and I happily went there; I was quite content not particularly with the work but with all the lovely Subud England members whom I met in Central London and at Loudwater.

As you can imagine, I was still searching for a suitable husband, but nothing seemed to be happening for me in England. Then I received a letter proposing to me from a member in Los Angeles, I decided to leave England and return to Los Angeles to "give it a try". And we did give it a try, but it all fell apart after about six months and he married someone else immediately.

So, it was in 1981 I returned to Indonesia and to Ibu Rahayu in broken state. All the difficulties that I had



*Ibu Rahayu. (by Sahlan McKingley)*



*Halimah Polk.*

returning to the States and what I saw as my failure in the relationship left me sad and despairing. My heart was broken and my faith in myself was at a low point.

I had been engaged to a Subud brother and that relationship fell apart and he quickly married another woman. I felt that my hesitancy in accepting his proposal had caused something that had been ordained by God to fall apart. What had I done wrong? Ibu's 'reply to this gnashing of teeth was simply: If God wills something to happen, it does happen, and nothing can stop it. Then she said something to me which I found life changing:

“Some of us come to God through happiness and some through suffering. Halimah you come to God through suffering.”

I know it must seem strange, but these words were to be of great comfort to me then and over the years. During this particular period when there were so many difficulties in my life and there were to be many later on, I had felt that, of course, I had done something wrong and was somehow not worshipping correctly, or sinning in some unknown way. After, it seemed that these difficulties were part of a path, not in a self-immolating way, but just something to be accepted as I grew in my worship.

Another bit of wisdom came in this interview...

While this man and I were together, I kept receiving the name Mariam or Mariama. I thought perhaps it was a new name for me, so I mentioned this to Ibu in our interview. She was a bit annoyed, “Didn't you just recently receive the name Halimah?” she asked.

“Yes,” I admitted. I had but I'd kept on receiving this name in latihan.

Here she replied with something else I needed to hear (I am paraphrasing), “We don't know the meaning of what we say in latihan; we have to refrain from the interpretation and let things unfold.”

We can visualize our outer life as a train and our inner life as another train on parallel tracks, but not meeting. As it was, later in 1982 when my first child was conceived and born, I knew right away that her name was... Mariama (which Bapak confirmed.)

Finally, in this interview I took the opportunity to ask Ibu once again about my work. I said I was not happy as a classroom teacher and wanted some guidance about right work. She was quite firm that teaching was still good for me, but she conceded that perhaps I needed something additionally for my feelings. So, I rattled off my interests and talents, one by one.

How about cooking, Ibu. Oh no

How about music, Ibu. Oh no

How about gardening? No, said Ibu

How about writing? No, said Ibu

Maybe I mentioned some other interests, but nothing seemed to resonate with Ibu Rahayu. Then she said out of the blue. Oh, CLOTHES, she said. At that moment my heart fell literally to the floor. When I had lived in Indonesia, I took great delight having dresses and outfits made for myself from beautiful Indonesian fabrics by a highly skilled dressmaker whose shop was in Blok A.



*A house in Wisma Subud.*

“ *If God wills something to happen, it does happen, and nothing can stop it...* ”

“ *Some of us come to God through happiness and some through suffering...* ”

Based on this experience when I returned home from Indonesia, I had taken a sewing class so I could continue designing and then making my own clothes. I cannot tell you how much I hated this class. To top it off the very simple straight skirt that I made could never be worn because it had a huge stain on the fabric that I had failed to notice when I cut the fabric. Hello.

Alarmed, I said to Ibu Rahayu, I really don't like sewing. And Ibu laughed and said. Oh no, not sewing, Halimah, SHOPPING. Oh wonders, I loved shopping for clothes and who knew it could be counted as a talent!

*In the November issue we plan to publish the fourth and final installment of Halimah's interviews with Ibu Rahayu...* ●

## WSC MEETING IN WISMA SUBUD

Please find REGISTRATION FORM LINK BELOW for the upcoming World Subud Council's and the Muhammad Subud Foundation's Annual General Meetings (Oct 17-28) and the Zone 1&2 Meeting. All will be held at Wisma Subud in Cilandak, Jakarta, Indonesia. Your attendance is welcome.

[https://docs.google.com/forms/d/e/1FAIpQLSe5jWd93b7IacD4t8D9JLvTCsnvlf7KwyvS8KC8R\\_plidYcsA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe5jWd93b7IacD4t8D9JLvTCsnvlf7KwyvS8KC8R_plidYcsA/viewform)



**2019 WSA**  
Annual General Meeting  
Zone 1 and 2 Meeting

**WSC MEETING AT WISMA SUBUD CILANDAK**

The Annual General Meeting (AGM) of World Subud Council (WSC) and Muhammad Subuh Foundation (MSF) will be held at Wisma Subud Cilandak, Jakarta, Indonesia, October 17-28, 2019. It will be followed with Zone 1&2 meeting, October 30-31, 2019.

As the host, Subud Indonesia is ready to serve and welcome all the delegates and observers.

We are working hard and full speed to make this meeting productive, well organized and enjoyable. So far 82 people have been registered.

It is a good opportunity to meet, connect and get to know one another through latihan and more. In addition, there will be trip to visit Bapak's grave in Sukamulya and Bapak's house in Pamulang.

If you are interested in joining us, please contact us at [reservation.jakartameeting@gmail.com](mailto:reservation.jakartameeting@gmail.com) or whatsapp number **+62812-8740-5818** and we will send you the online registration.

Looking forward to meet you in Jakarta!

*with love,*  
**Subud Indonesia**



# QUEST COMMUNIVERSITY

*Play an Active Part in the Roll-Out of the Exciting New SICA/YES Quest project and join our Facilitator Training Program this January*



Quest Communiversality presents

# YES QUEST

PAUSE REFLECT CONNECT

JAN 3-11 2020

**PAUSE** for 8 days in the spectacular world-heritage rainforests of NSW

**REFLECT** on your life's journey and how you are living your life in this moment

**CONNECT** with your deepest self & true inner talents and share them with the world





# YES QUEST

A Quest Communiversity program

**DATES:** January 3-11 2020

**VENUE:** Sine Cera Rainforrest Retreat, NSW

**COST:** \$980 (inc. food + accommodation)

**Yes Quest offers space, tools and support to connect with your deepest self and the path to share your gifts & talents with the world**

**The program challenges you to truly reflect on your history & honestly connect with your current reality. It offers the tools to envision your future and find the actions that will set you on your journey**

**"For me the Quest was finding clarity in the unfocused frame, pulling back to reveal the wide angle. The Yes Quest to me is an inspiration for me to be in my own true self."**

Hamilton Pevec, Canada

**SPACES ARE LIMITED (ONLY 8 LEFT!)  
SO RESERVE YOUR PLACE NOW**

**EMAIL [INFO@YESQUEST.ORG](mailto:INFO@YESQUEST.ORG) TO BOOK**

The Quest Communiversity will offer a range of ten-day modules at pop-up campuses at our major Subud Centres around the world, open to the general public. There will be short courses, including – Preparation for Gap Year – Life Transition – Entrepreneurship – Sustainability – Team Building – Peace Studies – on our Open Program, and also Quests just for Subud members, including - Group Quests - Centreprise Quests - >

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Project Quests and the original Yes Quest.

We have a great international organizing team; pop-up campuses are available in Australia, Europe, South America, India and Kalimantan; and program development is well under way.

The next step is to develop an international team of facilitators, and to this end we are offering a Facilitator Training Program beginning on Dec 29th 2018. This will be followed immediately by a classic YES Quest beginning on Jan 3 2019. Participating in this double event will prepare trainees to be a support facilitator on Subud Quests, after which they may wish to apply to become accredited on the Open Program, with the potential to work on a paid basis. Some may even wish to pursue facilitation as a career. The training will be delivered by professional trainers Marlana Bassar and Roland Fraval.

### [Facilitator Training at Sine Cera, Northern NSW, starts Dec 29 2018](#)

This training will give participants foundational skills in the Quest facilitation style, including an induction into Quest program structures, training in managing group dynamics, facilitation styles and a database of activities and processes. After completing the Facilitator Training, participants will then experience the Yes Quest to gain a full understanding of the Quest process. The venue, Sine Cera Rainforest Retreat, located on the edge of the idyllic Border Ranges National Park, is owned by Dharma Care (as Susila Dharma project) and is offering comfortable twin-share accommodation at 50% of the full rate. Sine Cera Rainforest Retreat is located 2 hours from both Brisbane and Gold Coast airports. The cost for the full 13 day double event, inclusive of food, accommodation, program and airport transfers and adventure day is AUD\$1,730.

### [YES Quest – open to all ages – from Jan 3 to Jan 11 2019](#)

Not interested in facilitation training? No problem! This mixed-age program will offer participants a deep and immersive experience in a stunning natural environment.

The Yes Quest process aids in building true self-awareness and lends itself to any life transition such as study to work, career change, marriage, parenthood or retirement and is ideal for those wishing to review and re-set their life goals. While the program can be intense, most of our participants have found it to be an extremely rewarding and fun experience. Cost for the 8 day Yes Quest, inclusive of twin-share accommodation, food, one-day adventure component and airport transfers is AUD\$980. For an application form for either of these programs, contact: [info@yesquest.org](mailto:info@yesquest.org) (as we already have a number of applications from Europe, US, Australia, India and South America, please act as soon as possible as places are limited). ●

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## [ZONE 4 MEETING IN KALININGRAD, RUSSIA 3 – 9 AUGUST 2019](#)

*Viktor Boehm writes...*

One year after the World Congress 2018 in Freiburg, the Zone 4 meeting in Kaliningrad, Russia, took place. The delegates from 15 countries of Zone 4 worked together for the first time since WC2018, face to face. Salama Gielge, Zone 4 Rep, and her team prepared this event together with the Russian members, supported by members from Lithuania. Over 150 Subud people came including members from 11 countries outside from Zone 4.



*Zone 4 delegation with three IHs and moderators.*

For many participants it was not easy to reach Kaliningrad because they had to get a VISA for the stay of one week in Kaliningrad.



*So, the Zone 4 meeting became a success...*



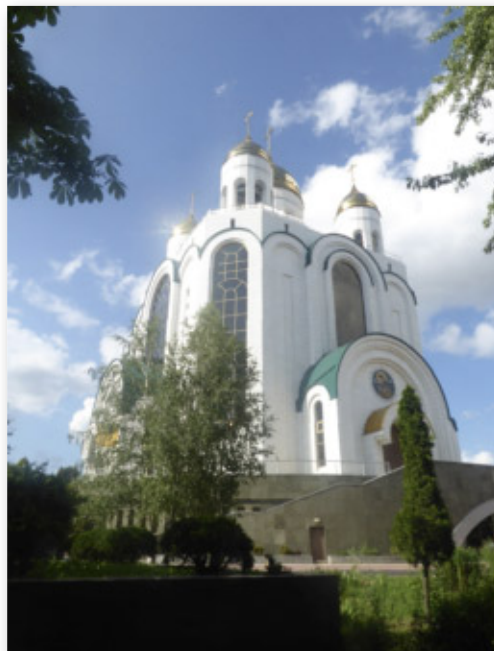




*Opening evening with Russian songs.*



*Baltic Sea, Russian Curonian Spit.*



*New Cathedral of Christ the Savior from 2006 in Kaliningrad.*

On the first day Bapak's talk from San Francisco (8.9.1968) was shown by Elisa Sanchez on two screens with Russian and English subtitles, which was very helpful.

Then the meeting began with a Kejiwaan day which were organised by the KCs. Also 3 IHs from Area 2 were present. In the evening the official opening took place, which was moderated by Rusydah Ziesel and Roland Fraval. The Russian delegation sang Russian songs and Salama gave an opening speech. Juliyah translated every text to Russian and vice versa.

Every day a Latihan was offered at both 9h and 18h. The participants had the possibility to select workshops and presentations. During the breakfast, lunch and dinner time many discussions took place between the participants, which was mostly very intensive.

The 7th August was allotted for excursions with best weather conditions. One excursion went to the Kaliningrad city and the other to the Curonian Spit on the Baltic Sea which is, since 2000, a UNESCO World Heritage Site.



*A final closing evening event was arranged on the 8th August.*

Some of us used the occasion to take a swim in the nice wavy Baltic Sea and we visited the bird watching station Fringilla (former Rossitten).

In the evening we heard that our Subud brother Hadrian Fraval had passed away. After dinner, the men did latihan and the next evening we held a selamatan for him.

During this Zone 4 meeting two men were opened: one from Poland and one from Cameron living in Austria.

An open Space Day was arranged by Elsa and Frank on the second last day. Sharif Horthy was invited to give a speech. Many open workshops were organised and held in the morning and afternoon and in the late afternoon the outputs were collected as summery.

The Zone 4 meeting was well arranged in the Baltica Hotel with good meeting rooms, tasty food and all necessary comfort. So the Zone 4 meeting became a success.

The next Zone 4 meeting is planned together with Zone 3 in August 2020 in Assisi, Italy, as a family gathering and Zone meeting.

# OPEN SPACE IN KALININGRAD

*Sharif Horthy's introduction to the Open Space conversation in the Zone 4 Meeting, Kaliningrad, 8 August, 2019...*

Good morning, Everyone! I was delighted when Elsa asked me to introduce this Open Space conversation. We will be talking about how to create a good future for Zone 4, and she asked me to try and come up with the most important things to keep in mind when thinking about that.



*Sharif Horthy introduced the Open Space at the Zone4 Meeting in Kaliningrad.*

As a physicist, both by training and inclination, my instinct is to go back to first principles. But in Subud, the first, the fundamental, principles are found in our experience, which, in my case, is 61 years of doing latihan, 17 years of interpreting for Bapak and the last 22 years working with the translation team publishing Bapak's talks. I have also participated in a number of Subud enterprises, most of which failed.

For me, the number one fundamental principle in Subud, is that what Bapak told us is important for us to understand. I can't believe that he would have spent so much effort on something that has no value.

So, what is the essence of what Bapak was telling us over all those years?

I think the most important is his model of life, the hierarchy of life forces that exist in the universe.

And he always explained to us that to understand these life forces is not about listening to Bapak and believing what he says: 'Oh yes, the material forces are like this...' No, he always insisted that we have to experience them and recognise them and thereby learn to manage them.

Even in his book *Susila Budhi Dharma*, which is a beautiful poem in Javanese that he then interpreted into Indonesian, near the beginning it says you have to focus on understanding the life forces within you.

And now I'm going to back-up a little: I really believe that Bapak's explanations contain the truths that humanity needs for the next thousand years, or whatever, until there is a new Bapak, or a new prophet or a new something.

Bapak once said to me in private that the life of each prophet: Abraham, Moses, Jesus, Mohammad and all the other prophets who existed, generally their life, the story of their life, is a pattern for their followers, so Christians should try to become like Jesus, Muslims like Muhammad and so on.

He didn't say anything more – and he always insisted that he was not a prophet – but my understanding, which came [snapping fingers] like that, immediately, was that he was telling me that, for Subud members, he was the pattern for how we should be as a human being.

## **Why has Subud not spread?**

I'm often asked by people in Subud, why do I think that Subud does not spread. And my answer is generally that, well, it's true, because there are the same number of active Subud members now as there were 50 years ago when I was new, but there is another, a positive thing, that somehow we have managed to keep Subud pure and clean, the way Bapak gave it to us, which rarely happens in traditions and religions and so on.

But my point is now not to make us feel good, but the converse, so, ok, why hasn't it spread?

Well, I take these words from a friend of mine who is a Marxist. He once explained to me why he was a Marxist, and then added that the problem with Marxism is that it has never been tried *[laughter]*.

I feel the same about Subud, that so far, we have not really tried – or tried hardly at all – to do what Bapak >

advised us to do in his talks.

Bapak explained to us about the forces, that there is the material force which we need in order to work with material things in the world, but when we fall under its influence we have no empathy and we have no conscience - none of things which make a human being human.

And then the vegetable force which is from the plant world and then the animal force which is from animals and then there is the human force which is the force of people.

I'm very lucky because I've worked for many years with a group of friends in a foundation, we set up precisely to try and put Bapak's advice into practice.

We test fairly regularly about the life forces and what they're like and what they are and so on. I believe that many of you who have done latihan for decades, have already some feeling, some sense, that the life forces are real and that you understand how they work to some extent, and can smell them when they are operating inside you.

Nevertheless, I think it is very important, and I would advise all of you and your groups at home and anyone else you know in Subud you can reach, to do this regularly, to test about the low forces and how to feel them, how to manage them, what they are and so on, because for me this is one of the fundamentals of Subud.

Why I'm saying this in relation to the future of our Zone is because one of the things that I have understood from our testing is that the human force is the one that should power our brain, not the material.

Here I should explain something that can be confusing.

Bapak talks about the human force and then about the rohani force, the force of the complete human being, which is a level higher and comes from beyond this world. That is what we feel in the Latihan, when we have that deep feeling of peace, where all our problems have disappeared and all we feel is God's love for us and our love for God.

But the ordinary human force, which Bapak calls the force of the human body, is a level below that and belongs to this world. It is the one we have to use in our everyday life and, according to my receiving, the human force is the force that enables us to understand the world around us, and that understanding involves effort.

A couple of years ago Ibu Rahayu started saying something that I think shocked many people – that Subud involves receiving the Latihan but also making an effort.

And to me the effort is using the forces correctly, learning how to use them, learning what they are, and feeling them and working with them.

My experience as helper has shown me that in Subud it is very easy to get trapped in the vegetable force because there we suddenly feel liberated from the heaviness of the material.

I think that's what happened in our Western society in the 1960s when many young people discovered drugs. Suddenly they felt free of conformism and the rat race and making money and so on. That's the vegetable force.

Clearly it was not Bapak's idea that we all stop at that level, but hopefully we reach the human level on our way to leaving this world.

And, my understanding of the human level, and my experience of it, is that it is the power that God has given us to analyse what's going on around us, to reflect on it, understand it and interact with it in a human way. And you can't do that at the vegetable level where you are kind of lazy and basically either you hate everybody or love everybody – and you don't think much about anything. In fact, you feel that thinking should be avoided, lest you are pulled back down to the material world.



*The human force is the one that should power our brain, not the material...*



*The human force that enables us to understand the world around us...*



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I'm sure you have heard it, as I have, in Subud groups, in Subud undertakings: "Oh, you are thinking too much! Just relax and everything will be fine."

So, what did I mean when I said we have never really tried Bapak's advice?

Bapak made it very, very clear throughout his life that in Subud we should do enterprises, and he explained that enterprise has two components.

One is: 'What is my talent?' If I feel happiest cutting someone's hair, I should not try to run a company; if I love adding up numbers, I should not be a painter, something like that.

The second component is skill and knowledge. So, if you figure out that your gift is to help people with their psychological problems, then you have to study psychology before you start.

God is not just going to give you all the knowledge that has been collected by humanity over the last few hundred years. You need to first work at it, another bit of effort.

And my experience of all Subud enterprises I have been in is that those enterprises where people know what they are doing tend to succeed [laughter]. Here I want to pay my respects to Hadrian Fraval, who passed away this morning, because I think he is one of the people who built an enterprise that worked, that succeeded.

What I'm getting to is what Bapak always told us: make money first and then give it away [laughter].

He said, let Subud members do enterprises and then their surplus will not just fund Subud – Subud doesn't need much, it just needs places to do latihan – but then, beyond that, we should help human beings in whatever way we can.

I think what happened is everybody thought, 'Well, that sounds really boring, making money. Let's start by giving it away.'

And we have Susila Dharma, one of the oldest and most successful organisations in Subud, which has done a wonderful job facilitating Subud members' charitable projects all over the world. But very little of the money comes from Subud, mostly it comes from, say, the European Union or some Norwegian fund or DFID or whatever... I think that's lovely and Susila Dharma has certainly learned a lot during this time doing charitable work, but it's not at all what Bapak had in mind.

Bapak had in mind that we provide the money ourselves.

That's a big subject which you're all familiar with and I'm sure what I'm saying is not new, but I don't see much happening in that area. I'm sure that if we want to make our Zone better in the future then enterprises will be the backbone of that.

Well, another subject which I believe is important...

Bapak spent a lot of time in his life setting up a Subud organisation, and so far, as I said, it has succeeded in keeping Subud clean and pure as when Bapak started it.

But it's not very good at doing anything. It seems to lack continuity of purpose. All human organisations are a tug-of-war between two elements: openness – like our open space – and continuity. I do not see much continuity in the Subud organisation as we have it now.

I've been working in a foundation for the last 24 years that was started and continued by Subud members trying to put Bapak's advice into practice. And our team that we have now, has worked together for 17 years.

We started with not really knowing what we were doing, but up to today we have achieved much more than I had ever imagined we could.

This is something that I would like you all to think about.

My opinion is that Subud does not have institutions that provide continuity and can therefore achieve something in the world. I really believe that this is a big missing pillar of our organisation and even just in



*Subud involves receiving the latihan, but also making an effort...*



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Zone 4 we need to conceptualise some element that will maintain the long-term continuity of our work.

For example, I notice that in many countries there have been amazing Subud projects, where people put love and money and work into something, and achieved something amazing, but there is no institution to own Subud projects, so when the people involved get tired or die or leave, then the project drifts away and becomes just another thing in the world. I could probably reel off 20, 30 projects like this since Subud started, but I will just give one example.

In Lewes we had a school that was started by Subud parents who wanted something different from the state schools, and our foundation supported them because we're very interested in education and how to educate kids in a human way.

But the school wasn't owned by Subud, so we could not, for instance, have given priority to Subud teachers, and so it could not have become a Subud school in the sense that Bapak defined them, where all the teachers do latihan. If we are ever to establish Subud schools or Subud hospitals, these institutions will need to be owned by Subud.

This is why I think we need to use our human force and our brains to design institutions that have the intelligence to work out how to own assets.

This is one of the missing elements, one of the institutions out of several that I think we need, to maintain some kind of long-term continuity in our organisation.

#### Regarding the spread of Subud...

During the time I was chair of the Subud organisation, I had an interesting experience in the latihan, where I was shown that the spread of Subud will happen in balance with our inner capacity.

My conclusion was that it will come about as a result of deepening our latihan, each one of us. So, if we want to help Subud to spread, it's not about going out and giving a sermon to the people in the marketplace, but of having a space inside us, an open space inside us, from which our lives will shine.

These are some of the things that seemed worth sharing with you. I don't want to go on too long, because you have to do the thinking, the design of what's going to come.

Please forgive me if I've said anything that hurt your feelings - I'm sure I have. I'm also sure I've said things that are wrong, and I ask your forgiveness for that.

“ *If we want to make our Zone better, then enterprise is the backbone of that...* ”

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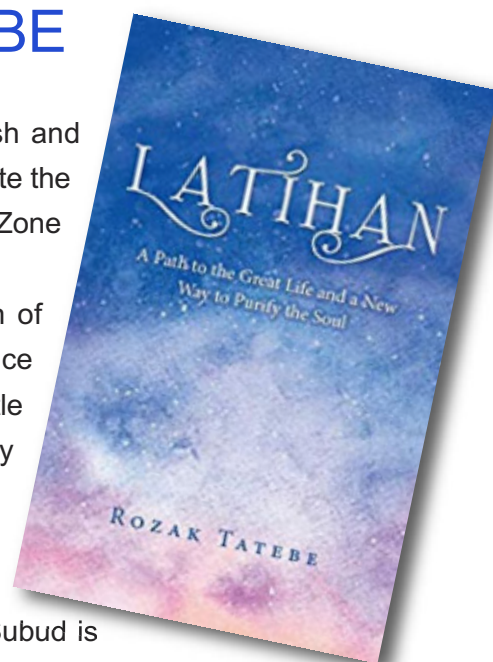
## NEW BOOK FROM ROZAK TATEBE

### *Rozak writes...*

Recently I wrote and published a new book about Subud in English and Japanese versions. This short article explains why I was moved to write the book. It was written by the request of Subud Japan. They will send it to Zone Meeting in Indonesia in October, as a part of their country report...

In October 2017, I published a book in Japanese on the latihan of Subud, which is neither a religion nor a meditation, but a new experience of purification guided by the Great Life Force. Then I remodeled it a little for the English version, *Latihan: A Path to the Great Life and a New Way to Purify the Soul*.

I wrote these books because the fact is that although Subud has spread to over eighty countries in the world, it is still not very well known, or grossly misunderstood. Probably this is mainly because Subud is not easily expressed in words and we have not allowed any propagation or solicitation.



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Bapak hoped that instead of verbal propagation, Subud would be accepted by the public for its achievements and factual evidence; what members contribute to the world in their social work and culture.

Members have willingly tried to follow Bapak's wish but without sufficient results.

I wrote this book to challenge the taboo that Subud cannot be explained in words and to convey in my own words the whole picture of Subud as far as this is possible.

Therefore, if this book is criticized for being indiscreet, I will accept it.

As Bapak said, whether Subud spreads or not depends on God's will. However, for people to know something in this world, they have to learn it through other people. For them to convey something to other people, they have to use this communication tool, words.

This is the direct motivation for my writing, but to be honest, I have another: my serious concern over the current state of Subud.

I was appointed an international helper in 1982. Every year I would meet Bapak in Cilandak. Once, my colleague, Hartati Horthy, asked, "Bapak, what will the future of mankind be like?" I heard Bapak reply, "If Bapak has to say this, all of you will be very disappointed," and a few seconds later, he added, "Bapak does not know how God will treat mankind if they do not yet turn to Him."

I was stunned. Also, unexpectedly, three years later, Bapak, who had suggested that he would live to over 100 – which we all had believed – left us at the age of 87.

It is beyond my ability to conjecture what this means. However, although Bapak's words, "if they do not yet turn to God," refer to the whole of mankind, I cannot help thinking that they are also directed to Subud members.

What state is Subud in now? I am not in the position to know exactly what Subud is like in other countries. Sometimes I receive encouraging news, but what I hear from my friends overseas is, on the whole, depressing.

I know that Subud Australia is active and the membership is growing, but have heard from a colleague of my IH days that regrettably older members feel left behind, and isolated because spiritual ties among members are not strong anymore and the aged members are seldom visited by others.

A helper in Holland said that in spite of unchanged membership, attendance at latihan has significantly dropped.

A U.S. helper, who was a long-standing regional helper, wrote me that Subud has begun to take on a religious aspect there by giving priority to Bapak's words over everything else, which has positioned Subud at a crossroads in a sense. On the other hand, they try to decide even trivial matters by tests as an easy means to solve questions. But it will be depriving members of Subud dynamism which can be obtained by receiving the inner guidance from God in daily life, in the midst of challenges and trials that they will be faced with.

I've also heard from a Japanese member who visited Germany recently that Subud Germany, which I believed was the strongest group in Europe, has aging members and fewer newcomers, resulting in a downward trend in its membership.

In this sense, Subud Japan is nearly the worst. Recently we lost one of our Subud houses. Many of the local groups are being forced to be inactive or break up.

It seems that Subud members do not know what to do, to overcome this situation, As someone mentioned, "Subud may be heading towards a debilitation and death, quietly and peacefully."

I do not have a prescription either. However, is it not that all of us have to ask "What is Subud" once again to ourselves and look at our understanding about latihan afresh. I wrote my book with the hope that it can be of some help for this purpose. And I will continue to ask this same question to myself as well

In fact, I am thinking of writing a new book. If I live one more year or so, I might be able to write and publish >

“

*What state is Subud  
in now?*

*News I hear from  
friends overseas is  
depressing...*

”

another book. The first book was about the latihan so the next one will be about the new recognition that Bapak brought to us along with the latihan, and my own view of life and of the world. Most likely, it will also include a criticism on modern civilization.

Rozak Tatebe's new book *Latihan: A Path to the Great Life and a New Way to Purify the Soul* can be obtained from Amazon.com

## WORKING TOWARDS THE UNKNOWN

*Harris Smart interviews Sean Axelrod...*

*Sean Axelrod is a sculptor and maker of jewellery as an art form. He is originally from Israel though he has lived in Melbourne now for many years.*

*He has had more than 40 solo and group exhibitions in Australia, Israel, Europe the USA and Asia. His work is represented in prestigious collections such as the National Gallery of Victoria and he is widely recognised as a leading avant-garde artist.*

*I interviewed him recently in Melbourne. I began by asking him how he studied to be an artist.*

Well, like all Israelis I had to serve in Army, and then I travelled in South America for six months, and when I came back, I began to study at the Bezalel Academy of Art and Design, in Jerusalem.

*In sculpture or jewellery?*

This was a very multi-disciplinary course which gave you the opportunity to experiment with many different media, such as photography and painting as well as sculpture and jewellery. I followed that up by doing a Masters' degree at the Pratt Institute in Brooklyn. Then I began making jewellery, first of all in Israel, and then in Australia where I've been for the last 35 years.

*Your work isn't always what people usually think of as jewellery.*

That's true. My pieces can be used on the body, they are necklaces, pendants and so on, but they are not just there to display precious materials such as gold, diamonds and so on. Also, each piece is a one-off, not part of a production line.

An important aspect of my work is using unaccustomed materials in unusual combinations. Like feathers, for example, or a twig.

*That's a commonality between your sculpture and your jewellery making isn't it?*

There is a similarity, except of course for the difference in scale. I like combining unusual materials in both and both have to do with space, except that in jewellery the space is the body. In sculpture the space is determined by the dimensions of where it is exhibited.

*I notice you often like to use witty titles on your works and explore big philosophical concepts like time in a quirky way.*

Yes, this one explores the nature of time through the concept of a broken-up sundial.



*Sean Axelrod.*



*Brushstroke 2015: Necklace.*



*Cherry Blossom: 2017 Necklace.*

This one is a joke or pun about seeing.

*At other times you look at subjects like politics and religion but from a very personal point of view.*

Yes, I was in the Army between the ages of 18 and 20 and this piece is about that experience. The tag shows the Minora, or candelabra and two olive branches, which is a symbol of Israel.

*Was being in the army a frightening experience?*

Not really. You accepted it as something you have to do if you're in that part of the world where there are these political issues. It's a mixture of duty, pride, and necessity.

In this work I incorporated my Army dog tag. It was intended in an ironic way to explore the tension that inevitably arises between the demands of the state and the needs and wishes of the individual. The tag shows the Minora, or candelabra and two olive branches which is a symbol of Israel.

That tag can be split into two parts, and if you happen to get killed, one part stays with the body and the other part goes into the archives.

Lately I made a series of pieces for an Islamic museum in Jerusalem which invited various artists to respond to the museum's collection in a personal way. A feature of Jewish religion is talismans, objects which contain prayers.

In one of these pieces we see a scroll is emerging from the talisman revealing the scroll that contains the statement, "Know Before Whom You Stand", (Ecclesiastes), meaning God of course. It's a strong statement of belief subject that has often been written about. My understanding is surrender.

*Do you think that people who buy your pieces understand that they are carrying these messages?*

While all my pieces can be worn, I am not necessarily making them with that purpose. They are now being made to be exhibited in galleries and museums rather than sold in jewellery shops. But if someone was moved to buy one, I am sure they would be aware it is more than just a decorative object but that it carries some social or philosophical message.

*In your career you began in jewellery, but then moved to sculpture, and now you have moved back to jewellery.*

Yes, that has been the trajectory. But it has been an organic process, the two forms are interwoven. But yes, it appears that I still have things that I want to say through the medium of jewellery.

*And there has also been your work as a*



*Points in time: 2014. Necklace.*



*For Your Eyes Only. 2015. Necklace.*



*2162564. 1982. Brooch.*



*I am sure people who buy my work would be aware it is more than just a decorative object...*





teacher of sculpture.

Yes, for 10 years I taught in the sculpture department at RMIT (Royal Melbourne Institute of Technology). Then for a couple of years with a partner I worked as a commercial sculptor. We were producing big decorative works that were used in corporate settings like department stores for major events.

*Then I think you had another change of focus?*

Yes, I did a course, a Master's in Art Therapy and for 10 years ran a program at RMIT for kids from special needs schools. They were generally in the last three years of their high school and they could do this special program for a year. They included people with a range of disabilities mental emotional and also sometimes physical.

They were highly motivated, and they obviously really enjoyed the program and I think I was good at it. It is part of my nature to invite trust and that enabled me to have meaningful dialogue with these young people.

Working with people with special needs is different from working in the sculpture school where you are training people to become professional artists. The aim with special needs people is to help them become more self-expressive. The results are important but becoming confident and finding a voice are more important, and often they represent voices that are not generally heard.

I still work with these people as a volunteer one day a week, but I did give up full-time teaching to give myself more time to work in jewellery. At the moment, I am working on a solo exhibition to be held in Tel Aviv in about a year's time. Strangely enough although I've lived in Australia for all these years, there is still more interest in promoting my work in Israel and Europe.

*Will this exhibition have any particular theme?*

No, I don't work that way. My style is free and intuitive. I always have a feeling that I am working towards the unknown. The work is still revealing itself to me. I want to be surprised by what I do. For me art is really about expanding the consciousness of the artist as well as the audience.

*How does Subud fit into all of this?*

That's tricky. I've been in Subud since I was 20 and I find it very difficult to separate out the Subud part of myself from all the rest of it. Subud is part of who I am, it's part of my consciousness and relates to my view of life. But I can't isolate a part of myself and say, that's Subud!

*What is your view of life? What's important to you?*

Today I was looking for a particular quotation from the Torah because I've been asked to say a Jewish prayer at the funeral of a friend of mine and I came upon this saying: "And all is according to the abundance of one's deeds" (Ancestral Episode, Traditional Book of Religious Explanations.)

I guess my view of life is all about experiencing the evidence of my deeds. An important element of it is curiosity, the drive to know and understand. It's an attitude of humility in which you know how much you don't know. You are in a state of finding out which is much more interesting than walking around thinking you know everything.



*Know Before Whom You Stand. 2018.  
Necklace.*

“ Experiencing  
the evidence  
of my deeds...”

# OH SO GORGEOUS

Osanna Vaughn writes...

Being in Chicago for a few days gave me the opportunity to meet up with Dana Todd, whose recently-launched Balodana fashion site received some seed money from the SESI \$100,000 Project Fund in Freiburg last summer.

Dana had just returned from a week-end event promoting the clothing produced by the eleven designers currently on the site: [www.balodana.com](http://www.balodana.com) – so, after a tasty dinner at a Mediterranean food restaurant, she enthusiastically took me to her car and started pulling out one gorgeous piece after another, including comfortable everyday essentials by Subud member Delia von Hahn made from sustainable fabrics. The ones Dana had on hand were made out of amazingly soft, but sturdy bamboo material!

I was particularly interested in linens and cottons, and when Dana showed me a dress made of 'sculptured' linen (yes, the Lithuanian designer, Aiste Anaite, prepares the linen in the most unusual and impressive way before creating the actual pieces), I nearly swooned. Gorgeous. The main problem with that one was when would I have the opportunity to wear something like that!

Ah, but then there was the stunning, floor-length skirt by ZaZa (see photo)...

The delightful aspect to all this is that I can choose the item I'd like to purchase, then give the designer and manufacturer my exact measurements and have the piece tailored exactly for me. And there's a focus also on sustainability and good practices.

So, this platform for a growing number of designers, offering a custom-tailored approach, is quite unique and a great idea. As it is a start-up, the focus right now is on the US market, but the plan is to expand internationally... so I'm hoping to be able to place my order very soon...

*This article first appeared in [www.subudworldnews.com](http://www.subudworldnews.com)*



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## AWARD FOR AMANECER'S AFTER SCHOOL PROGRAM

Mónica Ramírez, Executive Director Fundación Amanecer writes...

As Legal Representative and Executive Director Fundación Amanecer, the Foundation of Subud Colombia, with great respect I am pleased to present to you:

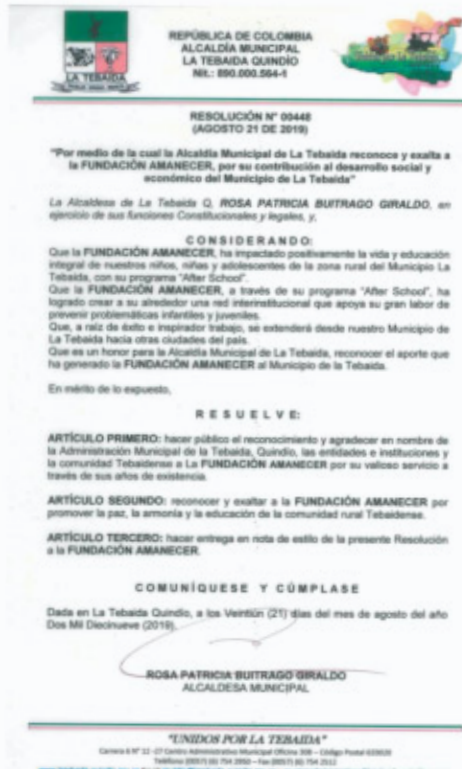
"THE RECOGNITION AND EXALTATION FOR THE FOUNDATION'S AFTER SCHOOL PROGRAM AND THE WAY IN WHICH THIS MODEL OF INTERVENTION HAS IMPACTED THE LIVES AND THE EDUCATION OF OUR CHILDREN AND YOUNG PEOPLE OF THE RURAL AREA OF THE MUNICIPALITY OF LA TEBAIDA."

I attach the aforementioned RESOLUTION PRESENTED IN THE FORM OF A SCROLL BY THE LADY MAYORESS OF THE MUNICIPALITY.

At the same time, I wish to express my gratitude, as Director, to all who have supported this beautiful work, which once again places in the social context the work of a project of the Subud Organization in Colombia, its Fundación Amanecer, and the impact of AFTER SCHOOL.

With love and thanks to all...

**reconocimiento y exaltación a la Fundación Amanecer por su proyecto "After School" a través del cual se promueve la paz y la armonía, que a impactado positivamente, la vida y educación de niños, niñas y adolescentes, de la zona rural del Municipio de la Tebaida Quindío.**



*Scroll from the Lady Mayoress's office in La Tebaida.*

## BIRTH OF THE EDUSER FOUNDATION

*Taken from the August 2019 issue of the SDIA eNews...*

Susila Dharma International Association (SDIA) is one of the founding members of a consortium called 'EduSer', a foundation that aims to create a higher education centre at the Amanecer Centre in Quindío, Colombia that will provide education and professional training to some 350 local learners every year.

The nearly five-decade long internal conflict has had a defining impact on all aspects of social and economic development in Colombia, including education. Colombia's transition towards a consolidated peace and higher levels of development depends on many factors, but arguably none will be more important to the country's future than its ability to build a strong and inclusive education system. Closing the large disparities between urban and rural areas should be a priority for a lasting peace.



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Within five years, it is expected that EduSer will have the accreditation to operate as a post-secondary teaching institution, offering daytime, evening, weekend and distance courses to local youth and the youth from other parts of the country. To achieve this goal, SDIA is supporting the Guerrand Hermes Foundation for Peace (GHFP) and other interested institutions and individuals to develop a not-for-profit, social enterprise at Amanecer which will have a professional team to ensure its continuity.

We will keep you informed of further developments!

*This article first appeared in [www.subudworldnews.com](http://www.subudworldnews.com)*

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## GRANTS & LOANS REVIEW

*Uraidah Arratia, MSF Trustee and Grant Committee Chair, writes...*

An extensive review of our Grants & Loans process began as one of the many topics at our board meeting in Washington D.C. and quickly evolved into something more complex as the trustees understood the scope of its mission.

One of the bigger fiduciary issues that the Foundation faces is to ensure that it allocates funds to Subud groups to enable them to practice their Latihan and that these facilities or houses can be well maintained and produce assets for the future generations.

However, at times groups lack the resources as well as the tools to maintain their property, and as a consequence, their houses have deteriorated over time, or even worse, groups can no longer afford routine maintenance and are forced to sell.

In this regard, the main focus of our review of the Grants & Loans policy was to make sure that the loans, in particular, were not a burden for the group - in terms of repayment. As an outcome, a decision was made to discontinue granting loans. After several years of issuing loans, the Foundation found that groups demonstrate a very low capacity of repayment, and in nearly all cases the loans had to be converted into grants (i.e., forgiven).

Minutes available from the Subud World Congress in Puebla and Freiburg, as well as MSF Annual Meeting minutes from Pulborough, reflect the reality of our loan conversion process. Therefore, the trustees considered it more prudent to support Subud Groups only through grants. Furthermore, this relieves MSF from allocating administrative resources to track loans and follow up on repayments, a task the Foundation does not consider to be part of its mission.

Along these lines, the focus of the Foundation is to make sure that future grants to be awarded to groups will be part of the members or wings initiative or any initiative that would strengthen the group's ability to maintain its property and grow. With this in mind, the Grant application policy was revised to support groups by creating what is now being called "centerprises", so that we build Subud houses that become sustainable now and in the future.

Finally, MSF hopes that as this new policy of self-sustainability is accomplished, that part of their income will be used to help other groups in the Subud World Community through donations to MSF, so that we create a virtuous circle that allows all groups and the future generations of Subud to have the opportunity to have a place to practice their Latihan.

*This article first appeared in [subudworldnews.com](http://subudworldnews.com)*

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*Uraidah Arratia, MSF Trustee and Grant Committee Chair.*

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## “TREAT YOU”...New single by Izellah...

Rahman Connelly writes...

Izellah has just released a new single ‘Treat You’, which has met with critical acclaim in Oz & the US.

Izellah’s latest track *Treat You* highlights a different side to the young singer-songwriter’s talents. The song is a pop ballad about pushing through negativity and hurt using self-respect and common sense. Co-written with US songwriter Tucker Murray Caploe, a rising star himself on the American songwriting scene.

*Treat You* is a finely wrought classic-sounding song with a powerful lyric and compelling, emotive melodies. The latest track follows on from *Where Nobody Knows Me*, a track that received a great amount of attention on radio and forms part of Izellah’s growing list of exceptional releases.

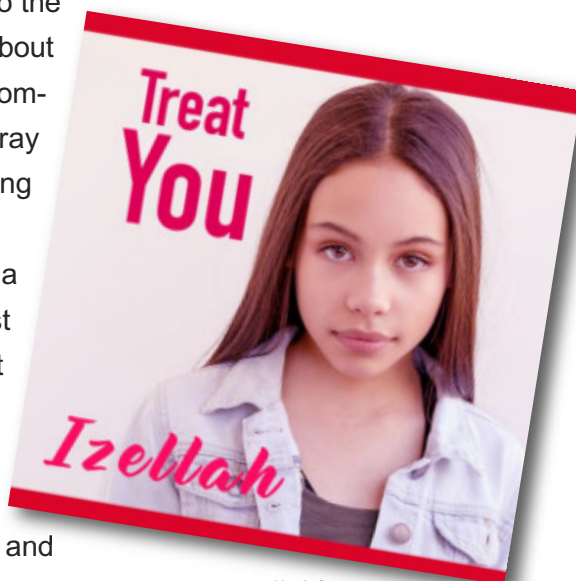
*Treat You*’s minimal aesthetic not only enhances the sentiment of the lyric but vividly reveals the extent of the skills and acuity of Izellah’s prodigious talent. From the moment the piano begins and Izellah’s voice emerges, the tone for heartfelt and forthright communication is set. We learn the travails of a troubled friendship in the first verse with the line, ‘You shouldn’t judge me cause I don’t judge you’, which could be seen as a summation of the focus of the lyric.

It’s a subject we can all relate to; discovering disappointment when there should have been acceptance. But Izellah’s take on this very universal theme is to push back against negativism, with this line from the chorus nicely encapsulating her attitude: ‘And even though you treated me so bad, that’s not how I’ll treat you’. This is the kind of song that will no doubt stand the test of the time, with Izellah’s stirring voice the centrepiece, and the piano backing embellishing the impassioned performance.

The song’s brilliantly crafted melodic sequences seem especially suited to this subject matter yet this merely outlines the competence of the writing; matching two modes of expression to the one and creating a whole that resonates with enduring qualities. *Treat You* is a high point in Izellah’s music career, one of the many still to come.

To see the video of Izellah performing the song, click here...

<https://youtu.be/OiBzjk1Xwpg>



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## REACHING OUT

Morningside C.A.R.E news...

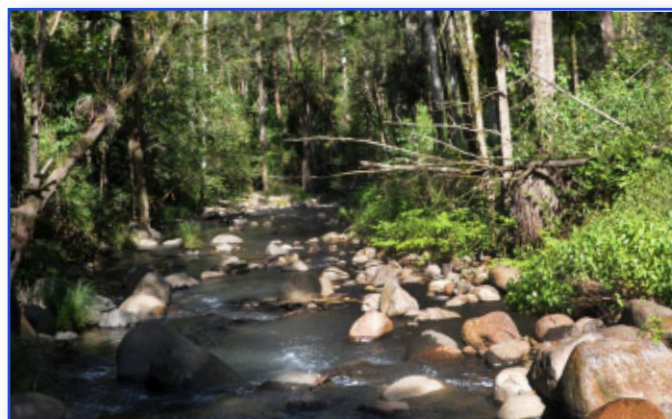
Welcome to the second edition of Reaching Out: MCI News –a description of our activities in pictures & words.

We want to tell our story to MCI Members, other charities we support and partner, and various people who from time to time ask us what we do.

In this edition, we focus on the achievements of 2018.

To download the magazine click here...

<https://www.subudvoice.net/wp-content/uploads/2019/09/ReachingOutNo2v1.pdf>



*Sine Cera rainforest retreat is one of the projects of Morningside C.A.R.E.*

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# REMEMBERING MY BROTHER HADRIAN

*Salamah D LeClaire writes...*

The passing of our dear brother Hadrian is being met around the world by our brothers and sisters in a feeling of sadness and joy; sadness that we will no longer experience his selfhood and joy in that he is now able to join the multitude of others among our brothers and sisters, who are out there continuing, unhindered by their



*Hadrian Fraval.*

bodies, the work they so willingly started here on earth. It is good for our brother to be going onto his next journey no doubt still working for Subud.

When I think of Hadrian, having worked with him for over four years as part of the WSC team, I acknowledge his multi-facedness.

He was at once caring for all of us, supportive of all the efforts being made by this team of worker bees for Subud, financially offering his most generous input, encouraging the youth by offering them funds to continue developing their project ideas to lead them to becoming entrepreneurs in their own way, encouraging the Subud members to join in an effort to find ways to make their projects grow by allowing them to participate in a “project” competition opened to everyone in Freiburg. Beyond all this, however, what I remember most clearly about Hadrian was his wisdom – whenever there were discussions it would not be long before Hadrian >

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would raise his hand to offer his guidance and bring us back to the core issue in our lives in Subud, Bapak's advice and the latihan and hitting the nail on the head of what was needed at that moment to make the situation work and move forward. Hadrian was humble about his many accomplishments and his ability to balance both the outer and inner worlds in his daily life and putting the latihan into practice.

His children were lucky to have such a model to follow.

He leaves behind a huge hole that will not be easily filled – his shoes were big and hard to step into. I pray that he may be blessed with a journey that is truly rewarding of all his good deeds and that will also see his mistakes forgiven him.

His passing will only be real when I go to the next big gathering and he is NOT there. Have a safe and fun filled journey my dear brother.

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## OPPORTUNITY FOR A PROFESSIONAL GARDENER

*SESI News release – from Matthew Ward, Winston, Salem...*

There is an interest in the Durham & Winston Salem areas in attracting a professional gardener to a great project. We have two locations, one here in Winston (Manara) and one in Durham than could support a serious market gardener. Both locations have up to an acre of sunny land which could be used for intensive bed culture. Both locations are proximate to downtown restaurants, farmers markets, etc. Manara is blocks away from a vibrant farmers market.

Terms could be very favorable and may include a living unit, free use of the land, and in the case of the Durham location, potential shared ownership. Both are adjacent to the respective Subud houses. This would be good for a new graduate from a program like UC Santa Cruz horticulture, or the like. The right person would be a go-getter with some type of demonstrable track record in this field and preferably also a Subud member.

Both locations are college towns with low cost of living, abundant cultural amenities, close access to the NC mountains, and the ocean, and an ambient culture that is friendly, welcoming, and tolerant. Both locations are blessed with a lot of active Subud Youth. In both locations the market for fresh organic produce is increasing and not apparently over-supplied. I would venture a lot to bring the right person here to do this work.

Matthew Ward, Manara, [matthew.ward2@jacobs.com](mailto:matthew.ward2@jacobs.com) Tel: (512) 406-1255.

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## Suprise, suprise, surprise

That's probably what Tesla superfan and Model S owner Sofiaan Fraval thought when took his top-of-the-line 2018 P100DL in for a fairly mundane service call - a cabin air filter replacement - and got back something quite special.

The car looked exactly the same (and perhaps smelled a bit fresher inside), but it held an important upgrade. Fraval was notified by Tesla that his car was the first privately owned Model S to receive the promised Full Self-Driving (FSD) computer upgrade - at no charge.

So, at long last, could Fraval take a leisurely nap on the way home from the service center while his Model S minded the traffic?

Tesla fan, Sofiaan Fraval, is the son of Sachan and Rohana Fraval... To read the complete story click here...

<https://www.forbes.com/sites/billroberson/2019/09/13/owner-says-his-tesla-was-upgraded-to-full-self-driving-capability-during-hepa-filter-replacement/>

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*A view of Tesla Model S, in Barcelona, Spain. (Photo by Manuel Romano/NurPhoto via Getty Images)*

## The Great Kalimantan Adventure Matthew C Mayberry

‡Bapak can tell you that there is gold, there is silver, there are diamonds, there are many precious stones, there are other things like oil and so on. Bapak went to Kalimantan and met people in authority like the Governor of Central Kalimantan, who was stunned, he couldn't believe it. He said: „How does Bapak know that in this place there is that and in this place there is this and so on?„ And Bapak said „Oh. I didn't learn it anywhere, I know it from myself,..“ *Talk at Slough, UK, 4 September 1981*

*“This book is about my impressions and personal experiences while leading six expeditions (September 1982 to September 1986) in exploring for gold and other minerals. These expeditions were the highlight of my professional life, and the area was legendary, especially in the villages known to the Dayak people as Data Hotap.” Matthew C Mayberry*

Paperback: 432 pages with maps. Available from (just click the link below:

<https://www.lulu.com/shop/search.ep?keyWords=The+Great+Kalimantan+Adventure&type=>  
**£15.50/US\$24 plus postage.**

*Published by VIA BOOKS*



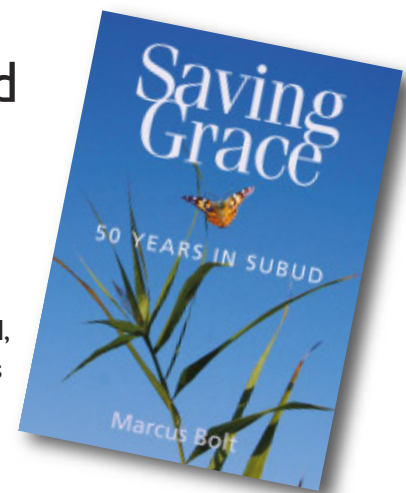
NEW

## Saving Grace – Fifty Years in Subud

Marcus Bolt

Fourth Edition (revised 2019 with corrections & additional material).

Saving Grace is a book written for those wishing to find out more about Subud, a rarely publicised, modern, yet seemingly ancient, spiritual movement. It charts one man's fifty-year involvement through his personal take on its organisation, its culture and the latihan – the transformative process at its heart.



*“Entertaining and instructive by turns, Marcus writes in an easy, flowing conversational style that gives the reader the feeling of being personally addressed.*

*Unpretentious and refreshingly free of sanctimony, there is a generosity and a warmth of spirit about his narration that quickly befriends the reader and invites positive participation...”*

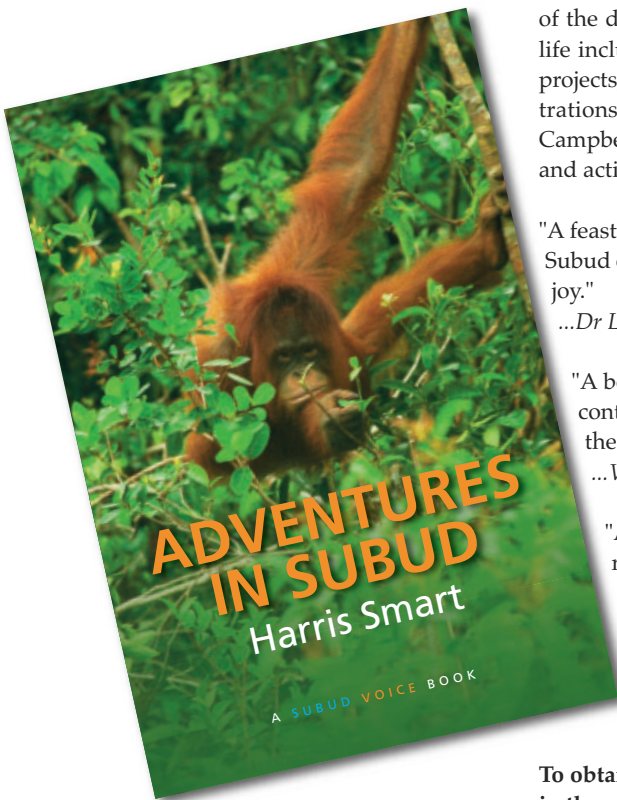
*Laurence Clark MA (Oxon), CBE*

*“In this refreshingly straightforward narrative, Marcus Bolt reflects on his years in Subud with humour, affection, insight, courage and delightful candour. There is nothing pretentious or preachy. It's all straight stuff, but straight from Marcus. And that's what makes it work...”*

*Latifah Taormina, SICA*

Price £11.00 plus packing and postage from SPI at [www.subudbooks.com](http://www.subudbooks.com)





*Adventures in Subud* is a new book by Harris Smart. It presents an overview of the development of Subud covering practically every aspect of Subud life including spiritual experiences, enterprises, welfare projects, cultural projects, health and healing and youth. It is 360 pages long with 120 illustrations including photographs and cartoons by Marcus Bolt and Dirk Campbell. It shows Subud as a dynamic movement combining spirituality and action in the world.

"A feast of a book... a masterful and at time heart-wrenching record of our Subud experience... replete with hope and disappointment, revelation and joy."

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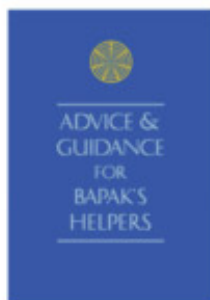
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