



FROM THE DEPTH OF THE UKRAINIAN SOUL

Rebekka (Sandra) Lykhatska writes from the Ukraine...

So, this really happened! It is incredible but it is a fact! When Seth (now Emmanuel) Aronie came to the Ukraine with news about Subud, he himself had been in Subud 19 years already, and for us newcomers, that seemed to be so long! But now Subud Ukraine is even older: because this year it celebrates its 25th Birthday! But let me tell one story after another.



Participants of the Gathering in the Ukraine standing in front of the Orthodox church in Moshny which combines Oriental and Gothic styles in an attempt to create a symbol of the unity of all world religions.

(Photo by Viktor Boehm)

Twenty five years have passed since that day when we heard for the first time the word “Subud” from the stage of a big conference room, first in Kyiv and then in Cherkassy. Seth had come to the Ukraine from the USA together with a group of hypnotherapists and healers on the program-trip called “A Healing Arts Workshop Program in the Soviet Union” (hypnotism, fire walking, aerobics, meditation, >

etc). Among them there were some special friends who had invited him to join them (“I asked if it would be within the guidelines of the program to present Subud, and the answer was ‘yes’”).

Mysterious are the ways of God. We don’t know why He chose this person, an American who had become a helper not long before, to bring Subud to Ukraine. As Emmanuel recalls, he doesn’t know why he felt drawn to this part of the world (though his roots are in Lithuania), or why he started studying Russian. He said: “Do you know how it feels to suddenly get a constantly available energy to do something? Well, that year it was, and still is, about Russia for me”.

In 1987 he toured Poland, Russia and Scandinavia in “25 wonderful days”, leaving Poland “with a strong sense that if I could get back as a helper, I could be useful and maybe even work at this strange but persistent Slavic fever”. And so, five years later he is here in Ukraine!

Kyiv, May 15, 1992:

First each “healer” makes a presentation which will be followed by 3-day workshops and the people will choose which to attend.

In his letter from Kyiv to Subud USA Seth wrote: “First night in Kyiv, about 300 people showed up for the general session, in which all the ten “healers” made their presentations.

My introduction went for six or seven minutes, with translation. But before I made this short talk, I already felt some light energies. In fact, as particular people took their seats in the audience, I felt several times an impulse inside. As you might expect, these were the people who ended up coming to the Subud workshop and being interested in the latihan.



The Cherkassy Subud House. How it looks now, after the installation of heat insulation of its walls and other external jobs, which we were able to afford solely thanks to grants from MSF. (Photo by Viktor Boehm)

In Cherkassy, a city one eighth the size of Kyiv, 22 people came back a second time and “signed the book”. In Kyiv, 31 people – 22 women and nine men signed up. The sex breakdown in Cherkassy was similar – 16 women and six men. Why the women were more touched, I have no idea. The great majority reported having significant inner experiences, before or during the workshops.”

Seth had no choice but to start applicants’ meetings (men and women together, for which we jokingly called him papa-mama). He was staying in Kyiv and coming to Cherkassy every two weeks. In so doing, he kept correspondence with the IHs. After two months IHs Kadarijah Gardiner and Leonard Lassalle assisted by Istafiah Is’harc, a Russian speaking helper from England, came to conduct the first openings.

In all, a startling total of 98 people were finally opened in Kyiv and Cherkassy from 23rd to 28th of July 1992, and almost all sang and moved straight away. >

Seth did not leave us but stayed in the Ukraine for a year, shuttling from Kyiv to Cherkassy to do latihan with his new brothers and sisters and also to talk about the latihan. This was very important for strengthening Subud in Ukraine. In the autumn Subud started spreading - people in three more cities – Bila Tzerkva, Dnipropetrovsk (now Dnipro) and Kharkiv got interested in Subud which resulted in the establishment of Subud groups there too. Subud had indeed come to Ukraine...

When Seth told us he was going to leave in May 1993, we decided to invite to Cherkassy all those who were opened in Ukraine (until then about 200 people were opened already) for a farewell meeting “to say goodbye to Seth” and also they would invite other brothers and sisters from abroad to join and “share our joy”, as we put it in the announcement which we sent to Subud Voice.

We did not know that so many people would come, together with the International helpers, and that the meeting would turn into the first Subud Ukraine congress. And also that we would hear explanations about the Subud organization and that the IHs would help us test and elect our first National chair – Alexander (now David) Berdinskikh.

The Meeting was held in a small hotel near the woods on the outskirts of Cherkassy. We greeted the guests with salt and bread. And there was a lot of fun – amateur performances, singing, dancing, walks to the beach, etc...

Afterwards Seth-Emmanuel visited Ukraine again several times, working as a teacher of English in Kyiv and Cherkassy, regularly visiting all Subud groups, participating in applicant meetings and openings, helpers’ activities, formal and informal meetings, parties and talks, and altogether being such a good example of service, with a respectful attitude to the Latihan and surrender to God.

By the way, when Ibu Rahayu and the party visited Cherkassy in April 2001 after the Zone 4 meeting in Kyiv, they were accommodated at the same hotel, and in 2008 the Zone 4 meeting was held also at the same place where our first, and then some other national congresses, were organized.

25th Birthday Celebration

And this year, on August 24-27th, again in Cherkassy, but this time in its own Subud House, Subud Ukraine had its 25th Birthday celebration.

Why in August and not in July? That was because on August 24th Ukraine celebrates its national holiday – the Day of Independence. And usually some ‘holidays’ follow, so that this time had become a traditional one for Subud Ukraine congresses and gatherings. Also, this summer, and July particularly, was more than usually busy with international Subud events.

According to my estimate, the Gathering was attended by 84 people – 59 Ukrainian members (2/3 of them active and doing latihan in their groups), plus 15 of their children and friends. Also there were 10 Subuders from far away, who we appreciated very much for coming and celebrating the Anniversary with us!

So, with all these different memories, feelings of respect and gratitude, and in anticipation of the festive occasion, we had been making some preparations - the main part of that was to finish an



Emmanuel (Seth) Aronie who brought Subud to the Ukraine, seen here with Evgen Kalmykov who completed the work on the Subud House.

(Photo by Viktor Boehm)

external heat insulation of the walls and a plinth, (the thickened bottom part of a wall) and also the reconstruction of the Subud House paving - cumbersome and costly jobs which we were able to afford solely thanks to grants from MSF. And they were finished in time!

“ Does Emmanuel feel our love and gratitude for him? ”

It is unnecessary to describe how warm and full of joyful and special memories the opening ceremony and the Gathering all were! Many Subud people, especially those who were participating directly in the formation of Subud Ukraine, couldn't come because of their age, or health condition, or Subud businesses, and many aren't in this world anymore, but we remember them!

Kadarijah Gardiner, Patricia Lacey, Harold Temple, Rayner & Lucia Witt, Rahmaniyah Bowden ... Leonard & Melinda Lassalle, Helena Milan, Ilaina Lennard, Hamilton & Hassanah Wilson, Osanna Vaughn, Valentin & Roswitha Willecke, Maarten Giel, Raymond & Rauni Hensen ... the Wolfsburg group ... Subud Germany and Subud Britain, brothers and sisters of our Zone 4 and several of the International helpers.

That was why it was so touching to receive email messages and postcards with greetings and best wishes from many places in the Subud world, and among them – a card signed by Istafiah & Ridhwan Is'harc, Sharif Horthy and some other participants of the recent Subud Britain BIG who snatched a chance to pass it on to us via Feodore Ruzhenkoff.



Scenes from community life in Subud Ukraine.



To read the rest of this article click here.

<http://www.subudvoice.net/wp-content/uploads/2017/09/SubudUkraineBirthday.pdf>

BREAKING CONGRESS NEWS

The WSA Exec team and WCOT announce

During its recent meeting in Freiburg, the World Subud Council approved the following registration fee structure for the 2018 Subud World Congress in Freiburg:

Early bird fee (registering before February 28, 2018): 350.- euros

Normal fee (registering between March 1 and June 14, 2018, incl.): 390.- euros

Late comer fee (as of June 15): 450.- euros

Children and young members under 18 do not have to pay for registration. Deadline is up to the 27th of July 2018. Anyone who turns 18 during the congress qualifies as a paying attendee.

Daily fee 45 EUR (for all from 18 and above)

A fund to help people needing support for the registration fee will be set up. Applications for support will go through the national committee and zone structures, not directly to the congress team.

An intention of participation will be possible as of October, 2017, while actual registrations will be possible as of the new year.



COMMUNICATING ABOUT WORLD CONGRESS

Osanna Vaughn writes...

The World Congress Organising Team (WCOT) and World Subud Council (WSC) meetings in Freiburg have just concluded, with plenty of news and sharing to be expected in the coming weeks!

One of the first discussions to take place involved setting up a structure for sharing and distributing congress news. The various online publications to look out for are:

- FYI (For Your Information), put together by Salamah Dick and due to come out about every six weeks in various languages.



- Connect, also put together by the WSA Executive team, expecting to produce two or three issues over the next year.

- The WCOT Newsletter, prepared by Hilma Wolf-Doettichem in various languages.

- Relatively new on the scene is the World Congress 2018 Facebook page: administered by Eugenia Stark FB is a wonderful way for us to heartily welcome all of you to the World Congress 2018. Why is it important to 'like' it? That's the way for us to know to keep you up-to-date and informed about the Congress. We are posting lots of information about Freiburg, as well as behind-the-scenes pictures and stories of the work of the WCOT. If you are unable to attend World Congress, it will be one way to keep in the picture! *Photo above: Andrea Sillem ©*

- Subud World News will be posting plenty of news and links concerning world congress, and thanks to the support of Halim Bustillo, many of these and other articles will be followed by a link to a Spanish version. Subud Voice is preparing at least one issue (possibly October) dedicated exclusively to the event.

- The official World Congress website is being put together by Andrea Sillem and Rainer Gilhofer, and will be the one place to find the answer to most of your questions, or the names and links to people who can answer your questions. At the moment it is just a simple front page, but it does have a link for accommodation. It will also be in various languages.

- In addition, Robyanto Sumohadiwidjojo is looking into forum possibilities for conversations between members attending congress, and an app for easy access to key information.

- Hilaria Dette is in charge of communication with the press and the general public.

I have been asked to coordinate the flow of news to these various media outlets, so, if you have something to share and you're not sure where to send it, please send it to me and I'll ensure it gets channelled in the right direction. Please consider checking information in any of these sites before basing decisions on rumours that may have started circulating. Thanks!

osanna.vaughn.wcot2018@subud.org

AFRICAN ZONE 5 MEETING IN CAPE TOWN

Invitation to the Zone 5 Meeting in Cape Town South Africa...

We (Subud South Africa) are in the very first stage of planning the next African Zone 5 Meeting in Cape Town. At present we focus on the first weekend in November 2017.

This would be Friday 3rd until 5th November 2017. A parallel Zone 6 meeting will be held in Kinshasa some weeks earlier.

Invited are all African Zone 5 National office bearers that means the National Chair, Councillor Kedjiwaan male and female. The travel costs will be covered from WSA. WSA will provide a budget to make it happen.



Any other guests are very much welcome but WSA is not covering their costs. This meeting is firstly an attempt to bring all the African Zone 5 Subudians together to discuss African issues and will be also some kind of preparation meeting for the next World Congress in August 2018 in Freiburg (Germany).

At our last World Congress in Puebla in Mexico we started already the so called African Support Group for both the French and the English speaking Zone, but progress and results were never followed up!? This is our chance to make a change.

Beside of the most important issue the latihan kedjiwaan, we need to talk about Susila Dharma, Enterprise, National issues, SICA and any related affiliates.

All the best from Cape Town

Boris Guderjahn, National Chair South Africa borisg@mweb.co.za

UK CONGRESS 2017 – Had I expected too much?

Iaina Lennard writes about the sixtieth anniversary of Bapak's first visit to Britain...

We were told that this Congress was to 'celebrate the 60th anniversary of Bapak's first visit to Britain in 1957', and indeed his talks and those of Ibu Rahayu were available all day. But sad to say, they were being played at the top of a separate and rather distant building. So who would go there to listen? Apparently space had been too tight to allocate a special room for them in the main building.

I was unable to hear much of what was said at the meetings, but I did gather a few things of interest that may be worth passing on.

Kalimantan: Andrew Clague gave a very positive Kalimantan update, it seems that things are really moving over there.

Marius Grose and Harry Norman organised a session where we were encouraged to tell our 'everyday' Subud stories; times when we became aware of the latihan in our daily life. These were interesting – we tend to forget that the latihan continues to be at work during our everyday activities.

Marius and Harry had noticed that becoming comfortable with the feeling of 'not knowing' helps us to remember these moments. During the workshop a woman who had been opened for only six years recounted an event which she considered to be an experience of Bapak; hearing this, older members at the workshop were clearly delighted.

Later, there were also two sessions about Remembering Bapak. Sadly no Subud youth attended these, though I am sure they would have enjoyed them.

Sharif Horthy - who was present at one of them, first spoke about the life of Husein Rofé, and told the story of how Subud came to the West, with its series of extraordinary coincidences. Sharif is currently publishing Husein's autobiography. He also recalled his first meeting with Bapak, when he felt someone touch his lips. Only much later did Sharif realise that this foreshadowed his later work as Bapak's interpreter.

During that time, Bapak once told him that the life of each messenger of God is not random, but intended as a pattern for their followers. Sharif said he believes the same holds true for us – "the way Bapak was, is a pattern for us."

About the 2018 World Congress: it will be at Freiburg in Germany: apparently an enormous space of 3,600 and 2,400 sq metres is available to us for latihan, 6,000 sq m. for our Subud village and there are 12 meeting rooms.

Registration payments will be from January 2018, but if you want the earliest registration, you can even book from October 15th 2017 though no payment will be required until January 2018.

The coordinator is Oliver Hartzmann, from Austria. His e/m address: oliver.hartzmann.wcot2018@subud.org

Amongst several other 'internationals' it was heart-warming to see Australia's Peter and Isti



Sixty years since Bapak first came to the UK.

Jenkins who were making a mammoth journey to strengthen the link between Subud enterprises worldwide.

And there was Valentin Pizzi, who had once been our own Zone 3 rep, and was now so welcome in his new role as an International Helper.

On a 'worldwide' theme

Leonard Hitchcock and Muctar Nankivell, our Zone 3 SES rep., urged us to do much more to help our members internationally and not to cut back on WSA contributions - which have fallen in real terms. They gave a presentation on the wonderful new Subud centre that has recently been completed in Orgiva, Southern Spain, and future plans for the international community down there.

Conrad Aldridge talked of how, through enterprises, we could begin sharing the latihan with all of mankind.

Michael Heathcote described a little of the work of MSF – the Muhammad Subuh Foundation – and of how it could in time develop and become worldwide.

Expenses: Pollard Blakeley, Britain's competent National Chairman, said he was concerned about how much our national expenses had risen and Amanda Bolt stressed the importance of knowing exactly what it costs to maintain Subud Britain. A full time paid executive post is being considered.

There was also some talk of a National Centre: how we might buy land and self-build, and how there might be funding for an Eco building which could become a Community Centre open to both Subud and non Subud people. Lucianne Lassalle suggested that we consider sheltered housing and how such housing could be available for both young and old.

At one session I joined the small group considering how best we could 'THINK BIG', in the context of latihan centres. An enthusiastic Hadrian Michell had much to say, as did Hardin Tibbs, and Amanda Bolt helped to keep us focussed with competent and copious diagrams. All were good people who could, I hope, perhaps take a 'THINK BIG' theme further.

Aleena Flanders, our Subud Britain Journal editor, was also there, and she later sent me some important comments. As follows:

"I have been thinking a lot about the plans discussed in our group at Congress. I could feel the real enthusiasm for this eco village project from Hadrian, Amanda and Miranda Morland particularly, but I had joined the group thinking it was going to be about getting our own National Centre. I know that Ilaina was wishing for another 'Anugraha' and also Maurice Baker I believe was thinking along those lines. It was proposed that non-Subud entrepreneurs with great bit-coin wealth might be keen to invest in an eco village type project, and even though a latihan hall would be included, it did not seem to me to be a National Centre. I know little about eco living but I do see that it is a very desirable and worthy aim.

"But once again we have been tasked with finding another conference venue. A lot of money is paid out for Subud gatherings large and small and maybe it is time to have another try at getting our own national centre, a first class one that would be a source of income in itself, with enough ground for camping and affordable accommodation blocks etc. Finding and purchasing a piece of land for development could be the first step. With enough enthusiasm for the project from our groups a lot could be achieved. Surely it is time we had the courage to try again."

Like Aleena, I too went away feeling a little hungry, strangely unsatisfied. On one level I had been deeply touched by the kindness shown to me by everyone who



I missed the feeling of an extra-special energy to drive us forward...



saw me walking around with a stick, but I still missed feeling the presence of an extra-special energy to drive us forward. Maybe it was there, but hidden. Had I just expected too much? ●

LIFE AT LOUDWATER FARM

Sebastian Paeman writes from the UK...

Like so many older established Subud groups, Loudwater Farm went through a long dip. Things are looking up at the moment though. Apart from a helpers' dewan we now have a new and very active committee and helpers and committee meet regularly.

There have been some lovely and well attended selamatans and gatherings lately and on Sundays people often stay for several hours after latihan to socialise. The group is slowly growing (there's even talk of some old-time ex-members moving back into the area).

The Farm is in good shape, physically and financially, which for a large part is due to Hadrian Michell's committed management. Commercially we focus more and more on being a retreat centre and we provide space for a variety of healing, meditation, dance and yoga groups and individual practitioners.

People who hire spaces love it and often remark on the good atmosphere. As always, visitors are welcome to stay at the Farm and hire one of the rooms. Our capacity to stay overnight is 20 people, which includes shared rooms. There's also space for tents if you prefer camping.

www.loudwaterfarm.co.uk ●



Photo of Loudwater by Sebastian Paeman.

SUBUD POETRY ANTHOLOGY

Sponsored by SICA International, Stefanie Brown and Emmanuel Williams intend to collect poems from our brothers and sisters from all over the world for an anthology to be printed in time for next year's World Congress. We invite you to submit 2 of your best poems for the anthology, it being our intention to include one from each author.

Please follow these guidelines:

*Poems should not be longer than 40 lines each

*Put your name after each poem

*Include a brief bio, and details of any publications you'd like us to mention.

Deadline: October 31st, 2017

Send to Stephanie: stefaniebrown@live.com or Emmanuel: emmanuelriddlemaker@gmail.com ●

Houston We Had A Problem: Hurricane Harvey!

Text and photos from Maemunah Siegmund...

My husband, Frederik, our two daughters Sara & Mae, and I moved to Houston a year ago from our home in the UK. We had our 11th wedding anniversary on Saturday, 19 August at Galveston Beach, South Houston, Texas watching the dolphins on a boat tour. It couldn't have been more romantic with our two girls, but little did we realize what the Gulf of Mexico was stirring up a few days later... and that this area would be completely flooded! >

Firstly, Monday, 21 August was a solar eclipse that we could view as a partial eclipse from Houston. The next one will be in seven years time!

August 24 an urgent news flash came for Houstonians to stock up with a week's supply of food and water in case Hurricane Harvey hit us. Never saw so many people go crazy with trolleys filled up with water and food.... shelves were empty by Saturday. Somehow I was not moved to buy water.

There was a forecast of heavy rain and tornadoes consequently warnings for us to take shelter away from windows or just stay home. Sometimes there was last minute running to our walk-in closet or bathroom without windows until the tornado warning had passed. Our girls took things with a light spirit "camping in mum & dad's closet" seemed adventurous. And staying indoors away from the heavy rain and storm meant more playtime and being creative. I've never seen my girls make so many imaginative pictures and HAMA bead creations like on a production line, and playing so much with the kids next door!

Water rising...

Mum (yes me), on the other hand, was nervously cooking to keep everyone fed, bearing in mind we had a week of no more shopping! And Dad was working in his home office.

Hearing heavy rainstorm all night, seeing our street fill up like a river every day, and never knowing for sure when it would end, and then to seeing and hearing on the news about homes submerged, was nerve-wracking and worrying – and included people we know.

What helped us was faith and simultaneous latihans with the Houston Subud ladies on Whats App, staying in touch for moral support. Phone calls from relatives in the US and family in England. Emails from friends and family from Germany and the UK...all kept us going through the "never knowing what's going to happen next" thoughts!

The forecast was that this would continue until Friday, 1 September, but Harvey decided to move back into the sea.

So by Tuesday, 29 August, the weather report updated us that Hurricane Harvey was officially out of Houston and was heading on to the east.

The sun is out and no more heavy rain to this day. This is a first in the history of Houston, as there hasn't been a flood of this magnitude in the area for 800 years, and follows 10 years after Hurricane Katrina hit South Texas. Shops re-opened, cars back on the roads where we live. However, I cannot describe what people have suffered. Homes being flooded, or even submerged, people evacuated by boat taken to relatives or shelter.

So far, all Subud members here are safe even if some had to be evacuated to stay with relatives. I cannot imagine what they are going through. Subud USA has offered to assist any affected members if required. Houstonian people are a kind and special lot, helping each other always. Local initiatives are taking place too.

I cannot Thank Almighty God enough for our safety, living in our own home with no loss of water or electricity or hot food. Especially the happy and healthy spirit of my children and not to mention my ever so calm husband, Frederik.



Today Friday, 1 Sept is the Eid-ul-Adha celebration of Abraham's sacrifice and dedication to God after the Hajj pilgrimage. Truly this was a testing time of faith and purification as is the Hajj. Eid Mubarak to those celebrating.

Please pray for those suffering, especially those who need to rebuild their lives and homes again. Also for those that might be affected in the east or by a new Hurricane Irma forecast in the Atlantic.

If you feel moved to donate/help then please contact Subud USA or various local charities:

www.susiladharma.org • <http://www.houstonfoodbank.org/donate/>
<https://www.click2houston.com/community/harvey-disaster-relief-phone-bank>

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ZELLI IN AUCKLAND

Izella Connelly is continuing her run with the musical Matilda in Auckland New Zealand. This is what they are saying about her over there...

With a show as famous as this, finding the right actress for the spirited Matilda is no small feat but Izella Connelly (one of four Matildas) provided the perfect combination of strength, intelligence and cheekiness. Her voice much more powerful than her stature sent waves across the sold out theatre. The show is crafted through her storytelling ability and seen through her child like sense of wonderment. *Jessica Suo, Tearaway*

On opening night, Matilda was played by 10-year-old Izella Connelly, who did an extraordinary job of carrying the show on her tiny shoulders - her conviction and intensity was most endearing. Kim Choe, News Hub

The cast in general were superb – and this Matilda was way, way, cuter than 90s movie Matilda. She was basically a tiny Hermione with better pipes. I'm not sure which of the four rotating Matilda's it was, but kudos to you young lady. I'm sure the other Matilda's are shivering in their school shoes about the thought of following that. *Don Rowe, Spinoff*



KEYS TO CREATIVITY + YES QUEST = CREATIVE QUEST TESTER

Rusydah Ziesel writes about a Creative experience at the Zone 4 Gathering in Greece...

The headline certainly tells a great deal! I am sure that you all know about the YES Quest, which was initiated by Peter Jenkins. The YES Quest has been a fixed part of our Subud experience for sixteen years and has helped many young people to find their way in the world. Search at: www.yesquest.org

Keys to Creativity is known more within the Zone 4 countries because for the last three years I have offered it at the Zone 4 gatherings. Keys to Creativity came into being because I wished to do something that would help us to discover our own talent, that helps us to be free of anxieties and self-criticism, which also supports us to experience freely and lightly with the help of our creative potential.

Isn't it crazy? Every child loves, for example, to think up stories, to sing, to dance, to paint, to play or to build something. But later, when these children are adults, they say: I can't sing, I can't paint, oh, no, I don't dance. I can't, I can't!

What has happened? Upbringing? School? Whatever it is that holds back personal creativity, I am absolutely convinced that it is still slumbering within us. Every person is creative. This potential is available to everyone and not only to artists because it is a part of being human. It can therefore be re-discovered, brought out of hiding and set free to enhance one's own SELF and one's own life. Just imagine how much lovelier, more exciting, joyful, happier and above all peaceful the world would be if we were to all live-out our creativity!

For those who do not know about the Keys to Creativity, I will describe the project here: Keys to Creativity has four pillars.

1. A prepared environment: I am able here to work together with Ludmilla Niyaz from Germany. She makes available an unbelievably inspiring diversity of materials in her art and craft room. I can still hear the shouts of joy from the Israelis and the Lebanese in Budapest when they entered the room. I thought that perhaps in countries that are at war there would rarely be colorful beads available...and these you can find here, plus paints, brushes, paper, glue, scissors and a great deal more. You can find various instruments in the music room: hapi drums, guitar, shruti box, rattles.

2. The workshops are all about experiencing freely, safely, and lightly one's own voice, one's own rhythm, one's own melody. The playing, and thus the self-awareness connected, is in the foreground during theatrical games, clowning, telling stories. When painting too, it is about experiencing when free of demands: to leave a trace behind, painting blind, body painting, painting in groups, simply painting as an experience of self-awareness.

3. The Latihan, the testing. Questions such as where do I feel my true culture within me? How am I expressing it right now? How does it help me to live according to my personal being? How is my creativity expressed? As well as other, personal questions.

4. The sharing: a little exhibition, a little theatre performance, whatever is discovered for one's self.

I have offered this program in Hungary, Poland, Germany, and at Basara. It was limited to an art room, testing and a few workshops at Basara. The focus here was on support of the individuals.

Developing Something New

Peter Jenkins and Marlana Basser came to me at Basara with the idea of developing something new together. It touched me deeply and I greatly looked forward to its realization.

Our Zone 4 gathering approached in Greece and naturally I had again planned a Keys to Creativity. Peter asked me if he could join in to eventually include elements from YES Quest. I was naturally pleased and immediately said "yes",



Rusdyah Ziesel and Peter Jenkins.

“ Every person is creative... ”



Participants at the Creativity workshop at the Zone 4 Gathering,

and together with Marlena we created a concept.

And that is how the first Creative Quest tester came about.

Peter lovingly called our workshop participants “experimental guinea pigs”. It certainly was an experiment. From the WSA Peter received the assignment to experiment within Subud with the YES Quest format. Parts of this experiment were already to be seen in the workshops at Basara: *My Basara, My Subud, My Life*.

Peter and I began with two-and-a-half hours on each of five days at the Zone 4 gathering with 14 people. This group was perfect!

How has the KtC concept changed? For the first time we worked with an enclosed group. A shame on the one hand because not everybody could take part, but on the other hand more intimacy, more assurance and more commitment could be created.

Commitment is also a YES Quest element. What do I wish to change? And, what am I prepared to do for it?

And mutually conceived agreements, which show – this is how we wish to behave with each other.

I think that in this way, in the end the personal advantages for everyone could be concretely felt.

There were so many touching moments: from being shy to overcoming shyness, showing joyousness, to be seen and visible for everyone! Pleasure, tears, laughter, fear, and courage!

I am very, very grateful for this experience. The collaboration with Peter was tremendous for me and the feedback from the workshop participants was accordingly touching.

It will give you the chance to be creative and create and alter all kinds of your own imagination, taking you to places you wouldn't expect.

You and Peter are a good team you created a protective and loving environment.

I realised how buried my creativity was.

My old wounds from childhood are healed.

I never knew what slumbered within me!

I want more of this.

And then again at home...

I kept the commitment to develop my talents and I am drawing and exercising my voice almost daily.

But how will it continue? The idea is to develop a ten-day Creative Quest. But don't worry, there will again be a traditional YES Quest before the World Congress in 2018.



Art work from the creativity workshop.



Peter Jenkins contemplates his artwork.

“ Taking you to places you wouldn't expect... ”

I will continue with Keys to Creativity. The concept was enhanced and deepened and will continue to unfurl. The prepared environment for Keys to Creativity will be given at the World Congress plus the workshops will be available.

We have received an invitation from the Beirut Subud group in Lebanon to share the KtC experience with them.

I tested my role on the international SICA board at the Council Meeting in Chile; the result was that I should travel with the international helpers. I will therefore fly with the international helpers to Lebanon in October 2017.

Further invitations from Ukraine, Norway, Austria and Russia have been made. We must see when it will be possible to visit these countries with KtC.

A Story from Peter

To conclude here is a little story from Peter Jenkins that he saw when he finished his paintings.

“ This potential is avail;able to everyone, it is a part of being human...”

There was a man... who had a blue fish in his head, and it bothered him.

He consulted a very wise man who said: “Go outside when the sun and the moon are in the sky. Put your right hand out, so that it holds the sun, and your left hand so that it holds the moon. Then close your eyes and my archer will come.”

The archer came and fired an arrow into the fish, and the blue blood of the fish flowed down in his body.

Then the archer fired an arrow into his heart, and the red blood flowed down, some into a cup and some mixed with the blue.

The blue and red mixed and made purple, which suffused his body and caused his masculine and feminine natures to combine.

Taking off his blindfold he saw that he had wings on his heels and he saw the cup filled with red blood, the Holy Grail of his Creative Quest.

About myself: Rusydah Ziesel, international SICA board member, theater pedagogue, clown, story teller, art therapist, which all come together in “creative ways to change” www.rusydah.de I am 49 years old and live in Ebersberg by München with my husband, Anwar Ziesel. ●

SIHA-SICA Weekend at Chateau de Tribomont

From some of the participants...

The recent SIHA-SICA Workshop Weekend at Chateau de Tribomont near Verviers in Belgium was an intimate triumph. Maxwell (SIHA coordinator) and Asmaniah Fraval & Sebastian Flynn (SICA chair) travelled there from Freiburg, after the WSC Meeting and World Congress planning. We were warmly greeted by our generous host Dr Eduard Schweden and Ellen Bruce and Kohar Sillem, all of whom worked tirelessly to ensure our every comfort. The Chateau is a beautiful property with enormous potential for Subud. It is set in spacious grounds with woodland close by.

Also in attendance at the meeting were Dr Konstantin Trifonov and Dorothea Apaeva from Moscow, Matthew Schrock and Hermione Elliot from Lewes England, Erica Sapir from France and Elsa Van Amern from Germany. A few more local Subud members from Germany and Belgium also joined us over the weekend. So we were 16 Subud members together in all.

On Friday evening we did a latihan together which felt very powerful. It seemed like the start of a new phase for the Chateau. Almost as though it has been waiting for Subud members to start using it as a venue

A wonderful surprise following the latihan on Friday evening was to see Erica's daughter Maya Sapir and her partner Dave Weir (aka Tuppenny Opera) also staying overnight at the chateau. They played us a mini gig in one of the resplendent large rooms (which also have great acoustics!) and Sebastian played a few fiddle tunes. Dave and Maya were on their way to play some gigs in the U.K. Look out for their unique instrumental and vocal talents at World Congress if not before!



Maxwell presented mainly around an aspect of his work with a system called a bio-modulator, used to ascertain weak points, shown by accessing the body's electrical charge, loss of which can be an indicator of ill health in the corresponding organs. The system asks of the body the literal question are you charged up? Some of those attending the WSC meeting had the opportunity to take advantage of this and felt the benefit.



Konstantin Trifonov and Dorothea Apaeva presented briefly on their health insights. Both Konstantin and Dorothea are medical doctors and Konstantin is a specialist in Oriental Medicine especially acupuncture, pulse diagnostics and biofeedback working in New York and Moscow. Konstantin and Dorothea have developed a method of screening in assessing health status.

Sebastian gave a presentation on the Culture Compass system and its use for reviewing one's creative direction and strategic progress in life, using the symbolic aspects of direction that are common to cyclical systems in ethnic cultures such as the First Nations Medicine Wheel, the Tibetan Mandala and the Etruscan symbolic directional elements that formed the basis of the maritime compass.

Elsa Van Amern referenced her psychology experience, research and social welfare project plans around burnout, especially its prevalence in the corporate arena. Eduard spoke of his plans to expand the scope of Chateau de Tribomont with a view to also serving the medical needs of burnout patients. Erica gave a delightful workshop using cut-out puppets and scenery in a tiny shoe-box theatre – exploring the theme of experience of death. Erica also showed a film of her work with Marionettistes Sans Frontieres, using puppets to help young people from diverse backgrounds and demonstrate the benefits of non-violent communication.

Hermione Elliot conducted a workshop on SIHA activity in preparation for SIHA's role in the World Congress in Freiburg in 2018 which will feature a markedly increased Wing presence as Subud celebrates and connects the myriad of ways that its members interface with the outside world in health, social welfare, culture and creativity and enterprise – embracing the various subsidiary organisations connected to the WSA.

In between several wonderful Latihans, walks in the country, presentations and delicious meals, we tested around the role and importance of SIHA as a wing. What seemed very clear is that SIHA is not only the province of professional medical practitioners, but is very clearly for everyone and is a resource and an integral part of all of us in leading a healthy, active and creative life – for the benefit of ourselves and those around us. Sebastian (SICA chair) felt that from a SICA point of view, there is a clear juxtaposition and reciprocal benefit between health and creativity – in whatever way one's life is creative.

New Format for Our Subud Story Program

The new format for the Our Subud Story program embraces the stories of past, present and future.

Many stories of the past have already been collected and will be viewable in various media (video, audio, and archive) at the Our Subud Story installation in Hall 2.

The Our Subud Story venue will have a daily program (times TBC in Program) - with selected presentations and interviews with Subud members, telling their stories.

It will also be a space to which everyone brings something of personal significance to their Subud Story...impromptu additions to the collection created during the Congress.

The daily Our Subud Story program will also feature musical presentations to create a varied and engaging program each day at a given time in Hall 2.

A website, a documentary and a number of books are due to be completed in the lead up to World Congress.

The Our Subud Story Team at present includes:

Halim Bustillo, (coordinator) Robiyanto Sumohadiwijoyo (Website) Konrad Munos, (Documentary) Genevieve Hayward (Book producer) Lucy Hamptom (Interviewer) Graciana Maurittigranjo (Interviewer) Reiner Sillem (Cafe Manager)and Rizal Fraval (Congress sight Manager).

sebflynn@gmail.com (SICA International Chair)

istjenkins@gmail.com (IH SICA Liaison)

All members of the Our Subud Story team are invited to submit a brief profile of their personal role in the project and what it involves. Email your profile to:

Sebastian Flynn, Chair, Subud International Cultural Association (SICA) sebflynn@gmail.com ●

SALAMAH POPE'S OBITUARY (DIED AUGUST 30, 8:50PM)

Maria Pope, one of Salamah's daughters, has sent this record of milestones of her mother's life on behalf of Salamah's family...

Salamah was born Jennifer Graham Stewart in Mill Hill, London NW7, UK.

She was born on May 10th 1933 to Olivia Mary Cater Graham and William John Stewart, also from Mill Hill, London. Their ancestors are mostly Scottish from the isle of Arran, with some Irish (depended where the borders were drawn).

During WWII she was moved out of London for a short period; their house was impacted by bombing with minor damage.

She went to the Mount School in Mill Hill.

She took a shorthand and typing course and went to work after high school.

She associated with some of the "artistic types" in London and heard about Bennett's Gurdjieff group through a friend of a friend. She met Hugh Godfrey Pope (young architect) in 1954 and they married in 1955 in Covent Garden.

She worked for Bennett as his personal assistant and secretary for the group in Coombe Springs, which included arranging "guest speakers" and visitors to the group. She was in contact with Husein Rofé regarding Subud and helped arrange Bapak's first visit to England in 1957.

Salamah was an atheist and was surprised when joining Subud meant believing in "God". However she and Hugh (who became "Tom" and she became "Viviane") quickly became Bapak's helpers >



Salamah as a young woman.

and were sent to the USA to prepare groups there for Bapak's arrival. They settled in Los Angeles and lived there for 3 years before going to Indonesia in 1962. Their first child Maria was born in Los Angeles in 1961.

Salamah and Abdullah (then Viviane and Tom) returned to England in 1963, and lived in Hampstead where their second child Richenda was born.

Within a couple of months after Richenda's birth they returned to Indonesia. During the "year of living dangerously" (1965) Bapak urged them to leave Indonesia and so they went to Auckland until it was safe to return in 1966. They lived on the Barr's orchard there (Subud couple) and met the Week family there as well. Upon the return to Indonesia, the new Wisma Subud was established in Cilindak, South Jakarta and they lived downstairs in the new Guest House (Bapak and Ibu Siti Sumari lived upstairs).

Viviane and Tom embraced Islam and took the names Salamah and Abdullah. Abdullah set up his architectural firm with Ramzi Winkler and Raymond van Sommers (International Design Consultants). Together they built Bapak's house, the new latihan hall, and had a successful enterprise for almost 30 years. They also had two more daughters (Luzita and Setyowati).

Salamah took a correspondence course and earned a B.A. from Goddard College in 1982. She continued her education and taught at the National University of Indonesia and at the International High School (JIS). Besides raising four daughters, her life's work was furthering Bapak's cosmology and authoring books and papers on Subud and Javanese culture.

She was welcoming of visitors and guests to the Subud compound and had many many evenings of coffee and cigarettes with lively philosophical discussions. They lived in Indonesia for approximately 35 years until Abdullah had two cardiac arrests and was forced to retire in 1991. They moved to Perth, West Australia in 1991.

In Australia Salamah and Abdullah built "Hilltop Farm" which was a Subud enterprise used for spiritual retreats and a dome for latihan. They were active in the local community and the Subud group. Three of their daughters eventually also migrated to Australia and lived close by.

Salamah was blessed with 10 grandchildren at the time of her death, and one great grandchild. She was buried at Guildford Cemetery in Perth where Abdullah is also buried. ●



Salamah shortly before her death.

THAT BIGGER PERSPECTIVE

Salamah Pope passed away on August 30, 2017. Her daughter, Rashidah, has written this tribute to her mother...

When Mum turned 80, she described herself in her autobiography:

"Now I am ancient, I am a sort of semi-Pagan, a nature-lover and a philosopher.

SuBuD is my passion, my safety, my comfort; I am a card-carrying member of the Green party, and – for the hell of it – a Theosophist. And also I am a Friend: that is, a Quaker.

These things I belong in, go to, attend, am involved with; yet, although I never go near a mosque, I know myself, deeply, in the marrow of my bones, to be a Muslim. The word Al-Lah (meaning, simply, The God) lives in me."

When someone asked Mum if her life story had a common theme, this is what she wrote

“And it dawned on me, that my life theme really, truly, was Spirituality. The Spirit, the SuBuD spiritual latihan, and God, “life, the universe and everything”. And, secondly, about values, human values, goodness, and ethics – the Big Question of “How ought we to live?”

“ Mum was always honest and direct...”

Salamah was born Jenny Stewart in 1933; an ordinary suburban girl in an atheist household in North London. Her life journey transformed young Jenny into Salamah Pope, a philosopher, a teacher, an anthropologist, a writer, an environmentalist, a futurist, and an activist, as well as being a mother, wife and grandmother and great-grandmother.

Growing up in an atheist family, it wasn't till she joined Subud that she began to believe in “God” because Subud gave her a direct experience of something “Other” that she knew wasn't of this world. She was passionate about Subud because it filled an emptiness that she experienced when she was a teenager.

In her own words this is what she wrote:

“As a teenager, I knew there was something missing from my life. There seemed to be no meaning, no purpose even, in my life. I couldn't decide what I wanted to do when I left school. I didn't even know what I liked and what I didn't like. I was a thoroughly mixed up young woman.

So, I went shopping - for God, or Something to fill that emptiness inside me - and that started me on to a search, a Quest, which resulted in my finding the Gurdjieff system of Work on Oneself. Which, in turn, led on to Subud.

Which changed everything.

And, eventually, filled up that empty hole inside me, and gave me myself, my Real Self.”

Her Spiritual Compass

Mum was an active Subud member for 60 years and this was her constant and her spiritual compass. Her parallel religious journey took her through various faiths and traditions and in the end, it was the Quaker values of simplicity, peace, integrity, community, equality and stewardship of the earth that resonated most with her views on life.

She first came across the Quaker Universalists while living in Indonesia and in Perth attended meetings on Sundays in Fremantle, and later joined officially as a Quaker.

Salamah had embraced Islam when living in Indonesia in the 60s and continued to observe the fasting month of Ramadan right up until just a few months ago. Her interest in anthropology led to her working at the Jakarta National Museum and there she studied the Hindu gods and goddesses and sacred texts and myths.

Many years later, after moving to Australia, she told me that on her census form she had put herself down as a Buddhist because those were the values she connected with.

“ She taught me about putting things in perspective...”

On another occasion she sent each of us a link to an online questionnaire to see what our religion was. She delighted in the fact that the questionnaire had identified her as a pagan. We all agreed that also suited her and frequently joked about her being a pagan Muslim Quaker Pope.

Salamah's large perspective on life was both a blessing and a burden. She felt that each of us had a responsibility to make the world a better place and in this she constantly strove to educate >

those around her.

Her natural talent was a teacher; she had taught at the International School, at the National University in Indonesia and when she was in her 40s and 50s travelled around the world lecturing at conferences on Cosmologies. In Perth she gave lectures and workshops on many different topics at the Theosophists, at the University of the Third Age, and other organisations.

Even in death, she didn't want to miss the opportunity to teach. She specifically asked me to put information about the Quakers and Subud in to the order of service.

The Pattern of the World

Discovering a Pattern of the World was what inspired her life's work – in her 40s she had a spontaneous spiritual experience of how the world was ordered, or put together, and that was what she most wanted to share with others in order to find “A Cosmology fit for Gaia” - a pattern of the world that would make the world a better place.

She was dismayed by the state of the world and the trajectory she felt we were on, and to her, this pattern made sense of the world and identified what it meant to be a human being and to be a good steward of the earth.

Mum was an avid reader and writer, and there are literally boxes and filing cabinets full of her writings that stretch back for over 30 years. There are two books that she published – one of her life's work and the other is an anthology of Subud stories. She has at least three more books on the boil – mostly finished but not published. Hopefully we will be able to get some of those published before too long.

As a person, Mum was always honest and direct, which made her quite intimidating and was also apt to offend people unintentionally. It must have been in her DNA as my grandmother told me that when mum was 5 years old, her kindergarten teacher wrote in her report that she was “Honest to a fault”, . She would say things that were true, but most of us would know not say them.

When Antidote, the collection of Subud stories was published, many people told me how astounded they were by the honesty with which she wrote about herself.

The honesty went both ways though and even as an adult, she struggled to be tactful. If she offended you, please let me ask for forgiveness on her behalf.

When I was a teenager, one evening Mum came into my room and found me weeping at my desk because I was struggling with writing an essay. She didn't say anything but took my hand and walked me outside into the dark night. She told me to look up at the stars and see how many millions and millions of stars there were and how large the universe was. She taught me about putting things into perspective and to look at the bigger picture.

For Salamah, living in the bigger picture, living spirituality, saving the earth, were her priorities in life and now that she is on her next adventure into the Great Mystery beyond this world, I trust she is experiencing that bigger perspective that she so often reminded us about.



Rashidah Pope, 7 September 2017

SALAMAH POPE

Siti Salamah Pope passed away on, August 30, 2017. She and her husband Abdullah had been Subud since Coombe Spring days and also lived in Wisma Subud for many years. They subsequently moved to Perth. Harlinah Longcroft writes...

About ten days ago I phoned Salamah. She had phoned me about ten days before that and I was returning her call. "Salamah?" I said to the phone, "Harlinah" she replied, and without a pause she continued very cheerfully, "I'm dying!" Just in time I stopped myself saying "Oh good!" which, after all, is ones' normal response when someone tells you something they seem very pleased about.

I always regarded Salamah as part of my personal Subud family, and I have tried to think of a suitable shared event that sums up that relationship. I find myself going back to November 1966, and something that happened when I was visiting Cilandak, with my husband, for the very first time.

Our visit was, I think, for only three weeks, but the Pope family was living there on a more permanent basis. They lived in one room on the ground floor of the Guest House – Abdullah, Salamah, Maria and Chendi. There was a small cupboard-like space beside their room, where Salamah could cook. There was no bedroom and sitting room, or playroom for the children. Everything happened in the space of just one room. And the Pope family were happy.

Salamah and I always had very different characters. She would exclaim: "Harlinah! You are so bourgeois!" Well yes! I do like things clean and tidy! So for me, living in Wisma Subud at that time was, let us say, "interesting". The invitations to the Big House to "help" Ibu - Ibu Siti Sumari - were wonderful, and to be so close to Bapak was, for me, both inwardly and outwardly exhilarating.

I was also very fond of the small number of people living in the Guest House at that time, most of whom were old friends from Coombe Springs. However, I was often not sure that my capacity for being spiritual was quite up to their standards. So here is a little piece of history.

It was the evening, and Salamah and I were alone in the Guest House kitchen. (At that time food was provided for the Guest House, but the visiting ladies did the cooking). Salamah took me there for "a treat".

She reached up and from a shelf took down an old and partly rusty cake tin. "Now Harlinah," she said, "this is Bapak's food. It comes from his plate. He left it. Because it is Bapak's food, you have to be in a quiet state, then when you eat it you receive a something from Bapak – like a blessing!"

I looked at the contents of the tin. It was a big tin and in the middle of the bottom was a piece of cake about three centimetres square - but what caught my "bourgeois" attention far more vividly, were the hundreds of ants who were already enjoying this spiritual morsel.

Salamah cut the cake in half. "Help yourself!" she said. (The English are very polite.) "But what do I do about the ants?" I asked. "Well, eat them," she said, "they won't do you any harm." And she put her



Salamah and her husband Abdullah, seen here with Bapak, lived in Wisma Subud for many years. That's Salamah with their daughter, Maria in arms, and Abdullah to Salamah's left.

“ I so enjoyed your company... ”

half into her mouth. “Surrender!” I thought, and swallowed cake (plus ants) whole. After which I certainly felt different. More spiritual? I am not sure about that, but ants still bring back “pious” memories, and dare I say it? Make me laugh!

Bon voyage Salamah! I so enjoyed your company!

Harlinah Longcroft Canberra: September 1, 2017 ●

BAPAK’S “FILSAFAT”

Shortly before her passing, Salamah Pope sent out this message. “Is there anyone out there who considers Bapak’s philosophy worth taking on board?”...

When I’d been in Subud for twenty one years or so, the latihan got into my brain – and I was dumped with a vision of Bapak’s cosmologies, how they all related to one another, and how they gave a natural, holistic explanation of just about everything.

To cut a long story short, living in Wisma Subud, I managed to ask Bapak if what I had seen was right – or was it just my imagination? What he told me was that it was *betul*, correct, true – and that this was *filisafat*, philosophy.

A year or two later I snuck in with a bunch of people who were seeing Bapak before going back to their homes. “And where are you going?” he asked me. “I’m going to America to talk about Bapak’s ideas at a conference” I said – and he almost laughed. “This is Bapak’s *filisafat*, and it is your **enterprise**.” So off I went, happy to have my work on Bapak’s cosmological ideas more or less approved.

And I went on working – with my head – on the vision I’d seen: because these ideas are (in my opinion) sensible, and exactly what the world needs today.

I admit that, with our ordinary perception, it is not easy to see the world the way Bapak showed us; it needs a complete change of perception – and that ain’t easy. But once you do see them, why, everything makes sense!

Take values, for example. We talk glibly about ‘human values’ and also ‘material values’ assuming we know what they are. Yet between them there are ‘animal values’ (familial, communal, cooperative,) – and even ‘vegetal values’ (selfish, greedy, competitive). And, if you abstract all the ‘animal’ and ‘vegetal values’ away from us, then what you are left with is a clear and simple list of the **specifically** human values.

Another thing: Einstein’s equation, $E=mc^2$ – which basically means that everything – Everything – is actually different forms of energy. Yet what are the *daya-daya rendah* (which Bapak’s translators called “the lower forces”), but energies? Scientists have never taken up Einstein’s idea of everything being made of energies – and at this stage it’s beyond belief that they might take a hint or two from Bapak’s *filisafat* – but, in the future, why not?!

We Thought the Latihan Would Change the World

Now, in the early days of Subud in the West a lot of us thought the latihan would change the world; I suppose it is doing so but, as we lurch from one world crisis to another, it seems to be doing >



Bapak (photo by Mikhail David).

so rather too slowly. There is another factor, though: as Varindra said, ideas do change the world.

Yet I have been singularly unsuccessful in getting these ideas out there, to a wider, non-Subud audience. And, apart from Rasunah Marsden in Vancouver, no one else I know takes much notice of these wonderful ideas which Bapak, along with the latihan, bequeathed us. So, surely, we were **meant** to have them, understand them – and use them?

Eventually I wrote them all up in a book called *The Pattern of the World: Re-Envisioning Everything (Including Us) Holistically*: and then spent five years trying to find a publisher. In 2007 I gave up and self-published it. It is now out of print but the whole thing is still up on a website:

www.worldpattern.net

Today, nearly forty years later, I still think – think, cognitively consider – that all these ideas, as a coherent whole, stand up to rational scrutiny. Did you know that the Dalai Lama asked (in one of his recent books) for “a global ethic, to which everyone can subscribe”?

The great psychologist Abraham Maslow asked for “a natural hierarchy of human values” to which people of all cultures can subscribe. And anthropologists, educators, psychologists and sociologists have for decades been needing a rational description of what it means to be fully human. Yet, believe me, all these things are provided by the ideas which Bapak left us in his “*filmsafat*”. Valuable? I think they are absolutely priceless.

But I am now 84, disabled, and can do nothing more about them. So this is a last desperate plea: is there anyone else out there who considers Bapak’s philosophy worth taking on board? – and promoting it? I honestly think these ideas could indeed change the world.

Salamah’s daughter, Rashidah Pope, writes to say that anyone interested in continuing Salamah’s work on Bapak’s philosophy should contact Rashidah at rashidahmacd@gmail.com

“ These ideas stand up to rational scrutiny...”

“ I honestly think these ideas could change the world...”

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Send articles, photos, cartoons etc. to Harris Smart,
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