



Way of Roh Ilohfi



An Easter Monday talk by Bapak... These are notes taken after a short unrecorded talk given by Bapak at Subud House, London, April 21, 1981 (photo of Bapak by Mikhail David)...

God doesn't mind when you worship Him as long as you do. Man invented time. For God there is no time. So, you decide when to worship God. The dawn prayer is the most important. It is obligatory. You can miss the others but not the dawn prayer: Subuh, which means the sun coming up. Daybreak. The sun rising is the symbol of the Roh Ilohfi, the Power of God. The morning dew symbolizes the nafsu which disappears before the rising sun.

Man creates his own problems. When is sunrise? What time shall we do our prayers in England as opposed to Indonesia? Which way shall we face? And so on. These problems are all invented by man. So you should solve them yourselves.

The different religions all come from the same source, so if they fight, that is clearly wrong. Subud can unite them all in the latihan where there is no difference of religion, nationality, colour. It is the same for all.

The latihan is the same for everyone. You can do it standing up, sitting down, lying, walking: any way you like, it's always the same.

In the same way, you choose the religion that is easiest for you. For whether you travel to London via Brighton or Dell Park, it is the same destination: just a different route.

Bapak's song on this Easter Monday is; "This is the only way, the Way of the Roh Ilohfi, the way of the Power of God where God alone is Teacher."

IN THIS ISSUE:

- Ibu Rahayu's Birthday.....p 2
- World Congress.....p 2
- Stay at Sri Lanka Subud House.....p 3
- SD Express.....p 3
- Satellite World Congress.....p 4
- MSF: Call For Nominations.....p 5
- Kalimantan/YUM Experience.....p 6
- The Subud Library.....p 7
- Subud Enterprises and Success.....p 10
- Bapak Talks on Prayer.....p 14
- Susila Dharma Lisbon.....p 18
- Subud Authors.....p 19
- ADS & NOTICES.....p 22

Ibu Rahayu's birthday

Asmaniah Fraval, Subud Australia chair, was in Jakarta attending a SICA meeting at the same time as Ibu's birthday. She writes...

The week of the SICA meeting coincided with Ibu's birthday and Munas, the Indonesian business meeting that falls between congresses, so there was a lot happening. Ibu has recently had two falls (nothing broken) but she was very frail and her arm is not fully healed. We learned that when this happened, Ibu asked if it was her time to "go" but much to everyone's relief, she was told "not yet". With this background it was an unexpected gift that Ibu said she would meet those who had been attending the SICA meeting so we journeyed from Wisma Subud to Pamulang (the 13km can take up to 2 hours depending on traffic!).

Latifah (outgoing SICA chair) and Harvey gave a report on our meeting so far and then Ibu gave a brief talk in which she emphasised the need for all of us to find our inner culture through the latihan and to express that in our lives; that this is the tool Bapak gave us and we need to use it. What we came away with was confirmation that SICA is indeed far wider than the arts and that health and education are obvious partners.

This talk was the day before Ibu's birthday so I gave her a card on behalf of Subud Australia, in which I thanked Ibu for her willingness to continue to help us all, with the prayer that Almighty God continue to bless Ibu.

Ibu's birthday celebration was a fairly low key event compared with when I was there some years ago. Ibu had asked for it to be considered a "sjukuran" – a thanksgiving rather than a celebration: a thanksgiving that Ibu had recovered. There were around 200 people who came to Pamulang and people were asked to keep their distance when paying their respects to Ibu. Delicious food was provided for everyone and it was lovely to see some of the people I met when traveling in Indonesia as international helper a few years ago

Then we got news that Ibu would give a talk for Munas but that everyone would have to come from Wisma Subud to Pamulang. So buses and taxis transported 250+ to the pendopo (large traditionally shaped hall) and Ibu gave a talk, translated by Raymond, covering many things. She was unequivocal that Subud is the worship of Almighty God through the latihan and that the international helpers were responsible for ensuring that Bapak's guidelines are followed. If people wish to deviate from these, they are free to do so but they cannot say what they are doing is Subud. Ibu stressed the importance of reading Bapak's talks as she feels many members do not fully understand what Subud is.



Ibu cuts the cake at her birthday party on March 13th when she turned 85. We hope she will be with us for many more years to come.

World Congress 2014

The 14th World Subud Congress is less than six months away and 1,100 members from 54 countries have already registered.

If you want to know who's signed up just go to the newly updated Congress website (www.subudworldcongress2014.com) and click on registration. The Early Bird 1 Fee is now closed and the Early Bird 2 Fee, which still offers reductions on Registration fees, is open until April 30th. Check Fees Page.

There is a limited amount of funding available for members needing financial assistance. Please go to the

website for more information on how to apply for a discount.

“Great news.....not only has the Tax Exempt Status for Foreign Conventions been maintained.... but the 2% accommodation tax has now been abolished so ALL hotels (regardless of whether they apply the 16% tax exempt policy or not) should NOT be charging 2% accommodation tax.... well it's not much but every little bit can make a difference for the members...”

If you are still deciding whether to come and you have a family, your children will be busy. There will be many opportunities to join in the excitement to create an inspiring experience for young Subud family members. Mary Wold and her team are working on an extensive Family program for the World Congress, this “mini” congress will be great fun for children, young adults and youth.

Go to www.subudworldcongress2014.com for registration and all information. ●

Stay at Sri Lanka Subud House

Robert Goonetillecke writes from Colombo, Sri Lanka...

Our Subud house has gone through some renovations for guest accommodations. We have added a hot water facility and fans, etc. Colombo has changed a lot and now we have the Marine Drive going past the Subud house with many hotels and restaurants and shops in walking distance from the Subud house.

The committee has decided to have a charge of US\$30 and it's good for two people or a family (Subud members only). Please pass this info to your Subud contacts or group members.



Editor's note: I can vouch for this. I have stayed there. It is close to the sea and close to the centre of Colombo and a great jumping off place for all the tourist attractions of Sri Lanka. You are very well looked after in the house and the group is very friendly and hospitable. Contact Robert at robertgoonetilleke@yahoo.com ●

SD Express

Susila Dharma through the expressive arts

For the world Congress in Mexico it would be interesting to present those core elements of Susila Dharma which link the experience of the latihan with the truly human impulse to active compassion, using the creative skills of SICA members.

It would be an opportunity of linking with SICA to share the deeper aspects of SDIA's work through expressive modes of communication, exploring and presenting psychological, social and spiritual issues addressed by Susila Dharma projects. . This would complement the usual presentations in verbal and numerical terms of statistics, financials, inputs on health, education etc..

All art has a message and invariably artists have been interested, directly or indirectly , to express how we can live more authentically as human beings.

The arts provide a bridge over the gap between the material and the spiritual, articulating more clearly the link between the latihan and humanitarian action.

At World Congress, the report session of SDIA could include contrasting images of gross over-consumption and those in dire need, showing examples of injustice, and the work being done to ameliorate it.

Themes might include the dynamics of the Human Rights issues which SD projects address in their work, possibly drawing on case studies of project beneficiaries as source material for presentation through different media. >

The dynamics of these themes might be explored:

- Work v unemployment/poverty
- Freedom of expression v marginalisation
- Exploitation v Empowerment/Dignity
- Gender domination v mutual support/
- Low self esteem v self confidence
- Justice v injustice

This could be in the form of existing works, classical texts, plays, dances, poems, films etc. Or new works from Subud artists and performers and writers; a combination of pieces arising from workshops at congress lead by arts and media people on the themes suggested.

At a British Congress several years ago we gave a presentation complementing the usual report for SDB to the gathering, using the SD Express approach. This included artists of all types being asked to contribute and bring aesthetic, expressive and real depth to the true meaning of Susila Dharma through:

- Visual arts: a collage workshop based on contrasting world images of poverty and wealth. These were then digitised and became a power point projection.
- Music. existing and created in workshops at congress (e.g. 'Food Bank Blues' would be topical for Britain or the USA at the moment.)
- An original orchestral piece based on a Rabindranath Tagore poem
- Poetry A word workshop in which participants responded to photographs of developing countries' situations, illustrating the themes of human rights violations.
- Case study spoken by a man and a woman in first person voices of a child and his mother in India describing their day to day oppressions, and the difficulties of being dalits.

Presentation

These were all put together into a performance. As people arrived for the SDIA Report a song created by a Subud brother in France, "I am the Son of Mother Earth" was being played, followed by the song Billy Holiday's "Strange Fruit", sung with accompaniment of guitars.

The poems created at the workshop were being spoken as the images from the collage workshop were being projected.

And finally the case study, using the actual words of an Indian mother and child were spoken.

We envisage these SICA based workshops, with resulting exhibitions and performances, being available to members throughout congress.

Hesther and Raphael Bate ●

Satellite World Congress

Last week we decided to look at the possibility of holding a 'Satellite World Congress' in Jaramuza. This was discussed with Luqman Penseny when he was here in January.

We have some experience, having run a 'Virtual Congress' in parallel with the Bali Congress. We will be hosting the Zone 3 meeting in May for 50 and we could probably cope with that number or more in August.

We would be able to provide a cafeteria, Latihan spaces, evening entertainments, visits to local villages, the Alhambra and the local market as well as internet communication with Mexico. We can't provide plenary business sessions!

We can accommodate up to 20 in and around Jaramuza, plus there is the possibility of camping (with ecological loos!) and there are several hotels and B&Bs in the village ranging in price from 20€ to 65€ a night. Orgiva village is about 2 kilometres from Jaramuza.

Please let us know if this might be of interest to you contact:

Andrew Bromley andrewb@wanadoo.es

Call for Nominees

Nominations open for Trustee of the Muhammad Subuh Foundation

The Muhammad Subud Foundation is named in Bapak's honour and is Subud's International Foundation that seeks to build a lasting financial capacity to support the growth and development of Subud in the world. The Muhammad Subuh Foundation is a grant-making Foundation (e.g. provides grants to support groups to obtain their own Subud premises and to support the work of the International Helpers) that actively manages its physical and financial assets, that it holds on behalf of the World Subud Association.

At the upcoming Subud World Congress in Puebla, Mexico the terms of three Trustees of the Muhammad Subuh Foundation are expiring. The Muhammad Subuh Foundation is currently seeking candidates to fill these Trustee positions. The new Trustees will be selected during the upcoming Subud World Congress.

The term of the Chair of MSF is also expiring at the upcoming Subud World Congress. Candidates for the Chair of MSF will be chosen from among the Trustees of MSF. The testing for the Chair of MSF will be done during a Plenary Session of World Congress.

The term of office for this position is for approximately 4 years (2014 Subud World Congress - 2018 Subud World Congress)

No salary or compensation is paid to Trustees, with the exception of economy class airfares and accommodation for the Annual Meetings.

Nomination Procedures:

Nominators: National Chairpersons, MSF Trustees and World Subud Association Board of Directors may submit nominations.

Procedures: The Nominators contact members they feel would be a good MSF Trustee. The members will be asked to test about their suitability and capacity to fulfill the duties and responsibilities of an MSF Trustee. If the testing is positive, then the Nominator collects from the nominee:

A professional/Subud CV which contains contact information of nominee including: postal address, email address, and phone number.

A letter of interest from nominee responding to the criteria for nomination (as listed below), and describing any other skills and experience the nominee can bring to MSF as a Trustee.

A letter of nomination from the Nominator, highlighting any history of harmonious work (helper/committee) in Subud.

Completed and signed MSF Trustee application form. Application forms can be obtained from MSF Secretary, Judy Gibb, at j-gibb@xtra.co.nz

The Nominator forwards the CV, letter of interest, the application form, and a letter of nomination via email to MSF Secretary, Judy Gibb, at j-gibb@xtra.co.nz

Deadline: April 30, 2014

Criteria for nomination:

Been active in Subud for at least 8 years.

Experience working effectively, harmoniously, and reliably for the Subud organization.

Good understanding of the functioning of the Subud organization.

Good understanding of the role and function of a MSF trustee as described in the MSF Bylaws (available at <http://www.msubuhfoundation.org/who-we-are/about-the-foundation/>)

Adequate time available to devote to MSF work, an average of at least 15 hours per week and to participate to the MSF Annual Meeting of about 10 days.

Basic English skills, both verbal and written, or access to a (free) translator.

Knowledge of French or Spanish would be an advantage.

Competency working with email, Skype, and MS Office or compatible software.

No personal or business conflict of interest with MSF or WSA, and our partner organizations (Yayasan Subud, Yayasan Muhammad Subuh, Fundacion Amanecer, MSF Colombia, SICA, SDIA, etc.)

No history of criminal offence.

Trustee Selection:

Members of the WSA Board of Directors and MSF Trustees will review the application files. The final decision will be based on the information received and guidance from testing carried out by the International Helpers, with the candidates, if present, or in absentia, during upcoming Subud World Congress in Puebla, Mexico.

My YUM Kalimantan Experience

Isti Jenkins writes about her seven weeks with seven local village women...



Isti Jenkins (2nd from left) with women from her sewing group.

Last year during the month of Ramadan, Olivia Reksodipoetro (chairperson for Susila Dharma, Indonesia), knowing that Peter and I had planned a visit to Rungan Sari in October for one month, invited us to help with the SD projects.

She asked if Peter might help improve the Volunteer Program to make it more successful and asked me to run a Seven Week Elementary Sewing Program for a new group of keen local, but disadvantaged, village women.

We arrived at the tail end of the 'smoke season' and so with the rented house across the road from the Yum Community Centre opposite Rungan Sari, I was introduced to the group of women ready to learn sewing techniques and willing to try to produce saleable items.

Peter and I were staying with Gaye Thavisin who lived less than five minutes away. I was to work with these seven local village women four days a week for three hours each day. Plenty of time for them to create simple but good quality items so long as all the necessary preparation was done beforehand!

The conditions of the rented house were poor, with no tables to work on, the floor also unsuitable to use, and treadle sewing machines that were in very poor condition indeed. Only four out of eight were working properly. It was great to have one good electric sewing machine but once the Wet Season arrived, power cuts were frequent!

Nevertheless, with only one iron and one ironing board, and a teacher (me, who could only speak very little Bahasa) we pushed on, happy and determined! Most days I was collected and returned by someone willing to take me on the back of their motorbike which I loved.

Money for all the fabrics and equipment was provided by YUM....and Riyana Geiger (daughter of Mansur)

was willing to provide 'translation' for the lessons and instructions of the prototypes I intended to demonstrate at every lesson. Hours of preparation was an absolutely essential 'key' if I was to pull this project off successfully!

So fortunately my weeks were full, and with limited time and a strong desire and commitment to see these women create items for me to sell my motivation did not decline, but increased, particularly when Gaye put in an ORDER for twelve Aprons to be made for her Staff and Dee, an Indonesian Fashion Designer joined me in my effort in brainstorming and making new prototypes for future participants.

What else can I say except that my seven women loved seeing the results of their work improving from week to week and were ready to tackle taking an 'order' to produce beautiful fully lined Aprons within the last week of my stay. They had already made suitable place mats, bags of two types, table runners and cushion-covers, all acceptable enough to sell.

Before leaving Kalimantan on the 15th December, I not only presented them with their Certificates but also during our Farewell Party managed to sell \$300 worth of items....and at our National Congress another \$300 Aus at the Market Stall, all to encourage these wonderful women to continue to be enterprising and not to give up too easily.

This year, 2014 it is hoped that they will be provided with new commercial and more reliable electric sewing machines in a bigger house that provides cutting tables and more modern irons and ironing boards. It is my hope and prayer that the Sewing Project continues to become a success and that funds are always there to support it. May God Bless YUM and all its team.



At the sewing group.

The Subud Library and Vernon Contessa

An Interview by Julia Hurd, December 2013...

"What is that source? It is the advice and talks from Bapak. The one who received the latihan first was Bapak. The one who felt the latihan first was Bapak. ...this is why I recommend we should be diligent in reading Bapak's talks. The talks do not change; they are all on the same topic. It is the one who reads the talks who changes – his or her understanding grows." - Ibu Rahayu, 30 July 2013, Recording 13 CDK 2

Over 30 years ago, Vernon Contessa envisioned a Subud Library of Bapak's Talks. At first it was only a private vision; but eventually he was able to begin the work. In the 20 years since then, he has had the ability and enduring dedication to maintain what became The Subud Library website, www.subudlibrary.net. The inspiration and reason for the library reflect Vernon's belief in the importance of reading Bapak's and Ibu's talks.

"This is what the website is about," Vernon said, "Bapak not only received and passed on the latihan to each of us, but in his talks he also received and passed on all of the supplemental information and guidance we would need on this spiritual path. It seems strange to me that some people are willing to accept the latihan, but either ignore or reject the other half of the gift, which is the advice and guidance that came with it."

"I had no idea it would grow to anything as large and ambitious as it actually turned out to be."



Vernon Contessa.

He added. "Today The Subud Library is a World Subud Association (WSA) website. has developed over the years through cooperation with many members, translators and various entities until now its pages are available in twelve languages. The library now works with the WSA translations team, headed by Elisa Sanchez-Caballero and the WSA archives. It hosts the largest database of Subud members worldwide, with approximately 5,000 subscribers."

VERNON'S BACKGROUND

Vernon and his wife of 48 years, Maria, were opened just after getting married. Both believe the latihan has been a lifesaver, especially because, as they say, their upbringings were difficult. As a young man Vernon acknowledges he was "a bit of a rebel, an intellectual and a musician". The band he played with happened to include a Subud member and he became acquainted with other Subud members, (now deceased or no longer active). Vernon was not a seeker and questioned the validity of any 'spiritual training'; but inwardly and almost without his knowing, he was drawn to the latihan. During a long night's chat in 1965 someone said that "since this Subud thing is experiential, you can only prove that it doesn't work by trying it." This was the tipping point. Vernon became an applicant in Stamford, Connecticut, and explains that when he sat outside latihan, "the top of my head would fall asleep with a prickly sensation." And he experienced a deeply peaceful feeling. This was the most peace he had ever felt, especially during this turbulent period of his life. When he was opened he started having experiences almost immediately; but it was only after doing latihan for over a year that he became convinced it wasn't "auto-suggestion, hypnosis or mass hysteria."

The Contessas' started out in Connecticut, lived at Skymont for three years and eventually moved to Santa Cruz where Vernon was a Regional Helper. After six years in California, they moved back to Connecticut before settling in New Hampshire where they have lived ever since. Today Vernon works from home for the Oracle Corporation, developing online training systems for their health science software products. He and Maria have six children who are spread across the U.S., and seven grand children. He plans to retire in a few short years.

THE LIBRARY IDEA AND EARLY BEGINNINGS

Following Bapak's world tour in 1981 and reading All of Mankind, a book of Bapak's talks that resulted from the tour, Vernon got the idea of distributing these talks. He was already moderating an early computer "bulletin board" with dial-in modems and thought it would be great if any member in the U.S. had free access to talks. He wanted to give something back. Maria subscribed to *Pewarta Kedjiwaan Subud* (The Subud Reporter) journals* in triplicate. They scanned the collection, which created editable files, and began adding them to a private, subscription-based bulletin board. But when the talks were posted, there were constant technical glitches, until eventually Vernon came to understand the time just wasn't right. By this time it was 1985 and although he had to let go of this early "library," the idea had taken root.

EVOLUTION OF THE LIBRARY

In 1993 when Vernon moved back to Connecticut, he again thought to make "just a few" talks available online. An early internet with better technology was now available. This is when the library in its current form began. Ruslan Henderson (then Kenneth) from Subud Boston encouraged Vernon to create a Subud Boston website, which he did. This provided the opportunity to post Bapak's and Ibu's talks online under a "Subud Library" section, making the talks "a bit more official." He scanned a few talks from his personal library and transcribed (typed) other talks manually and added them.

* Note: At this time unofficial English translations of Bapak's talks were distributed through the 'Pewarta' journals. Today only official talks and translations of Bapak and Ibu are distributed and unofficial talks on the library have been replaced as official translations become available.

Publicity had been almost completely by word of mouth. Vernon remembers, "It started when six or seven folks came to my house regularly for latihan, [and he encouraged them to use the library]. Ruslan became an evangelist for the site with the Boston group and beyond. So, from a small handful of users, the thing gradually took on a life and purpose of its own and grew spontaneously from there." The necessity for password protection was a given.

Members, many translators, and Subud entities from everywhere including Subud Publications Interna-

tional (SPI), began sending Vernon material. It wasn't necessary to ask for participation as members spontaneously volunteered to help and even offered financial support. Messages expressing appreciation arrived. But the early positive growth was offset by questions about what gave Vernon the right to create this library and questions about the use of the Subud Symbol. Vernon said guidance and solutions to these challenges 'fell into his lap,' so he did not become stuck. The library continually grew under the umbrella of the Boston site until it became obvious that it was truly international in scope and needed to stand on its own. It was around 2000 that the Subud Library became a separate site, although the design was very similar.

THE LIBRARY TODAY

Vernon emphasized that in working with this material there is no choice but to do the best job he can; there is no cutting corners. "You can't do it quick and dirty, you have to do it right. It's really important that people have a good experience."

There are now 12 languages and everything, including website information and correspondence, is provided in each language in order to make the user experience as good as possible. "It is somewhat like maintaining twelve websites, one for each language," Vernon explained.

Over the years Vernon has developed a rhythm for working on the library so that he spends approximately a half-hour every day and a half day every weekend on site maintenance. This usually involves verifying membership to provide passwords, helping with forgotten passwords (even through name changes!) and uploading material. For example, some of the most recent material he has added includes Ibu Rahayu's Wisma Subud Heritage Project (Recording 13 CDK 2) and her talk on the 25th Night of Ramadan (Recording 13 CDK 3), plus several videos with subtitles. Periodically he spends a few additional days on technical issues and upgrading the site. He considers paying all expenses for the library, which include the host site and domain name, amounts to about \$300 annually, to be a donation. The site receives approximately 40 visitors per day.

Vernon points out that he is not a web developer or a webmaster, and that the Subud Library site is basic and simple. In 2006 the library became officially registered with the World Subud Association. In 2008 the site was re-designed and more storage space was added to allow room for additional audio and video talks. The audio talks are cross-referenced; so a member may listen and read at the same time. Google-like word and phrase searches are available, enabling readers to identify talks on particular topics. During the 2010 World Congress, videos of Ibu's talks were added within days and sometimes hours, providing the first 'real time' experience to those not present. There are over 100 videos on the site, more than the actual number of videos that exist, this is because of the latest initiative of subtitling talks in several languages.

Vernon describes the subtitled talks as being particularly effective in making the talks available to all Subud members and it is in keeping with the times. This is especially true for members who did not see Bapak and Rahayu in person and for future generations who never will. The body language comes across and, without translators speaking, the talks are shorter. Vernon receives positive messages from individual members and from groups that watch the videos together. On one occasion a subtitled video was viewed by an international audience simultaneously in multiple languages on several screens. (Note: A recent interview with Raimundo Olivares, the coordinator for the subtitled talks, is now available.)

The entire library site, with over 6,000 files, including all support files that make the site function, is continually backed up in three places: on Vernon's hard drive, with the web hosting service and on an external drive. The external drive can be handed over at any time, should something happen to Vernon or once a succession plan is in place. Vernon's hope is that the site will eventually be turned over to a new librarian who will be able to maintain its current features and continue to be reliable and friendly. He believes that, in an ideal world, there would be a centralized WSA database of members worldwide for automatic sign up and password maintenance.

We are deeply grateful to Vernon for his vision and boundless volunteer service over so many years and to his wife, Maria, for her everlasting support. Vernon wishes to acknowledge, too, the hard work and dedication of the many translators through the years and to express his appreciation. Vernon's approach to, and his general understanding of the library project means that he has always kept a low profile in order to accomplish the work. As he constantly asserts, "it is about the library, not about me".

Will Subud enterprises ever be successful?

Veteran Subud entrepreneur Conrad Aldridge asks the \$64,000 question. From the latest issue of The Entrepreneur...

I've just read the latest Subud Enterprise Services International (SESI) newsletter, dated August 2013. It fills me with dismay, and I wonder, will Subud enterprises ever be successful?

We are fast approaching our next world congress. It will be our fourteenth, this time to be held in Mexico in one year's time, in August 2014. How time flies. Subud's current international representatives were appointed in New Zealand.

The WSA (World Subud Association) post-New Zealand team set about their four-year assignment for "the development of Subud" with some zeal and immediately commissioned a report on enterprise. They thought that the security of Subud's future relied heavily upon earning money and creating wealth by means of enterprise development – a view that I share, by the way – and that this could be used to help Subud make progress in the world.

Subud USA (SUSA) members experienced in enterprise were asked to review the whole Subud enterprise mission from its very beginnings. They started with what Bapak had actually said, and then considered what had been done and what had been learned, and even what might be the best way forward for us, for Subud.

They re-energized SESI and produced an excellent and thorough report that can be found on our website at: www.subudenterprise.com It includes nine pages of summaries – why Subud needs to have enterprises at all, right through to a "how to do it," a fail-safe guide to success – and analysis, with insights on how to start an enterprise and avoid failure, all referenced from Bapak's talks. A 26-page appendix includes the referenced excerpts, each of which is linked to a complete talk at www.subudlibrary.net

I think Subud Britain's national helpers were sent a one-page précis of the Enterprise Report Summary last year. I've appended that précis below.

The social benefit

In my opinion, a couple of really important issues weren't quite covered in the report. One of them was how Subud enterprises could achieve the social benefits that Bapak said were the essential characteristics of Subud projects, to ensure their success. We have always assumed that these would be delivered and paid for through Subud enterprise profits.

Another omission in the report was how we might deal with the whole issue of "self interest," which is ingrained in the DNA of typical successful entrepreneurs, and one of the usual and consistent reasons

Bapak gave for the demise of our Subud projects. I used to think: Make millions and give a bit – 25%, or more, even – to Subud and Subud charities. That philosophy apparently continues to be the aim of Kalimantan Gold and of those new enterprises mentioned in the SESI newsletter of August 2013.

It is mostly true of all the other Subud enterprise projects upon which we have embarked. It was the aim of Project Sunrise, and of Anugraha as well, even though Bapak kept saying things like, "Find the social benefit and you'll find success – our aim should be to help society / mankind to create wealth and prosper, not to make ourselves rich."

But still our enterprises fail. Still we can't find the gold. Still the Subud bank accounts remain empty. Enterprises don't make enough to give 25% of profits to Subud, or even to survive in most cases. There must be some other angle, something that we have missed.



Conrad Aldridge.



There must be some other angle, something that we have missed...





Anugraha. Did it lack social benefit?

Those who know me will tell you that I have been a diligent Subud enterprise developer, a zealot even, putting everything on the line many times over many years. There aren't many Subud members who have tried more enterprises than I have. But I'm not stupid, I've learned a lot, and, maybe to my family's dismay, I'm not finished yet.

What Bapak says...

I read Bapak's talks again with a different perspective, and I re-read About Anugraha. I'm interested in Bapak's comments about enterprise and the potential for delivering the social benefits or social impact that could attract others to Subud. Here are a few quotes from About Anugraha:

People need something as a kind of light or signpost for guiding them and improving their lives. Subud members should be an example to society so that society sees something beneficial from the fruits of the latihan.

So, do something with it! Do something of benefit to society because through that people will evaluate Subud. Subud needs to have a good name as a movement that produces something useful for humanity.

If you can put this Grace into practice – you can become pioneers in the development of the World. People will come to you to learn how to do it! We do it with all our energy – but remember our responsibility to the power of Almighty God.

The name (Anugraha) means – the way to the welfare of the people/ society and to our fellow human beings – happiness, security, sufficiency, prosperity – everything you need!

The name Anugraha means – a way to something. What? A way to welfare. Of whom? Of the people, of Society. It also means that people have a sufficiency of everything needed, prosperity.

Create welfare for the people because now is the age of Social Democracy. The meaning of Social Democracy is, what I have is for everybody!

Anugraha means creating a way to the welfare of the people. It is something wonderful which has come to us unexpectedly. We don't know where it came from, but it is here!

“

Our aim should be to help mankind, not to make ourselves rich...

”

Truly we are being tested by Almighty God for we have to change the normal way of doing things.

Anugraha should be a centre for the Subud organisation and Kedjiwaan too! I think again about the panel of experts to which Bapak often referred. I think, if we could use our bank of Subud experts to help communities this time, to set up enterprises that may produce a better outcome and reduce the self-interest element of our endeavor...

We could help communities to form their own local enterprises, with the primary aim of making money for the community and creating local jobs and career opportunities. Surpluses from these enterprises could be shared with the employees before being used for the benefit of the local community.

And, because we've worked with them to form the business, we could earn money for Subud and for ourselves as well.

The projects might then become eligible for government support, since governments want communities to become more self-sufficient, and there may be other funding available, too.

In the UK, the government wants communities to establish what they call social enterprises to take the pressure off local authorities by delivering the local services that the authorities are charged to deliver.

But what I'm talking about is helping communities to form moneymaking community enterprises that might improve the economic circumstances of their neighborhoods, and in which we might have a share, because we used our (Subud's) panel of experts.

Bapak says we need a different way of doing things. He also talks about the need for a fairer distribution of wealth, to bridge some of the gap between the rich and the poor.

The industrial decline in many places, caused by the shift away from labor intensive manufacturing (and agricultural) methods, has had some devastating effects. Detroit is one of the world's most dramatic and prominent examples.

These locations need replacement projects, but they do afford an opportunity to set up businesses in a different way, possibly as community enterprises, to enable more people to benefit and to take more social responsibility, because they have earned their own money from their enterprises.

Regarding those in rural poverty, they need employment, too, and careers to encourage their young people to stay in the area.

Property development with social benefit

I have found that I can visit a community, see its strengths and become aware of its needs. Places are like people and possess Godgiven gifts or talents that are often obvious to me but are unknown to, or dormant in, or even forgotten or overlooked by the locals.

I have seen that communities often can't find a focus for collective working or a means of expressing themselves or a way of addressing their problems or a project to make the most of themselves or of the opportunities around them.

Communities are usually only interested in themselves and become totally focused on their own needs. This creates an opportunity for an outside agency or team to deliver that which each community lacks. Maybe these communities don't have a vision of what might be possible, or clarity about how to achieve their goal.

Or they may not know what expertise is needed and how to find it, or how to raise the money to start, or how to make their idea investment ready.

Subud enterprises

1. If Subud is to grow and find its right place in the world, we need to show proof of the working of the latihan in the world for all to see. To accomplish this, we need to create significant social and humanitarian projects, supported by business enterprises, community-owned enterprises.

2. We need to make sure also that our association has a flow of sustainable funding from a share of enterprise profits. We could reserve a share of the projects we help to get started. In this way, our association will become self-supporting and self-sufficient in meeting its obligations to its membership, to ensure that members have access to the latihan; for adequate Subud houses; for regular gatherings, meetings and congresses that the whole membership can afford to attend; and for helper travel, and so on.

“
*I can visit a
community, see its
strengths and
become aware of its
needs...*
”

3. We cannot accomplish these aims adequately if we each act independently of one another, and of society in general. If Subud is to grow and prosper, we need to pool our available technical expertise and financial resources and, through finding ways of working collaboratively together and with community enterprises, develop significant projects.

4. Our affiliate and Wing organizations have been created to facilitate this process within their respective fields. SES' field is enterprise development. The report underscores the vision that Bapak gave us concerning the establishment of these larger enterprises and projects.

5. Bapak gave us a model, first through creating a Subud bank (in 1971) and then to motivate us to establish substantial Subud businesses. Afterwards came the S. Widjojo Centre in the late 1970s, and next came international centers (represented by Anugraha). Later came the important task to develop Central Kalimantan, and so on. At the same time, Bapak constantly asked us where were the substantial schools, hospitals and homes for the aged that he urged us to develop.

6. Clearly these projects are a different model from personal enterprises created by one or more Subud members as their own businesses. While it is understood that we certainly want to support enterprises (whether for profit or not for profit) that individual members establish on behalf of or in conjunction with communities, we also need to focus our efforts through harnessing the combined talents, skills and financial resources available within our association in a collaborative way, so that we can undertake more, and larger, projects.

7. Bapak stressed that because starting social and humanitarian projects and enterprises is so fundamental to the development of Subud in the world, such activities need to be motivated and encouraged by our Subud committees on all levels.

8. Bapak stressed that these larger scale activities, supported through investments or donations from the membership at large, need to be overseen by competent, independent supervisory bodies to make sure they meet the goals established for them. At the same time, the enterprises themselves would be operated and managed independently of our association itself.

9. The report notes that, for many reasons, we have not been able to institutionalize and sustain this vision that Bapak has given us.

10. It further stipulates that we can acknowledge that on all levels our association continues to suffer from quite severe financial constraints. Again, please see the final report on our website at: www.subudenterprise.com

For more information, contact Conrad Aldridge at conradaldrige@btinternet.com



*Many, many years ago I visited Conrad
in the city of Bradford.*

*As I left his office, I took this photo
of the surrounding industrial
wasteland.*

*In his article, Conrad writes about
rejuvenating communities...*

*See also the article in our last issue
about Gunung Sempu in Central Java
about building a community there.*

Bapak Talks About Prayer

*Here is a chapter from Dominic Rieu's book *And Other Secret Things in which Dominic collected a number of extracts from Bapak's talks on the theme of prayer...**



In dealing with prayer Bapak not only gives reasons why we should pray and explains the kinds of things we should pray for but himself stands and demonstrates how to pray.

THE DIRECTION OF PRAYER

In the first place he makes it clear that we are addressing a Being. But what sort of Being, and how should we think of Him?

“Visualise God’s creation not God”

“The letters with which our forefathers have designated Almighty God, that is, the word Allah, actually means ‘One who is All-embracing.’ So that Almighty God fills the whole universe, and therefore you should not think of God as something or someone, you should not try to imagine some thing that God is like when you think of Him. If you have to think of God, think of all that He has created. And you must understand that everything that God has created worships Him, so that Allah, or God, is God for everything, not just for you. He is God to the plants, to the animals, to the material things, all sorts of beings which do not understand in the way we do, yet God is God for them. If you can grasp this and understand this, then your feeling will become wide, and will not be limited by an attention or a wish for something small or something limited, but will be all-embracing because it is directed only to the Power of one Almighty God.”

80 CDK 5 Cilandak June 22 1980

PRAYER AS A RELIGIOUS OBSERVANCE

In their first intoxication with the latihan some Subud members feel that they no longer need to practise their religion. That is wrong, Bapak says. In the following two passages he stresses the importance of the five daily prayers for Muslims.

“Training the heart and mind”

“In Islam people are taught to say their prayers five times a day. They say them in the morning, they get up at 4.30 in the morning, they say their prayers again at noon, again in the afternoon, again in the evening and again at night. And what is the use of that? Sometimes afterwards they even read the Koran. Every day the same, the same, repeating all the time.

“So you can ask yourself, what is the use of it? What do they get out of it? Always repeating the same thing? Brothers, this actually is something very, very important. Because the content of this always repeating the prayers, the solat, is training the heart and mind, training the heart and mind to act rightly and not to act wrongly, training the heart and mind to be afraid of something.

“Because if the heart and mind are not trained to be afraid of something, not trained to fear something, they will act in a way that is enormous in its wrongness. So actually the content of religion where we are constantly taught to act rightly, to do what is right, to refrain from wrong actions, not ever to do something which is not in accord with humanity, not harmonious or loving towards our fellow beings, that is very, very essential for the life of man. Because without such continuous reminders men’s actions will become very, very bad.

“Even though men are constantly reminded of this, still people forget, because the heart and mind tend more to forget than not to forget. The heart and mind tend always to forget whatever it has learnt or whatever it has known. So there is always a need for man to repeat... to practice again and again the teaching of religion in order to train our heart and mind always to act rightly in this way. Now the same is true of the latihan kejiwaan, because the content of the latihan kejiwaan is the same as the prayers we do in Islam. It is a training for us to act rightly and follow the guidance of the Power of Almighty God.”

80 CDK 5 Cilandak July 22 1980

THE PREPARATION AND THE PRAYER

In the following three passages Bapak gives advice on how we can start praying. In face of explanations like these the compiler had best keep silence.

“*In order to live your life, you don't need to formulate first your desires...*”

“The prayer comes by itself”

“In Islam, when we say the prayers, you always start off by the nyat, intention. You say, ‘I am now going to say the prayer of . . .’ the morning prayer or the afternoon prayer, or whatever it is. And then, once you have said that, then the prayer comes by itself. In other words your hands and your voice are moved from within to make the prayer, and this is what is meant by the hakekat or the reality.”

81 LIS 1 Hotel Altis Lisbon May 15 1981

“Wait . . . wait ”

“Bapak will show you some more. Now Bapak finds himself thinking that tonight is Saturday night, the evening before Sunday. People usually relax and enjoy themselves on Saturday night. As soon as Bapak says the nyat, all his thoughts about Saturday night disappear immediately. Bapak’s mind is empty, ready to receive the solat. After saying the nyat Bapak waits... so one says the nyat and then waits.. and then one sees if the first words of the solat will come or not. If they do not come, then one is allowed to begin the prayer in anticipation of receiving them, as if you are accustoming your receiving to come to the fore and to come forward into your actions and give them a content. ‘This is like a parallel movement between creature and Creator, in which the One teaches the other.

“This is how the receiving becomes one with the solat, and everything becomes clear. Bapak has shown you this on occasions when he has recited the Al Fatihah while receiving the movements of the solat, and has shown you how Bapak expresses in his movements the meaning of each word or phrase, and illustrates its content. The first words point to the Power of God which envelops everything, the whole of the universe. So then all the contents become clear, sentence by sentence and word by word. That is what is meant by tafsir (interpret the meaning and content) of the Koran. In Islam we do not say we interpret the Koran but that we tafsir the Holy Scriptures, and the meaning of tafsir is to read what is contained therein in such a way that each time we read it we wait consciously to understand its content. If Bapak tafsirs the prayer contained in the Al Fatihah, Bapak says it means, "Follow your path in life happily, but if you go wrong acknowledge your fault.”

80 CDK 13 Cilandak June 21 1980 Publ PK81 6 p11 ZNWS 80 p3

“Come to attention... everything is gone. Bapak will now demonstrate. Because Bapak is Muslim of course Bapak prays in the Muslim way, but Bapak does his prayers just as people normally do. And when Bapak says the Nyat, the intention to pray, or the evening prayer, beforehand Bapak is like this... but when Bapak expresses his intention to pray, at that moment Bapak comes to attention. In the same way when you are about to do latihan you shouldn’t be thinking about lots of things, you have first to be at attention. So when Bapak has finished the intention to pray Bapak’s hands are lifted up by themselves, and then he says, ‘Allahu Akbar.’ Before you say ‘Allahu Akbar’ you are thinking about everything, your mind is full of things, but once you have said, ‘Allahu Akbar’, at that moment everything is gone. And then, as proof, once everything is gone you start saying the prayer (beginning of Muslim prayer, unheard) -which means the whole universe. This is the power of Almighty God. All of that is one with your own being, with man’s own being. And this is the link or the bridge between you and God and between God and you.”

81 WOB 1 Stadthalle Wolfsburg April 23 1981

PRAYING FOR OURSELVES

In the two passages that follow Bapak is speaking of the kinds of things we should and should not pray for. The first of the passages follows on from an account of how some people put money above God and think all the time of buying nice houses and a BMW or a Mercedes.

“Don’t first formulate your desires”

“It is not necessary for us, once we have received the latihan kejiwaan, to base our life on our imagination.

It is not necessary for us always to let our imagination, let our fantasy, precede our actions, because from that we never make progress, from that we never get anywhere. Brothers and sisters, in order to live your life you don't need to formulate first your desires, you don't need to formulate first a picture of what you want to achieve, because that picture does not come from God but from your own thinking. That is what you have to understand.

“And when you precede your actions by an image, by an idea of what you're going to get, then that idea has not “come from God's Power”, it's something that has simply arisen from your own nafsu. And if you always live your life pursuing these images, you will never end up where you want to be, and you will always be where you don't want to be - where you are now. So that if your latihan is still what it used to be ten years ago, or twenty years ago, then the mistake is only your own, not anybody else's.

“The fact is that whatever your prayer, whatever you ask God, God will always grant you, no matter what it is, providing you are in a state of peace, acceptance, submission and patience. And why does Bapak say that? Because in that state the thing you ask does not come from your own imagination. For as long as what you ask is still a construct of your own nafsu, it is impossible for God to give it to you. But once what you ask comes truly from your white blood and not from your red, whatever it is God will grant it. So if God never gives you what you ask, the fault again is your own.

83 CDK 2 Cilandak January 9 1983

In the next three passages Bapak describes how he has prayed on two occasions, and how the prayer was granted because he was asking to know God's will.

“A heart as wide as the ocean”

“A Subud member who has received the Grace of Almighty God may not have a heart full of worries. You have to have a heart that, in the Javanese phrase, is as broad as the ocean. If you pray to God in Subud, you should pray for that thing. Pray to God to give you a heart as wide as the ocean... Bapak too was full of fear when he first received God's guidance and instructions. Bapak's heart trembled in fear at the very beginning. But Almighty God asked Bapak - it was a kind of question and answer within Bapak at that time - God asked Bapak: ‘Which is most important to you - Is it the burden of the latihan kejiwaan which I give you, or is it your daily life and the wherewithal to feed yourself and your family?’ And Bapak replied to Almighty God, ‘Not only my everyday livelihood am I willing to sacrifice, but my whole life. I am willing to die in order to fulfill God's Will and God's instruction.’ And truly what was predicted by Almighty God came to pass for Bapak.”

81 CDK 3 Cilandak January 19 1981

“Let it be for all mankind”

“Originally when Bapak received the latihan it was as if God formed a prayer within Bapak that Bapak prayed to Almighty God: ‘Oh God, if this, what your servant has received, is really useful for humanity, then let it not be only for your servant alone but let it be possible for all mankind to receive it as well.’ And Bapak received the answer: ‘Yes indeed, this is not only for you but for the whole of mankind, and later on it will spread to the whole of humanity.’”

81 WOB 6 Wolfsburg May 3 1981

“Please God, show me your Power”

“When Bapak was about to leave for Germany, the day he was supposed to leave, Bapak experienced a heart attack, meaning that, as had happened previously on one or two occasions, Bapak's heart started to beat very, very fast, at about 140 beats a minute, and his blood pressure when measured by Muti was very low, it went down to about 85 over, 60 or whatever it is. One of our own doctors, a Subud doctor, was present, who examined Bapak and said, ‘This is very, very dangerous and actually Bapak ought to go into hospital.’ But Bapak said, ‘Let's wait a bit. Who knows, maybe in a few hours it will change.’ So Bapak prayed to Almighty God, >

“

*You have to
have a heart that
is as broad as
the ocean...*

”

and said, 'Please God, show me your Power, your reality. Is this illness going to be greater than the Power of God, or is the Power of God going to overcome this illness?'

"Two hours later the doctor came back again, and checked, and Bapak's pulse was 78, and Bapak's blood pressure was 120 over 80 or whatever is normal. So Bapak didn't go into hospital, and Bapak left, not as scheduled - his departure had been postponed by one day - but Bapak went ahead and went to Germany. In Germany Bapak had no further problem... Bapak stayed there and completed his work... This is what Bapak means by surrendering it to God."

83 LON 23 Royal Lancaster Hotel London October 8 1983

PRAYING FOR OTHERS

The last passages did of course concern others as well as Bapak; in the next Bapak is talking specifically about prayer for another person or group or a venture. The central point here is the same as in the passage about what not to pray for: what matters is the state we are in, the "ground of our beseeching." If, when praying for ourselves, the ground is not God but the nafsu, God will not grant our prayer; and if, when praying for others, we use our mind and will to wish something for them, that is using magic.

"Spreading the zikir"

"It is like this: if you are quiet, at peace, then sometimes you go like this (Bapak sways slightly from side to side). This is called zikir; which is moved by the Power of God. The name of this is imam, faith. Then there is no feeling of sadness, no feeling of worry, no feeling of this or that, there is only a feeling of Life. But when you are like this (Bapak stops dead and is completely still), then you are empty. But then the thinking is working. This is not good. So when we are quiet we mustn't be like this (Bapak demonstrates again), but this (Bapak sways again). If it is spoken out loud, it goes 'Allah, Allah, Allah.' Jesus was also like this when he was quiet, Muhammad also; the other prophets were also like this when they were quiet.

"This state can be spread out, and it can be collected. When it is spread out, at the time when we are thinking, it is called tofakur. For instance, supposing you remember your children, your wife, remember this or that person. If it is your wife you are remembering in that state, then it will have the effect that she will not make again the mistakes she has made in the past. This is called tofakur, the zikir that goes forth. The thing that you are thinking about will improve.

"To put it crudely, supposing you need money and in this state of zikir you are thinking of ways of making money, then the one who is supposed to give you a loan will come looking for you."

(The rest of what Bapak said was not recorded, and is reproduced here from notes prepared by Sharif and Luqman McKingley from memory).

"And supposing in this state you are thinking about your enemy, or someone who hates you. This tofakur will change him and make him your friend. Of course, the extent to which you can do this is still quite limited and is not something you can do by making an effort. If you try to do it, then that's the nafsu and is called magic. For example the story of the Sheikhs who are interested in investing in Anugraha, you must realise that this is the result of Bapak's tofakur, of Bapak's always thinking of the needs of Anugraha. But do not misunderstand, do not imagine that Bapak has some miraculous powers to attract money or something. This can only happen because of God's Power. You can't yet do this like Bapak, you can only do it to some extent."

82 XTY 1 Tokyo June 2 1982 Publ SW 82 3 p15

We end this chapter with a passage that contains one of the phrases of Bapak's that reverberate in one's mind down the years, and help, one hopes, to bring about the state that they describe.

"The latihan as prayer"

"In whatever you are doing, in the midst of your work, in the midst of your everyday life, you are always in touch with this continuous and everlasting prayer."

82 SYD 2 Sydney May 11 1982

”
*There is always a
need for man to
practice again and
again the teaching
of religion*
“

Susila Dharma Meeting in Lisbon



A very successful Susila Dharma meeting was held in Lisbon in February. About 18 SD representatives attended, mostly from Europe but also from as far away as Canada. WSA Chair Luqman Penseny was also there. One outcome of the meeting was the proposal of a resolution to World Congress.

International Association (SDIA) Proposal to World Congress: On behalf of the Susila Dharma International Association, we would like to propose the following resolution to be debated and if possible approved by delegates to the Subud World Congress 2014.

Background

This resolution was first proposed by the SD Nationals meeting in Lisbon, Portugal 21-24 February and supported by the SDIA Board of Directors.

SDIA has received notice from many national SD's that their work has not been taken into consideration in national reporting, and in some cases it has proved difficult to get space on national meeting agendas. In general, the Subud National Committees don't take it as a priority or do not see it as their responsibility to include wing reporting as part of national congress activities. After conferring with other 'wings' (affiliate and partner organisations (SICA, SESI, MSF)) it was found to be a common issue over many years for them too.

A second motivation for this resolution is a growing awareness among SD organisations, that we need to be functioning, less as totally separate organisations, but as a set of inter-connected Subud functions. Wing functions are the outer expression of what we experience in the latihan and therefore should be of interest to all the Subud community at the national, zonal or international level, so this resolution may be considered a re-affirmation of our profound unity.

This is also true in cases of new or small Subud countries where members are not yet ready for or interested in having a lot of separate organisations, but may want to explore the early potential for including wing functions within their Subud lives.

In collaboration with other affiliate and partner organisations, SDIA, SICA and SESI will jointly offer at World Congress some training around this for delegates, the national committees, so that what we propose is

grounded in an understanding of what the ‘wings’ do, and what their role and function might be for the Subud organization especially at zonal, national and local levels.

A ‘wing’ orientation and information session is being planned as part of the World Congress program early on in the proceedings.

Proposal: Be it resolved that: As the Subud National Chairperson has a bridging role between Subud functions, it is the responsibility of the Subud National Chairperson to ensure that all wing activities are reported on at National Congresses, Zonal Meetings, and World Congresses, while also creating the space for each wing to carry on their own presentations and workshops at these events.

CALLING ALL SUBUD AUTHORS

For the British National Congress, Ilaina Lennard (with the help of the Subud Voice team) produced a four-page, A5 colour leaflet entitled ‘Books by Subud Authors’ carrying images of the covers of 20 books. Alongside each cover, there appeared a brief synopsis and the author’s contact details and/or a ‘where to buy’ URL and price. Each author was charged £25 for an entry to cover printing and distribution costs.

The original idea was to repeat the exercise for as many gatherings or congresses as possible, with a final print run for World Congress in 2014. However, we realised this is an unwieldy way to do it, and, as Ilaina later wrote: “It can be quite difficult to buy a Subud book ! You’d like to get one, but you didn’t go to Congress, or maybe the book you wanted isn’t being displayed right now. It’s actually quite a problem to show the books themselves at Subud events, because they are very heavy to transport and printed catalogues are expensive. So we came up with an alternative – make an on-line catalogue in SUBUD VOICE, and in this way make it easier to order them.”

Every month we will now publish a list of Subud books available and how to order them. If you wish to add your book to the following list, please send a small jpg of cover and a brief synopsis with ‘How/where to buy’ details (use the entries that follow as a template – we will have to edit them if too long) plus a one-off insertion fee of £10 (this will also help keep SV going!) to Ilaine Lennard, e-mail: ilaine.l@blueyonder.co.uk Tel. (+44) (0)1242 707701. You can use BACS to transfer your fee (ask for our bank details), or the donation button on the SV website. Thank you.

Subud Books For Sale Catalogue 2014



AFTER SUMMERHILL: Hussein Lucas ISBN: 978-1-84289-052-3 HERBERT ADLER PUBLISHING

In After Summerhill: What happened to the pupils of Britain’s most radical school? Hussein Lucas investigates these and other questions in a series of extended interviews with people who were educated at Summerhill throughout its history. The former pupils who emerged from this radical experiment talk about how they coped after they left the idyllic environment of Summerhill and went on to face the harsh realities of the world at large, and how their experience of the school affected their lives subsequently. After Summerhill has been attracting significant media attention, locally, nationally and internationally.

Paperback 224 pages A5 **Order from: www.herbertadler.co.uk £9.95 plus postage**



BAPAK'S VIDEO TALKS VOLUME SUBUD PUBLICATIONS INTERNATIONAL (SPI)

This special edition has been produced to support the Spanish initiative to provide subtitles for the 1980s video talks.

This volume covers twelve talks given by Bapak in 1981, 1983 and 1986, and is available via our website: www.subudbooks.net – as are Volumes 1 to 24 of Bapak’s Talks.

To date, 4 Video talks (given in New York, Vancouver and London) have been produced with English subtitles (81 NYC 4, 81 NYC 5, 81 YVR 2 and 83 LON 18). These are also available from the SPI website.

Paperback A5 **Order from: www.subudbooks.net £12 plus postage**



BEYOND THE BREAKERS: Silvana Waniuk

Subtitled ‘A Subud Odyssey’, this book is an entirely engaging account of the spiritual journey to date of the author. It is a story of how one’s everyday life can be directed by a higher power, affecting all aspects such as one’s work, marriage, and residence. Subud members as well as those interested in the development of the inner self will be inspired by this book – an eloquent witness to the power of the latihan; to a belief in a Higher Will that comes not from a teaching, but from a personal experience.

Paperback 9” x 5” **Order from: www.amazon.com £10 plus postage**



DON'T LET GOD OUT OF THE BOX: Raul Chamanski

AVE TEMPORA PUBLICATIONS

This book represents the fruit of one Subud member's spiritual journey. Opened in the seventies, Chamanski embraced two of Bapak's broad themes as life principles, i.e. that we progress through personal experience and that Subud does not have a monopoly on God. His experiences with the latihan, both in a group setting and in daily life, coalesced over time into the worldview that Chamanski sets out in this book. Deliberately non-partisan and based entirely on direct experience, *Don't Let God Out of the Box* tackles life's big questions with simplicity, clarity and in a manner in keeping with 21st century sensibilities.

Paperback 110 pages 7" x 4" **Order from: www.lulu.com £5.99 plus postage**

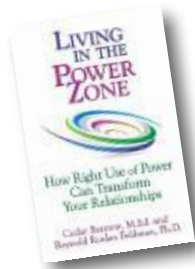


HONOUR AND DUTY: Countess Ilona Edelsheim Gyulai ISBN: 0-9550022-0-6 PURPLE PAGODA PRESS

Autobiography. Set against the backdrop of World War II and the invasion of Hungary, Rahmadiyah Bowden's early life is an enthralling tale of love, tragedy, abduction, conspiracy, imprisonment and eventual sanctuary. After the war, Rahmadiyah's life moves between Portugal, England and Iraq. In 1958, through her son, Sharif Horthy, she joins Subud, and later acts as an international helper for 10 years. This book is a fascinating story, not only for the romance and danger of her youth, but also for her description of the deep effect Subud has had on her life, her commitment to the latihan and her insights into Christianity and Islam.

Paperback 576 pages **Order from: www.purplepagoda.com £11.95 plus postage**

Visit www.telegraph.co.uk/news/obituaries/10036650/Countess-Ilona-Edelsheim-Gyulai.htm to find out more



LIVING IN THE POWER ZONE: Cedar Barstow and Reynold Ruslan Feldman

Based on Cedar's 15-year-old ethics training program. Power means the ability to have an effect or influence. The kind of effect we have in each situation depends on the wisdom, sensitivity, and skill with which we use our power. A short, practical work in straightforward language, this book will help you negotiate your personal and work relationships with greater effectiveness.

Paperback 178 pages

**Order from reynoldruslan@gmail.com or cedar@rightuseofpower.com
US\$15 (\$10 each for 5 or more) plus postage**



MOMENTS OF INSIGHT: Kuswanda Wijayakusumah

KWK Publications

A collection of strange personal experiences of having fun with God is a new book by the Indonesian Subud member Kuswanda Wijayakusumah.

He writes, "Having fun with God? How could that be? But this has indeed happened to me at many times in my life. Personal relations with God have deep spiritual meaning but it is almost always conveyed as if God wants to play with us when He suddenly reveals His Presence in moments of insight."

Paperback 115 pages A5

Order from: www.lulu.com £10 plus postage



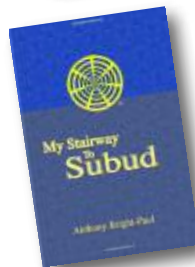
MONKEY TRAP: Marcus Bolt

ISBN:978-1478114246 VIA BOOKS

Jon Lucke is a thirty-something adman with an unhappy marriage, a failing business and a lifetime of disappointments – until he has a life changing chance meeting with the urbane, ultra-rich Marco Brancusi... Gradually Jon's alter ego begins to see what he has lost in gaining a life of money, power and luxury; and when the true nature of what he's involved in begins to unfold, he has to make some dangerously difficult choices. Part Faust-with-a-twist, part Hollywood-style blockbuster, this novel zips along, mingling psycho-spiritual insight with out-and-out adventure in an entertaining and thought-provoking mix.

Paperback 327 pages A5

Order from: www.amazon.co.uk £10 plus postage



MY STAIRWAY TO SUBUD: Anthony Bright-Paul

ISBN-10: 1419635263 BookSurge

What are we living for? What is the purpose of Life? These questions arose in the mind of a 14-year-old schoolboy at a boarding school in wartime Britain. In pursuit of answers he entered a stairway that led him to the Quakers, then to the Vedanta philosophy, Ouspensky and Gurdjieff. By chance he found JG Bennett. Finally in 1957 Subud arrived in England with the arrival of Pak Subuh and his entourage. This book contains a dramatic account of the author's first resistance to this movement, and then an about turn with accounts of changes of consciousness.

Paperback 9" x 6"

Order from: www.amazon.com \$14.39 plus postage



NEUROTEC and other tales: Marcus Bolt

ISBN:978-1478114246 VIA BOOKS

27 short stories in a Sci-Fi style. Is this life an organic computer game created and played by angelic beings? Did Jovians seed our planet with sentience 2 million years ago? What is the purpose of a strange artefact found on the moon? What happens to someone waking up in a virtual world 500 years in the future? What if, using nano-technology, a person's soul could be tracked after death? "Bolt is the Arthur C. Clarke of the 21st century, creating stories which are original and fantastic yet utterly believable because grounded in the science. This is science fiction for the 'Brian Cox/ Infinite Monkey Cage' generation."

Robin Jones

Paperback 172 pages A5

Order from: www.lulu.com £10 plus postage



SIXTEEN STEPS: Harris Smart

This book is a collection of stories about Subud members' experiences in life and the latihan, by Harris Smart who is currently the editor of Subud Voice.

It has been a popular book which people feel is suitable to give to those who are not in Subud.

It includes an introduction which gives an outline of the history of Subud and the nature of the Subud organisation. Stories cover the range of Subud experience including spiritual experience, culture, social welfare and enterprise.

Paperback A5 Order from: subudvoice@gmail.com £20 incl. postage worldwide



SOURCE OF LIFE: Léonard Lassalle

ISBN: 978-1478114246 My Local Media Company Ltd

This is a fascinating book. The story wanders through Léonard's own life story, meeting his beloved wife-to-be (Jean, later named Melinda). Sometimes you are taken through the facts (lived here and there, did this and that to make money), sometimes you are taken journeying through Leonard's many spiritual experiences, his training acquired through the latihan, his experiences with Bapak, his allowing the latihan to affect his work and daily life. This book is written for NON Subud members as well as members. . . I often wondered how the contents of the book would strike me as a 21st century non-member. I think "wow, man, far out!" applies!

Paperback 284 pages 9" x 6" Order from: www.lulu.com £10 plus postage

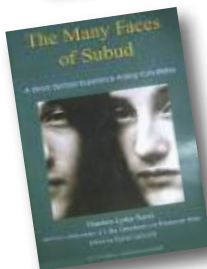


SUBUD – A SPIRITUAL JOURNEY: Rozak Tatebe

ISBN: 1-4196-9184-8 CreateSpace

In this evocative and thought provoking memoir, the author shares the inner journey he was obliged to take as a young university student in Tokyo after he went through a series of unprompted spiritual experiences. Beginning with dialogue on the search for direct contact with the Supreme Being, Tatebe provides profound insights on life tests, supreme goals, and death, and attempts to make less ambiguous the mysterious nature of the soul so that all of us might have a deeper understanding of our own spirituality and of Subud's great potential for mankind.

Paperback 8" x 5" 189 pages Order from: www.amazon.com \$12.60 plus postage



THE MANY FACES OF SUBUD: Riantee Lydia Rand

This book is the result of the collaborative effort of three women who have all been in Subud for decades. It copies testimonies of members from all over the world, on different topics. Through the latihan, people renew their contact with the Great Life Force, becoming aware of latent powers residing in all of humankind.

Paperback Order from: [Riantee Rand P.O. Box 484 Mendocino CA 95460 USA](mailto:Riantee.Rand@P.O.Box.484.Mendocino.CA.95460.USA)

Send money order for \$16 + shipping (\$10 to Europe)



THEY WERE THERE – The Best of Subud Voice: Compiled by Iaina Lennard

SV Books

Chapters include: • Bapak's horoscope – what an astrologer saw • How Bapak died and events surrounding his death • Subud's early days, talk by Husein Rofé, first Westerner to receive the latihan • The chaos surrounding Bapak's first visit to the West • Life with Bapak and Ibu • Destiny – and misfortune • Varindra's talks at Amanecer • What it was like at the Amanecer World Congress and much, much more...

Paperback 187 pages 9" x 6" Order from: www.lulu.com £10 plus postage



SAVING GRACE: Marcus Bolt

ISBN:09535766-0-4 VIA BOOKS

This book (now in its 3rd edition) is written for those wishing to find out more about Subud. It documents the author's 40 year membership – its highs and lows, successes and failures, the seemingly miraculous and down-to-earth realities with a remarkable candour, all the while emphasising that the Subud process is uniquely individual and that every member would have a completely different story. "Marcus writes in an easy, flowing conversational style that gives the reader the feeling of being personally addressed. Unpretentious and refreshingly free of sanctimony, there is a generosity and a warmth of spirit about his narration that quickly befriends the reader and invites positive participation..." Laurence Clarke

Paperback 260 pages A5

Order from: www.lulu.com £11 plus postage

BOOKS BY SUBUD AUTHORS



**BAPAK'S TALKS
VOLUME 25
NOW AVAILABLE**

PRICES (Incl p&p) UK £15.80 • Europe £19.00
• Rest of World £23.00

Pay by UK bank cheque or Credit Card
Subud Publications International
Loudwater Farm,
Loudwater Lane
Rickmansworth
Herts WD3 4HG
tel: +44 (0) 1727 762210



e-mail: spi@subudbooks.co.uk
www.subudbooks.net

**DO YOU NEED
HELP?**

Ilaine Lennard offers to do your proof reading/editing/typing. Fees to match those in your own country. Excellent references.

ilaine.l@blueyonder.co.uk

TEL: +44(0)1242 707701

8 Sissinghurst Grove, Cheltenham, GL51 3FA, UK

**IBU
RAHAYU
VIDEOS
ONLINE**

NEW Videos of new talks by Ibu Rahayu are on the online Subud library!

Go to www.subudlibrary.net

(If you don't yet have a password, it's easy to get one. Instructions are there.)

On December 8, 2012, Ibu Rahayu talked at length to members in Kalimantan, Indonesia.

See these:

Ibu Rahayu Questions, Answers & Advice

Ibu Rahayu Talk to Members

**MUSIC BY
SUBUD ARTISTS**

Music By Subud Artists

available from:

www.djcrecords.co.uk

Recording, mastering &

CD production:

DJC Records

104 Constitution Hill

Norwich

NR3 4BB

UK

clague@paston.co.uk

**NEW DVD's
FROM SPI**

**Bapak's video Talks
subtitled in English**

currently available:

81 NYC 4,

81 NYC 5

81 YVR 2,

83 LON 8

83 LON 18

For full details visit our website

www.subudbooks.net

PRICE (Incl p&p)

UK £11.00

Europe £12.50

ROW £13.70

Pay by UK bank cheque or Credit Card
Subud Publications International
Loudwater Farm,
Loudwater Lane
Rickmansworth
Herts WD3 4HG
tel: +44 (0) 1727 762210



e-mail: spi@subudbooks.co.uk

www.subudbooks.net

SUBUD VOICE

MONTHLY ONLINE

DEADLINE FOR NEXT ISSUE:

20 APRIL 2014

Subud Voice is published monthly and the English edition is issued on the 1st of each month at

www.subudvoice.net

A Spanish facsimile edition usually appears a little later on the same web site.

SUBMISSIONS

Send articles, photos, cartoons etc. to Harris Smart, Editor Subud Voice,

email: editor@subudvoice.net

Tel: +61 3 95118122

Submissions are invited which relate to Subud life or are from Subud members. We cannot guarantee when or if a submission will be published. Preference will be given to articles of about 2000 words or less accompanied by a photograph, well-written in English and dealing with the activities of Subud members, or expressing a Subud member's perspective on a subject.

Articles should be written in such a way that they are intelligible and interesting to both Subud members and the general public. Sometimes this may mean providing an explanatory introduction or notes for the non-Subud reader

There is no payment for submissions. Correspondence about articles will generally not be entered into.

Submissions to Subud Voice may be edited for a variety of reasons including the need to shorten them or improve expression. If you do not want your submission to be edited in any way, please mark it clearly NOT TO BE EDITED.

The opinions expressed in the various articles are the sole responsibility of their authors and cannot be seen as representing the opinion of either the editor or the World Subud Association.

ADVERTISEMENTS

Classifieds: 50 cents a word. Minimum charge AUD\$15.00. Display rates on request. (Developing countries – no charge). **To make payments by credit card to Subud Voice for any purpose** including sponsorship. Go our website

www.subudvoice.net Click on the CREDIT CARD PAYMENTS button on the left hand side of the screen. Click on SUBUD VOICE CREDIT CARD PAYMENTS. Fill in the form which comes up and in the comments box put SPONSORSHIP or whatever is relevant. Or contact us for bank details for bank transfers. Do not forget to indicate if you would like your sponsorship to be publicly acknowledged.

SUBUD VOICE TEAM

Harris Smart: Editor and Business Manager

Ilaine Lennard: Founder & Contributing Editor

Marcus Bolt: Design and Layout

Kitka Hiltula: Webmaster

Samuel Perez Morillas: Spanish Edition

Melinda Wallis: Marketing & Publicity

The opinions expressed in the various articles are the sole responsibility of their authors and can not be seen as representing the opinion of the World Subud Association.

The name Subud® and the Seven Circles Symbol are registered marks of the World Subud Association.